

CARE Hub (Coordinated Access to Resources & Education)

Purpose/Mission

Our mission is to create an inclusive environment where Wolverines can readily access essential resources for food, housing, health, and safety. By affirming each student's lived experience, we can provide comprehensive support and resource allocation through fostered relationships on campus and with community organizations. This holistic approach allows students to thrive and achieve their full potential, ensuring no student faces barriers to their well-being and success.

Learning Outcomes

Students who engage with CARE Hub programs and services will:

- Strengthen their problem-solving skills, working with staff to find innovative solutions to basic needs insecurities.
- Experience reduced stress and anxiety due to access to resources, leading to improved focus and academic performance.
- Develop a stronger sense of belonging within the university community, contributing to increased student retention and satisfaction.
- Enable students to build resilience and coping strategies to overcome obstacles and succeed in their academic journey and beyond.
- Encourage a sense of social responsibility through participation in CARE Hub volunteer opportunities.

Programs and Services

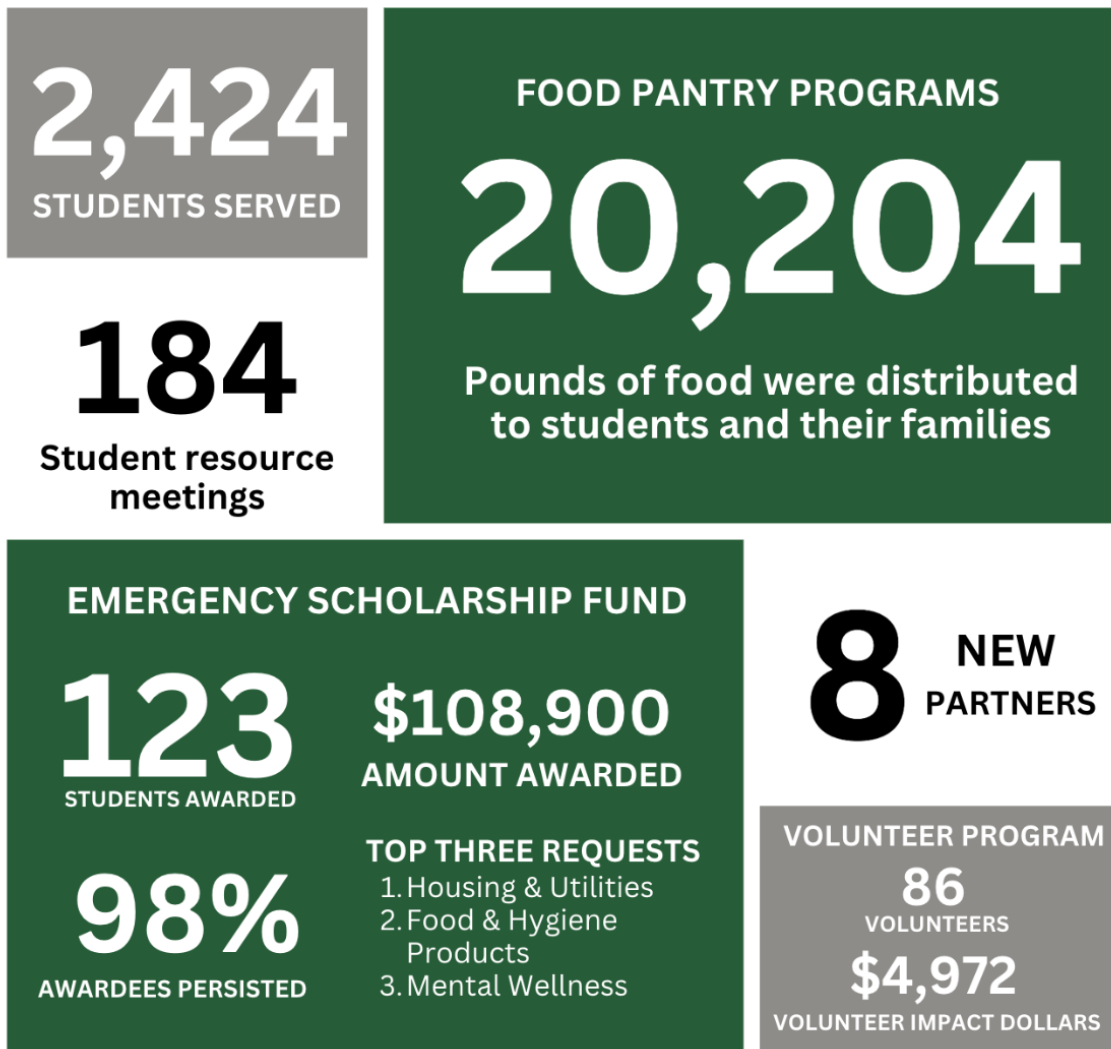
The services and support offered by the CARE Hub provide crucial resources to UVU students, contributing to their academic success, well-being, and sense of belonging within the university.

