# Recreation & Wellness

**Student Development & Wellbeing**

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# PURPOSE

## Student Life & Wellness Center

- Bowling Alley
- Game Room
- Gym
- Fitness Classes
- Personal Training

## Outdoor Adventure Center

- The Project Climbing Wall
- Trips
- Rental/Retail

## Wellness Programs

- Stress Reduction Room
- Internships
- Massage Chairs
- Demo Kitchen
- Fit 3D
- Dietician Services
- Health Coaching
- Health Presentations

## Intramurals & Competitive Sports

## Rodeo

*"To contribute to academic persistence and retention by providing a broad range of recreation, wellness, and student engagement opportunities to students and the UVU community that complement the academic experience."*

*— Mission*

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# IMPACT

- Provide engagement opportunities for students.
- Provide resources and programs that support all aspects of health and wellness.
- Provide safe spaces where students can find community outside of the classroom.
- Provide professional skill building and experiences.

# USAGE

| 12 more events hosted | 43% more student employees | New membership software | New gym turnstiles |
|---|---|---|---|

| Updated risk management protocols and trainings. | National Steer Wrestling Champion | 41% increase in fitness classes | 125% increase in rental equipment user days |
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# CURRENT STUDENT FEE
55,900 (FTE) x 31.90 = $1,783,210

| Index Code | Budget Name | 2024-2025 Budget | Gross Revenue |
|---|---|---|---|
| 53902W | Outdoor Adventure Center | $18,000 | |
| 53903W | Outdoor Trips & Academic Excursions | $10,000 | $35,691.31 |
| 53904W | Outdoor Adventure Center Retail & Rental | $12,000 | $149,293.82 |
| 53905W | Wellness Programs Current | $10,000 | $34,380.55 |
| 53905W | Wellness Programs Hourly | $11,500 | |
| 53906W | Intramurals Current | $50,800 | $65,142.00 |
| 53906W | Intramurals Hourly | $153,700 | |
| 53906W | Athletic Trainer | $20,000 | |
| 53909W | Club Sports | $40,000 | |
| 53908W | Director of Campus Recreation | $20,000 | |
| 53907W | SLWC/FT Compensation | $837,628 | |
| 53920W | SLWC/PT Compensation Budget | $579,927 | |
| 53921W | SLWC/Bowling Alley/Gaming Center Front of House | $10,000 | $75,068.66 |
| 53928W | SLWC/Bowling Alley Back of House | $15,000 | |
| 53922W | SLWC/Membership | $5,000 | $180,513.23 |
| 53923W | SLWC/Fitness Equip/Gym Rentals | $15,000 | $19,156.86 |
| 53924W | SLWC/Demonstration Kitchen | $5,000 | |
| 53925W | SLWC/Climbing Wall | $87,000.00 | $37,767.19 |
| 53926W | SLWC/Marketing & Events | $6,000 | |
| 53927W | SLWC/ Contracts, Materials & Supplies | $110,000 | |
| T11045 | Rodeo | $50,000 | |
| 53929W | Rodeo Director | $9,000 | |
| **Total** | | **$2,125,555** | **$597,013.62** |

# REQUEST

**Increase:** $1.02

**Total Student Fee:** $32.92

**Purpose**

- 2.7% COLA increase

- $18,000 annual accident insurance policy for Tier 1 Competitive Sports



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# Services

Retain high quality full-time and part-time staff to continue to offer excellent programming, services and engagement opportunities for the student body.
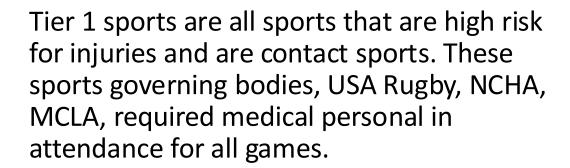
**$0.70**

Maintain proper safety measures for competitive sport athletes who engage in high-risk injury sports as requested by UVU Risk Management.

**$0.32**

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# Tier 1 Competitive Sports
## Ice Hockey, Lacrosse, Rugby (M&W)

Tier 1 sports are all sports that are high risk for injuries and are contact sports. These sports governing bodies, USA Rugby, NCHA, MCLA, required medical personal in attendance for all games.

- 18 medical referrals
- 1 surgical referral
- 29 covered events
- 14 concussion post-injury tests
- 62 new injury evaluations
- 966 follow up visits

- Men's Lacrosse - 2nd place D1 & 2023 RMLC champions
- Men's Rugby - 118 out of 238 D1& compete against NCAA D1 sponsored programs under USA Rugby.
- Ice Hockey - 23rd D2 & ended 23-24 season with the highest raking in the last 10 years.

# Tier 1 Competitive Sports Funding

- Team are majority self-funded. Most of these athletes are competing at a very high level in their sport and need to both fund their participation through working a job outside of their normal classroom duties.

Men's Lacrosse -  $3500/player
Men's Rugby - $400/player
Ice Hockey - $4000/player
Women's Rugby - $150/player

- These teams practice weekly, 3-4 times per week and compete around 15-30 times a year.

- 203 Tier 1 Athletes (46 out of state)

### Alternative Funding Options

- User Fee ( $89 per person)
- Eliminating Rec & Wellness programming/PT staffing