



American College Health Association **National College Health Assessment**

# UTAH VALLEY UNIVERSITY

## Data Report

### Spring 2023

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# American College Health Association National College Health Assessment III

## ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION

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**We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.**

**I. What we've done to date**

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

**II. Why change?**

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented<sup>[1]</sup>, and schools need readily available access to this data in order to better address the needs of TGNC students.

**III. What's different about the way we are reporting?**

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men<sup>[2]</sup>." A "2" has been changed from "Female" to "Cis Women<sup>[3]</sup>." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row.
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

**IV. Important considerations with this new format**

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

**Questions about this report? Please reach out to Christine Kukich at [Ckukich@acha.org](mailto:Ckukich@acha.org)**

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. **Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.**

### A note about the use of sex and gender in this report:

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

### 1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	25	15	24	8	0	0	49	10.1
2 Very good	64	37	101	34	2	13	167	34.4
3 Good	64	37	120	41	7	44	193	39.8
4 Fair	16	9	41	14	5	31	63	13.0
5 Poor	3	2	8	3	2	13	13	2.7
Valid responses =	172	35	294	61	16	3	485	93.6

Invalid responses include no response.

### 2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	1	2	1	0	0	4	0.8
2 Disagree	6	3	4	1	1	6	12	2.3
3 Somewhat disagree	9	5	10	3	3	17	23	4.4
4 Somewhat agree	48	26	74	24	6	33	129	25.0
5 Agree	74	40	146	47	7	39	229	44.3
6 Strongly agree	44	24	75	24	1	6	120	23.2
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

### 2B) I feel that students' health and well-being is a priority at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1	1	2	1	0	0	3	0.6
2 Disagree	4	2	6	2	2	11	13	2.5
3 Somewhat disagree	13	7	14	5	2	11	29	5.6
4 Somewhat agree	63	34	93	30	7	39	164	31.7
5 Agree	61	33	124	40	6	33	194	37.5
6 Strongly agree	41	22	72	23	1	6	114	22.1
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

### 2C) At my college/university, I feel that the campus climate encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	3	2	2	1	1	6	6	1.2
2 Disagree	6	3	3	1	1	6	10	1.9
3 Somewhat disagree	16	9	17	5	1	6	34	6.6
4 Somewhat agree	49	27	76	24	4	22	133	25.7
5 Agree	74	40	140	45	9	50	224	43.2
6 Strongly agree	35	19	74	24	2	11	111	21.4
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



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## 2D) At my college/university, we are a campus where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	1	3	1	0	0	5	1.0
2 Disagree	14	8	5	2	2	11	22	4.3
3 Somewhat disagree	19	10	26	8	2	11	47	9.1
4 Somewhat agree	64	35	104	33	7	39	178	34.4
5 Agree	64	35	115	37	6	33	186	36.0
6 Strongly agree	20	11	58	19	1	6	79	15.3
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

## 3A) How many hours do you spend in a typical week (7 days) on the following activities?

### Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	7	4	8	3	2	11	17	3.3
2 1-5 hours	44	24	79	26	2	11	127	24.7
3 6-10 hours	50	27	82	27	7	39	141	27.4
4 11-15 hours	49	27	92	30	3	17	144	28.0
5 16-20 hours	20	11	32	10	4	22	57	11.1
6 21-25 hours	7	4	9	3	0	0	16	3.1
7 26-30 hours	5	3	1	0	0	0	6	1.2
8 More than 30 hours	1	1	6	2	0	0	7	1.4
Valid responses =	183	36	309	60	18	3	515	99.4

Invalid responses include no response.

## 3B) How many hours do you spend in a typical week (7 days) on the following activities?

### Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3	2	5	2	0	0	8	1.5
2 1-5 hours	28	15	57	18	7	39	94	18.2
3 6-10 hours	69	38	101	33	3	17	173	33.5
4 11-15 hours	33	18	55	18	2	11	92	17.8
5 16-20 hours	23	13	45	15	2	11	70	13.5
6 21-25 hours	14	8	28	9	2	11	45	8.7
7 26-30 hours	6	3	12	4	1	6	19	3.7
8 More than 30 hours	7	4	8	3	1	6	16	3.1
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

## 3C) How many hours do you spend in a typical week (7 days) on the following activities?

### Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	82	45	107	34	9	50	203	39.2
2 1-5 hours	76	42	174	56	8	44	258	49.8
3 6-10 hours	17	9	23	7	0	0	40	7.7
4 11-15 hours	1	1	5	2	0	0	6	1.2
5 16-20 hours	4	2	2	1	1	6	7	1.4
6 21-25 hours	2	1	1	0	0	0	3	0.6
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	1	1	0	0	0	0	1	0.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

## 3D) How many hours do you spend in a typical week (7 days) on the following activities?

### Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	108	59	185	59	14	78	311	60.0
2 1-5 hours	60	33	114	37	3	17	178	34.4
3 6-10 hours	11	6	11	4	1	6	23	4.4
4 11-15 hours	1	1	1	0	0	0	2	0.4
5 16-20 hours	0	0	0	0	0	0	0	0.0
6 21-25 hours	1	1	0	0	0	0	1	0.2
7 26-30 hours	1	1	1	0	0	0	2	0.4
8 More than 30 hours	1	1	0	0	0	0	1	0.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



### 3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	52	29	91	29	9	50	154	29.8
2 1-5 hours	71	39	146	47	6	33	226	43.7
3 6-10 hours	42	23	57	18	2	11	101	19.5
4 11-15 hours	10	6	12	4	0	0	22	4.3
5 16-20 hours	3	2	3	1	1	6	7	1.4
6 21-25 hours	1	1	1	0	0	0	2	0.4
7 26-30 hours	1	1	2	1	0	0	3	0.6
8 More than 30 hours	2	1	0	0	0	0	2	0.4
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

### 3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	62	34	118	38	11	61	193	37.3
2 1-5 hours	96	53	157	51	5	28	261	50.5
3 6-10 hours	18	10	33	11	2	11	53	10.3
4 11-15 hours	2	1	2	1	0	0	4	0.8
5 16-20 hours	0	0	0	0	0	0	0	0.0
6 21-25 hours	3	2	0	0	0	0	3	0.6
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	2	1	1	0	0	0	3	0.6
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

### 3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	139	76	247	79	16	89	407	78.6
2 1-5 hours	30	16	50	16	1	6	81	15.6
3 6-10 hours	7	4	8	3	1	6	16	3.1
4 11-15 hours	3	2	5	2	0	0	8	1.5
5 16-20 hours	0	0	1	0	0	0	1	0.2
6 21-25 hours	3	2	1	0	0	0	4	0.8
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	1	1	0	0	0	0	1	0.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

### 3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	24	13	40	13	2	11	67	13.0
2 1-5 hours	84	46	168	54	7	39	262	50.8
3 6-10 hours	46	25	65	21	5	28	116	22.5
4 11-15 hours	21	12	23	7	2	11	47	9.1
5 16-20 hours	3	2	5	2	1	6	9	1.7
6 21-25 hours	3	2	3	1	0	0	6	1.2
7 26-30 hours	0	0	1	0	0	0	1	0.2
8 More than 30 hours	2	1	5	2	1	6	8	1.6
Valid responses =	183	35	310	60	18	3	516	99.6

Invalid responses include no response.

### 3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	152	83	257	84	17	94	429	84.0
2 1-5 hours	25	14	41	13	1	6	69	13.5
3 6-10 hours	1	1	6	2	0	0	7	1.4
4 11-15 hours	2	1	1	0	0	0	3	0.6
5 16-20 hours	0	0	0	0	0	0	0	0.0
6 21-25 hours	2	1	0	0	0	0	2	0.4
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	1	1	0	0	0	0	1	0.2
Valid responses =	183	36	305	60	18	4	511	98.6

Invalid responses include no response.



### 3J) How many hours do you spend in a typical week (7 days) on the following activities?

#### Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	15	8	40	13	2	11	58	11.2
2 1-5 hours	67	37	119	38	10	56	197	38.2
3 6-10 hours	57	31	71	23	3	17	133	25.8
4 11-15 hours	15	8	24	8	1	6	41	7.9
5 16-20 hours	7	4	19	6	0	0	26	5.0
6 21-25 hours	8	4	10	3	1	6	19	3.7
7 26-30 hours	3	2	3	1	0	0	6	1.2
8 More than 30 hours	10	6	25	8	1	6	36	7.0
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

### 3K) How many hours do you spend in a typical week (7 days) on the following activities?

#### Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	12	7	17	5	1	6	30	5.8
2 1-5 hours	79	43	125	40	5	28	212	40.9
3 6-10 hours	46	25	92	30	3	17	142	27.4
4 11-15 hours	22	12	41	13	5	28	69	13.3
5 16-20 hours	12	7	24	8	1	6	37	7.1
6 21-25 hours	5	3	6	2	2	11	13	2.5
7 26-30 hours	4	2	1	0	0	0	5	1.0
8 More than 30 hours	3	2	6	2	1	6	10	1.9
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

### 3L) How many hours do you spend in a typical week (7 days) on the following activities?

#### Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	53	29	213	68	7	39	275	53.2
2 1-5 hours	61	34	69	22	5	28	137	26.5
3 6-10 hours	34	19	10	3	3	17	47	9.1
4 11-15 hours	21	12	10	3	2	11	34	6.6
5 16-20 hours	3	2	3	1	0	0	6	1.2
6 21-25 hours	6	3	4	1	0	0	10	1.9
7 26-30 hours	2	1	0	0	0	0	2	0.4
8 More than 30 hours	2	1	3	1	1	6	6	1.2
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

### 3M) How many hours do you spend in a typical week (7 days) on the following activities?

#### Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	34	19	25	8	1	6	61	11.9
2 1-5 hours	72	40	138	44	6	33	220	42.8
3 6-10 hours	39	22	88	28	4	22	131	25.5
4 11-15 hours	20	11	31	10	3	17	54	10.5
5 16-20 hours	4	2	15	5	2	11	21	4.1
6 21-25 hours	5	3	7	2	1	6	13	2.5
7 26-30 hours	2	1	4	1	1	6	7	1.4
8 More than 30 hours	3	2	4	1	0	0	7	1.4
Valid responses =	179	35	312	61	18	4	514	99.2

Invalid responses include no response.

### 3N) How many hours do you spend in a typical week (7 days) on the following activities?

#### Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	5	3	19	6	1	6	25	4.9
2 1-5 hours	124	68	224	72	11	65	363	70.6
3 6-10 hours	39	21	50	16	4	24	93	18.1
4 11-15 hours	5	3	4	1	0	0	9	1.8
5 16-20 hours	2	1	8	3	1	6	11	2.1
6 21-25 hours	2	1	2	1	0	0	5	1.0
7 26-30 hours	2	1	1	0	0	0	3	0.6
8 More than 30 hours	3	2	2	1	0	0	5	1.0
Valid responses =	182	35	310	60	17	3	514	99.2

Invalid responses include no response.



