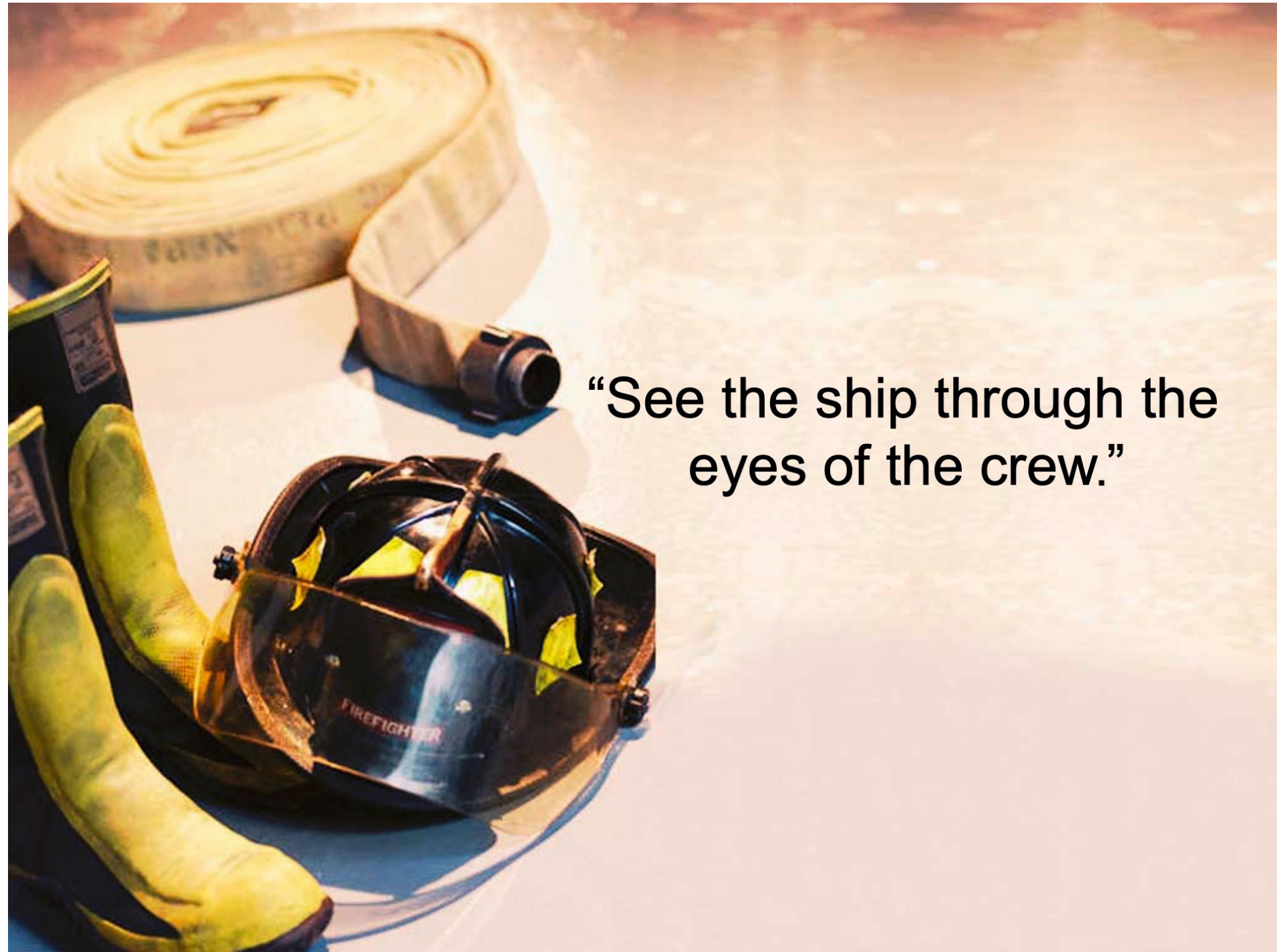





Captain
D. Michael Abrashoff
“Thoughts on Leadership”

