

Student Development & Well-Being

Purpose/Mission

Student Development & Well-Being supports the holistic development of students by collaborating with campus and community partners in providing intellectual, physical, emotional, social, and civic experiences and resources.

Learning Outcomes

Students who engage in Student Development & Well-Being programs and services:

- Improve in student persistence, retention, and university satisfaction.
- Increase in civic mindedness, sense of belonging to a community, and empathy.
- Apply leadership skills such as goal setting, prioritization, and confidence.

Programs and Services

Student Development & Well-Being consists of six main departments overseeing 20 sub-departments.

- [AVP Initiatives](#): CARE Task Force, Mental Health Task Force, Bias Education Support Team
- [Center for Social Impact](#): Food Pantry, Impact Fellows, Service-Learning
- [Recreation & Wellness](#): Intramurals & Sports Clubs, Outdoor Adventure Center, Rodeo, Student Life & Wellness Center, Wellness Programs
- Rights & Behavior: [Office of Student Rights & Accountability](#), [Student Media](#)
- [Student Center Operations](#): Campus Connection/Post Office, Event Services, SLWC Operations
- [Student Health Services](#): Crisis, Medical, Mental Health

- Student Leadership & Involvement: Action Learning, Clubs, Interregligious Engagement, LEAD, Off Campus Housing, Spirit Squad, Student Government

Center for Social Impact

Purpose/Mission

Our mission is to develop active citizens who make social impact with our communities. We employ strategic frameworks, methodologies, and actions to provide students with a range of meaningful social impact learning experiences and skills that are applicable to their personal and professional lives.

Learning Outcomes

Students who engage with the Center for Social Impact will be able to do one or more of the following:

- Understand Social Impact Principles and Strategies
- Connect to Sustainable Impact Opportunities
- Apply Social Impact Principles and Strategies
- Access Resources to Meet Basic Needs

Programs and Services

The learning experiences at the CSI contribute to academic persistence, retention, and completion, as well as to the vibrancy of communities and personal and professional lives. Some of our programs and services are listed below.

- [Service-Learning Courses](#) Over 350 course sections each academic year receive the "service-learning" designation. We provide administrative, faculty, & partnership support.
- [Impact Fellows & Associates](#) Students who run events/programs utilizing social impact principles, values, frameworks, and methodologies that involve thousands of students.
- [Alternative Breaks](#) Trips that engage students with a social problem and help develop empathy, examine assumptions, and develop patterns of involvement.
- [Impact Partner Coordination](#) Coordinate impact partnerships, host social impact fairs and partner trainings, and maintain an online database of social impact opportunities.
- [Social Impact Metrics Lab \(SIMLab\)](#) Student-run, faculty-mentored evaluations of social/economic impact of interventions led by local, domestic, and international organizations.
- [Map the System Challenge](#) Students use systems thinking and mapping to research and analyze a social problem. The winning team competes in Oxford's global competition.
- [Design for Impact](#) Students participate in an equity-centered design thinking workshop series and pitch competition where the winning team receives a prize to help them continue the development of their social problem intervention.
- [Basic Needs Support](#) We run the on-campus food pantry, support the campus CARE Initiative, and coordinate on-campus holiday assistance programs.

IMPACT OUTCOMES 2021-2022



85%

RETENTION RATE OF STUDENTS PARTICIPATING IN A SERVICE-LEARNING CLASS OR AS A CSI STUDENT LEADER



SERVICE-LEARNING COURSE SECTIONS

42

STUDENT LEADERS



62

COMMUNITY PARTNERS



37

FACULTY TRAINED

FOUR GRANTS & DONATIONS

\$77,000

I was a trip leader for an Alternative Break and learned about important issues happening in my own community and how to help solve problems. My advisors at the Center for Social Impact helped me in my professional and personal life in ways that no one ever has, and most importantly I found a strong community that has given me support. I am beyond grateful to have a place at my university that gave me space to grow. -Alex Ruiz, Biology Education

12,984

LBS OF FOOD DISTRIBUTED



1008

FOOD VOUCHERS DISTRIBUTED

Recreation & Wellness

Purpose/Mission

Our mission is to enrich the quality of life for students, faculty, and staff by providing a broad range of recreation, wellness, and student engagement opportunities that complement the academic experience.