### 3O) How many hours do you spend in a typical week (7 days) on the following activities?

#### Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	36	20	66	21	2	11	107	20.8
2 1-5 hours	9	5	16	5	1	6	26	5.0
3 6-10 hours	14	8	26	8	2	11	42	8.2
4 11-15 hours	13	7	27	9	2	11	42	8.2
5 16-20 hours	25	14	37	12	3	17	65	12.6
6 21-25 hours	27	15	51	16	2	11	80	15.5
7 26-30 hours	14	8	36	12	3	17	53	10.3
8 More than 30 hours	42	23	53	17	3	17	100	19.4
Valid responses =	180	35	312	61	18	3	515	99.4

Invalid responses include no response.

### 3P) How many hours do you spend in a typical week (7 days) on the following activities?

#### Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	113	62	203	66	10	56	331	64.1
2 1-5 hours	59	32	96	31	7	39	162	31.4
3 6-10 hours	6	3	8	3	1	6	15	2.9
4 11-15 hours	1	1	2	1	0	0	3	0.6
5 16-20 hours	1	1	0	0	0	0	1	0.2
6 21-25 hours	3	2	1	0	0	0	4	0.8
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	183	35	310	60	18	3	516	99.6

Invalid responses include no response.

### 3Q) How many hours do you spend in a typical week (7 days) on the following activities?

#### Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	6	3	16	5	0	0	24	4.6
2 1-5 hours	118	65	177	57	13	72	310	60.0
3 6-10 hours	42	23	62	20	5	28	110	21.3
4 11-15 hours	6	3	24	8	0	0	30	5.8
5 16-20 hours	5	3	10	3	0	0	15	2.9
6 21-25 hours	3	2	8	3	0	0	11	2.1
7 26-30 hours	1	1	5	2	0	0	6	1.2
8 More than 30 hours	2	1	9	3	0	0	11	2.1
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

### 3R) How many hours do you spend in a typical week (7 days) on the following activities?

#### Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	124	68	198	64	12	67	337	65.2
2 1-5 hours	30	17	52	17	5	28	87	16.8
3 6-10 hours	12	7	17	5	1	6	32	6.2
4 11-15 hours	3	2	5	2	0	0	8	1.5
5 16-20 hours	2	1	5	2	0	0	7	1.4
6 21-25 hours	3	2	4	1	0	0	7	1.4
7 26-30 hours	1	1	7	2	0	0	8	1.5
8 More than 30 hours	7	4	24	8	0	0	31	6.0
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

### 4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	5	3	1	0	0	0	6	1.2
2 Slightly underweight	18	10	21	7	1	6	40	7.7
3 About the right weight	87	48	148	47	7	39	245	47.3
4 Slightly overweight	58	32	120	39	7	39	186	35.9
5 Very overweight	15	8	22	7	3	17	41	7.9
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



**5) Are you trying to do any of the following about your weight?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	38	21	64	21	2	11	106	20.5
2 Stay the same weight	34	19	61	20	4	22	99	19.1
3 Lose weight	74	40	174	56	11	61	262	50.6
4 Gain weight	37	20	13	4	1	6	51	9.8
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?**

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	7	4	10	3	0	0	19	3.7
1 1 to 149 Minutes	99	54	151	49	8	44	260	50.6
2 150 to 299 Minutes	41	22	77	25	4	22	122	23.7
3 300 or More Minutes	36	20	70	23	6	33	113	22.0
Valid responses =	183	36	308	60	18	4	514	99.2

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	217.77	120.00	367.81	0	3360
Cis Women	252.17	120.00	412.36	0	4000
Trans/Gender Non-conforming	256.67	160.00	292.41	30	1200
Overall	247.90	120.00	444.96	0	5040

**7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?**

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	61	34	127	42	12	67	202	39.5
1 1 to 74 Minutes	49	27	87	28	4	22	141	27.6
2 75 to 149 Minutes	24	13	39	13	1	6	65	12.7
3 150 or More Minutes	48	26	53	17	1	6	103	20.2
Valid responses =	182	36	306	60	18	4	511	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	117.27	55.00	171.01	0	1200
Cis Women	90.07	20.00	230.04	0	3000
Trans/Gender Non-conforming	21.83	0.00	50.95	0	200
Overall	97.41	30.00	206.42	0	3000

**8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?**

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	66	36	138	45	11	61	218	42.2
1 1 day	26	14	42	14	2	11	70	13.6
2 2 days	18	10	39	13	2	11	60	11.6
3 3 days	24	13	38	12	2	11	64	12.4
4 4 days	17	9	23	7	1	6	41	7.9
5 5 days	17	9	20	7	0	0	38	7.4
6 6 days	12	7	8	3	0	0	20	3.9
7 7 days	3	2	2	1	0	0	5	1.0
Valid responses =	183	35	310	60	18	3	516	99.6

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?  
One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.  
If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	60	33	107	35	4	22	174	33.8
2 1 serving	36	20	69	22	2	11	107	20.8
3 2 servings	29	16	47	15	6	33	82	15.9
4 3 servings	15	8	14	5	4	22	34	6.6
5 4 servings	7	4	22	7	0	0	29	5.6
6 5 servings	5	3	9	3	0	0	15	2.9
7 6 servings	3	2	9	3	0	0	12	2.3
8 7 servings	6	3	9	3	0	0	15	2.9
9 8 servings	3	2	5	2	0	0	8	1.6
10 9 or more servings	18	10	19	6	2	11	39	7.6
Valid responses =	182	35	310	60	18	3	515	99.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.14	1.00	5.3	0	30
Cis Women	2.54	1.00	4.24	0	30
Trans/Gender Non-conforming	2.78	2.00	3.59	0	14
Overall	2.75	1.00	4.61	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?  
(for example: Red Bull, Monster, Full Throttle, 5 Hour Energy, Rockstar Energy Shot, or Full Throttle Energy Shot, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	119	66	241	78	8	44	371	72.5
2 1-2 days	17	9	32	10	0	0	50	9.8
3 3-4 days	15	8	10	3	7	39	32	6.3
4 5-10 days	14	8	17	6	2	11	33	6.4
5 11-15 days	3	2	3	1	0	0	6	1.2
6 16-20 days	6	3	2	1	1	6	9	1.8
7 21-25 days	3	2	1	0	0	0	4	0.8
8 26-30 days	4	2	2	1	0	0	7	1.4
Valid responses =	181	35	308	60	18	4	512	98.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.85	0.00	6.34	0	30
Cis Women	1.21	0.00	3.8	0	30
Trans/Gender Non-conforming	3.11	3.00	4.86	0	20
Overall	1.91	0.00	5.08	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?  
One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	51	28	41	13	5	28	99	19.1
2 1-2 servings per day	106	58	225	72	11	61	344	66.4
3 3-4 servings per day	25	14	41	13	1	6	68	13.1
4 5-6 servings per day	0	0	3	1	1	6	4	0.8
5 More than 6 servings per day	1	1	2	1	0	0	3	0.6
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?  
One serving is 1/2 cup of fresh, frozen, or canned vegetables; 3/4 cup 100% vegetable juice; or 1 cup salad greens)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	30	16	42	14	4	22	77	14.9
2 1-2 servings per day	108	59	194	62	12	67	317	61.3
3 3-4 servings per day	40	22	66	21	1	6	108	20.9
4 5-6 servings per day	4	2	6	2	0	0	10	1.9
5 More than 6 servings per day	1	1	3	1	1	6	5	1.0
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.



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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	109	60	144	46	4	22	260	50.4
1 Sometimes True	57	31	132	42	9	50	198	38.4
2 Often True	16	9	35	11	5	28	58	11.2
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never True	96	53	141	45	2	11	242	46.9
1 Sometimes True	55	30	111	36	6	33	172	33.3
2 Often True	31	17	59	19	10	56	102	19.8
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	121	66	171	55	4	22	298	57.6
1 Only 1 or 2 days	25	14	60	19	5	28	91	17.6
2 Yes, some days, but not every day	31	17	64	21	5	28	100	19.3
3 Yes, almost every day	6	3	16	5	4	22	28	5.4
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	133	73	201	65	8	44	345	66.9
1 Yes	50	27	109	35	10	56	171	33.1
Valid responses =	183	35	310	60	18	3	516	99.6

Invalid responses include no response.

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	147	80	227	73	9	50	386	74.7
1 Yes	36	20	84	27	9	50	131	25.3
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Under 5 minutes	31	17	29	9	1	6	61	11.8
2 5-15 minutes	66	36	96	31	4	22	167	32.2
3 16-30 minutes	39	21	86	28	5	28	131	25.3
4 31 minutes - 1 hour	30	16	65	21	5	28	101	19.5
5 over 1 hour	17	9	36	12	3	17	58	11.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	1	1	6	2	2	11	9	1.7
2 4 hours	6	3	8	3	1	6	16	3.1
3 5 hours	21	12	36	12	3	17	63	12.2
4 6 hours	40	22	92	30	3	17	135	26.1
5 7 hours	66	36	105	34	3	17	175	33.8
6 8 hours	42	23	54	17	2	11	98	18.9
7 9 hours	5	3	7	2	1	6	13	2.5
8 10 or more hours	2	1	4	1	3	17	9	1.7
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



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FREQUENCY REPORT

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### 15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	1	1	2	1	3	17	6	1.2
2 4 hours	6	3	4	1	1	6	12	2.3
3 5 hours	14	8	15	5	2	11	32	6.2
4 6 hours	22	12	52	17	1	6	75	14.5
5 7 hours	48	26	77	25	1	6	127	24.5
6 8 hours	53	29	83	27	3	17	140	27.0
7 9 hours	30	16	51	16	5	28	87	16.8
8 10 or more hours	9	5	28	9	2	11	39	7.5
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

### 16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	101	55	152	49	4	22	259	50.0
2 1 day	41	22	58	19	7	39	107	20.7
3 2 days	23	13	37	12	2	11	63	12.2
4 3 days	8	4	31	10	3	17	43	8.3
5 4 days	2	1	8	3	0	0	10	1.9
6 5 days	4	2	11	4	0	0	15	2.9
7 6 days	1	1	8	3	0	0	9	1.7
8 7 days	3	2	7	2	2	11	12	2.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

### 16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	6	3	11	4	1	6	19	3.7
2 1 day	20	11	12	4	0	0	32	6.2
3 2 days	30	16	28	9	0	0	58	11.2
4 3 days	35	19	39	13	1	6	76	14.7
5 4 days	20	11	41	13	2	11	64	12.4
6 5 days	25	14	39	13	1	6	66	12.7
7 6 days	14	8	29	9	3	17	46	8.9
8 7 days	33	18	113	36	10	56	157	30.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

### 16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	68	37	86	28	3	17	157	30.3
2 1 day	52	28	64	21	1	6	118	22.8
3 2 days	16	9	44	14	5	28	66	12.7
4 3 days	8	4	29	9	2	11	39	7.5
5 4 days	15	8	31	10	1	6	47	9.1
6 5 days	8	4	12	4	1	6	22	4.2
7 6 days	5	3	5	2	0	0	10	1.9
8 7 days	11	6	41	13	5	28	59	11.4
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

### 16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	36	20	87	28	6	33	131	25.3
2 1 day	26	14	75	24	5	28	107	20.7
3 2 days	34	19	55	18	3	17	92	17.8
4 3 days	26	14	18	6	1	6	46	8.9
5 4 days	15	8	33	11	3	17	52	10.1
6 5 days	20	11	22	7	0	0	42	8.1
7 6 days	19	10	8	3	0	0	27	5.2
8 7 days	6	3	14	5	0	0	20	3.9
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.



