



Master Course Syllabus

For additional course information, including prerequisites, corequisites, and course fees, please refer to the Catalog: <https://catalog.uvu.edu/>

Semester: Spring

Course Prefix: DANC

Course Title: Introduction to Laban Studies

Year: 2025

Course and Section #: 2670_002

Credits: 2

Course Description

For all dance students and others interested in understanding how the components of movement combine to create functional and expressive movement statements. Introduces the basic principles of Laban Movement Analysis (LMA). Presents a comprehensive system for analyzing the complexity of human movement based on the theories of Rudolf Laban and Irmgard Bartenieff. Utilizes physical performance and observation methods. Emphasizes the process of perceiving and making meaning of human movement from a variety of contexts.

Course Attributes

This course has the following attributes:

- General Education Requirements
- Global/Intercultural Graduation Requirements
- Writing Enriched Graduation Requirements
- Discipline Core Requirements in Program
- Elective Core Requirements in Program
- Open Elective

Other: *Click here to enter text.*

Instructor Information

Instructor Name: Sarah Donohue

Student Learning Outcomes

1. Identify the core concepts and principles of LMA and apply them to various movement contexts.
 2. Develop movement observation skills using the LMA model.
 3. Demonstrate physical and theoretical knowledge of LMA.
 4. Utilize LMA terminology and basic written motif symbology with accuracy.
 5. Describe a movement event systematically using the categories of the LMA system.
 6. Identify both a personal and professional application of LMA.
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Course Materials and Texts

Wahl, Colleen. *Laban/Bartenieff Movement Studies: Contemporary Applications*. Champaign, Human Kinetics, 2019.

Course Requirements

Course Assignments, Assessments, and Grading Policy

Assignments (45%) [Reading Discussions, Video Observations, Effort Poem, Space Duet]

Projects (25%) [Observation Project, Application Project]

Assessment (30%) [Quizzes, Midterm, Final]

Reading Discussions are in response to assigned readings from the required text as well as from readings on Canvas. They are due on Canvas with a due date for the initial submission (Fridays), a second due date for your response to a peer (Sundays), and a follow up response to the question your peer asked you (due date listed on course calendar).

Video Observations are your opportunity to home in on each category of Body, Effort, Shape, and Space. Observe for only the elements within the specific category, and complete the form by writing words and LMA symbols. Upload a complete form to Canvas for your submission.

Effort Poems and Space Duets will be performed in class. A written portion of the Effort Poem assignment is due on Canvas. There is no written component of the Space Duet.

Observation Project is a major course project done in small groups. It includes a group presentation in class and an individually written paper submitted on paper.

Application Project is a major course project done individually and presented at the end of the semester. It includes a project proposal, a written paper submitted on paper, and an in-class presentation.

Quizzes will take place in class, on paper, throughout the semester. These quizzes are a chance to see where you are with the material at this time. Quiz dates are listed on the calendar.

Midterm and Final Written Exams will be given in class and during the final exam time, respectively.

Grading Scale

94-100% = A

90-93% = A-

87-89% = B+

84-86% = B

80-83% = B-

77-79% = C+

74-76% = C

70-73% = C-

67-69% = D+

65-66% = D

Below 65% = E

Required or Recommended Reading Assignments

All required readings use chapters from the course text that align with the lectures below.

General Description of the Subject Matter of Each Lecture or Discussion

Module 1	Course Overview Body Category and the Observation Process
Module 2	Shape- exploring how the form of the body morphs and changes
Module 3	Effort- exploring the dynamic quality of movement
Module 4	Space- exploring the expressive connection to Space Harmony
Module 5	Integration and Application

Required Course Syllabus Statements

Generative AI

AI programs are not a replacement for your human creativity, originality, and critical thinking. Writing, thinking, and researching are crafts that you must develop over time to develop your own individual voice. At the same time, you should learn how to use AI and in what instances AI can be helpful to you.

The use of generative AI tools (e.g. ChatGPT, Google Bard, etc.) is permitted in this course for the following activities:

- Brainstorming and refining your ideas
- Fine tuning your research questions
- Finding information on your topic
- Drafting an outline to organize your thoughts
- Checking grammar and style.