Learning Outcomes

We actively promote the pursuit of a balanced, healthy lifestyle to our diverse university community. Students that engage in our programming will be able to do the following:

- Through direct experiences as an Adventure Trip Leader (ATL), students will learn to bridge gaps and break various barriers to include all individuals on Outdoor Adventure Center trips and events.
- Participants of Intramurals & Club Sports will have a sense of belonging and association. Students will experience a connection to the staff, fellow students, and the University while feeling welcomed, supported, and safe.
- Wellness interns will be able to plan and implement events with diverse topics to reach broad audiences.
- Student staff will have engaging experiences and access to leadership opportunities which will help enhance and develop their personal and leadership skills.
- Students who work within Intramurals will be able to identify meaningful transferable skills between what they learn through their IM sports employment and how it relates to future professional careers after graduation.

Programs and Services

We create curricular and co-curricular learning experiences to engage and empower students within the Recreation & Wellness department. We contribute to their academic persistence, retention, and completion, as well as to the vibrancy of their communities and their personal and professional lives. Some of our programs and services are listed below:

Student Life & Wellness Center. 175,000 sq. ft. building that includes a 1/8-mile indoor track, 3 Basketball Courts, Multi-Activity Court, Fitness/Dance rooms, Weight Room, Cardio Equipment, Bowling Alley, and Gaming Center.

The Project Climbing Wall. 40 ft. tall climbing surface featuring over 10,000 holds and 3,000 sq. ft. Climbing Clinics and climbing gear available for rent.

Intramurals. Students involved with Intramurals enjoy fun and competitive leagues including, Basketball, Soccer, Flag Football, Volleyball, Softball, Pickleball, Spikeball, Bowling, Futsal, Disk Golf, Badminton, and Ping Pong.

Club Sports. ESports, Men's Hockey, Men's Lacrosse, Women's Lacrosse, Men's Ultimate, Men's Soccer, Women's Soccer, Men's Volleyball, Women's Volleyball, Men's Rugby, Women's Rugby, and Climbing Club Sport Teams.

Wellness Programs. Offers a selection of student wellness programming including, Health Coaching, Health Risk Appraisals, Classroom Presentations, Recliner Massage Chairs, Stress Reduction Room, Healthy Cooking Classes, Walking Group, Internships, and Scholarships.

Outdoor Adventure Center. Offers high Impact programs through excursions, retail, rental offerings, and leadership opportunities.

UVU Rodeo Team. 26 Student-Athletes who compete in the Rocky Mountain Region.

322 EVENTS

RECREATION & WELLNESS EVENTS
2022 ANNUAL REPORT

+1,918

INCREASE IN
SLWC MEMBERSHIPS

\$493,954.50

TOTAL DEPARTMENT
REVENUE

9

COLLEGE
NATIONAL RODEO
FINALS QUALIFIERS

2,489

ATHLETIC
TRAINING
ENCOUNTERS

THE OUTDOOR ADVENTURE CENTER

82

EVENTS

1,755

PARTICIPANTS

365

CLUB SPORTS
STUDENT
ATHLETES

1,354

INTRAMURAL GAMES
PLAYED

3,718 PARTICIPANTS

7,295

OAC
ENGAGEMENT
HOURS

26,067

WELLNESS PROGRAMS
PARTICIPANTS

13,114

PARTICIPANTS
AT THE PROJECT
CLIMBING WALL

Student Rights & Accountability

Purpose/Mission

We focus on fairness and equality while promoting responsibility, individual growth, education, and development. We are committed to education and restorative justice. We engage students to critically think about and learn from adversity.

Learning Outcomes

The Office of Student Rights & Accountability (including the [Ombuds Office](#)) strives to protect student rights, encourage student development, promote improved behavior, and help students learn from mistakes. These not only improve the university experience while at UVU but are also vital tools to help students succeed in the long term. In accordance with UVU Policy 541, we aim to help students:

- Understand their rights and responsibilities as students more completely.
- Create and maintain a support system that will help them respond favorably to mistakes or adversity during their UVU student experience.
- Access services and resources to which they were previously unaware.
- Overcome obstacles and issues to achieve their personal educational goals and navigate UVU successfully.

