

Recreation & Wellness

Student Development & Wellbeing

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Mission

To contribute to academic persistence and retention by providing a broad range of recreation, wellness, and student engagement opportunities to students and the UVU community that complement the academic experience.

Student Life & Wellness Center

- Bowling Alley
- Game Room
- Gym
- Fitness Classes & Personal Training

Outdoor Adventure Center

- The Project Climbing Wall
- Trips
- Rental/Retail

Wellness Programs

- Stress Reduction Room
- Massage Chairs
- Demo Kitchen
- Fit 3D
- Dietician Services
- Health Coaching
- Health Presentations

Intramurals & Competitive Sports

Rodeo



RECREATION & WELLNESS
STUDENT EMPLOYEES

\$533,473

TOTAL DEPARTMENT
REVENUE

\$380,025

TO SUPPORT
STUDENT EMPLOYEES

461 STRESS REDUCTION
ROOM VISITS

25,463 WELLNESS
PROGRAMS
PARTICIPANTS



REPORTED A DECREASE
IN STRESS AFTER
UTILIZING STRESS
REDUCTION ROOM

396

EVENTS

6608 NEW SLWC MEMBERSHIPS



OF FITNESS CLASS
PARTICIPANTS IMPROVED
THEIR OVERALL HEALTH

\$20,660
FUNDBRAISED
FOR RODEO



PERSISTENCE RATE
FOR RODEO
TEAM STUDENTS

2001

OAC
PARTICIPANTS

1212 INTRAMURAL
GAMES PLAYED

COMPETITIVE
SPORTS ATHLETES **500**

3169 INTRAMURAL
PARTICIPANTS

OAC
ENGAGEMENT
HOURS

10,451

16,911 CLIMBING
WALL
PARTICIPANTS

Student Fee Use

- 11 FT employees, 23 PT employees and 83 student employees.
- Maintenance and participant increase of all current programming and services for all areas.
- Filled FT Athletic Trainer position.
- Budgeted for new FT position.

Non-Appropriate Budget Overview

Index Code	Budget Name	2023-2024 Budget	Gross Revenue
53902W	Outdoor Adventure Center	\$18,000	
53903W	Outdoor Trips & Academic Excursions	\$10,000	\$31,787.73
53904W	Outdoor Adventure Center Retail & Rental	\$12,000	\$132,644.33
53905W	Wellness Programs Current	\$10,000	\$11,247.80
53905W	Wellness Programs Hourly	\$11,500	
53906W	Intramurals Current	\$50,800	\$60,185.00
53906W	Intramurals Hourly	\$151,200	
53906W	Athletic Trainer	\$20,000	
53909W	Club Sports	\$40,000	
53908W	Director of Campus Recreation	\$20,000	
53907W	SLWC/FT Compensation	\$737,000	
53920W	SLWC/PT Compensation Budget	\$567,000.00	
53921W	SLWC/Bowling Alley/Gaming Center Front of House	\$15,000	\$66,165.95
53928W	SLWC/Bowling Alley Back of House	\$10,000	
53922W	SLWC/Membership	\$5,000	\$183,794.85
53923W	SLWC/Fitness Equip/Gym Rentals	\$15,000	
53924W	SLWC/Demonstration Kitchen	\$5,000	
53925W	SLWC/Climbing Wall	\$75,000.00	\$42,699.41
53926W	SLWC/Marketing & Events	\$6,000	
53927W	SLWC/ Contracts, Materials & Supplies	\$110,000	
T11045	Rodeo	\$50,000	
53929W	Rodeo Director	\$9,000	
Total		\$1,947,500	\$528,525.07

Current Student Fees:
 $\$29.27 \times 54,000 = 1,580,580$

Request

Increase: \$2.63

Total Student Fee: \$31.90

Purpose

Solely to accommodate the mandated 7% cost of living adjustment from FY23, as well as a potential increase of 3% for FY24.

Impact of 7% COLA increase in FY23: \$91,468.36

Impact of 3% COLA increase for FY24: \$55,305.99

Total: \$146,774.35





Conclusion

Department Goals

- Maintain programming and services to meet the needs of students and support an increasingly engaged student body.
- Continue supporting trained and skilled staff within the department without sacrificing programs and services.



Questions