- **FOOD PANTRY:** Students have multiple options for accessing food from the pantry, including emergency food vouchers, delivery, online ordering, and a mobile pantry for satellite campuses.
- **FRESH PRODUCE:** The CARE Hub provides students with fresh and healthy options in the pantry, accomplished through partnerships on- and off-campus.
- **CASE MANAGEMENT:** The CARE Hub adopts a holistic approach in resource meetings, prioritizing students' autonomy and respecting their lived experiences, ensuring that they remain in control of their journey as their needs are addressed.
- **AWARENESS:** Promoting education and awareness through diverse channels, we provide engaging classroom and department presentations, as well as creative Instagram content, such as recipe videos sharing healthy, nutrient-dense meals that can be made using pantry items.
- **VOLUNTEER PROGRAM:** Offers students the opportunity to contribute to the CARE Hub's mission and actively engage in supporting their peers.
- **ADDITIONAL RESOURCES:** Through partnerships on campus and in the community, the CARE Hub connect students to resources that address their needs and promote their well-being.



2022 Impact Report

“You go beyond a student’s initial needs and empower them to take control of their current situation and their future. I’m impressed with the CARE Hub's extensive networking, connecting students with people and programs that can more specifically help with their circumstances.” - A.S., Student



Seven peer institutions sought consultation and best practices from us, recognizing our exemplary model for program implementation.

Center for Social Impact

Purpose/Mission

Our mission is to develop compassion community members who collaborate on strategic social impact. We employ innovative frameworks, strategies, and actions to provide students with a range of meaningful social impact learning experiences and skills that are applicable to their personal and professional lives.

Learning Outcomes

Students who engage with the Center for Social Impact will be able to do one or more of the following:

- Demonstrate an increased awareness of social impact issues, principles, and strategies
- Demonstrate an increased ability to connect to sustainable impact opportunities
- Apply social impact principles and strategies

Programs and Services

The learning experiences at the CSI contribute to academic persistence, retention, and completion, as well as to the vibrancy of communities and personal and professional lives. Some of our programs and services are listed below.

- [Service-Learning Courses](#) Over 350 course sections each academic year receive the "service-learning" designation. We provide administrative, faculty, & partnership support.
- [Impact Fellows & Associates](#) Students who run events/programs utilizing social impact principles, values, frameworks, and strategies that involve hundreds of students.
- [Social Impact Seminar](#) A one-credit class offered fall and spring semesters that covers social impact frameworks and strategies to understand and address social problems.
- [Alternative Breaks](#) Trips that engage students with a social problem and help develop empathy, examine assumptions, and develop patterns of involvement.
- [Impact Partner Coordination](#) Coordinate impact partnerships, host social impact fairs and partner trainings, and maintain an online database of social impact opportunities.
- [Social Impact Metrics Lab \(SIMLab\)](#) Student-run, faculty-mentored evaluations of social/economic impact of interventions led by local, domestic, and international organizations.
- [Map the System Challenge](#) Students use systems thinking and mapping to research and analyze a social problem. The winning team competes in Oxford's global competition.
- [Design for Impact](#) Students participate in an equity-centered design thinking workshop series and pitch competition where the winning team receives a prize to help them continue the development of their social problem intervention.
- [Social Impact Scholars](#) Provides students a structured emphasis on social impact in their university studies. Students receive a distinction on their transcript and honor cords.
- [Critical Mass Podcast](#) A student-run podcast addressing social impact issues.