Programs and Services

- **STUDENT CODE OF CONDUCT:** Investigate and resolve conduct violations including cheating, plagiarism and classroom disruptions. Maintain due process rights when a violation occurs. Consult on resource and resolution options, including educational resolution to help students learn and grow from adversity.
- **CLASSROOM & GROUP PRESENTATIONS:** Deliver tailored workshops on behavior change, communication, safety procedures and campus community resources.
- **OMBUDS:** A confidential listening ear for students' personal or university related issues which works to informally resolve those issues. Informs students about campus resources, policies and procedures. Provides conflict coaching to students. Assists students with roommate & housing disputes. Provides mediation for the campus community.

UVU STUDENTS BENEFIT FROM A CARING & COMPREHENSIVE WHEEL OF SUPPORT



3,094

TOTAL
ENGAGEMENTS
IN 2021-22



33% INCREASE
FROM 2020-21

590 STUDENT
CONDUCT
ENGAGEMENTS

29% INCREASE

OMBUDS
ENGAGEMENTS

AVG. 9-11 PER DAY (2021-22)

AVG. 6-7 PER DAY (2020-21)

“It's great to have advocates on campus that are diligently trying to help the students. Being able to walk in with a problem and **walk out with a course of action, solutions, and assistance** along the way was the most promising aspect of my education at UVU. Without this office, UVU would have lost me as a student.”

- Political Science student

Student Media & Production

Purpose/Mission

Student Media & Publications is dedicated to serving and informing the UVU community. We provide student leaders with an authentic newsroom experience that compliments what they learn in the classroom and readies them for industry demands. We learn by doing.

Learning Outcomes

As a result of participating in student media, students will be able to:

- Demonstrate their ability to communicate effectively by creating a portfolio of multimedia that exemplifies skills in research, interviews, and digital media.
- Demonstrate leadership skills and the ability to work in a team environment by creating news multimedia pieces.
- Develop a strong sense of social and civic engagement.
- Evaluate the ethical and legal considerations surrounding the production and distribution of digital news media.

Programs and Services

- **STUDENT LEADERSHIP TRAINING:** Provide an authentic newsroom experience that prepares them for careers in a variety of industries and enhances their performance in the classroom.
- **UVX NEWS:** Produce broadcast, print, podcast, and web news content covering campus news and feature stories which are posted to www.uvxnews.com and on our social media.
- **ADVERTISING:** Offer digital and print advertising opportunities for the campus and local community. Generate ad revenue that feeds directly back into the student program opportunities



5
NEW
PODCASTS

NEWS, INFORMATION,
SPORTS, CAREER,
HEALTH & FITNESS

“Working with U VX News has been such a fantastic experience. I love the **learning opportunities, creative challenges,** and hands-on collaboration with my team. My experience with U VX News has **contributed immensely to my personal and professional growth** and I know what I’ve learned here will continue to **benefit me throughout my career.**”

Joshua Fanos
Executive Social Media
Producer




103
AVERAGE NUMBER OF
CONTRIBUTORS TO UVXNEWS

UVX
news




50%
Increase in
student scholarship
leadership positions



6,000+
Social Media Followers

30,000+
Broadcast
Downloads



 @uvxnews

 uvxnew.com
uvu.edu/studentmedia

Student Leadership & Involvement

Purpose/Mission

The Department of Student Leadership and Involvement (SLI) facilitates opportunities that enhance the academic experience by promoting student involvement and event attendance, developing leadership skills, and preparing students to take on active societal roles on campus and in their communities.

Learning Outcomes

SLI accomplishes this mission by designing learning opportunities for students to grow and develop as an individual while working with their peers, staff, faculty, administrators, and community professionals. Because students engaged with our department, they will be able to do one or more of the following:

- Describe the purpose of the SLI program in which they are participating in and discuss the impact it has within the university community.
- Demonstrate effective communication through active listening, absorbing information, and verbally presenting information in one on one, small or large group settings in a respectful manner.
- Examine and prioritize their workload by identifying and categorizing tasks based on their purpose, necessary attention, and time needed to complete them.
- Navigate group dynamics when working with others by demonstrating self-awareness and anticipating the strengths and influence of others.
- Report a higher level of confidence in their ability to lead and work with others, communicate verbally and in writing, manage their time, problem solve, and make decisions.

Programs and Services

The co-curricular and extra-curricular experiences that students have with the Department of Student Leadership and Involvement contribute to their academic persistence, retention, and completion. Furthermore, these experiences add to the vibrancy of their college experience increasing their affinity to UVU. The programs and offerings provided by SLI are listed below.