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FREQUENCY REPORT

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## 16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	76	42	122	39	7	39	208	40.2
2 1 day	53	29	61	20	5	28	120	23.2
3 2 days	34	19	59	19	1	6	94	18.1
4 3 days	10	6	30	10	2	11	43	8.3
5 4 days	1	1	21	7	1	6	23	4.4
6 5 days	7	4	9	3	0	0	16	3.1
7 6 days	0	0	3	1	0	0	3	0.6
8 7 days	2	1	7	2	2	11	11	2.1
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

## 16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	27	25	34	18	1	9	63	20.4
2 Between 30 and 59 minutes	52	49	82	43	2	18	136	44.0
3 Between 60 and 119 minutes	19	18	52	28	5	46	77	24.9
4 2 hours or more	9	8	21	11	3	27	33	10.7
Valid responses =	107	35	189	61	11	4	309	59.7

Invalid responses include no response.

## 17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	127	69	214	69	14	78	357	69.1
2 Never	18	10	33	11	1	6	54	10.4
3 Rarely	4	2	10	3	0	0	14	2.7
4 Sometimes	5	3	8	3	0	0	14	2.7
5 Most of the time	5	3	10	3	0	0	15	2.9
6 Always	24	13	36	12	3	17	63	12.2
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

## 17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	144	79	274	88	17	94	438	84.9
2 Never	12	7	8	3	1	6	23	4.5
3 Rarely	0	0	1	0	0	0	1	0.2
4 Sometimes	2	1	2	1	0	0	4	0.8
5 Most of the time	5	3	2	1	0	0	7	1.4
6 Always	19	10	24	8	0	0	43	8.3
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

## 17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	148	81	265	85	14	78	429	83.1
2 Never	26	14	30	10	1	6	60	11.6
3 Rarely	3	2	4	1	1	6	8	1.6
4 Sometimes	1	1	1	0	0	0	2	0.4
5 Most of the time	3	2	4	1	0	0	7	1.4
6 Always	1	1	7	2	2	11	10	1.9
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

## 18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2	1	11	4	1	6	15	2.9
2 Within the last 2 weeks	171	93	286	92	16	89	476	91.9
3 More than 2 weeks but within 30 days	2	1	2	1	0	0	4	0.8
4 More than 30 days but within 3 months	2	1	5	2	1	6	8	1.5
5 More than 3 months but within 12 months	2	1	4	1	0	0	6	1.2
6 More than 12 months ago	4	2	4	1	0	0	9	1.7
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2023**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023  
 FREQUENCY REPORT  
 Number of Surveys (n) = 518 Web Surveys

**18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	0	0	0	0	0	0	0	0.0
1 1 to 4 Days	11	6	29	10	2	13	42	8.8
2 5 to 10 Days	33	19	70	25	5	31	110	23.1
3 11 to 14 Days	127	74	187	65	9	56	324	68.1
Valid responses =	171	36	286	60	16	3	476	91.9

Invalid responses include no response.

  

	Mean	Median	Std Dev	Min	Max
Cis Men	11.59	14.00	3.5	1	14
Cis Women	10.78	12.00	3.91	1	14
Trans/Gender Non-conforming	10.81	13.00	3.97	2	14
Overall	11.06	13.00	3.78	1	14

**18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	61	36	102	36	7	44	173	36.7
1 1 to 4 Days	33	20	86	30	4	25	123	26.1
2 5 to 10 Days	38	23	50	18	3	19	91	19.3
3 11 to 14 Days	37	22	46	16	2	13	85	18.0
Valid responses =	169	36	284	60	16	3	472	91.1

Invalid responses include no response.

  

	Mean	Median	Std Dev	Min	Max
Cis Men	4.96	3.00	5.36	0	14
Cis Women	4.03	2.00	4.84	0	14
Trans/Gender Non-conforming	3.94	2.00	4.92	0	14
Overall	4.34	2.00	5.04	0	14

**18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	153	86	260	88	12	71	428	86.6
2 One accident	21	12	32	11	3	18	56	11.3
3 Two accidents	3	2	5	2	2	12	10	2.0
4 Three or more accidents	0	0	0	0	0	0	0	0.0
Valid responses =	177	36	297	60	17	3	494	95.4

Invalid responses include no response.

**19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	163	90	282	90	18	100	468	90.7
2 Yes	18	10	30	10	0	0	48	9.3
Valid responses =	181	35	312	60	18	3	516	99.6

Invalid responses include no response.

**19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	173	96	298	96	18	100	494	96.3
2 Yes	8	4	11	4	0	0	19	3.7
Valid responses =	181	35	309	60	18	4	513	99.0

Invalid responses include no response.

**19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	175	97	301	97	18	100	499	97.5
2 Yes	5	3	8	3	0	0	13	2.5
Valid responses =	180	35	309	60	18	4	512	98.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UTAH VALLEY UNIVERSITY

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FREQUENCY REPORT

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19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	98	304	98	18	100	503	98.1
2 Yes	4	2	6	2	0	0	10	1.9
Valid responses =	181	35	310	60	18	4	513	99.0

Invalid responses include no response.

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	98	299	97	18	100	499	97.3
2 Yes	4	2	10	3	0	0	1	2.7
Valid responses =	181	35	309	60	18	4	513	99.0

Invalid responses include no response.

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	176	96	307	99	18	100	506	97.9
2 Yes	7	4	4	1	0	0	11	2.1
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	99	306	98	18	100	510	98.5
2 Yes	2	1	6	2	0	0	8	1.5
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	153	84	276	89	15	83	449	86.8
2 Yes	29	16	36	12	3	17	68	13.2
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	99	291	93	16	89	491	95.2
2 Yes	2	1	21	7	2	11	25	4.8
Valid responses =	181	35	312	60	18	3	516	99.6

Invalid responses include no response.

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	100	300	96	18	100	505	97.5
2 Yes	1	1	12	4	0	0	2.5	0.5
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	100	305	98	18	100	510	98.5
2 Yes	1	1	7	2	0	0	8	1.5
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



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**20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships. I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	98	294	94	17	94	495	95.6
2 Yes	4	2	18	6	1	6	23	4.4
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**21A) How safe do you feel: On my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	1	0	0	0	1	0.2
2 Somewhat unsafe	1	1	1	0	1	6	4	0.8
3 Somewhat safe	20	11	61	20	4	22	87	16.9
4 Very safe	160	88	248	80	13	72	423	82.1
Valid responses =	181	35	311	60	18	3	515	99.4

Invalid responses include no response.

**21B) How safe do you feel: On my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	6	2	1	6	8	1.6
2 Somewhat unsafe	6	3	76	24	4	22	88	17.1
3 Somewhat safe	62	34	172	55	8	44	242	47.0
4 Very safe	113	62	57	18	5	28	177	34.4
Valid responses =	181	35	311	60	18	3	515	99.4

Invalid responses include no response.

**21C) How safe do you feel: In the community surrounding my campus (daytime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	1	0	1	6	3	0.6
2 Somewhat unsafe	5	3	9	3	0	0	14	2.7
3 Somewhat safe	47	26	147	47	9	50	205	39.7
4 Very safe	130	71	154	50	8	44	294	57.0
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

**21D) How safe do you feel: In the community surrounding my campus (nighttime)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	3	2	22	7	3	17	29	5.6
2 Somewhat unsafe	19	11	112	36	7	39	140	27.2
3 Somewhat safe	78	43	149	48	3	17	230	44.7
4 Very safe	81	45	28	9	5	28	116	22.5
Valid responses =	181	35	311	60	18	3	515	99.4

Invalid responses include no response.

**22A1) In your life, which of the following substances have you ever used?**

*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	145	79	263	84	11	61	423	81.7
3 Yes	38	21	49	16	7	39	95	18.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**22A2) In your life, which of the following substances have you ever used?**

*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	120	66	207	66	5	28	336	64.9
3 Yes	63	34	105	34	13	72	182	35.1
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



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**22A3) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.)** *[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	141	77	241	77	8	47	394	76.2
3 Yes	42	23	71	23	9	53	123	23.8
Valid responses =	183	35	312	60	17	3	517	99.8

Invalid responses include no response.

**22A4) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	178	98	300	98	17	100	499	98.0
3 Yes	4	2	5	2	0	0	10	2.0
Valid responses =	182	36	305	60	17	3	509	98.3

Invalid responses include no response.

**22A5) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.)** *[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	172	94	301	97	15	83	492	95.3
3 Yes	11	6	9	3	3	17	24	4.7
Valid responses =	183	35	310	60	18	3	516	99.6

Invalid responses include no response.

**22A6) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	182	100	307	99	17	100	511	99.4
3 Yes	0	0	3	1	0	0	0.6	1
Valid responses =	182	35	310	60	17	3	514	99.2

Invalid responses include no response.

**22A7) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	178	98	305	98	17	94	505	98.1
3 Yes	4	2	5	2	1	6	10	1.9
Valid responses =	182	35	310	60	18	3	515	99.4

Invalid responses include no response.

**22A8) In your life, which of the following substances have you ever used?**  
*For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.*

**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)** *[Please report nonmedical use only.]*

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	175	96	293	95	16	89	489	95.0
3 Yes	7	4	17	6	2	11	26	5.0
Valid responses =	182	35	310	60	18	3	515	99.4

Invalid responses include no response.





