

2020-2021  
ANNUAL REPORT

# STUDENT DEVELOPMENT & WELL-BEING



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# ASSOCIATE VICE PRESIDENT FOT STUDENT DEVELOPMENT & WELL-BEING/ DEAN OF STUDENTS MESSAGE

Student Development & Well-Being supports the holistic development of students by collaborating with campus and community partners in providing intellectual, physical, emotional, social, and civic experiences and resources. Students who engage in Student Development & Well-Being programs and services are more likely to improve in student persistence, retention, and university satisfaction; increase in civic mindedness, sense of belonging to a community, and empathy; and apply leadership skills such as goal setting, prioritization, and confidence. Student Development & Well-Being consists of six main departments with 20 sub-departments.

I invite you to review the annual report and learn more about the important work happening within this area.

Sincerely,



Alexis Palmer, Ed.D  
AVP Student Development & Well-Being/Dean of  
Students



# Student Development & Well-Being

## Purpose/Mission

Student Development & Well-Being supports the holistic development of students by collaborating with campus and community partners in providing intellectual, physical, emotional, social, and civic experiences and resources.

## Learning Outcomes

Students who engage in Student Development & Well-Being programs and services:

- Improve in student persistence, retention, and university satisfaction.
- Increase in civic mindedness, sense of belonging to a community, and empathy.
- Apply leadership skills such as goal setting, prioritization, and confidence.

## Programs and Services

Student Development & Well-Being consists of six main departments overseeing 20 sub-departments.

- **AVP INITIATIVES:** CARE Task Force, Mental Health Task Force, Bias Education Support Team.
- **CENTER FOR SOCIAL IMPACT:** Food Pantry, Impact Fellows, Service-Learning
- **RECREATION & WELLNESS:** Intramurals & Sports Clubs, Outdoor Adventure Center, Rodeo, Student Life & Wellness Center, Wellness Programs.
- Rights & Behavior: **OFFICE OF STUDENT RIGHTS & ACCOUNTABILITY, STUDENT MEDIA**
- **STUDENT CENTER OPERATIONS:** Campus Connection/Post Office, Event Services, SLWC Operations.
- **STUDENT HEALTH SERVICES:** Crisis, Medical, Mental Health.
- **STUDENT LEADERSHIP & INVOLVEMENT:** Action Learning, Clubs, Interreligious Engagement, LEAD, Off Campus Housing, Spirit Squad, Student Government.

# Center for Social Impact

## Purpose/Mission

Our mission is to develop active citizens who make social impact with our communities. We employ strategic frameworks, methodologies, and actions to provide students with a range of meaningful social impact learning experiences and skills that are applicable to their personal and professional lives.

## Learning Outcomes

Students who engage with the Center for Social Impact will be able to do one or more of the following:

- Understand Social Impact Principles and Strategies
- Connect to Sustainable Impact Opportunities
- Apply Social Impact Principles and Strategies
- Access Resources to Meet Basic Needs

## Programs and Services

The learning experiences at the CSI contribute to academic persistence, retention, and completion, as well as to the vibrancy of communities and personal and professional lives. Some of our programs and services are listed below.

- **SERVICE-LEARNING COURSES:** Over 350 course sections each academic year receive the "service-learning" designation. We provide administrative, faculty, & partnership support.
- **IMPACT FELLOWS & ASSOCIATES:** Student-run events/programs utilizing social impact principles, values, frameworks, and methodologies involving thousands of students.
- **ALTERNATIVE BREAKS:** Trips that engage students with a social problem and help develop empathy, examine assumptions, and develop patterns of involvement.
- **IMPACT PARTNER COORDINATION:** Coordinate impact partnerships, host social impact fairs and partner trainings, and maintain an online database of social impact opportunities.
- **SOCIAL IMPACT METRICS LAB (SIMLAB):** Student-run, faculty-mentored evaluations of social/economic impact of interventions by local, domestic, and international organizations.
- **SOCIAL IMPACT SCHOLARS:** Undergraduate students complete course requirements, reflections, impact hours, and a capstone project to earn an academic distinction.
- **IMPACT INCUBATORS:** A creative space for students to discover effective interventions for social problems based on strategic research and input from affected individuals using equity-centered community design thinking.
- **MAP THE SYSTEM CHALLENGE:** Students use systems thinking and mapping to research and analyze a social problem. The winning team competes in Oxford's global competition.
- **BASIC NEEDS SUPPORT:** We run the on-campus food pantry, support the campus CARE Initiative, and coordinate on-campus holiday assistance programs.