- **ACTION LEARNING:** With weekly offerings students are able to participate in activities learning new skills/hobbies that they have interest in. Students are able to connect with their peers and participate as their schedule allows.
- **CLUBS:** Empowers and encourages student freedom to create groups dedicated to specific interests, hobbies, and academic focuses. By participating in a club, students have the opportunity to increase their leadership and communication skills, meet new people, and do more of what they love.
- **INTERRELIGIOUS ENGAGEMENT:** Builds a community inclusive of all worldviews (religious, spiritual, and secular identities) by providing physical space, educational events/activities, and opportunities for dialogue to build respect, relationships, and understanding.
- **LEAD CERTIFICATION PROGRAM:** Students have the opportunity to earn a one or two-year distinction certifying completion of prescribed teaching activities focused on four key areas of professional and personal development: Learn, Engage, Acquire, and Discover.
- **OFF-CAMPUS HOUSING:** Assists students in having a positive student living experience by facilitating on site residence life events/activities and connecting students to housing related resources and information including housing laws, independent living tutorials, contract navigation, etc.
- **SPIRIT SQUAD:** Provides performance-based entertainment at Athletic and campus events promoting an atmosphere of interaction, enthusiasm, and support for UVU.
- **STUDENT GOVERNMENT (UVUSA):** Made up of elected and appointed officers, students are responsible for representing the student voice across campus. Student officers actively participate in policy change, advocate for student needs, and provide activities/events to enhance the student experience.

2022 Impact Results

447*
Department
Sponsored
Events

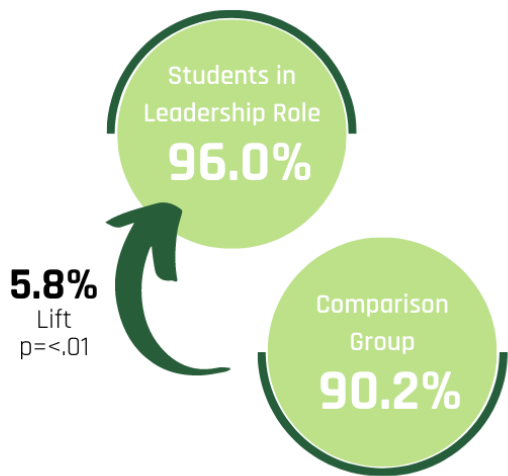
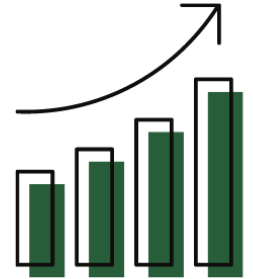


180
Club
Sponsored
Events

*Due to the COVID-19 pandemic the number of department sponsored event offerings has been reduced as students continue to navigate the return to campus.

Civitas analysis results yielded an average increase of 2.0% in persistence for those that attended a SLI department sponsored event in comparison to those that did not (2.0% lift, CI +/-0.8%, p<.01, n=15,222). The overall analysis participants were all students who attended an event between fall 2017 and spring 2021.

Students attending 1-2 events per semester showed a 1.4% lift and those attending 3-5 events had a 2.7% lift.



In 2021-2022 the department had a **9.4% increase in BIPOC student participation** in student leader positions.

A recent Civitas analysis determined that students who participate within a SLI department run student organization in a leadership role show a significant lift in persistence (5.8% lift, CI +/-2.9%, p<.01, n=548). The overall analysis participants were all students who had participated in a student leadership program between fall 2017 and spring 2021. Comparison students were queried from the ODS database and were limited to students enrolled full-time in the same terms and had a cumulative GPA of 2.5 or higher and did not participate in any student leadership programs.

“My connection with UVU is very strong. I know my limits and I have learned to overcome them, I have grown as a person and as a student on campus. I am not afraid to try new things. I know my potential and this makes me happy. I have achieved everything thanks to being involved.”

262
Student
Leaders

3.51
Average
Cumulative GPA

81
Degrees
Received



Mery Deilaire-Dominican Republic
Psychology Major
Clubs Program



Student Health Services

Purpose/Mission

Our first priority is to promote student success through intervention and assistance to students with health-related issues. Through our services we enhance the personal development and lifelong opportunities of UVU students. We come to work every day because we are passionate about helping students live healthy, productive lives. As our multiple health disciplines communicate and collaborate, the students receive a more comprehensive treatment of health issues.