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22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	169	93	295	95	13	77	481	93.6
3 Yes	13	7	15	5	4	24	33	6.4
Valid responses =	182	35	310	60	17	3	514	99.2

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	182	100	304	99	17	100	508	99.4
3 Yes	0	0	3	1	0	0	3	0.6
Valid responses =	182	36	307	60	17	3	511	98.6

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	175	96	303	98	16	89	498	96.7
3 Yes	7	4	7	2	2	11	17	3.3
Valid responses =	182	35	310	60	18	3	515	99.4

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	143	100	223	99	15	100	386	99.5
3 Yes	0	0	2	1	0	0	2	0.5
Valid responses =	143	37	225	58	15	4	388	74.9

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	20	54	19	39	3	43	42	44.7
2 Once or twice	7	19	11	22	0	0	18	19.1
3 Monthly	2	5	2	4	1	14	6	6.4
4 Weekly	2	5	3	6	1	14	6	6.4
6 Daily or almost daily	6	16	14	29	2	29	22	23.4
Valid responses =	37	39	49	52	7	7	94	18.1

Invalid responses include no response.

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	18	29	31	30	2	15	51	28.0
2 Once or twice	18	29	32	31	6	46	56	30.8
3 Monthly	15	24	22	21	2	15	39	21.4
4 Weekly	7	11	19	18	2	15	28	15.4
6 Daily or almost daily	5	8	1	1	1	8	8	4.4
Valid responses =	63	35	105	58	13	7	182	35.1

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2023**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023  
 FREQUENCY REPORT  
 Number of Surveys (n) = 518 Web Surveys

**22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	51	33	47	2	22	56	45.9
2 Once or twice	4	10	20	28	2	22	26	21.3
3 Monthly	4	10	10	14	1	11	15	12.3
4 Weekly	9	22	3	4	2	22	15	12.3
6 Daily or almost daily	3	7	5	7	2	22	10	8.2
Valid responses =	41	34	71	58	9	7	122	23.6

Invalid responses include no response.

**22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	75	5	100	0	0	9	90.0
2 Once or twice	1	25	0	0	0	0	1	10.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	40	5	50	0	0	10	1.9

Invalid responses include no response.

**22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	70	8	89	1	33	16	69.6
2 Once or twice	0	0	1	11	1	33	3	13.0
3 Monthly	1	10	0	0	0	0	1	4.3
4 Weekly	2	20	0	0	0	0	2	8.7
6 Daily or almost daily	0	0	0	0	1	33	1	4.3
Valid responses =	10	43	9	39	3	13	23	4.4

Invalid responses include no response.

**22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	3	100	0	0	3	100.0
2 Once or twice	0	0	0	0	0	0	0	0.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.

**22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	75	4	80	1	100	8	80.0
2 Once or twice	1	25	1	20	0	0	2	20.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	40	5	50	1	10	10	1.9

Invalid responses include no response.

**22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	43	8	50	2	100	13	52.0
2 Once or twice	2	29	7	44	0	0	9	36.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	1	6	0	0	1	4.0
6 Daily or almost daily	2	29	0	0	0	0	2	8.0
Valid responses =	7	28	16	64	2	8	25	4.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

**22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	10	77	10	67	1	25	22	66.7
2 Once or twice	3	23	5	33	1	25	9	27.3
3 Monthly	0	0	0	0	2	50	2	6.1
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	13	39	15	45	4	12	33	6.4

Invalid responses include no response.

**22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	3	100	0	0	3	100.0
2 Once or twice	0	0	0	0	0	0	0	0.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.

**22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)  
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	100	7	100	1	50	16	94.1
2 Once or twice	0	0	0	0	1	50	1	5.9
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	7	41	7	41	2	12	17	3.3

Invalid responses include no response.

**22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	50	0	0	1	50.0
2 Once or twice	0	0	1	50	0	0	1	50.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.

**22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	1	100	0	0	1	16.7
1 Yes	2	100	0	0	2	100	5	83.3
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	1	17	2	33	6	1.2

Invalid responses include no response.

**22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months: (only includes students who were prescribed this substance)**

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	50	0	0	0	0	1	20.0
1 Yes	1	50	0	0	2	100	4	80.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	2	40	0	0	2	40	5	1.0

Invalid responses include no response.



22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:
(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, 1 Yes, 99 Don't know, Valid responses =.

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, 1 Yes, 99 Don't know, Valid responses =.

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:
(only includes students who were prescribed this substance)

Do you ever use MORE OF your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, 1 Yes, 99 Don't know, Valid responses =.

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:
(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, 1 Yes, 99 Don't know, Valid responses =.

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, 1 Yes, 99 Don't know, Valid responses =.

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE OF your opioid medication, that is, take a higher dosage, than is prescribed for you?

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, 1 Yes, 99 Don't know, Valid responses =.

Invalid responses include no response.



**22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)**

**Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	0	0	0	0	0	0.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	1	100	1	100.0
Valid responses =	0	0	0	0	1	100	1	0.2

Invalid responses include no response.

**22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	24	7	23	2	50	14	26.9
3 Once or twice	2	12	6	20	0	0	8	15.4
4 Monthly	2	12	2	7	1	25	5	9.6
5 Weekly	2	12	1	3	0	0	3	5.8
6 Daily or almost daily	7	41	14	47	1	25	22	42.3
Valid responses =	17	33	30	58	4	8	52	10.0

Invalid responses include no response.

**22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	27	61	32	44	5	50	64	50.4
3 Once or twice	4	9	25	35	2	20	31	24.4
4 Monthly	6	14	4	6	1	10	11	8.7
5 Weekly	3	7	8	11	2	20	14	11.0
6 Daily or almost daily	4	9	3	4	0	0	7	5.5
Valid responses =	44	35	72	57	10	8	127	24.5

Invalid responses include no response.

**22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	37	14	37	2	29	23	35.4
3 Once or twice	3	16	10	26	2	29	15	23.1
4 Monthly	3	16	1	3	0	0	4	6.2
5 Weekly	3	16	9	24	1	14	14	21.5
6 Daily or almost daily	3	16	4	11	2	29	9	13.8
Valid responses =	19	29	38	58	7	11	65	12.5

Invalid responses include no response.

**22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?**

**(only includes students who have used this substance within the last 3 months)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	0	0	1	100.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.2

Invalid responses include no response.

**22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?****(only includes students who have used this substance within the last 3 months)****Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	67	1	100	1	50	4	57.1
3 Once or twice	1	33	0	0	0	0	2	28.6
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	1	50	1	14.3
Valid responses =	3	43	1	14	2	29	7	1.4

Invalid responses include no response.

**22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?****(only includes students who have used this substance within the last 3 months)****Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?****(only includes students who have used this substance within the last 3 months)****Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	50.0
3 Once or twice	1	100	0	0	0	0	1	50.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?****(only includes students who have used this substance within the last 3 months)****Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	75	4	50	0	0	7	58.3
3 Once or twice	0	0	2	25	0	0	2	16.7
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	1	25	2	25	0	0	3	25.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	33	8	67	0	0	12	2.3

Invalid responses include no response.

**22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?****(only includes students who have used this substance within the last 3 months)****Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	4	80	0	0	7	63.6
3 Once or twice	0	0	1	20	2	67	3	27.3
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	1	33	1	9.1
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	27	5	45	3	27	11	2.1

Invalid responses include no response.



22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 Never, 3 Once or twice, 4 Monthly, 5 Weekly, 6 Daily or almost daily, Valid responses =.

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 Never, 3 Once or twice, 4 Monthly, 5 Weekly, 6 Daily or almost daily, Valid responses =.

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 Never, 3 Once or twice, 4 Monthly, 5 Weekly, 6 Daily or almost daily, Valid responses =.

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 Never, 4 Once or twice, 5 Monthly, 6 Weekly, 7 Daily or almost daily, Valid responses =.

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 Never, 4 Once or twice, 5 Monthly, 6 Weekly, 7 Daily or almost daily, Valid responses =.

Invalid responses include no response.



22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
(only includes students who have used this substance within the last 3 months)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

Table with 9 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. values.

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
(only includes students who have used this substance within the last 3 months)
Cocaine (coke, crack, etc.)

Table with 9 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. values.

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
(only includes students who have used this substance within the last 3 months)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

Table with 9 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. values.

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
(only includes students who have used this substance within the last 3 months)
Methamphetamine (speed, crystal meth, ice, etc.)

Table with 9 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.).

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?
(only includes students who have used this substance within the last 3 months)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

Table with 9 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. values.

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

UTAH VALLEY UNIVERSITY

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	100	8	100	0	0	12	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	33	8	67	0	0	12	2.3

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	5	100	3	100	11	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	27	5	45	3	27	11	2.1

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	1	100	1	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	1	100	1	0.2

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	1	100	0	0	1	100.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	43	96	71	96	11	100	126	96.2
5 Once or twice	1	2	3	4	0	0	4	3.1
6 Monthly	1	2	0	0	0	0	1	0.8
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	45	34	74	56	11	8	131	25.3

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	15	75	32	84	4	57	52	78.8
5 Once or twice	5	25	6	16	2	29	13	19.7
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	1	14	1	1.5
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	20	30	38	58	7	11	66	12.7

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	0	0	1	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.2

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	1	100	2	100	7	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	43	1	14	2	29	7	1.4

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2023**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY  
 March 3, 2023  
 FREQUENCY REPORT  
 Number of Surveys (n) = 518 Web Surveys

**22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	1	100	0	0	2	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	100	8	100	0	0	12	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	33	8	67	0	0	12	2.3

Invalid responses include no response.

**22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	100	4	80	3	100	10	90.9
5 Once or twice	0	0	1	20	0	0	1	9.1
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	3	27	5	45	3	27	11	2.1

Invalid responses include no response.

**22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**  
**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?**  
**(only includes students who have used this substance within the last 3 months)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)**  
**[Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	1	100	1	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	1	100	1	0.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

**22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s) of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	100	0	0	1	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.2

Invalid responses include no response.

**22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	26	68	37	76	6	86	70	73.7
3 Yes, not in the past 3 months	8	21	6	12	1	14	15	15.8
6 Yes, in the past 3 months	4	11	6	12	0	0	10	10.5
Valid responses =	38	40	49	52	7	7	95	18.3

Invalid responses include no response.

**22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	48	76	94	91	13	100	156	86.7
3 Yes, not in the past 3 months	9	14	4	4	0	0	13	7.2
6 Yes, in the past 3 months	6	10	5	5	0	0	11	6.1
Valid responses =	63	35	103	57	13	7	180	34.7

Invalid responses include no response.

**22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	28	67	60	86	8	89	97	79.5
3 Yes, not in the past 3 months	11	26	5	7	0	0	16	13.1
6 Yes, in the past 3 months	3	7	5	7	1	11	9	7.4
Valid responses =	42	34	70	57	9	7	122	23.6

Invalid responses include no response.

**22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4	100	4	80	0	0	9	90.0
3 Yes, not in the past 3 months	0	0	1	20	0	0	1	10.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	4	40	5	50	0	0	10	1.9

Invalid responses include no response.