IMPACT OUTCOMES 2022-2023



SERVICE-LEARNING
COURSE SECTIONS



85%

RETENTION RATE OF STUDENTS
PARTICIPATING IN AT LEAST
ONE SERVICE-LEARNING CLASS



FACULTY TRAINED

144,180 SERVICE-LEARNING HOURS COMPLETED



EVENTS

10

IMPACT FELLOWS
(STUDENTS RECEIVING
TUITION-WAIVERS)

70%
BIPOC

60%
QUEER



3.3
AVERAGE GPA
FOR FELLOWS

I am a first-generation, Latina woman in college. The people at the CSI are my community and a great motivator for me to stay in school. I don't think I would have had the same quality experience if I had never discovered the CSI. It has helped my academic and professional career with research, leadership experience, and publication design. Additionally, I have met more people with similar interests and mindset which has left me with a better outlook on life.

- Estrella Chinchay,
Art & Design, Photography

84%

RETENTION RATE OF IMPACT
FELLOWS AND ASSOCIATES



42

IMPACT ASSOCIATES
(STUDENT EMPLOYEES)

35% BIPOC

RECREATION & WELLNESS

Purpose/Mission

Our mission is to contribute to academic persistence and retention by providing a broad range of recreation, wellness, and student engagement opportunities to students and the UVU community that complement the academic experience.

Learning Outcomes

We actively promote the pursuit of a balanced, healthy lifestyle to our diverse university community. Students that engage in our programming will be able to do the following:

- Students will take an active role in leadership by mentoring Adventure Trip Leaders, OAC shop employees, and Project climbing wall employees to create a strong Outdoor Adventure Center community.
- Students will experience teamwork and an increased engagement on campus through Intramural participation.
- Students participating in Competitive Sports will improve their communication skills and experience an increased engagement with campus.
- Wellness interns will attain entry level skills and qualify for employment in a wide range of health and wellness opportunities.
- Students will improve their understanding of personal well-being and develop healthy behaviors through participation in wellness program activities and events.
- Rodeo Team participants actively participating on the Rodeo Team will persist from one semester to another.
- Students participating in fitness classes will improve their well-being and overall fitness level.

Programs and Services

We create curricular and co-curricular learning experiences to engage and empower students within the Recreation & Wellness department. We contribute to their academic persistence, retention, and completion, as well as to the vibrancy of their communities and their personal and professional lives. Some of our programs and services are listed below:

Student Life & Wellness Center:

175,000 sq. ft. building that includes a 1/8mile indoor track, 3 Basketball Courts, Mult-Activity Court, Fitness/Dance rooms, Weight Room, Cardio Equipment, Bowling Alley, and Gaming Center

The Project Climbing Wall:

40 ft tall climbing surface featuring over 10,000 holds and 3,000 sq ft Climbing Clinics and climbing gear available for rent.

Intramurals:

Students involved with Intramurals enjoy fun and competitive leagues including, Basketball, Soccer, Flag Football, Volleyball, Softball, Pickleball, Spikeball, Bowling, Futsal, Disc Golf, Badminton, and Ping Pong.

Competitive Sports:

Esports, Men's Hockey, Men's Lacrosse, Women's Lacrosse, Men's Ultimate, Men's Soccer, Women's Soccer, Men's Volleyball, Women's Volleyball, Men's Rugby, Women's Rugby, and Climbing Competitive Sport Teams.

Wellness Programs:

Offers a selection of student wellness programming including, Health Coaching, Health Risk, Appraisals, Classroom Presentations, Recliner Massage Charis, Stress Reduction Room, Healthy Cooking Classes, Walking Group, and Internships.

Outdoor Adventure Center:

Offers high Impact programs through excursions, retail, rental offerings, and leadership opportunities

UVU Rodeo Team:

15-30 Student-Athletes who compete in the Rocky Mountain Region.