Learning Outcomes

Student Health Services strives to promote, cultivate and teach students to:

- Know how to navigate the symptoms and challenges that occur within their life and impact their function and educational pursuits.
- Think in ways that promote wellbeing, function and health.
- Do persist in school and navigate with improved function within their environments.

Programs and Services

- **PSYCHIATRIC SERVICES:** Licensed Psychiatric Nurse Practitioners, Psychiatric Medication Management.
- **MEDICAL SERVICES:** Certified Nurse Practitioners, Certified Medical Assistants, Allergies, Common Illnesses, Contraception, Women's Health, Anxiety & Depression, Preventative Healthcare.
- **PSYCHOLOGICAL SERVICES:** Licensed Psychologists and Mental Health Counselors, Depression, Trauma, Bereavement, PTSD, Eating Disorders, Anxiety, Stress Management, Abuse, Relationship Counseling.
- **CRISIS SERVICES:** Licensed Clinical Social Workers, Certified Suicide Prevention Instructors, Victim Navigator, Crisis Assessment, Crisis Consultation and Collaboration, Crisis Intervention.

IMPACT OUTCOMES



Say the services I received helped me to stay in school



Students Served

8,659

Mental Health Visits



18
Mental Health Providers



6
Medical Providers

Over 39,000 suicide prevention trainings given

*"The UVU Student Health Services office is a literal life saver. I was able to get on medications that helped me overcome depression and study to my best ability in just a few months. They have made my educational experience much better at UVU."
- UVU Student*

14 new positions in the last 8 years



*"So grateful to have such high quality care at my university. It has taken away a lot of unnecessary stress."
- UVU Student*

Student Center Operations

Mission

Student Center Operations provides clean, safe, and well-maintained facilities with comprehensive services while serving students and the greater campus community through collaboration and event support.

Learning Outcomes

Students and patrons who engage with our department will:

- Grow In their sense of affinity to UVU while participating in campus events as it relates to support, atmosphere, and safety.
- Gain valuable job experience and resume building opportunities working as a student employee in Event Services, Campus Connection, and Post Office.
- Be connected to general resources to navigate campus and be informed about upcoming events.

Programs and Services

EVENT SERVICES - Schedules and coordinates events for UVUSA, clubs, intramurals, individuals, departments, community, practices/rehearsals, SLWC classes, etc. We provide coordination services with all campus service providers and assist in following all UVU policies to ensure a successful, fun, educational and safe environment for all campus events from beginning to end.

EVENT SOFTWARE TRAINING - Provide centralized scheduling system training for department event planners. We also assist and train student staff in learning the behind-the-scenes efforts that take place to make events successful.

EVENT SETUP AND TEARDOWN SUPPORT - Deliver set up support for approximately 2,800 campus events each year by providing groups their event layout in a safe and clean space.

AV EVENT SUPPORT - Provide audio, visual, lighting, video streaming and support services for over 1,100 campus events annually. Our student employees receive real industry hands on experience on what goes into setting up and running live events.

BUILDING MAINTENANCE AND SECURITY - Provide the upkeep of the Sorensen Student Center and Student Life and Wellness Center, with a combined total of over 400,000 sq ft of space, by maintaining the bowling alley, exercise equipment, lighting, plumbing, furnishings, and other maintenance needs.

CAMPUS CONNECTION/POST OFFICE - Provides the university with campus wide event ticketing, lost and found, event signage, and processing ID cards both online and in person. We also offer student staff resume building opportunities through training certifications at both Campus Connection and United States Postal Service.

STATISTICS

177

EVENTS THAT
NEEDED TICKETING



26,017

ACTIVATED



276

ACTIVATED
DEPENDENT PASSES



15,319

REQUESTS ON



7,714

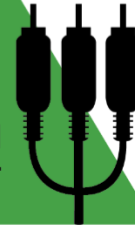
PACKAGES



1,009

EVENTS THAT

NEEDED
A/V TECH
SUPPORT



7,445

LOST & FOUND
ITEMS
COLLECTED



1,762

PIECES OF
PROCESSED
SIGNAGE



955

SIGNS PLACED

BY CAMPUS
CONNECTION



24,341

CARDS PRINTED