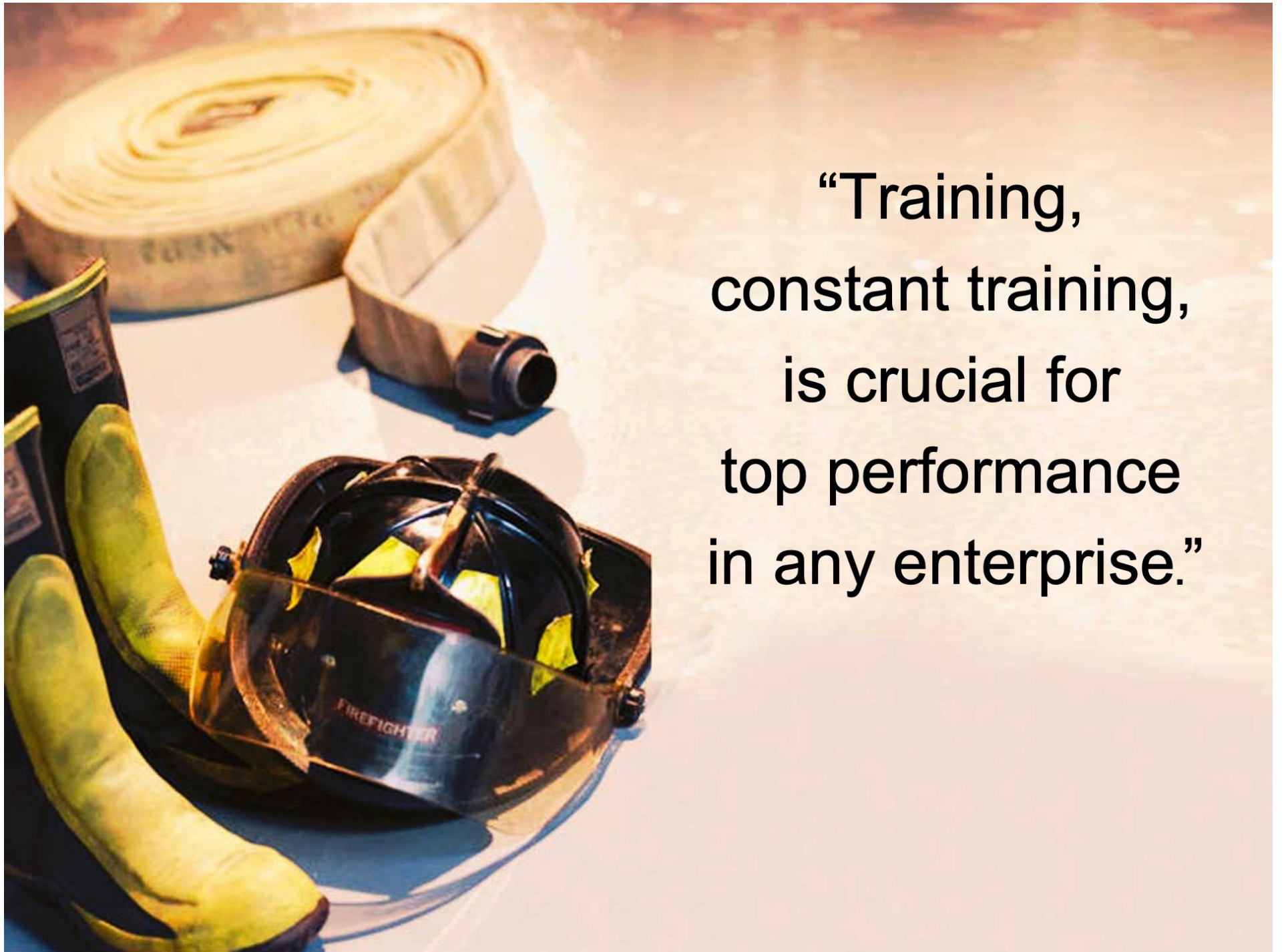
“Professional pride is contagious, and pretty soon the whole crew will be infected.”




“See the ship through the eyes of the crew.”

A photograph of firefighter's equipment. In the foreground, a black helmet with a reflective visor and the word "FIREFIGHTER" in red on the front. To the left, a pair of yellow and black firefighting boots. In the background, a coiled yellow fire hose with a black nozzle. The scene is set on a light-colored, reflective surface, possibly a fire truck's floor.

