



Master Course Syllabus

For additional course information, including prerequisites, corequisites, and course fees, please refer to the Catalog: <https://catalog.uvu.edu/>

Semester: Spring

Year: 2025

Course Prefix: DANC

Course and Section #: 127R_001

Course Title: Ballet Technique and Theory I

Credits: 3

Course Description

For students at an advanced-beginner ballet technique skill level. Provides experience in barre and center work to increase strength and flexibility. Emphasizes body alignment and muscular control. Familiarizes students with musically informed artistic approaches to movement. Prepares students for a more intensive study in ballet.

Course Attributes

This course has the following attributes:

- General Education Requirements
- Global/Intercultural Graduation Requirements
- Writing Enriched Graduation Requirements
- Discipline Core Requirements in Program
- Elective Core Requirements in Program
- Open Elective

Other: *Click here to enter text.*

Instructor Information

Instructor Name: Candace Egbert, Eme Settlemyre

Student Learning Outcomes

Upon successful completion, students should be able to:
Perform advanced-beginner-level ballet technique skills
Define advanced-beginning ballet terminology
Identify the structure and decorum of a ballet technique class
Explore ballet as a form of expression

Course Materials and Texts

Dance attire required

Course Requirements

Course Assignments, Assessments, and Grading Policy

Course Assignments, Assessments, and Grading Policy

Participation/Effort: 40% of final grade

The Participation portion of your grade considers how you engage in class on a daily basis. How you take class influences not only your own learning but also influences the learning environment of the class and the learning of others.

Written Work/Assignments: 10% of final grade:

Midterm/Final self-observations:

Students will observe video recordings of themselves executing class exercises. A rubric will be provided for dancers to fill out and turn in. Mid-term will also include one-on-one conferences with the professor.

Vocabulary Quizzes:

The study guide will be posted via Canvas.

Vocabulary quiz #1 due at midterm. Identify the term and correctly spell the terms. In-Studio

Vocabulary quiz #2 due at final. Identify, define and correctly spell the terms. Online.

Concerts:

Students are required to see two dance performances during the semester.

Practical Exams: 50% of final grade:

Practical exams are given to assess the student's technical ability.

Midterm Practical Exam: 25% of the final grade

Final Practical Exam: 25% of the final grade

UVU Grading Scale

A = 93.6 % - 100%

A- =90% - 93.5%

B+ =86.6% - 89.9%

B = 83.6% - 86.5%

B- =80% - 83.5%

C+ = 76.6% - 79.9%

C = 73.6% - 76.5%

C- = 70% - 73.5%

D+ =66.6% - 69.9

D = 63.6% - 66.5%

D- =60% - 63.5%

Required or Recommended Reading Assignments

No required reading assignments

General Description of the Subject Matter of Each Lecture or Discussion

This is a Face to Face class. Face to face classes take place on campus and attendance is counted when the student is physically present.

The course will focus on the foundations of ballet technique which will progress and build upon over the course of the semester. Focus of classroom exercises and dance combinations will include (but are not limited to): spinal alignment, hip rotation, proper use of the feet, core engagement, and use of port de bras.

Required Course Syllabus Statements

Generative AI

The use of generative AI tools (i.e. ChatGPT) is not permitted in this course for the following activities: Impersonating you in classroom contexts, such as by using the tool to compose discussion board prompts/responses assigned to you or content that you put into a Teams/Canvas chat.

Writing a draft of a writing assignment.

Writing entire sentences, paragraphs or papers to complete class assignments.

Using Remote Testing Software

This course does not use remote testing software.

This course uses remote testing software. Remote test-takers may choose their remote testing locations. Please note, however, that the testing software used for this may conduct a brief scan of remote test-takers' immediate surroundings, may require use of a webcam while taking an exam, may require the microphone be on while taking an exam, or may require other practices to confirm academic honesty. Test-takers therefore shall have no expectation of privacy in their test-taking location during, or immediately preceding, remote testing. If a student strongly objects to using test-taking software, the student should contact the instructor at the beginning of the semester to determine whether alternative testing arrangements are feasible. Alternatives are not guaranteed.

Required University Syllabus Statements

Accommodations/Students with Disabilities

Students needing accommodations due to a permanent or temporary disability, pregnancy or pregnancy-related conditions may contact UVU at accessibilityservices@uvu.edu or 801-863-8747.

Accessibility Services is located on the Orem Campus in BA 110.

Deaf/Hard of Hearing students requesting ASL interpreters or transcribers can contact Accessibility Services to set up accommodations. Deaf/Hard of Hearing services can be contacted at DHHservices@uvu.edu

DHH is located on the Orem Campus in BA 112.

Academic Integrity

At Utah Valley University, faculty and students operate in an atmosphere of mutual trust. Maintaining an atmosphere of academic integrity allows for free exchange of ideas and enables all members of the community to achieve their highest potential. Our goal is to foster an intellectual atmosphere that produces scholars of integrity and imaginative thought. In all academic work, the ideas and contributions of others must be appropriately acknowledged and UVU students are expected to produce their own original academic work.

Faculty and students share the responsibility of ensuring the honesty and fairness of the intellectual environment at UVU. Students have a responsibility to promote academic integrity at the university by not participating in or facilitating others' participation in any act of academic dishonesty. As members of the academic community, students must become familiar with their [rights and responsibilities](#). In each course, they are responsible for knowing the requirements and restrictions regarding research and writing, assessments, collaborative work, the use of study aids, the appropriateness of assistance, and other issues. Likewise, instructors are responsible to clearly state expectations and model best practices.

Further information on what constitutes academic dishonesty is detailed in [UVU Policy 541: Student Code of Conduct](#).

Equity and Title IX

Utah Valley University does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, gender identity, gender expression, age (40 and over), disability, veteran status, pregnancy, childbirth, or pregnancy-related conditions, citizenship, genetic information, or other basis protected by applicable law, including Title IX and 34 C.F.R. Part 106, in employment, treatment, admission, access to educational programs and activities, or other University benefits or services. Inquiries about nondiscrimination at UVU may be directed to the U.S. Department of Education's Office for Civil Rights or UVU's Title IX Coordinator at 801-863-7999 – TitleIX@uvu.edu – 800 W University Pkwy, Orem, 84058, Suite BA 203.

Religious Accommodation

UVU values and acknowledges the array of worldviews, faiths, and religions represented in our student body, and as such provides supportive accommodations for students. Religious belief or conscience broadly includes religious, non-religious, theistic, or non-theistic moral or ethical beliefs as well as participation in religious holidays, observances, or activities. Accommodations may include scheduling or due-date modifications or make-up assignments for missed class work.

To seek a religious accommodation, a student must provide written notice to the instructor and the Director of Accessibility Services at accessibilityservices@uvu.edu. If the accommodation relates to a scheduling conflict, the notice should include the date, time, and brief description of the difficulty posed by the conflict. Such requests should be made as soon as the student is aware of the prospective scheduling conflict.

While religious expression is welcome throughout campus, UVU also has a [specially dedicated space](#) for meditation, prayer, reflection, or other forms of religious expression.