**22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

(only includes students who have ever used this substance)

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	10	91	9	100	2	67	22	91.7
3 Yes, not in the past 3 months	1	9	0	0	0	0	1	4.2
6 Yes, in the past 3 months	0	0	0	0	1	33	1	4.2
Valid responses =	11	46	9	38	3	13	24	4.6

Invalid responses include no response.



22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 0 No, Never; 3 Yes, not in the past 3 months; 6 Yes, in the past 3 months; Valid responses =

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

**22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?**

**(only includes students who have ever used this substance)**

**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	2	100	0	0	2	100.0
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.

**22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**

**Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	26	68	37	76	5	71	69	72.6
3 Yes, not in the past 3 months	8	21	9	18	1	14	18	18.9
6 Yes, in the past 3 months	4	11	3	6	1	14	8	8.4
Valid responses =	38	40	49	52	7	7	95	18.3

Invalid responses include no response.

**22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**

**Alcoholic beverages (beer, wine, liquor, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	57	91	101	97	13	100	172	95.0
3 Yes, not in the past 3 months	3	5	1	1	0	0	4	2.2
6 Yes, in the past 3 months	3	5	2	2	0	0	5	2.8
Valid responses =	63	35	104	57	13	7	181	34.9

Invalid responses include no response.

**22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**

**Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	32	76	63	89	8	89	104	84.6
3 Yes, not in the past 3 months	4	10	6	9	0	0	10	8.1
6 Yes, in the past 3 months	6	14	2	3	1	11	9	7.3
Valid responses =	42	34	71	58	9	7	123	23.7

Invalid responses include no response.

**22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**

**Cocaine (coke, crack, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4	100	3	75	0	0	8	88.9
3 Yes, not in the past 3 months	0	0	1	25	0	0	1	11.1
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	4	44	4	44	0	0	9	1.7

Invalid responses include no response.

**22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**

**Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	10	91	8	89	2	67	21	87.5
3 Yes, not in the past 3 months	1	9	0	0	0	0	1	4.2
6 Yes, in the past 3 months	0	0	1	11	1	33	2	8.3
Valid responses =	11	46	9	38	3	13	24	4.6

Invalid responses include no response.

**22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**

**Methamphetamine (speed, crystal meth, ice, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	3	100	0	0	3	100.0
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
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 American College Health Association  
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UTAH VALLEY UNIVERSITY  
 March 3, 2023  
 FREQUENCY REPORT  
 Number of Surveys (n) = 518 Web Surveys

**2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4	100	5	100	1	100	10	100.0
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	4	40	5	50	1	10	10	1.9

Invalid responses include no response.

**2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6	86	15	88	2	100	23	88.5
3 Yes, not in the past 3 months	1	14	0	0	0	0	1	3.8
6 Yes, in the past 3 months	0	0	2	12	0	0	2	7.7
Valid responses =	7	27	17	65	2	8	26	5.0

Invalid responses include no response.

**2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	12	92	13	93	4	100	30	93.8
3 Yes, not in the past 3 months	1	8	1	7	0	0	2	6.3
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	13	41	14	44	4	13	32	6.2

Invalid responses include no response.

**22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Heroin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	1	50	0	0	1	50.0
3 Yes, not in the past 3 months	0	0	1	50	0	0	1	50.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.

**22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6	86	7	100	1	50	15	88.2
3 Yes, not in the past 3 months	1	14	0	0	1	50	2	11.8
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	7	41	7	41	2	12	17	3.3

Invalid responses include no response.

**22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)**  
**Other**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	2	100	0	0	2	100.0
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.



**22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	71	97	117	98	13	100	202	98.1
1 Yes, not in the past 3 months	2	3	2	2	0	0	4	1.9
2 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	73	35	119	58	13	6	206	39.8

Invalid responses include no response.

**22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have used drugs by injection within the last 3 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	0	0	0	0	0	0	0	0.0
1 More than once per week	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	75	19	68	3	75	34	69.4
2 Yes	4	25	9	32	1	25	15	30.6
Valid responses =	16	33	28	57	4	8	49	9.5

Invalid responses include no response.

**23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
E-cigarettes or other vape products (for example: Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	25	4	13	1	25	9	17.6
2 Yes	12	75	26	87	3	75	42	82.4
Valid responses =	16	31	30	59	4	8	51	9.8

Invalid responses include no response.

**23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
Water pipe or hookah

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	88	26	96	4	100	45	93.8
2 Yes	2	13	1	4	0	0	3	6.3
Valid responses =	16	33	27	56	4	8	48	9.3

Invalid responses include no response.

**23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	81	27	100	4	100	45	93.8
2 Yes	3	19	0	0	0	0	3	6.3
Valid responses =	16	33	27	56	4	8	48	9.3

Invalid responses include no response.

**23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
Cigars or little cigars

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	13	81	27	100	3	75	44	91.7
2 Yes	3	19	0	0	1	25	4	8.3
Valid responses =	16	33	27	56	4	8	48	9.3

Invalid responses include no response.

**23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)**  
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	91	24	100	3	75	38	95.0
2 Yes	1	9	0	0	1	25	2	5.0
Valid responses =	11	28	24	60	4	10	40	7.7

Invalid responses include no response.





**24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.**

	Cis Men		Cis Woen		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	137	75	229	73	8	44	378	73.0
2 Within the last 2 weeks	13	7	18	6	4	22	36	6.9
3 More than 2 weeks but within 30 days	4	2	11	4	1	6	16	3.1
4 More than 30 days but within 3 months	3	2	12	4	2	11	17	3.3
5 More than 3 months but within 12 months	6	3	14	5	1	6	21	4.1
6 More than 12 months ago	20	11	28	9	2	11	50	9.7
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**25A) When, if ever, was the last time you drank alcohol?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	115	63	193	62	5	28	316	61.0
2 Within the last 2 weeks	26	14	41	13	5	28	73	14.1
3 More than 2 weeks but within 30 days	9	5	11	4	2	11	22	4.2
4 More than 30 days but within 3 months	9	5	22	7	3	17	34	6.6
5 More than 3 months but within 12 months	6	3	21	7	1	6	28	5.4
6 More than 12 months ago	18	10	24	8	2	11	45	8.7
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you get drunk?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	73	53	72	4	40	89	69.0
2 Yes	12	27	21	28	6	60	40	31.0
Valid responses =	44	34	74	57	10	8	129	24.9

Invalid responses include no response.

**25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you intend to get drunk?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	32	73	52	70	5	50	89	69.0
2 Yes	12	27	22	30	5	50	40	31.0
Valid responses =	44	34	74	57	10	8	129	24.9

Invalid responses include no response.

**26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (only includes students who drank alcohol within the last 3 months)**

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	1	2	5	7	0	0	6	4.7
1 1 to 2 Drinks	21	48	42	58	5	50	68	53.1
2 3 to 4 Drinks	10	23	15	21	2	20	27	21.1
3 5 to 6 Drinks	9	21	7	10	1	10	17	13.3
4 7 to 8 Drinks	0	0	2	3	1	10	4	3.1
5 9 to 10 Drinks	2	5	2	3	0	0	4	3.1
6 11 or More Drinks	1	2	0	0	1	10	2	1.6
Total	44	34	73	57	10	8	128	24.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.34	3.00	2.79	0	14
Cis Women	2.62	2.00	2	0	10
Trans/Gender Non-conforming	3.65	3.00	3.54	1	12
Overall	2.99	2.00	2.48	0	14



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FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	2	5	4	6	0	0	6	4.7
1 1 to 2 Hours	26	59	35	48	1	10	62	48.4
2 3 to 4 Hours	9	21	25	34	5	50	40	31.3
3 5 to 6 Hours	5	11	7	10	4	40	16	12.5
4 7 to 8 Hours	2	5	2	3	0	0	4	3.1
5 9 to 10 Hours	0	0	0	0	0	0	0	0.0
6 11 or More Hours	0	0	0	0	0	0	0	0.0
Total	44	34	73	57	10	8	128	24.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	2.59	2.00	1.93	0	8
Cis Women	2.62	2.00	1.82	0	8
Trans/Gender Non-conforming	4.30	4.00	1.42	2	6
Overall	2.75	2.00	1.87	0	8

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	15	58	30	73	4	80	49	67.1
2 1 time	5	19	5	12	1	20	11	15.1
3 2 times	1	4	4	10	0	0	5	6.8
4 3 times	2	8	1	2	0	0	3	4.1
5 4 times	1	4	0	0	0	0	1	1.4
6 5 times	0	0	0	0	0	0	0	0.0
7 6 times	1	4	0	0	0	0	2	2.7
8 7 times	0	0	0	0	0	0	0	0.0
9 8 times	0	0	1	2	0	0	1	1.4
10 9 times	0	0	0	0	0	0	0	0.0
11 10 or more times	1	4	0	0	0	0	1	1.4
Total	26	36	41	56	5	7	73	14.1

Invalid responses include no response.

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	88	83	87	8	73	135	86.0
2 Yes	6	12	12	13	3	27	22	14.0
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	96	86	91	11	100	146	93.0
2 Yes	2	4	9	10	0	0	11	7.0
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	88	81	85	11	100	136	86.6
2 Yes	6	12	14	15	0	0	21	13.4
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months) Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	98	93	100	11	100	154	99.4
2 Yes	1	2	0	0	0	0	1	0.6
Valid responses =	50	32	93	60	11	7	155	29.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
**Institutional Data Report - Spring 2023**  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023  
 FREQUENCY REPORT  
 Number of Surveys (n) = 518 Web Surveys

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	100	95	100	11	100	156	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	49	31	95	61	11	7	156	30.1

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	100	94	99	11	100	156	99.4
2 Yes	0	0	1	1	0	0	1	0.6
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	49	100	94	100	11	100	155	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	49	32	94	61	11	7	155	29.9

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	92	83	87	10	91	139	88.5
2 Yes	4	8	12	13	1	9	18	11.5
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	96	91	96	10	91	149	94.9
2 Yes	2	4	4	4	1	9	8	5.1
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	100	94	99	11	100	156	99.4
2 Yes	0	0	1	1	0	0	0.6	0.4
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	94	92	97	10	91	150	95.5
2 Yes	3	6	3	3	1	9	4.5	2.9
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)  
 Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	100	93	100	11	100	155	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	50	32	93	60	11	7	155	29.9

Invalid responses include no response.



**30A) Within the last 30 days, did you drive after drinking any alcohol at all?**

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	25	74	43	86	7	100	76	82.6
2 Yes	9	27	7	14	0	0	16	17.4
Valid responses =	34	37	50	54	7	8	92	17.8

Invalid responses include no response.

