

Family Life Education Methodology

For additional course information, including prerequisites, corequisites, and course fees, please refer to the Catalog: <https://catalog.uvu.edu/>

Semester: Spring

Course Prefix: FAMS 4500

Course Title: Family Life Education
Methodology

Year: 2025

Course and Section #: 002

Credits: 3.0

Course Description

Explores the field of family life education. Includes the history, development, and theory of family life education, as well as discussing the types of family-life education programs. Develops the knowledge and practical skills that are required to identify needs, design programs, teach family-life education, facilitate groups, and evaluate participants and programs in a wide variety of settings with a broad range of populations. Develops an appreciation for the impact of diversity in family-life education, which includes an awareness of multicultural factors, family structure, culture, economics, gender, race, religion, disability, ageism, and sexual orientation.

This course is a senior level course within the major. This course is a senior level course within the major.

Course Attributes

This course has the following attributes:

- General Education Requirements
- Global/Intercultural Graduation Requirements
- Writing Enriched Graduation Requirements
- Discipline Core Requirements in Program
- Elective Core Requirements in Program
- Open Elective

Other: *Click here to enter text.*

Instructor Information

Instructor Name: Brandon K. Burr, PhD, CFLE

Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- Describe what family-life education is, including its development and current role as a scientific discipline.
- Analyze effective teaching and learning practices and skills.
- Apply knowledge of family-life education program development.
- Describe how culture and diversity impacts the process of family-life education.
- Develop a family-life education program.

- Compose a variety of discipline-appropriate texts for multiple situations and audiences.

Course Materials and Texts

[Survival Skills for Healthy Families UVU packet](#)[Links to an external site.](#) (\$110)

Course Requirements

Course Assignments, Assessments, and Grading Policy

The assignments for this class are comprised of the following categories. Each assignment is explained in detail with written directions and, for most, video explanations, and examples. The assignments will be due based on the dates recorded in Canvas. **Assignments: 70%** Students will create a curriculum in groups comprising of the following separate assignments, some of which are individual assignments and some are group: CFLE Paper (Group) Program Proposal (Group) Needs Assessment (Group) Fact Sheet (Group) Literature Review (Group) Leader Outline (Group) Leader Guide (Group) Final Presentation (Group) **Perusall Lecture Annotations: 5%** This course includes a online lecture for each section which students will view and comment on using the online tool of Perusall. Students must watch all of the lecture, comment on a portion of the lecture with a significant insight of at least 3-4 sentences (75 words), and reply to two other students posts with a 1-2 sentence reply (40 words). There are eight of these lectures, one per module. **Quizzes: 10%** Students will complete 10 short quizzes based on the information in the online lecture and story map for each module. Quizzes will be multiple choice and completed online. **Certification Assignments: 15%** Students will complete the certification for Family Wellness by watching the individual sessions of Survival Skills for Healthy Families, Coaching, and other skill videos and reply in in the discussions. Some submissions will be written and some will be videos. Discussions are opportunities to explore topics together. Posts to a discussion should add significantly to the conversation and support your point of view. Comments that do not add significantly to a discussion will receive no credit. It is okay to disagree in a discussion. In fact much learning happens when we disagree. However we need to be respectful and keep our online classroom a safe place to learn.

Required or Recommended Reading Assignments

[Survival Skills for Healthy Families UVU packet](#)[Links to an external site.](#)

General Description of the Subject Matter of Each Lecture or Discussion

The course contains 8 modules that will be completed based on assigned due dates.

There are no predetermined meetings in Teams for this course. Teams will be used for group interaction, virtual office hours, and any meetings that need to be scheduled.

There are no class meetings or recordings. Existing lectures and videos are already in the course and can be viewed asynchronously.

For this three (3) **credit-hour** course students should expect to spend up to **9+ hours a week** completing course activities.

