



Master Course Syllabus

For additional course information, including prerequisites, corequisites, and course fees, please refer to the Catalog: <https://catalog.uvu.edu/>

Semester: Spring

Year: 2025

Course Prefix: PSY

Course and Section #: 1100-009

Course Title: Human Development Lifespan

Credits: 3

Course Description

Explores genetic and environmental influences on human development and behavior from conception and birth through old age and death. Examines typical physical, cognitive, and psychosocial changes at each developmental stage throughout the life span. Explores major theoretical perspectives on human development.

Course Attributes

This course has the following attributes:

- General Education Requirements
- Global/Intercultural Graduation Requirements
- Writing Enriched Graduation Requirements
- Discipline Core Requirements in Program
- Elective Core Requirements in Program
- Open Elective

Other: *Click here to enter text.*

Instructor Information

Instructor Name: Sheila N. Nielson

Student Learning Outcomes

Upon successful completion, students should be able to:

1. Evaluate human development research
 2. Describe typical human development across the life span
 3. Explain major developmental theories and influences of biology and the environment on human development and behavior
 4. Outline the scientific process, and how it is used to study human development and behavior
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Course Materials and Texts

Papalia, Diane E., & Martorell, G. *Experience Human Development*, 15th Edition McGraw-Hill.

Course Requirements

Course Assignments, Assessments, and Grading Policy

- Homework: McGraw Hill Smart Books Assignments for each chapter (10% of overall grade)
- Quizzes: Short quiz for each chapter administered in class (10% of overall grade)
- Presentation: 10-15 minute in-depth presentation on chapter topic (20% of overall grade)
- Assignments: Five short written assignments (10% of overall grade)
- Exams: Three module exams that are similar to the chapter quizzes (30% of overall grade)
- Final Exam: A comprehensive exam that covers all course topics (20% of overall grade)

A	= 93-100	B -	= 80-82.9	D+	= 67-69.9
A -	= 90-92.9	C+	= 77-79.9	D	= 63-66.9
B+	= 87-89.9	C	= 73-76.9	D -	= 60-62.9
B	= 83-86.9	C -	= 70-72.9	F	= 0-59.9

Required or Recommended Reading Assignments

All required readings use chapters that align with lectures below

General Description of the Subject Matter of Each Lecture or Discussion

Chapter 1: The Study of Human Development

Chapter 2: Theory and Research

Chapter 3: Forming a New Life

Chapter 4: Birth and Physical Development during the First Three Years

Chapter 5: Cognitive Development during the First Three Years

Chapter 6: Psychosocial Development during the First Three Years

Chapter 7: Physical and Cognitive Development in Early Childhood

Chapter 8: Psychosocial Development in Early Childhood

Chapter 9: Physical and Cognitive Development in Middle Childhood

Chapter 10: Psychosocial Development in Middle Childhood

Chapter 11: Physical and Cognitive Development in Adolescence

Chapter 12: Psychosocial Development in Adolescence

Chapter 13: Physical and Cognitive Development in Emerging and Young Adulthood

Chapter 14: Psychosocial Development in Emerging and Young Adulthood

Chapter 15: Physical and Cognitive Development in Middle Adulthood

Chapter 16: Psychosocial Development in Middle Adulthood

Chapter 17: Physical and Cognitive Development in Late Adulthood

Chapter 18: Psychosocial Development in Late Adulthood

Chapter 19: Dealing with Death and Bereavement

Required Course Syllabus Statements

Generative AI

This course requires you to complete assignments that assess your understanding and application of the material. You are expected to do your own work, and the use of artificial intelligence (AI) tools, such as chatbots, text generators, paraphrasers, summarizers, or solvers, is strictly prohibited for any part of

your assignments. Using these tools will be considered academic dishonesty and will be handled according to the university's policy. If you have questions about acceptable use of AI tools, please consult the instructor before submitting your work.

Using Remote Testing Software

This course does not use remote testing software.

This course uses remote testing software. Remote test-takers may choose their remote testing locations. Please note, however, that the testing software used for this may conduct a brief scan of remote test-takers' immediate surroundings, may require use of a webcam while taking an exam, may require the microphone be on while taking an exam, or may require other practices to confirm academic honesty. Test-takers therefore shall have no expectation of privacy in their test-taking location during, or immediately preceding, remote testing. If a student strongly objects to using test-taking software, the student should contact the instructor at the beginning of the semester to determine whether alternative testing arrangements are feasible. Alternatives are not guaranteed.

Required University Syllabus Statements

Accommodations/Students with Disabilities

Students needing accommodations due to a permanent or temporary disability, pregnancy or pregnancy-related conditions may contact UVU [Accessibility Services](#) at accessibilityservices@uvu.edu or 801-863-8747.

Accessibility Services is located on the Orem Campus in BA 110.

Deaf/Hard of Hearing students requesting ASL interpreters or transcribers can contact Accessibility Services to set up accommodations. Deaf/Hard of Hearing services can be contacted at DHHservices@uvu.edu

DHH is located on the Orem Campus in BA 112.

Academic Integrity

At Utah Valley University, faculty and students operate in an atmosphere of mutual trust. Maintaining an atmosphere of academic integrity allows for free exchange of ideas and enables all members of the community to achieve their highest potential. Our goal is to foster an intellectual atmosphere that produces scholars of integrity and imaginative thought. In all academic work, the ideas and contributions of others must be appropriately acknowledged and UVU students are expected to produce their own original academic work.

Faculty and students share the responsibility of ensuring the honesty and fairness of the intellectual environment at UVU. Students have a responsibility to promote academic integrity at the university by not participating in or facilitating others' participation in any act of academic dishonesty. As members of the academic community, students must become familiar with their [rights and responsibilities](#). In each course, they are responsible for knowing the requirements and restrictions regarding research and writing, assessments, collaborative work, the use of study aids, the appropriateness of assistance, and other issues. Likewise, instructors are responsible to clearly state expectations and model best practices.

Further information on what constitutes academic dishonesty is detailed in [UVU Policy 541: Student Code of Conduct](#).

Equity and Title IX

Utah Valley University does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, gender expression, age (40 and over), disability, veteran status, pregnancy, childbirth, or pregnancy-related conditions, citizenship, genetic information, or other basis protected by applicable law, including Title IX and 34 C.F.R. Part 106, in employment, treatment, admission, access to educational programs and activities, or other University benefits or services. Inquiries about nondiscrimination at UVU may be directed to the U.S. Department of Education's Office for Civil Rights or UVU's Title IX Coordinator at 801-863-7999 – TitleIX@uvu.edu – 800 W University Pkwy, Orem, 84058, Suite BA 203.

Religious Accommodation

UVU values and acknowledges the array of worldviews, faiths, and religions represented in our student body, and as such provides supportive accommodations for students. Religious belief or conscience broadly includes religious, non-religious, theistic, or non-theistic moral or ethical beliefs as well as participation in religious holidays, observances, or activities. Accommodations may include scheduling or due-date modifications or make-up assignments for missed class work.

To seek a religious accommodation, a student must provide written notice to the instructor and the Director of Accessibility Services at accessibilityservices@uvu.edu. If the accommodation relates to a scheduling conflict, the notice should include the date, time, and brief description of the difficulty posed by the conflict. Such requests should be made as soon as the student is aware of the prospective scheduling conflict.

While religious expression is welcome throughout campus, UVU also has a [specially dedicated space](#) for meditation, prayer, reflection, or other forms of religious expression.