**30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	47	94	95	100	11	100	154	98.1
2 Alcohol use negatively impacted performance in class	3	6	0	0	0	0	3	1.9
3 Alcohol use delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	50	32	95	61	11	7	157	30.3

Invalid responses include no response.

**31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?**

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	50	14	58	1	25	23	51.1
2 Yes	8	50	10	42	3	75	22	48.9
Valid responses =	16	36	24	53	4	9	45	8.7

Invalid responses include no response.

**31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance? (only includes students who used cannabis within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	20	83	47	94	5	71	73	89.0
2 Marijuana use negatively impacted performance in class	1	4	3	6	2	29	6	7.3
3 Marijuana use delayed progress towards degree	3	13	0	0	0	0	3	3.7
Valid responses =	24	29	50	61	7	9	82	15.8

Invalid responses include no response.

**32) Do you identify as a person in recovery from alcohol or other drug use?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	63	93	116	98	12	92	193	95.5
2 Yes	5	7	3	3	1	8	4.5	8
Valid responses =	68	34	119	59	13	6	202	39.0

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

**33A) When, if ever, was the last time you had:**

Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	83	46	132	42	8	44	225	43.7
2 Within the last 2 weeks	50	28	84	27	6	33	142	27.6
3 More than 2 weeks but within 30 days	9	5	16	5	1	6	26	5.0
4 More than 30 days but within 3 months	11	6	21	7	1	6	34	6.6
5 More than 3 months but within 12 months	10	6	24	8	1	6	35	6.8
6 More than 12 months ago	17	9	35	11	1	6	53	10.3
Valid responses =	180	35	312	61	18	3	515	99.4

Invalid responses include no response.

**33B) When, if ever, was the last time you had:**

Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	88	49	135	43	8	44	233	45.2
2 Within the last 2 weeks	64	35	118	38	8	44	192	37.2
3 More than 2 weeks but within 30 days	3	2	7	2	0	0	11	2.1
4 More than 30 days but within 3 months	5	3	13	4	0	0	18	3.5
5 More than 3 months but within 12 months	11	6	12	4	0	0	23	4.5
6 More than 12 months ago	10	6	27	9	2	11	39	7.6
Valid responses =	181	35	312	60	18	3	516	99.6

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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Institutional Data Report - Spring 2023

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

### 33C) When, if ever, was the last time you had:

#### Anal intercourse (penis in anus)?

	Cis Men		Cis Woen		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	152	84	275	88	11	61	442	85.8
2 Within the last 2 weeks	10	6	3	1	2	11	15	2.9
3 More than 2 weeks but within 30 days	1	1	3	1	0	0	4	0.8
4 More than 30 days but within 3 months	2	1	0	0	3	17	5	1.0
5 More than 3 months but within 12 months	5	3	10	3	0	0	16	3.1
6 More than 12 months ago	10	6	21	7	2	11	33	6.4
Valid responses =	180	35	312	61	18	3	515	99.4

Invalid responses include no response.

### 34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse?

(only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	0	0	2	1	0	0	2	0.7
1 1 Partner	80	85	138	82	7	78	228	83.2
2 2 Partners	7	7	15	9	0	0	22	8.0
3 3 Partners	3	3	5	3	2	22	10	3.6
4 4 Partners	0	0	3	2	0	0	3	1.1
5 5 Partners	1	1	1	1	0	0	2	0.7
6 6 Partners	1	1	2	1	0	0	3	1.1
7 7 Partners	0	0	0	0	0	0	0	0.0
8 8 to 10 Partners	0	0	1	1	0	0	1	0.4
9 11 or More Partners	2	2	1	1	0	0	3	1.1
Valid responses =	94	34	168	61	9	3	274	52.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	1.50	1.00	1.95	1	15
Cis Women	1.43	1.00	1.75	0	20
Trans/Gender Non-conforming	1.44	1.00	0.88	1	3
Overall	1.45	1.00	1.78	0	20

### 35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

#### Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	7	155	95	7	78	171	63.3
2 Yes	87	93	9	6	2	22	99	36.7
Valid responses =	94	35	164	61	9	3	270	52.1

Invalid responses include no response.

### 35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

#### Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	84	92	5	3	2	22	92	34.2
2 Yes	7	8	161	97	7	78	177	65.8
Valid responses =	91	34	166	62	9	3	269	51.9

Invalid responses include no response.

### 35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

#### Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	91	100	161	99	8	89	263	98.9
2 Yes	0	0	2	1	1	11	1.1	1
Valid responses =	91	34	163	61	9	3	266	51.4

Invalid responses include no response.

### 35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)

#### Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	91	100	163	100	9	100	266	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	91	34	163	61	9	3	266	51.4

Invalid responses include no response.



**35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)**

**Genderqueer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	90	99	160	98	9	100	262	98.5
2 Yes	1	1	3	2	0	0	4	1.5
Valid responses =	91	34	163	61	9	3	266	51.4

Invalid responses include no response.

**35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)**

**Person(s) with another identity**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	91	100	163	100	9	100	266	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	91	34	163	61	9	3	266	51.4

Invalid responses include no response.

**36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:**

**(only includes students that have had oral sex within the last 30 days)**

**Oral sex (oral/genital contact)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	55	93	90	90	7	100	154	91.7
2 Rarely	1	2	5	5	0	0	6	3.6
3 Sometimes	3	5	2	2	0	0	5	3.0
4 Most of the time	0	0	0	0	0	0	0	0.0
5 Always	0	0	3	3	0	0	3	1.8
Valid responses =	59	35	100	60	7	4	168	32.4

Invalid responses include no response.

**36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:**

**(only includes students that have had vaginal intercourse within the last 30 days)**

**Vaginal intercourse (penis in vagina)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	41	61	78	62	6	75	126	62.1
2 Rarely	7	10	12	10	0	0	19	9.4
3 Sometimes	5	8	8	6	1	13	14	6.9
4 Most of the time	5	8	10	8	0	0	16	7.9
5 Always	9	13	17	14	1	13	28	13.8
Valid responses =	67	33	125	62	8	4	203	39.2

Invalid responses include no response.

**36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: male condom, female condom, dam, or glove) during:**

**(only includes students that have had anal intercourse within the last 30 days)**

**Anal intercourse (penis in anus)?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	9	82	5	83	1	50	15	78.9
2 Rarely	0	0	1	17	0	0	1	5.3
3 Sometimes	0	0	0	0	0	0	0	0.0
4 Most of the time	2	18	0	0	0	0	2	10.5
5 Always	0	0	0	0	1	50	1	5.3
Valid responses =	11	58	6	32	2	11	19	3.7

Invalid responses include no response.

**37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?**

**(only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	58	70	122	81	8	100	190	77.9
2 No, not want prevent pregnancy	13	16	9	6	0	0	22	9.0
3 No, did not use any method	12	15	19	13	0	0	32	13.1
4 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	83	34	150	61	8	3	244	47.1

Invalid responses include no response.



**38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Birth control pills (monthly or extended cycle)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	42	72	85	70	6	75	135	71.1
1 Selected	16	28	37	30	2	25	55	28.9
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Birth control shots**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	58	100	122	100	8	100	190	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Birth control implants**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	51	88	113	93	8	100	174	91.6
1 Selected	7	12	9	7	0	0	16	8.4
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Birth control patch**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	57	98	122	100	8	100	189	99.5
1 Selected	1	2	0	0	0	0	1	0.5
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**The ring**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	56	97	116	95	7	88	181	95.3
1 Selected	2	3	6	5	1	13	9	4.7
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Emergency contraception ("morning after pill" or "Plan B")**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	56	97	113	93	7	88	178	93.7
1 Selected	2	3	9	7	1	13	12	6.3
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Intrauterine device (IUD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	44	76	94	77	4	50	144	75.8
1 Selected	14	24	28	23	4	50	46	24.2
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.



**38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Male (external) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	30	52	82	67	6	75	118	62.1
1 Selected	28	48	40	33	2	25	72	37.9
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Female (internal) condom**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	58	100	122	100	8	100	190	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Diaphragm or cervical cap**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	58	100	121	99	8	100	189	99.5
1 Selected	0	0	1	1	0	0	1	0.5
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Contraceptive sponge**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	58	100	122	100	8	100	190	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Withdrawal**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	54	93	101	83	7	88	163	85.8
1 Selected	4	7	21	17	1	13	27	14.2
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Fertility awareness (for example: calendar, mucous, and basal body temperature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	54	93	112	92	7	88	173	91.1
1 Selected	4	7	10	8	1	13	17	8.9
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Sterilization (for example: hysterectomy, tubes tied, or vasectomy)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	56	97	111	91	5	63	174	91.6
1 Selected	2	3	11	9	3	38	16	8.4
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)  
 Institutional Data Report - Spring 2023  
 American College Health Association  
 8455 Colesville Road, Suite 740  
 Silver Spring, MD 20910  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY  
 March 3, 2023  
 FREQUENCY REPORT  
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**38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Don't know**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	58	100	122	100	8	100	190	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply) (only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)**  
**Other method**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	57	98	119	98	7	88	185	97.4
1 Selected	1	2	3	3	1	13	5	2.6
Valid responses =	58	31	122	64	8	4	190	36.7

Invalid responses include no response.

**39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	84	124	83	7	88	203	83.9
2 Yes	10	12	23	15	1	13	34	14.0
3 Don't know	1	1	0	0	0	0	1	0.4
4 Not applicable	2	2	2	1	0	0	4	1.7
Valid responses =	82	34	149	62	8	3	242	46.7

Invalid responses include no response.

**40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	69	83	148	99	8	100	227	93.0
2 Yes, unintentionally	2	2	1	1	0	0	4	1.6
3 Yes, intentionally	12	15	0	0	0	0	12	4.9
4 Don't know	0	0	1	1	0	0	1	0.4
Valid responses =	83	34	150	61	8	3	244	47.1

Invalid responses include no response.