The use of generative AI tools is not permitted in this course for the following activities:

- Impersonating you in classroom contexts, such as by using the tool to compose discussion board prompts/responses assigned to you or content that you put into a Teams/Canvas chat.
- Completing group work that your group has assigned to you
- Writing a draft of a writing assignment.
- Writing entire sentences, paragraphs or papers to complete class assignments.

You are responsible for the information you submit based on an AI query (for instance, that it does not violate intellectual property laws, or contain misinformation or unethical content). Your use of AI tools must be properly documented and cited in order to stay within university policies on academic honesty. Any student work submitted using AI tools should clearly indicate what work is the student's work and what part is generated by the AI. In such cases, no more than 25% of the student work should be generated by AI. If any part of this is confusing or uncertain, please reach out to me for a conversation before submitting your work.

Using Remote Testing Software

This course does not use remote testing software.

This course uses remote testing software. Remote test-takers may choose their remote testing locations. Please note, however, that the testing software used for this may conduct a brief scan of remote test-takers' immediate surroundings, may require use of a webcam while taking an exam, may require the microphone be on while taking an exam, or may require other practices to confirm academic honesty. Test-takers therefore shall have no expectation of privacy in their test-taking location during, or immediately preceding, remote testing. If a student strongly objects to using test-taking software, the student should contact the instructor at the beginning of the semester to determine whether alternative testing arrangements are feasible. Alternatives are not guaranteed.

Required University Syllabus Statements

Accommodations/Students with Disabilities

Students needing accommodations due to a permanent or temporary disability, pregnancy or pregnancy-related conditions may contact UVU [Accessibility Services](#) at accessibilityservices@uvu.edu or 801-863-8747.

Accessibility Services is located on the Orem Campus in BA 110.

Deaf/Hard of Hearing students requesting ASL interpreters or transcribers can contact Accessibility Services to set up accommodations. Deaf/Hard of Hearing services can be contacted at DHHservices@uvu.edu

DHH is located on the Orem Campus in BA 112.

Academic Integrity

At Utah Valley University, faculty and students operate in an atmosphere of mutual trust. Maintaining an atmosphere of academic integrity allows for free exchange of ideas and enables all members of the community to achieve their highest potential. Our goal is to foster an intellectual atmosphere that produces scholars of integrity and imaginative thought. In all academic work, the ideas and contributions of others must be appropriately acknowledged and UVU students are expected to produce their own original academic work.

Faculty and students share the responsibility of ensuring the honesty and fairness of the intellectual environment at UVU. Students have a responsibility to promote academic integrity at the university by not participating in or facilitating others' participation in any act of academic dishonesty. As members of the academic community, students must become familiar with their [rights and responsibilities](#). In each course, they are responsible for knowing the requirements and restrictions regarding research and writing, assessments, collaborative work, the use of study aids, the appropriateness of assistance, and other issues. Likewise, instructors are responsible to clearly state expectations and model best practices.

Further information on what constitutes academic dishonesty is detailed in [UVU Policy 541: Student Code of Conduct](#).

Equity and Title IX

Utah Valley University does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, gender expression, age (40 and over), disability, veteran status, pregnancy, childbirth, or pregnancy-related conditions, citizenship, genetic information, or other basis protected by applicable law, including Title IX and 34 C.F.R. Part 106, in employment, treatment, admission, access to educational programs and activities, or other University benefits or services. Inquiries about nondiscrimination at UVU may be directed to the U.S. Department of Education's Office for Civil Rights or UVU's Title IX Coordinator at 801-863-7999 – TitleIX@uvu.edu – 800 W University Pkwy, Orem, 84058, Suite BA 203.

Religious Accommodation

UVU values and acknowledges the array of worldviews, faiths, and religions represented in our student body, and as such provides supportive accommodations for students. Religious belief or conscience broadly includes religious, non-religious, theistic, or non-theistic moral or ethical beliefs as well as participation in religious holidays, observances, or activities. Accommodations may include scheduling or due-date modifications or make-up assignments for missed class work.

To seek a religious accommodation, a student must provide written notice to the instructor and the Director of Accessibility Services at accessibilityservices@uvu.edu. If the accommodation relates to a scheduling conflict, the notice should include the date, time, and brief description of the difficulty posed by the conflict. Such requests should be made as soon as the student is aware of the prospective scheduling conflict.

While religious expression is welcome throughout campus, UVU also has a [specially dedicated space](#) for meditation, prayer, reflection, or other forms of religious expression.