RECREATION & WELLNESS

2023 ANNUAL IMPACT REPORT



83 RECREATION & WELLNESS
STUDENT EMPLOYEES

\$533,473

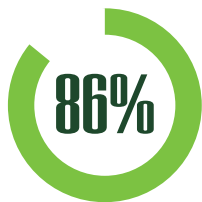
TOTAL DEPARTMENT
REVENUE

\$380,025

TO SUPPORT
STUDENT EMPLOYEES

461 STRESS REDUCTION
ROOM VISITS

25,463 WELLNESS
PROGRAMS
PARTICIPANTS



REPORTED A DECREASE
IN STRESS AFTER
UTILIZING STRESS
REDUCTION ROOM

396

EVENTS

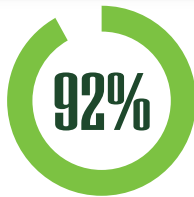
6608 NEW SLWC ↑
MEMBERSHIPS



OF FITNESS CLASS
PARTICIPANTS IMPROVED
THEIR OVERALL HEALTH

\$20,660

FUNDRAISED
FOR RODEO



PERSISTENCE RATE
FOR RODEO
TEAM STUDENTS

2001

OAC
PARTICIPANTS



1212 INTRAMURAL
GAMES PLAYED ●●●●

●●●● COMPETITIVE
SPORTS ATHLETES **500**

3169 INTRAMURAL
PARTICIPANTS ●●●●

OAC
ENGAGEMENT
HOURS

10,451

16,911 CLIMBING
WALL
PARTICIPANTS

Student Health Services

Purpose/Mission

Our first priority is to promote student success through intervention and assistance to students with health-related issues.

Through our services, we enhance the personal development and lifelong opportunities of UVU students. We come to work every day because we are passionate about helping students live healthy, productive lives. As our multiple health disciplines communicate and collaborate, the students receive a more comprehensive treatment of health issues.

Learning Outcomes

Student Health Services strives to promote, cultivate and teach students to:

- **Know** how to navigate the symptoms and challenges that occur within their life and impact their function and educational pursuits.
- **Think** in ways that promote well-being, function and health.
- **Do** persist in school and navigate with improved function within their environments.

Programs and Services

PSYCHIATRIC SERVICES: Licensed Psychiatric Nurse Practitioners, Psychiatric Medication Management

MEDICAL SERVICES: Certified Nurse Practitioners, Certified Medical Assistants, Allergies, Common Illnesses, Contraception, Women's Health, Anxiety & Depression, Preventative Healthcare

PSYCHOLOGICAL SERVICES: Licensed Psychologists and Mental Health Counselors, Depression, Trauma, Bereavement, PTSD, Eating Disorders, Anxiety, Stress Management, Abuse, Relationship Counseling

CRISIS SERVICES: Licensed Clinical Social Workers, Certified Suicide Prevention Instructors, Victim Navigator, Crisis Assessment, Crisis Consultation and Collaboration, Crisis Intervention





MORE THAN
2,028 STUDENTS
SERVED

92%

AGREE OR STRONGLY AGREE SHS
HELPED THEM STAY IN SCHOOL



"SO GRATEFUL TO HAVE SUCH HIGH QUALITY CARE AT MY UNIVERSITY.
IT HAS TAKEN AWAY A LOT OF UNNECESSARY STRESS. -STUDENT



9,297
MENTAL
HEALTH VISITS



6,200
MEDICAL &
PSYCHIATRIC VISITS

IN 2022

77.5%

OF STUDENTS SAY THEY WERE DOING BETTER
MENTALLY AFTER USING OUR SERVICES

18

MENTAL HEALTH
PROVIDERS

6

MEDICAL
PROVIDERS

14

NEW POSITIONS
ADDED IN 8 YEARS

39,000

INDIVIDUALS
TRAINED IN SUICIDE
PREVENTION



"THE UVU STUDENT HEALTH
SERVICES OFFICE IS A LITERAL LIFE
SAVER. I WAS ABLE TO GET ON
MEDICATIONS THAT HELPED ME
OVERCOME DEPRESSION AND
STUDY TO MY BEST ABILITY IN JUST
A FEW MONTHS. THEY HAVE MADE
MY EDUCATIONAL EXPERIENCE
MUCH BETTER AT UVU."