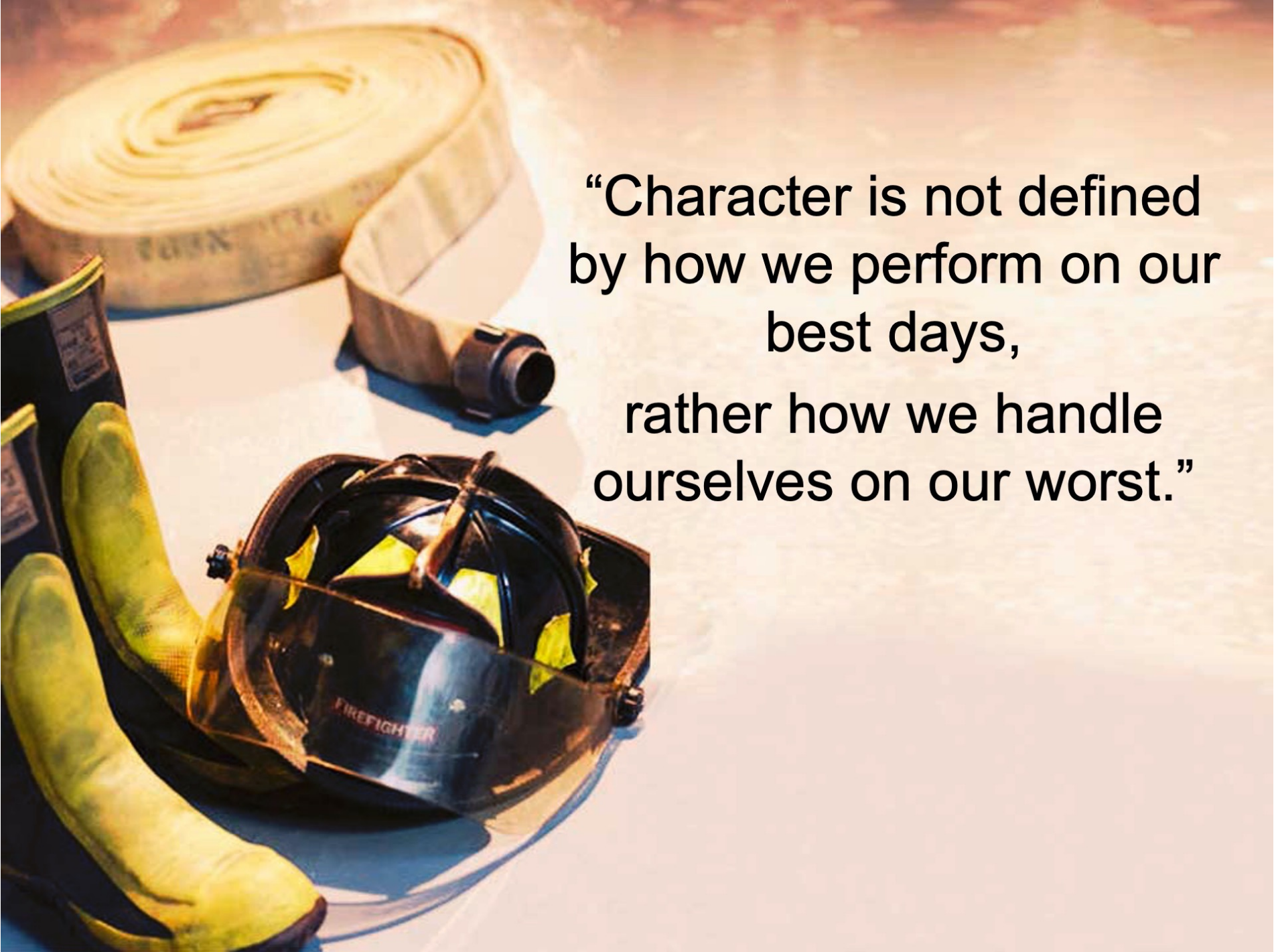
**“Leadership is mostly
the art of doing simple
things well.”**