IMPACT OUTCOMES 2020-2021



**10,566**  
STUDENTS INVOLVED



**350+**  
SERVICE-LEARNING  
COURSE SECTIONS



**18**  
VIRTUAL  
EVENTS

**208,070** HOURS OF IMPACT 

**35**   
STUDENT  
LEADERS

**75**   
COMMUNITY  
PARTNERS

**80**  
FACULTY  
TRAINED

The experiences that I have had and the people that I have met through the Center for Social Impact have provided me with **valuable insights and connections** that will help me in my education and career. I am in my program and **on track to graduate** in part thanks to the Center for Social Impact.

-Maren Ostlund, Social Work

**5760**  
LBS OF FOOD  
DISTRIBUTED



**702**  
FOOD VOUCHERS  
DISTRIBUTED

# Recreation & Wellness

## Mission

Our mission is to enrich the quality of life for students, faculty and staff by providing a broad range of recreation, wellness, and student engagement opportunities that complement the academic experience.

## Learning Outcomes

We actively promote the pursuit of a balanced, healthy lifestyle to our diverse university community. Students that engage in our programming will be able to do the following:

- The Outdoor Adventure Center (OAC) Adventure Trip Leaders (ATL) will be able to communicate the significance of outdoor learning and the benefit students can receive from participating in various OAC programs and events.
- Have a sense of belonging and association by participating in Intramurals & Club Sports. Students will experience a connection to the staff, fellow students, and the University while feeling welcomed, supported, and safe.
- As a result of internships, Wellness interns will be able to plan and implement events with diverse topics to reach diverse audiences.
- Student staff will have engaging experiences and access to leadership opportunities to help enhance and develop their personal and leadership skills.
- Students who work within Intramurals will be able to identify meaningful transferable skills between what they learn through their IM sports employment and how it relates to future professional careers after graduation.

## Programs and Services

We create curricular and co-curricular learning experiences to engage and empower students within the Campus Recreation & Wellness department. We contribute to their academic persistence, retention, and completion, as well as to the vibrancy of their communities and their personal and professional lives. Some of our programs and services are listed below.

- **STUDENT LIFE & WELLNESS CENTER:** Is a 175,000 SF building that includes a 1/8 mile indoor track, 3 Basketball Courts, Multi-Activity Court, Fitness/Dance rooms, Weight Room, Cardio Equipment, Bowling Alley and Gaming Center.
- **THE PROJECT CLIMBING WALL:** 40 ft tall, over 10, 000 holds, 3,000 sq. ft. Climbing Surface. Climbing Clinics and climbing gear available for rent.
- **INTRAMURALS:** Students get involved in Intramurals and enjoy fun and competitive leagues anywhere from Basketball, Soccer, Flag Football, Volleyball, Softball, Pickleball, Spikeball, Bowling, futsal, Disk Golf, Badminton, and ping pong.
- **CLUB SPORTS:** ESports, Men's Hockey, Men's and Women's Lacrosse, Men's Ultimate, Men's and Women's Soccer, Men's and Women's Volleyball, Men's Rugby, Women's Rugby, Cycling.
- **WELLNESS PROGRAMS:** Offers health education programming and services such as Health Coaching, Health Risk Appraisal, Classroom Presentations. Recliner Massage Chairs, Stress Reduction Room, Healthy Cooking Class, Walking Group, Interns and Scholarships.
- **OUTDOOR ADVENTURE CENTER:** Offers high Impact programs through excursions, retail, rental offerings.
- **UVU RODEO TEAM:** 26 Student-Athletes who compete in the Rocky Mountain Region.