-STUDENT



Student Leadership & Involvement

Purpose/Mission

The Department of Student Leadership and Involvement (SLI) facilitates opportunities that enhance the academic experience by promoting student involvement and event attendance, developing leadership skills, and preparing students to take on active societal roles on campus and in their communities.

Learning Outcomes

SLI accomplishes this mission by designing learning opportunities for students to grow and develop as an individual while working with their peers, staff, faculty, administrators, and community professionals. Because students engaged with our department, they will be able to do one or more of the following:

- Describe the purpose of the SLI program in which they are participating in and discuss the impact it has within the university community.
- Demonstrate effective communication through active listening, absorbing information, and verbally presenting information in one on one, small or large group settings in a respectful manner.
- Examine and prioritize their workload by identifying and categorizing tasks based on their purpose, necessary attention, and time needed to complete them.
- Navigate group dynamics when working with others by demonstrating self-awareness and anticipating the strengths and influence of others.
- Report a higher level of confidence in their ability to lead and work with others, communicate verbally and in writing, manage their time, problem solve, and make decisions.

Programs and Services

The co-curricular and extra-curricular experiences that students have with the Department of Student Leadership and Involvement contribute to their academic persistence, retention, and completion. Furthermore, these experiences add to the vibrancy of their college experience increasing their affinity to UVU. The programs and offerings provided by SLI are listed below.

- **ACTION LEARNING:** With weekly offerings students are able to participate in activities learning new skills/hobbies that they have interest in. Students are able to connect with their peers and participate as their schedule allows.
- **CLUBS:** Empowers and encourages student freedom to create groups dedicated to specific interests, hobbies, and academic focuses. By participating in a club, students have the opportunity to increase their leadership and communication skills, meet new people, and do more of what they love.
- **INTERRELIGIOUS ENGAGEMENT:** Builds a community inclusive of all worldviews (religious, spiritual, and secular identities) by providing physical space, educational events/activities, and opportunities for dialogue to build respect, relationships, and understanding.
- **LEAD CERTIFICATION PROGRAM:** Students have the opportunity to earn a one or two-year distinction certifying completion of prescribed teaching activities focused on four key areas of professional and personal development: Learn, Engage, Acquire, and Discover.
- **OFF-CAMPUS HOUSING:** Assists students in having a positive student living experience by facilitating on site residence life events/activities and connecting students to housing related resources and information including housing laws, independent living tutorials, contract navigation, etc.
- **SPIRIT SQUAD:** Provides performance-based entertainment at Athletic and campus events promoting an atmosphere of interaction, enthusiasm, and support for UVU.
- **STUDENT GOVERNMENT (UVUSA):** Made up of elected and appointed officers, students are responsible for representing the student voice across campus. Student officers actively participate in policy change, advocate for student needs, and provide activities/events to enhance the student experience.

2023 Impact Results

394

Student Leaders



3.4

Average Cumulative GPA



81

Degrees Received



75.4%

Of the student leaders reported an increase in their self-confidence & self-esteem while involved at UVU.

78.9%

Of the student leaders reported that they developed an affinity and/or love of UVU through their experience.

72.8%

Of the student leaders reported confidence in their ability to complete their degree because of their leadership experience.



Miranda Noble
English Major
Interfaith Engagement

I'm proud of my ability to have difficult conversations. It's a new skill I will take with me everywhere. I can talk with people I disagree with and find common ground.

I learned a lot about time management and understanding myself-personal strengths and weaknesses-and how to navigate them. I worked with a lot of other people, so I learned about communication and being clear about expectations and boundaries.