Required Course Syllabus Statements

Generative AI

- At Utah Valley University, faculty and students operate in an atmosphere of mutual trust. Maintaining an atmosphere of academic integrity allows for free exchange of ideas and enables all members of the community to achieve their highest potential. Our goal is to foster an intellectual atmosphere that produces scholars of integrity and imaginative thought. In all

academic work, the ideas and contributions of others must be appropriately acknowledged and UVU students are expected to produce their own original academic work.

- Faculty and students share the responsibility of ensuring the honesty and fairness of the intellectual environment at UVU. Students have a responsibility to promote academic integrity at the university by not participating in or facilitating others' participation in any act of academic dishonesty. As members of the academic community, students must become familiar with their [rights and responsibilities](#)[Links to an external site.](#). In each course, they are responsible for knowing the requirements and restrictions regarding research and writing, assessments, collaborative work, the use of study aids, the appropriateness of assistance, and other issues. Likewise, instructors are responsible to clearly state expectations and model best practices.
 - Further information on what constitutes academic dishonesty is detailed in [UVU Policy 541: Student Code of Conduct](#)[Links to an external site.](#).
 - **Academic Integrity is taken seriously in this class.** If a violation is suspected, the instructor will address suspicion with the student and will report the suspected violation to the Student Conduct Office. On first offense, the assignment in question will receive a score of "0," though the instructor *may* allow for an opportunity to re-write or re-take the assessment. On subsequent offenses, the student may receive additional score penalties without opportunity to re-write or re-take, up to failing the course, as well as subjected to university policy.
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Using Remote Testing Software

This course does not use remote testing software.

This course uses remote testing software. Remote test-takers may choose their remote testing locations. Please note, however, that the testing software used for this may conduct a brief scan of remote test-takers' immediate surroundings, may require use of a webcam while taking an exam, may require the microphone be on while taking an exam, or may require other practices to confirm academic honesty. Test-takers therefore shall have no expectation of privacy in their test-taking location during, or immediately preceding, remote testing. If a student strongly objects to using test-taking software, the student should contact the instructor at the beginning of the semester to determine whether alternative testing arrangements are feasible. Alternatives are not guaranteed.

Required University Syllabus Statements

Accommodations/Students with Disabilities

Students needing accommodations due to a permanent or temporary disability, pregnancy or pregnancy-related conditions may contact UVU [Accessibility Services](#) at accessibilityservices@uvu.edu or 801-863-8747.

Accessibility Services is located on the Orem Campus in BA 110.

Deaf/Hard of Hearing students requesting ASL interpreters or transcribers can contact Accessibility Services to set up accommodations. Deaf/Hard of Hearing services can be contacted at DHHservices@uvu.edu

DHH is located on the Orem Campus in BA 112.

Academic Integrity

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Equity and Title IX

Utah Valley University does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, gender expression, age (40 and over), disability, veteran status, pregnancy, childbirth, or pregnancy-related conditions, citizenship, genetic information, or other basis protected by applicable law, including Title IX and 34 C.F.R. Part 106, in employment, treatment, admission, access to educational programs and activities, or other University benefits or services. Inquiries about nondiscrimination at UVU may be directed to the U.S. Department of Education's Office for Civil Rights or UVU's Title IX Coordinator at 801-863-7999 – TitleIX@uvu.edu – 800 W University Pkwy, Orem, 84058, Suite BA 203.

Religious Accommodation

UVU values and acknowledges the array of worldviews, faiths, and religions represented in our student body, and as such provides supportive accommodations for students. Religious belief or conscience broadly includes religious, non-religious, theistic, or non-theistic moral or ethical beliefs as well as participation in religious holidays, observances, or activities. Accommodations may include scheduling or due-date modifications or make-up assignments for missed class work.

To seek a religious accommodation, a student must provide written notice to the instructor and the Director of Accessibility Services at accessibilityservices@uvu.edu. If the accommodation relates to a scheduling conflict, the notice should include the date, time, and brief description of the difficulty posed by the conflict. Such requests should be made as soon as the student is aware of the prospective scheduling conflict.

While religious expression is welcome throughout campus, UVU also has a [specially dedicated space](#) for meditation, prayer, reflection, or other forms of religious expression.