# 373 EVENTS

55,268 PARTICIPANTS

**50,718**  
SLWC  
MEMBERSHIPS

**\$368,413.94**  
TOTAL DEPARTMENT  
REVENUE GENERATED

**1,594**  
ENGAGED HOURS  
FOR THE OUTDOOR  
ADVENTURE CENTER

**373**  
INTRAMURAL  
GAMES PLAYED  
3,418 PARTICIPANTS

**9** WELLNESS  
PROGRAMS  
INTERN  
GRADUATES  
  
30 SCHOLARSHIPS  
OFFERED THROUGH RECREATION  
& WELLNESS DEPARTMENT.

**1079**  
ATHLETIC  
TRAINING  
ENCOUNTERS

**5**  
COLLEGE NATIONAL  
RODEO FINALS  
QUALIFIERS

PREDICTED  
VS ACTUAL  
PERSISTENCE

0.8139  
Comparison  
Groups  
Results  
Predicted  
Persistence

0.8347  
Actual  
Persistence

**356**  
CLUB SPORTS  
STUDENT  
ATHLETES



**1.57% PERSISTENCE**

Increase for students who visited the SLWC, compared to those who did not.

Civitas Study revealed that the more students visited the SLWC, the higher their persistence rate and were more likely to stay at UVU and graduate.



# Student Center Operations

## Mission

Student Center Operations provides clean, safe, and well-maintained facilities with comprehensive services while serving students and the greater campus community through collaboration and event support.

## Learning Outcomes

Students and patrons who engage with our department will:

- Grow In their sense of affinity to UVU while participating in campus events as it relates to support, atmosphere, and safety.
- Gain valuable job experience and resume building opportunities working as a student employee in Event Services, Campus Connection, and Post Office.
- Be connected to general resources to navigate campus and be informed about upcoming events.

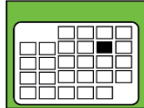
## Programs and Services

- **EVENT SERVICES:** Schedules and coordinates events for UVUSA, clubs, intramurals, individuals, departments, community, practices/rehearsals, SLWC classes, etc. We provide coordination services with all campus service providers and assist in following all UVU policies to ensure a successful, fun, educational and safe environment for all campus events from beginning to end.
- **EVENT SOFTWARE TRAINING:** Provide centralized scheduling system training for department event planners. We also assist and train student staff in learning the behind-the-scenes efforts that take place to make events successful.
- **EVENT SETUP AND TEARDOWN SUPPORT:** Deliver set up support for approximately 2,800 campus events each year by providing groups their event layout in a safe and clean space.
- **A/V EVENT SUPPORT:** Provide audio, visual, lighting, video streaming and support services for over 1,100 campus events annually. Our student employees receive real industry hands on experience on what goes into setting up and running live events.
- **BUILDING MAINTENANCE AND SECURITY:** Provide the upkeep of the Sorensen Student Center and Student Life and Wellness Center, with a combined total of over 400,000 sq ft of space, by maintaining the bowling alley, exercise equipment, lighting, plumbing, furnishings, and other maintenance needs.
- **CAMPUS CONNECTION/POST OFFICE** - Provides the university with campus wide event ticketing, lost and found, event signage, and processing ID cards both online and in person. We also offer student staff resume building opportunities through training certifications at both Campus Connection and United States Postal Service.

## Impact Results

1,048

**EVENTS THAT  
NEEDED TICKETING**



25,518

**ACTIVATED**



1,158

**ACTIVATED  
DEPENDENT PASSES**



17,059

**REQUESTS ON**



11,943

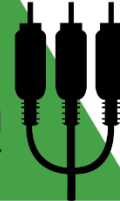
**PACKAGES**



1,174

**EVENTS THAT**

**NEEDED  
A/V TECH  
SUPPORT**



6,737

**LOST & FOUND  
ITEMS  
COLLECTED**



4,446

**PIECES OF  
PROCESSED  
SIGNAGE**



495

**SIGNS PLACED**



15,077

**CARDS PRINTED**



# Student Health Services

## Purpose/Mission

Our first priority is to promote student success through intervention and assistance to students with health-related issues. Through our services we enhance the personal development and lifelong opportunities of UVU students. We come to work every day because we are passionate about helping students live healthy, productive lives. As our multiple health disciplines communicate and collaborate, the students receive a more comprehensive treatment of health issues.