Eliza Larkin
Digital Marketing Major
Student Government



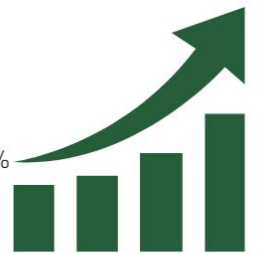
468
Department Hosted Events



1497
Club Hosted Events, Meetings, Practices

Civitas analysis results yielded an average increase of 2.0% in persistence for those that attended a SLI department sponsored event in comparison to those that did not (2.0% lift, CI +/-0.8%, p<.01, n=15,222). The overall analysis participants were all students who attended an event between fall 2017 and spring 2021.

Students attending 1-2 events per semester showed a 1.4% lift and those attending 3-5 events had a 2.7% lift.



Comparison Group
90.2%

Students in Leadership Role
96.0%

5.8%
Lift
p<.01

A recent Civitas analysis determined that students who participate within a SLI department run student organization in a leadership role show a significant lift in persistence (5.8% lift, CI +/-2.9%, p<.01, n=548). The overall analysis participants were all students who had participated in a student leadership program between fall 2017 and spring 2021. Comparison students were queried from the ODS database and were limited to students enrolled full-time in the same terms and had a cumulative GPA of 2.5 or higher and did not participate in any student leadership programs.

Student Rights & Accountability and Ombuds Office

Purpose/Mission

We focus on fairness and equality while promoting responsibility, individual growth, education, and development. We are committed to education and restorative justice. We engage students to critically think about and learn from adversity.

Learning Outcomes

The Office of Student Rights & Accountability (including the [Ombuds office](#)) strives to protect student rights, encourage student development, promote improved behavior, and help students learn from mistakes. These not only improve the university experience while at UVU but are also vital tools to help students succeed in the long term. In accordance with UVU Policy 541, we aim to help students:

- Understand their rights and responsibilities as students more completely.
- Create and maintain a support system that will help them respond favorably to mistakes or adversity during their UVU student experience.
- Access services and resources to which they were previously unaware.
- Overcome obstacles and issues to achieve their personal educational goals and navigate UVU successfully.

Programs and Services

- **STUDENT CODE OF CONDUCT:** Investigate and resolve conduct violation including cheating, plagiarism, and classroom disruptions. Maintain due process rights when a violation occurs. Consult on resource and resolution options, including educational resolution to help students learn and grow from adversity.
- **CLASSROOM & GROUP PRESENTATIONS:** Deliver tailored workshops on behavior change, communication, safety procedures and campus community resources.
- **OMBUDS:** Meets with students about personal or university related issues. Gives support and resource referral and/or information. Provides mediation for the campus community. Facilitate informal resolution of conflicts and misunderstandings. Provides conflict coaching to students. Assist students with roommate & housing conflicts. Consults faculty and others on policy, processes, and campus resources.

Student Media & Publications

Purpose/Mission

The mission of Student Media & Publications is to recruit, train, and create an excellent news learning, leadership, and production environment for students of UVU who qualify as members of the UVU REVIEW news team. We research and produce news and information for the students of Utah Valley University.

EXCELLENCE - ACCURACY - INTEGRITY

We value excellence in our news research, our training, our newsroom environment, and our news delivery systems. We value accuracy in our news research, news training, news writing and production, and our news delivery. We value integrity in our personal actions and representations and our team actions and representations. We value integrity in our interactions and transactions within our newsroom team, with our campus audience, our valley partners, and our professional partners. We value integrity in our stories we tell, the people whom we share about and with the details of each element of news production. We value each TEAM member.

Learning Outcomes

As a result of being a member of the UVU REVIEW news team and participating in news production, students will be able to:

- Demonstrate their ability to communicate effectively by creating a portfolio of multimedia that exemplifies skills in research, interviewing, and digital media.
- Demonstrate leadership skills and the ability to work in a team environment by creating news multimedia pieces.
- Develop a strong sense of social and civic engagement.
- Evaluate the ethical and legal considerations surrounding the production and distribution of digital news media.