**41A) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement. I lead a purposeful and meaningful life.**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	9	5	4	1	0	0	13	2.5
2 Disagree	11	6	9	3	1	6	21	4.1
3 Slightly disagree	13	7	14	5	4	22	31	6.0
4 Neither agree nor disagree	12	7	29	9	2	11	43	8.3
5 Slightly agree	35	19	61	20	3	17	102	19.7
6 Agree	58	32	124	40	6	33	190	36.7
7 Strongly agree	45	25	71	23	2	11	118	22.8
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**41B) Below are 8 statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item by indicating that response for each statement. My social relationships are supportive and rewarding.**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	4	2	6	2	0	0	10	1.9
2 Disagree	8	4	9	3	1	6	18	3.5
3 Slightly disagree	13	7	15	5	3	17	31	6.0
4 Neither agree nor disagree	11	6	19	6	2	11	33	6.4
5 Slightly agree	39	21	69	22	3	17	113	21.8
6 Agree	51	28	116	37	5	28	173	33.4
7 Strongly agree	57	31	78	25	4	22	140	27.0
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



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41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	1	6	2	0	0	8	1.5
2 Disagree	8	4	14	5	1	6	23	4.4
3 Slightly disagree	23	13	29	9	5	28	57	11.0
4 Neither agree nor disagree	11	6	31	10	3	17	46	8.9
5 Slightly agree	47	26	83	27	5	28	137	26.5
6 Agree	62	34	100	32	2	11	166	32.1
7 Strongly agree	29	16	49	16	2	11	80	15.5
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	3	2	3	1	0	0	6	1.2
2 Disagree	6	3	4	1	0	0	10	1.9
3 Slightly disagree	7	4	7	2	2	11	16	3.1
4 Neither agree nor disagree	14	8	29	9	2	11	47	9.1
5 Slightly agree	48	26	88	28	6	33	143	27.6
6 Agree	67	37	108	35	2	11	179	34.6
7 Strongly agree	38	21	73	23	6	33	117	22.6
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1	1	2	1	0	0	4	0.8
2 Disagree	3	2	9	3	0	0	12	2.3
3 Slightly disagree	10	6	5	2	5	28	20	3.9
4 Neither agree nor disagree	8	4	11	4	0	0	19	3.7
5 Slightly agree	31	17	61	20	4	22	96	18.6
6 Agree	62	34	138	44	5	28	209	40.4
7 Strongly agree	68	37	85	27	4	22	157	30.4
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	3	2	4	1	0	0	7	1.4
2 Disagree	5	3	7	2	0	0	12	2.3
3 Slightly disagree	3	2	7	2	4	22	14	2.7
4 Neither agree nor disagree	15	8	18	6	5	28	38	7.3
5 Slightly agree	30	16	56	18	1	6	90	17.4
6 Agree	72	39	118	38	6	33	198	38.2
7 Strongly agree	55	30	102	33	2	11	159	30.7
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Woen		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	8	4	6	2	1	6	16	3.1
2 Disagree	7	4	18	6	1	6	26	5.0
3 Slightly disagree	11	6	10	3	4	22	26	5.0
4 Neither agree nor disagree	13	7	20	6	1	6	34	6.6
5 Slightly agree	34	19	71	23	5	28	111	21.4
6 Agree	56	31	99	32	3	17	159	30.7
7 Strongly agree	54	30	88	28	3	17	146	28.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



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41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	4	2	3	1	0	0	7	1.4
2 Disagree	4	2	4	1	3	17	12	2.3
3 Slightly disagree	10	6	9	3	2	11	22	4.2
4 Neither agree nor disagree	24	13	41	13	3	17	68	13.1
5 Slightly agree	43	24	64	21	6	33	113	21.8
6 Agree	60	33	131	42	2	11	196	37.8
7 Strongly agree	38	21	60	19	2	11	100	19.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	0	0	3	1	0	0	3	0.6
1 Rarely true	8	4	6	2	4	22	18	3.5
2 Sometimes true	35	19	68	22	7	39	112	21.6
3 Often true	80	44	136	44	4	22	223	43.1
4 True nearly all the time	60	33	99	32	3	17	162	31.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.<sup>1</sup>

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	1	1	5	2	1	6	7	1.4
1 Rarely true	3	2	13	4	2	11	18	3.5
2 Sometimes true	34	19	72	23	6	33	114	22.0
3 Often true	69	38	122	39	6	33	199	38.4
4 True nearly all the time	76	42	100	32	3	17	180	34.7
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	60	33	51	16	2	11	116	22.4
2 Yes	123	67	260	84	16	89	401	77.6
Valid responses =	183	35	311	60	18	3	517	99.8

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	17	9	8	3	0	0	25	4.8
1 A little of the time	54	30	68	22	2	11	124	23.9
2 Some of the time	73	40	119	38	3	17	198	38.2
3 Most of the time	31	17	83	27	9	50	123	23.7
4 All of the time	8	4	34	11	4	22	48	9.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	62	34	85	28	3	17	151	29.4
1 A little of the time	61	34	94	30	2	11	157	30.6
2 Some of the time	39	21	81	26	8	44	130	25.3
3 Most of the time	16	9	34	11	4	22	54	10.5
4 All of the time	4	2	15	5	1	6	21	4.1
Valid responses =	182	35	309	60	18	4	513	99.0

Invalid responses include no response.



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44C) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	28	15	34	11	0	0	62	12.0
1 A little of the time	48	26	63	20	0	0	111	21.5
2 Some of the time	56	31	103	33	3	17	163	31.6
3 Most of the time	35	19	85	27	7	39	128	24.8
4 All of the time	16	9	25	8	8	44	52	10.1
Valid responses =	183	35	310	60	18	3	516	99.6

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	80	44	105	34	3	17	190	36.8
1 A little of the time	60	33	95	30	6	33	161	31.1
2 Some of the time	31	17	83	27	5	28	120	23.2
3 Most of the time	7	4	22	7	3	17	32	6.2
4 All of the time	4	2	7	2	1	6	14	2.7
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	35	19	46	15	0	0	82	15.8
1 A little of the time	46	25	79	25	2	11	127	24.5
2 Some of the time	71	39	85	27	4	22	163	31.5
3 Most of the time	21	12	71	23	6	33	98	18.9
4 All of the time	10	6	31	10	6	33	48	9.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days. For each question, please select the response that best describes how often you had this feeling. During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	94	51	123	39	6	33	223	43.1
1 A little of the time	43	24	87	28	1	6	132	25.5
2 Some of the time	27	15	46	15	5	28	80	15.4
3 Most of the time	11	6	38	12	4	22	53	10.2
4 All of the time	8	4	18	6	2	11	30	5.8
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you. How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	70	38	100	32	2	11	174	33.6
2 Some of the time	63	34	119	38	10	56	192	37.1
3 Often	50	27	93	30	6	33	152	29.3
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you. How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	74	40	95	30	1	6	172	33.2
2 Some of the time	76	42	141	45	8	44	226	43.6
3 Often	33	18	76	24	9	50	120	23.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	59	32	103	33	1	6	164	31.7
2 Some of the time	70	38	117	38	6	33	194	37.5
3 Often	54	30	92	30	11	61	160	30.9
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	167	93	265	85	13	72	449	87.2
2 Once or twice	12	7	39	13	5	28	57	11.1
3 Monthly	1	1	8	3	0	0	9	1.7
4 Weekly	0	0	0	0	0	0	0	0.0
5 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	180	35	312	61	18	3	515	99.4

Invalid responses include no response.

47A1) Within the last 12 months, have you had problems or challenges with any the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	91	50	149	48	6	33	248	48.0
2 Yes	91	50	163	52	12	67	269	52.0
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

47A2) Within the last 12 months, have you had problems or challenges with any the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	107	59	163	52	6	33	279	54.1
2 Yes	75	41	148	48	12	67	237	45.9
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

47A3) Within the last 12 months, have you had problems or challenges with any the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	78	43	98	31	2	11	180	34.8
2 Yes	104	57	214	69	16	89	337	65.2
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

47A4) Within the last 12 months, have you had problems or challenges with any the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	39	22	60	19	2	11	103	20.0
2 Yes	142	79	250	81	16	89	411	80.0
Valid responses =	181	35	310	60	18	4	514	99.2

Invalid responses include no response.

47A5) Within the last 12 months, have you had problems or challenges with any the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	159	87	267	86	15	83	445	86.1
2 Yes	23	13	45	14	3	17	72	13.9
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.



**47A6) Within the last 12 months, have you had problems or challenges with any the following?**

**Family**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	115	63	151	49	9	50	279	54.3
2 Yes	67	37	159	51	9	50	235	45.7
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**47A7) Within the last 12 months, have you had problems or challenges with any the following?**

**Intimate relationships**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	109	60	176	57	12	67	301	58.3
2 Yes	73	40	135	43	6	33	215	41.7
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

**47A8) Within the last 12 months, have you had problems or challenges with any the following?**

**Roommate/housemate**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	136	75	219	70	13	72	373	72.4
2 Yes	45	25	92	30	5	28	142	27.6
Valid responses =	181	35	311	60	18	3	515	99.4

Invalid responses include no response.

**47A9) Within the last 12 months, have you had problems or challenges with any the following?**

**Peers**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	155	85	249	80	13	72	421	81.4
2 Yes	27	15	63	20	5	28	96	18.6
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**47A10) Within the last 12 months, have you had problems or challenges with any the following?**

**Personal appearance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	109	60	110	35	2	11	222	42.9
2 Yes	73	40	202	65	16	89	295	57.1
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**47A11) Within the last 12 months, have you had problems or challenges with any the following?**

**Health of someone close to me**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	108	59	149	48	7	39	268	51.9
2 Yes	74	41	162	52	11	61	248	48.1
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

**47A12) Within the last 12 months, have you had problems or challenges with any the following?**

**Death of a family member, friend, or someone close to me**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	137	75	243	78	14	78	399	77.3
2 Yes	45	25	68	22	4	22	117	22.7
Valid responses =	182	35	311	60	18	3	516	99.6

Invalid responses include no response.

**47A13) Within the last 12 months, have you had problems or challenges with any the following?**

**Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	96	279	89	17	94	475	91.9
2 Yes	8	4	33	11	1	6	42	8.1
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.



**47A14) Within the last 12 months, have you had problems or challenges with any the following?**

**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	176	97	299	96	18	100	498	96.3
2 Yes	6	3	13	4	0	0	19	3.7
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**47A15) Within the last 12 months, have you had problems or challenges with any the following?**

**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	97	307	98	18	100	507	98.1
2 Yes	5	3	5	2	0	0	10	1.9
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**47A16) Within the last 12 months, have you had problems or challenges with any the following?**

**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	160	88	252	81	8	44	424	82.0
2 Yes	22	12	60	19	10	56	93	18.0
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**47A17) Within the last 12 months, have you had problems or challenges with any the following?**

**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	96	270	87	14	78	463	89.6
2 Yes	8	4	42	14	4	22	54	10.4
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**47A18) Within the last 12 months, have you had problems or challenges with any the following?**

**Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	157	86	265	85	14	78	441	85.3
2 Yes	25	14	47	15	4	22	76	14.7
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Academics**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	3	2	0	0	3	1.1
2 Minimal Distress	10	11	18	11	1	8	31	11.5
3 Moderate Distress	45	50	82	50	1	8	128	47.6
4 High Distress	36	40	60	37	10	83	107	39.8
Valid responses =	91	34	163	61	12	4	269	51.9

Invalid responses include no response.