## Learning Outcomes

Student Health Services strives to promote, cultivate and teach students to:

- Know how to navigate the symptoms and challenges that occur within their life and impact their function and educational pursuits.
- Think in ways that promote wellbeing, function and health.
- Do persist in school and navigate with improved function within their environments.

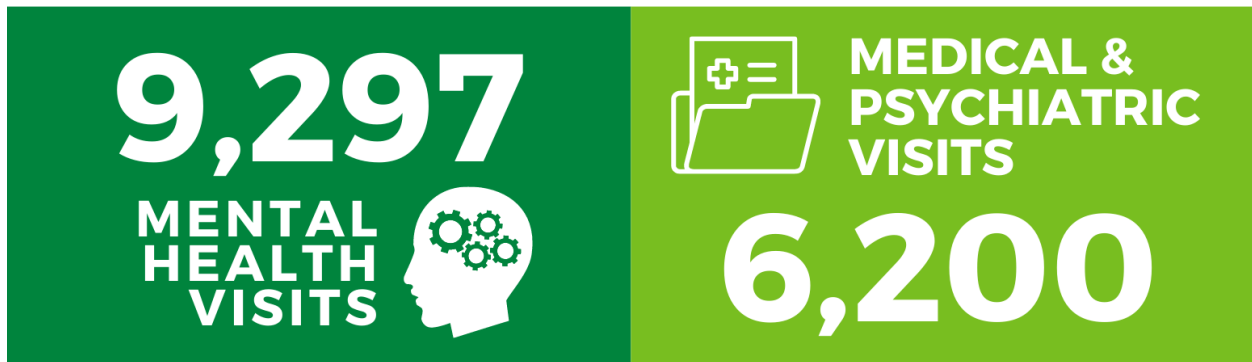
## Programs and Services

- **PSYCHIATRIC SERVICES:** Licensed Psychiatric Nurse Practitioners, Psychiatric Medication Management.
- **MEDICAL SERVICES:** Certified Nurse Practitioners, Certified Medical Assistants, Allergies, Common Illnesses, Contraception, Women's Health, Anxiety & Depression, Preventative Healthcare.
- **PSYCHOLOGICAL SERVICES:** Licensed Psychologists and Mental Health Counselors, Depression, Trauma, Bereavement, PTSD, Eating Disorders, Anxiety, Stress Management, Abuse, Relationship Counseling.
- **CRISIS SERVICES:** Licensed Clinical Social Workers, Certified Suicide Prevention Instructors, Victim Navigator, Crisis Assessment, Crisis Consultation and Collaboration, Crisis Intervention.



**97%**  
SAY "THE SERVICES I  
RECEIVED HELPED ME  
TO STAY IN SCHOOL"

“So grateful to have such high quality care at my university.  
It has taken away a lot of unnecessary stress. - Student”



“The UVU Student Health Services office is a literal life saver. I was able to get on medications that helped me overcome depression and study to my best ability in just a few months. They have made my educational experience much better at UVU.” - Student

# Student Leadership & Involvement

## Purpose/Mission

The Department of Student Leadership and Involvement (SLI) facilitates opportunities that enhance the academic experience by promoting student involvement and event attendance, developing leadership skills, and preparing students to take on active societal roles on campus and in their communities.

## Learning Outcomes

SLI accomplishes this mission by designing learning opportunities for students to grow and develop as an individual while working with their peers, staff, faculty, administrators, and community professionals. Because students engaged with our department, they will be able to do one or more of the following:

- Describe the purpose of the SLI program in which they are participating in and discuss the impact it has within the university community.
- Demonstrate effective communication through active listening, absorbing information, and verbally presenting information in one on one, small or large group settings in a respectful manner.
- Examine and prioritize their workload by identifying and categorizing tasks based on their purpose, necessary attention, and time needed to complete them.
- Navigate group dynamics when working with others by demonstrating self-awareness and anticipating the strengths and influence of others.
- Report a higher level of confidence in their ability to lead and work with others, communicate verbally and in writing, manage their time, problem solve, and make decisions.