Programs and Services

- **STUDENT LEADERSHIP TRAINING:** Provide an authentic newsroom experience that prepares the team member for careers in a variety of industries and enhances their performance in their academic/social classroom assignments and interactions.
- **UVU REVIEW:** Produces broadcast, print, podcast, web, and social media news content covering student and campus community news and feature stories which are posted on www.uvureview.com, printed and distributed across campus, and posted on other social media platforms.
- **ADVERTISING:** UVUREVIEW offers digital (video, audio), and print advertising opportunities for the campus, local, and national entities. Generated advertising revenue is directed into training, production, and student scholarships and programs.



DAILY NEWS STORIES

NEWS, INFORMATION,
SPORTS, CAREER,
HEALTH & FITNESS



100%



Increase in
student media
production positions

"Throughout my educational career, the UVU Review has opened so many doors for me and taught me much about what a leader is supposed to be. I now have real experience that I can take to future employers that isn't just words on a page...."

Matthew Drachman
Editor in Chief

"I loved my time at UVU Review and am so grateful for all the opportunities it has afforded me."

Bridger Beal-Cvetko
now a full-time news
and politics reporter
for KSL.com

"I am grateful for the opportunities given and relationships from the bottom of my heart."

Daniel Obinyan
UVU REVIEW Broadcast Team



580,000+

UVUREVIEW.com

100%

Increase view
PER Week



@uvureview



uvureview.com
uvu.edu/studentmedia

Student Center Operations

Purpose/Mission

Student Center Operations provides clean, safe, and well-maintained facilities with comprehensive services while serving students and the greater campus community through collaboration and event support.

Learning Outcomes

Students and patrons who engage with our department will:

- Grow in their sense of affinity to UVU while participating in campus events as it relates to support, atmosphere, and safety.
- Gain valuable job experience and resume building opportunities working as a student employee in Event Services, Campus Connection, and the Post Office.
- Be connected to general resources to navigate campus and be informed about upcoming events.

Programs and Services

- **EVENT SERVICES:** schedules and coordinates events for UVUSA, clubs, intramurals, individuals, departments, community, practices/rehearsals, SLWC classes, ect. We provide coordination services with all campus service providers and assist in following all UVU polices to ensure a successful, fun, educational and safe environment for all campus events from beginning to end.
- **EVENT SOFTWARE TRAINING:** provide centralized scheduling system training for department event planners. We also assist and train student staff in learning the behind-the-scenes efforts that take place to make events successful.
- **EVENT SETUP AND TEAR-DOWN SUPPORT:** Deliver set up support for approximately 2,800 campus events each year by providing groups their event layout in a safe and clean space.
- **A/V Event Support:** Provide audio, visual, lighting, video streaming and support services for over 1,100 campus events annually. Our student employees receive real industry hands on experience on what goes into setting up and running live events.
- **BUILDING MAINTENANCE AND SECURITY:** Provide the upkeep of the Sorensen Student Center and the Student Life and Wellness Center, with a combined total of over 400,000 sq ft of space, by maintaining the bowling alley, exercise equipment, lighting, plumbing, furnishings, and other maintenance needs.
- **CAMPUS CONNECTION/POST OFFICE:** Provides the university with campus wide event ticketing, lost and found, event signage, UTA transit passes, and processing ID cards both on-line and in person. We also offer student staff resume building opportunities through training certifications at both Campus Connection and United States Postal Service.

10,542 UVU ID Cards Printed

24,275

Events • Meetings • Tables
Scheduled through 25 Live

954

Events that needed
A/V Tech Support



“The **valuable lessons I have learned** and the **skills I have developed** during my time here will continue to serve as a **strong foundation for my future** endeavors.

Working at Campus Connection enabled me to discover and improve many things about myself. One of those discoveries was that I am **passionate about event coordination and management**. I was also given the **space and support to hone my skill sets** regarding that passion here.

I leave with a **sense of optimism**, knowing that the experiences I gained here will propel me towards even **greater success in my professional journey.**”

- Student employee



297

Average packages sent per month through the Post Office

8,780

Pieces of Processed Signage



4,598

Signs placed by Campus Connection



7,159

Lost and Found Items collected

25,212

Transit passes active



825

Dependent passes active

\$874,880

Total Ticket Sales
on University Tickets

Events that needed
Ticketing

68