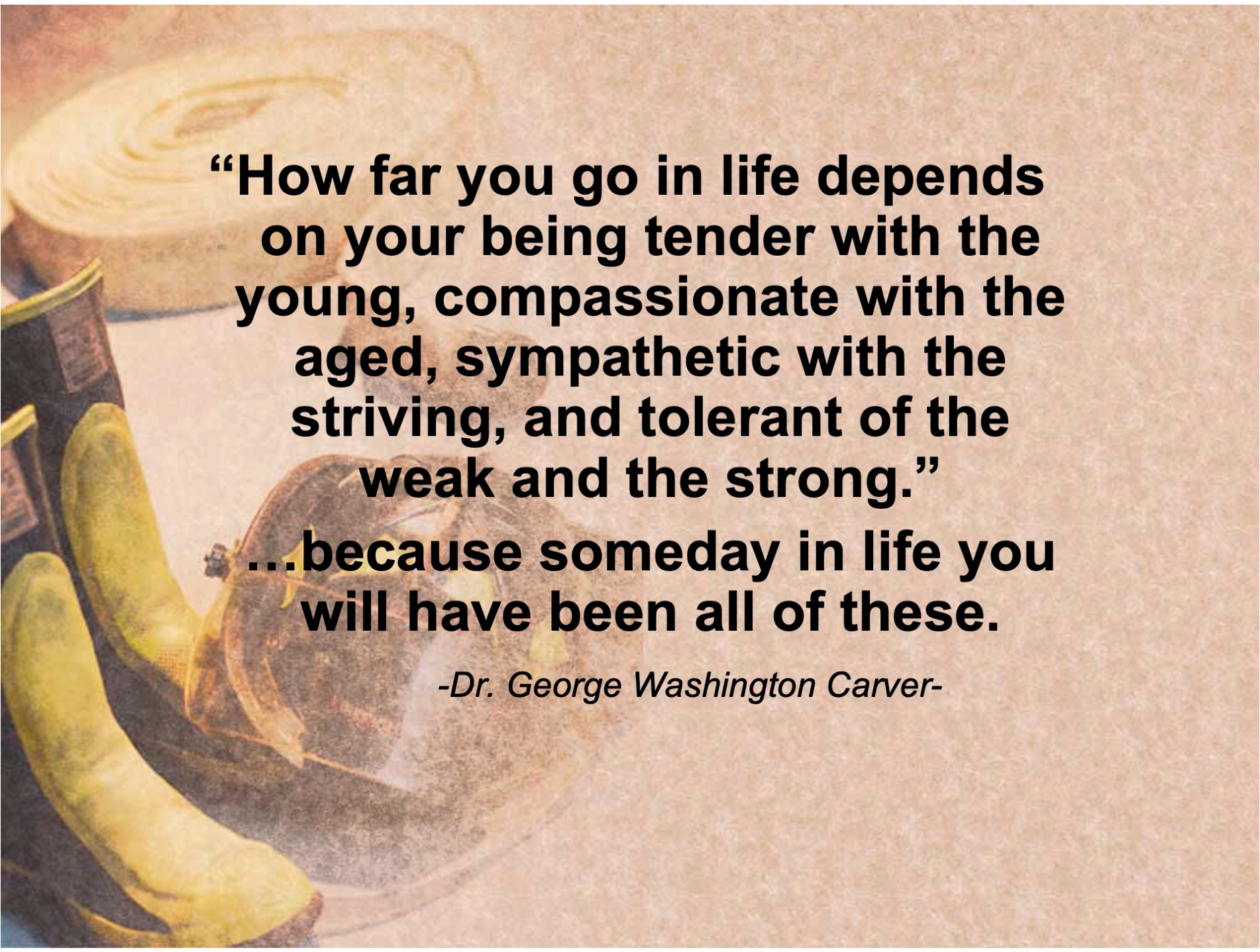
**“Training,
constant training,
is crucial for
top performance
in any enterprise.”**

A photograph of firefighter equipment on a light-colored surface. In the foreground, a black firefighter helmet with a clear face shield is visible, with the word "FIREFIGHTER" printed in red on the side. To the left of the helmet are two yellow and black firefighter boots. In the background, a coiled yellow fire hose is visible, with a black nozzle attached to its end. The scene is lit from the left, creating soft shadows.

**“Communicate,
communicate, communicate;
Communicate the plan,
the better the performance.”**

A photograph of firefighter equipment on a light-colored surface. In the foreground, a black firefighter helmet with a reflective visor and the word "FIREFIGHTER" in red on the front is visible. To its left are two yellow and black firefighter boots. In the background, a coiled yellow fire hose with a black nozzle is lying on the surface. The lighting is bright, casting soft shadows.

**“Character is not defined
by how we perform on our
best days,
rather how we handle
ourselves on our worst.”**



**“How far you go in life depends
on your being tender with the
young, compassionate with the
aged, sympathetic with the
striving, and tolerant of the
weak and the strong.”**

**...because someday in life you
will have been all of these.**

-Dr. George Washington Carver-