## Programs and Services

The co-curricular and extra-curricular experiences that students have with the Department of Student Leadership and Involvement contribute to their academic persistence, retention, and completion. Furthermore, these experiences add to the vibrancy of their college experience increasing their affinity to UVU. The programs and offerings provided by SLI are listed below.

- **ACTION LEARNING:** With weekly offerings students are able to participate in activities learning new skills/hobbies that they have interest in. Students are able to connect with their peers and participate as their schedule allows.
- **CLUBS:** Empowers and encourages student freedom to create groups dedicated to specific interests, hobbies, and academic focuses. By participating in a club, students have the opportunity to increase their leadership and communication skills, meet new people, and do more of what they love.
- **INTERRELIGIOUS ENGAGEMENT:** Builds a community inclusive of all worldviews (religious, spiritual, and secular identities) by providing physical space, educational events/activities, and opportunities for dialogue to build respect, relationships, and understanding.
- **LEAD CERTIFICATION PROGRAM:** Students have the opportunity to earn a one or two-year distinction certifying completion of prescribed teaching activities focused on four key areas of professional and personal development: Learn, Engage, Acquire, and Discover.
- **OFF-CAMPUS HOUSING:** Assists students in having a positive student living experience by facilitating on site residence life events/activities and connecting students to housing related resources and information including housing laws, independent living tutorials, contract navigation, etc.
- **SPIRIT SQUAD:** Provides performance-based entertainment at Athletic and campus events promoting an atmosphere of interaction, enthusiasm, and support for UVU.
- **STUDENT GOVERNMENT (UVUSA):** Made up of elected and appointed officers, students are responsible for representing the student voice across campus. Student officers actively participate in policy change, advocate for student needs, and provide activities/events to enhance the student experience.

# 2021 Impact Results

**648\***  
Department  
Sponsored  
Events

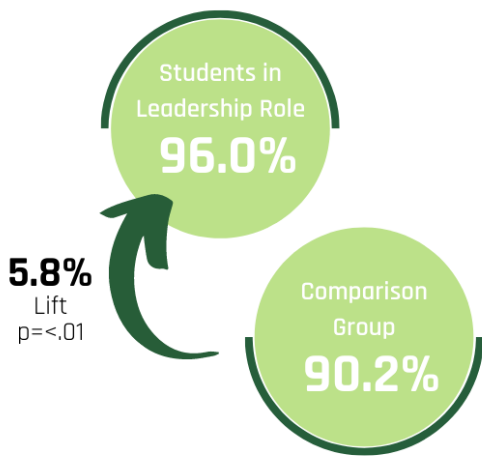
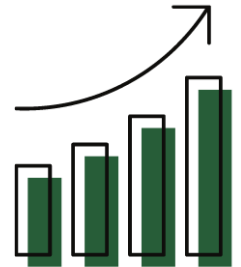


**132**  
Club  
Sponsored  
Events

\*Due to the COVID-19 pandemic the number of event offerings was reduced to approximately half of what is traditionally offered.

Civitas analysis results yielded an average increase of 2.0% in persistence for those that attended a SLI department sponsored event in comparison to those that did not (2.0% lift, CI +/-0.8%, p<.01, n=15,222). The overall analysis participants were all students who attended an event between fall 2017 and spring 2021.

Students attending 1-2 events per semester showed a 1.4% lift and those attending 3-5 events had a 2.7% lift.



Between 2020-2021 and 2021-2022 the department had a **9.4% increase in BIPOC student participation** in student leader positions.

A recent Civitas analysis determined that students who participate within a SLI department run student organization in a leadership role show a significant lift in persistence (5.8% lift, CI +/-2.9%, p<.01, n=548). The overall analysis participants were all students who had participated in a student leadership program between fall 2017 and spring 2021. Comparison students were queried from the ODS database and were limited to students enrolled full-time in the same terms and had a cumulative GPA of 2.5 or higher and did not participate in any student leadership programs.

“ I have made life long friends at UVU! I learned how to work really hard, be accountable, and proactive. Those lessons I'll remember forever because they've altered who I am in a positive way.

