

Weekly Menu. Date:

Week 1-Spring	Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk		Milk	Milk	Milk	Milk
	Frosted Mini Wheats (WG)		Eggs & Toast (WG)	English Muffins (WG)	Pancakes (WG)	Whole Wheat Oat Muffins (WG)
	Pears		Applesauce	Bananas	Mandarin Oranges	Blueberries
Lunch	Milk		Milk	Milk	Milk	Milk
	Turkey Sandwiches		BBQ Chicken Pizza	Bean Tacos	Mac & Cheese/Taco Meat	Apricot Chicken
	Bell Peppers		Broccoli	Corn	Sweet Potato Fries	Peas
	Apples		Peaches	Pears	Blueberries	Pineapple
	Slider Bun					Rice
Snack	AM	Yogurt/ Bananas	Goldfish (WG)/ Strawberries	Cucumbers/ Hummus	Pineapple/ Toast (WG)	Fruit Cocktail/ Wheat Thins(WG)
	PM	Bagels/ Cream Cheese	Graham Crackers/ Sunflower Butter	Saltines (WG)/ Orange Slices	Milk/ Muffins (WG)	Soft Pretzels/ Grapes

This institution is an equal opportunity provider

Weekly Menu
Date:

Week 2-Spring		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Milk	Milk	Milk	Milk	Milk
		Whole Wheat Oat Muffins (WG)	Life Cereal(WG)	Heart/ French Toast (WG)	Bagels & Cream Cheese	Muffins (WG)
		Peaches	Bananas	Strawberries	Blueberries or fruit in season	Tropical Fruit Salad
Lunch		Milk	Milk	Milk	Milk	Milk
		Pulled Pork Sandwiches	Chicken Nuggets	Spaghetti & Meatballs	Sunflower Butter Sandwiches/ Cheese Stick	Soft Tacos
		Sweet Potato Fries	Roasted Broccoli	Green Beans	Corn Salad	Corn
		Tropical Fruit Salad	Peaches	Red-Applesauce	Pineapple	Apples
		Slider Bun	Roll	Pasta		
Snack	AM	Triscuits (WG)/ Apple Slices	English Muffin (WG)/ Grapes	Chex Mix/ Strawberries	Rice Cakes(WG)/ Applesauce	Canned Peaches/ Cottage Cheese
	PM	Oranges/ Cheese Cubes	Cheerios/ Craisins	Cucumber Slices/ Ritz (WG)	Wheat Thins (WG)/ Hummus	Toast (WG)/ Juice

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Weekly Menu Date:

Week 3-Spring		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Milk	Milk	Milk	Milk	Milk
		Frosted Mini Wheats	Eggs & Toast (WG)	Whole Wheat Oat Muffins (WG)	Pancakes (WG)	English Muffin (WG)
		Peaches	Bananas	Applesauce	Blueberries	Pears
Lunch		Milk	Milk	Milk	Milk	Milk
		Turkey Sandwiches	Teriyaki Chicken	Soft Tacos	Sunflower Butter Sandwich/ Cheese stick	BBQ Chicken Pizza
		Broccoli	Peppers	Green Beans	Sweet Potato Fries	Salad with Cucumbers
		Apples	Applesauce	Peaches	Pears	Pineapple
		Slider Rolls	Rice			
Snack		Blueberries/ Ritz Crackers w/w	Bagel/ Cream Cheese	Chex Mix (WG)/ Grapes	Wheat Thins (WG)/ Mandarin Oranges	Gold Fish (WG)/ Orange slices
		Milk/ WW Muffins	Graham Crackers/ Sunflower Butter	Yogurt/ Fruit Cocktail	Saltines (WG)/ Apples	Cucumbers/ String Cheese

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Weekly Menu:

Week 4-Spring	Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk		Milk	Milk	Milk	Milk
	Life Cereal (WG)		Whole Wheat Oat Muffins (WG)	French Toast (WG)	Bagel & Cream Cheese	Muffins (WG)
	Peaches		Bananas	Strawberries	Pears	Blueberries
Lunch	Milk		Milk	Milk	Milk	Milk
	Pulled Pork Sandwich		Turkey Sandwiches	Soft Tacos	Roasted Chicken	Chicken Nuggets
	Sweet Potato Fries		Broccoli	Corn	Peas	Cucumbers
	Pears		Peaches	Clementines	Pineapple	Applesauce
	Slider Bun		Slider Bun		Rice	Roll
Snack	AM	Rice Cakes (WG)/ Applesauce	Cheese Cubes/ Pineapple	Triscuits (WG)/ Apple Juice	Toast (WG)/ Hummus	Cheerios (WG)/ Craisins
	PM	Oranges/ Chex Mix	Ritz (WG)/ Grapes	Cucumbers/ English Muffin(WG)	Soft Pretzel/ Sunflower Butter	Peaches/ Cottage Cheese

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