**156** Student Leaders  
**3.45** Average Cumulative GPA  
**27** Student Leaders Graduated



**Kent Schmutz**  
Nursing Major  
Spirit Squad



# Student Media & Production

## Purpose/Mission

[Student Media & Production](#) is dedicated to serving and informing the UVU community. We provide student leaders with an authentic newsroom experience that compliments what they learn in the classroom and readies them for industry demands. We learn by doing.

## Learning Outcomes

As a result of participating in student media, students will be able to:

- Demonstrate their ability to communicate effectively by creating a portfolio of multimedia that exemplifies skills in research, interviews and digital media.
- Demonstrate leadership skills and the ability to work in a team environment by creating group multimedia pieces.
- Develop a strong sense of social and civic engagement.
- Evaluate the ethical and legal considerations surrounding the production and distribution of digital media.

## Programs and Services

- **STUDENT LEADERSHIP TRAINING:** Provide an authentic newsroom experience that prepares them for careers in a variety of industries and enhances their performance in the classroom. Collaborate with local and national news and information entities to provide training, learning and experiential professional opportunities for our news team.
- **THE REVIEW NEWSPAPER:** Publishing and distribute a consistent printed newspaper using industry-standard methods and practices.
- **BROADCAST/PODCAST:** Produce videos covering breaking news and feature stories which are posted to [www.uvureview.com](http://www.uvureview.com) and on our social media.
- **ADVERTISING:** Offer digital and print advertising opportunities for the campus and local community. Generate ad revenue that feeds directly back into the student program opportunities.

SOCIAL MEDIA VIDEO  
ENGAGEMENT  
**395%**

♥ **3,690**

SOCIAL MEDIA  
FOLLOWERS

**81**

AVERAGE NUMBER  
OF CONTRIBUTORS  
TO STUDENT MEDIA  
PRODUCTION

“Being plugged in to the campus beat of The Review **enriched my time at UVU**. Working for the paper allowed me to visit different cities around the country, meet so many wonderful people, grow as a writer and professional, and **discern better what I want to do with my career.**”

-Ty Bianucci, Senior,  
Communication

**\$106,338**

PROVIDED IN STUDENT SCHOLARSHIPS



**\$68,920**

TOTAL ADVERTISING REVENUE



@UVUREVIEW



UVUREVIEW.COM

UVU.EDU/STUDENTMEDIA



# Student Rights & Accountability

## Purpose/Mission

We focus on fairness and equality while promoting responsibility, individual growth, education, and development. We are committed to education and restorative justice. We engage students to critically think about and learn from adversity.

## Learning Outcomes

The Office of Student Rights & Accountability (including the [Ombuds office](#)) strives to protect student rights, encourage student development, promote improved behavior, and help students learn from mistakes. These not only improve the university experience while at UVU but are also vital tools to help students succeed in the long term. In accordance with UVU Policy 541, we aim to help students:

- Understand their rights and responsibilities as students more completely.
- Create and maintain a support system that will help them respond favorably to mistakes or adversity during their UVU student experience.
- Access services and resources to which they were previously unaware.
- Overcome obstacles and issues to achieve their personal educational goals and navigate UVU successfully.

## Programs and Services

- **STUDENT CODE OF CONDUCT:** Investigate and resolve conduct violation including cheating, plagiarism and classroom disruptions. Maintain due process rights when a violation occurs. Consult on resource and resolution options, including educational resolution to help students learn and grow from adversity.
- **CLASSROOM & GROUP PRESENTATIONS:** Deliver tailored workshops on behavior change, communication, safety procedures and campus community resources.
- **OMBUDS:** Provides mediation for the campus community. Facilitate informal resolution of conflicts and misunderstandings. Provide conflict coaching to students. Assist students with roommate & housing conflicts.

# UVU STUDENTS BENEFIT FROM A **CARING & COMPREHENSIVE WHEEL OF SUPPORT**



**2,327** TOTAL CASES 

**428** STUDENT  
CONDUCT  
ENGAGEMENTS

STUDENTS SEEKING  
OMBUDS CLASSROOM  
SUPPORT **1,017**

**“It's great to have advocates on campus that are diligently trying to help the students. Being able to walk in with a problem and **walk out with a course of action, solutions, and assistance** along the way was the most promising aspect of my education at UVU. Without this office, UVU would have lost me as a student.”**

**- Political Science student**