**47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Career**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	8	5	0	0	8	3.4
2 Minimal Distress	20	27	34	23	5	42	59	24.9
3 Moderate Distress	32	43	62	42	2	17	97	40.9
4 High Distress	23	31	44	30	5	42	73	30.8
Valid responses =	75	32	148	62	12	5	237	45.8

Invalid responses include no response.



**47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Finances**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	3	1	0	0	3	0.9
2 Minimal Distress	25	24	42	20	0	0	67	19.9
3 Moderate Distress	51	49	79	37	9	56	140	41.5
4 High Distress	28	27	90	42	7	44	127	37.7
Valid responses =	104	31	214	64	16	5	337	65.1

Invalid responses include no response.

**47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Procrastination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	5	4	7	3	1	6	13	3.2
2 Minimal Distress	66	47	80	32	4	25	153	37.3
3 Moderate Distress	41	29	119	48	4	25	164	40.0
4 High Distress	30	21	43	17	7	44	80	19.5
Valid responses =	142	35	249	61	16	4	410	79.2

Invalid responses include no response.

**47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Faculty**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	4	5	11	0	0	6	8.3
2 Minimal Distress	9	39	13	29	2	67	24	33.3
3 Moderate Distress	10	44	20	44	1	33	32	44.4
4 High Distress	3	13	7	16	0	0	10	13.9
Valid responses =	23	32	45	63	3	4	72	13.9

Invalid responses include no response.

**47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Family**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	4	6	3	2	0	0	7	3.0
2 Minimal Distress	28	42	55	35	1	11	84	35.7
3 Moderate Distress	21	31	61	38	4	44	86	36.6
4 High Distress	14	21	40	25	4	44	58	24.7
Valid responses =	67	29	159	68	9	4	235	45.4

Invalid responses include no response.

**47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Intimate relationships**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	3	6	4	0	0	8	3.7
2 Minimal Distress	15	21	41	30	1	17	57	26.5
3 Moderate Distress	41	56	56	42	2	33	100	46.5
4 High Distress	15	21	32	24	3	50	50	23.3
Valid responses =	73	34	135	63	6	3	215	41.5

Invalid responses include no response.

**47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

(only includes students that had problems or challenges with this issue within the last 12 months)

**Roommate/housemate**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	7	4	4	0	0	7	4.9
2 Minimal Distress	18	40	39	42	2	40	59	41.5
3 Moderate Distress	17	38	33	36	2	40	52	36.6
4 High Distress	7	16	16	17	1	20	24	16.9
Valid responses =	45	32	92	65	5	4	142	27.4

Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

### 47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

#### Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	11	4	6	0	0	7	7.3
2 Minimal Distress	13	48	34	54	1	20	49	51.0
3 Moderate Distress	7	26	18	29	4	80	29	30.2
4 High Distress	4	15	7	11	0	0	11	11.5
Valid responses =	27	28	63	66	5	5	96	18.5

Invalid responses include no response.

### 47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

#### Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	1	4	2	0	0	5	1.7
2 Minimal Distress	42	58	85	42	4	25	132	44.7
3 Moderate Distress	18	25	75	37	8	50	103	34.9
4 High Distress	12	16	38	19	4	25	55	18.6
Valid responses =	73	25	202	68	16	5	295	56.9

Invalid responses include no response.

### 47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

#### Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	4	5	7	4	0	0	11	4.4
2 Minimal Distress	34	46	55	34	3	27	92	37.1
3 Moderate Distress	26	35	67	41	5	46	99	39.9
4 High Distress	10	14	33	20	3	27	46	18.5
Valid responses =	74	30	162	65	11	4	248	47.9

Invalid responses include no response.

### 47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

#### Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	5	11	3	4	0	0	8	6.8
2 Minimal Distress	11	24	13	19	0	0	24	20.5
3 Moderate Distress	16	36	17	25	1	25	34	29.1
4 High Distress	13	29	35	52	3	75	51	43.6
Valid responses =	45	38	68	58	4	3	117	22.6

Invalid responses include no response.

### 47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

#### Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	38	4	12	0	0	7	16.7
2 Minimal Distress	2	25	9	27	0	0	11	26.2
3 Moderate Distress	2	25	11	33	1	100	14	33.3
4 High Distress	1	13	9	27	0	0	10	23.8
Valid responses =	8	19	33	79	1	2	42	8.1

Invalid responses include no response.

### 47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

#### Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	50	2	15	0	0	5	26.3
2 Minimal Distress	2	33	5	39	0	0	7	36.8
3 Moderate Distress	0	0	5	39	0	0	5	26.3
4 High Distress	1	17	1	8	0	0	2	10.5
Valid responses =	6	32	13	68	0	0	19	3.7

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

**47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	60	1	20	0	0	4	40.0
2 Minimal Distress	1	20	1	20	0	0	2	20.0
3 Moderate Distress	0	0	3	60	0	0	3	30.0
4 High Distress	1	20	0	0	0	0	1	10.0
Valid responses =	5	50	5	50	0	0	10	1.9

Invalid responses include no response.

**47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	5	23	8	13	0	0	13	14.0
2 Minimal Distress	8	36	29	48	5	50	43	46.2
3 Moderate Distress	6	27	15	25	4	40	25	26.9
4 High Distress	3	14	8	13	1	10	12	12.9
Valid responses =	22	24	60	65	10	11	93	18.0

Invalid responses include no response.

**47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	38	2	5	0	0	5	9.3
2 Minimal Distress	5	63	18	43	1	25	24	44.4
3 Moderate Distress	0	0	10	24	1	25	11	20.4
4 High Distress	0	0	12	29	2	50	14	25.9
Valid responses =	8	15	42	78	4	7	54	10.4

Invalid responses include no response.

**47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	12	2	4	0	0	5	6.6
2 Minimal Distress	12	48	22	47	0	0	34	44.7
3 Moderate Distress	7	28	18	38	2	50	27	35.5
4 High Distress	3	12	5	11	2	50	10	13.2
Valid responses =	25	33	47	62	4	5	76	14.7

Invalid responses include no response.

**47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Career**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	39	52	82	55	6	50	128	54.0
2 Negatively impacted performance in a class	18	24	53	36	2	17	74	31.2
3 Delayed progress towards degree	18	24	13	9	4	33	35	14.8
Valid responses =	75	32	148	62	12	5	237	45.8

Invalid responses include no response.

**47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Finances**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	67	64	138	65	7	44	213	63.6
2 Negatively impacted performance in a class	15	14	55	26	5	31	76	22.7
3 Delayed progress towards degree	22	21	19	9	4	25	46	13.7
Valid responses =	104	31	212	63	16	5	335	64.7

Invalid responses include no response.



**47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Procrastination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	46	32	84	34	2	13	132	32.3
2 Negatively impacted performance in a class	77	54	140	57	9	56	228	55.7
3 Delayed progress towards degree	19	13	24	10	5	31	49	12.0
Valid responses =	142	35	248	61	16	4	409	79.0

Invalid responses include no response.

**47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Faculty**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	9	39	23	51	1	33	34	47.2
2 Negatively impacted performance in a class	12	52	16	36	2	67	30	41.7
3 Delayed progress towards degree	2	9	6	13	0	0	8	11.1
Valid responses =	23	32	45	63	3	4	72	13.9

Invalid responses include no response.

**47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Family**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	49	73	113	71	3	33	165	70.2
2 Negatively impacted performance in a class	14	21	41	26	3	33	58	24.7
3 Delayed progress towards degree	4	6	5	3	3	33	12	5.1
Valid responses =	67	29	159	68	9	4	235	45.4

Invalid responses include no response.

**47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Intimate relationships**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	46	63	97	72	5	83	149	69.3
2 Negatively impacted performance in a class	23	32	34	25	1	17	58	27.0
3 Delayed progress towards degree	4	6	4	3	0	0	8	3.7
Valid responses =	73	34	135	63	6	3	215	41.5

Invalid responses include no response.

**47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Roommate/housemate**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	37	82	77	84	4	80	118	83.1
2 Negatively impacted performance in a class	7	16	14	15	1	20	22	15.5
3 Delayed progress towards degree	1	2	1	1	0	0	2	1.4
Valid responses =	45	32	92	65	5	4	142	27.4

Invalid responses include no response.

**47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
**(only includes students that had problems or challenges with this issue within the last 12 months)**  
**Peers**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	21	78	53	86	4	80	79	83.2
2 Negatively impacted performance in a class	5	19	8	13	1	20	14	14.7
3 Delayed progress towards degree	1	4	1	2	0	0	2	2.1
Valid responses =	27	28	62	65	5	5	95	18.3

Invalid responses include no response.



**47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)  
**Personal appearance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	63	86	176	88	15	94	257	87.4
2 Negatively impacted performance in a class	9	12	22	11	0	0	31	10.5
3 Delayed progress towards degree	1	1	3	2	1	6	6	2.0
Valid responses =	73	25	201	68	16	5	294	56.8

Invalid responses include no response.

**47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)  
**Health of someone close to me**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	55	74	122	75	7	64	184	74.2
2 Negatively impacted performance in a class	16	22	33	20	2	18	52	21.0
3 Delayed progress towards degree	3	4	7	4	2	18	12	4.8
Valid responses =	74	30	162	65	11	4	248	47.9

Invalid responses include no response.

**47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)  
**Death of a family member, friend, or someone close to me**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	35	78	38	56	2	50	75	64.1
2 Negatively impacted performance in a class	8	18	25	37	1	25	34	29.1
3 Delayed progress towards degree	2	4	5	7	1	25	8	6.8
Valid responses =	45	38	68	58	4	3	117	22.6

Invalid responses include no response.

**47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)  
**Bullying (for example: making threats, spreading rumors, physical or verbal attacks, or excluding someone from a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	5	63	22	67	1	100	28	66.7
2 Negatively impacted performance in a class	3	38	11	33	0	0	14	33.3
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	8	19	33	79	1	2	42	8.1

Invalid responses include no response.

**47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)  
**Cyberbullying (use of technology to harass, threaten, embarrass, or target another person)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6	100	10	77	0	0	16	84.2
2 Negatively impacted performance in a class	0	0	3	23	0	0	3	15.8
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	6	32	13	68	0	0	19	3.7

Invalid responses include no response.

**47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**  
 (only includes students that had problems or challenges with this issue within the last 12 months)

**Hazing (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation used as a way of initiating a person into a group)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	80	4	80	0	0	8	80.0
2 Negatively impacted performance in a class	1	20	1	20	0	0	2	20.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	5	50	5	50	0	0	10	1.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

**47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Microaggression (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype) Discrimination (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong.)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	16	73	51	85	8	80	75	80.6
2 Negatively impacted performance in a class	4	18	9	15	2	20	16	17.2
3 Delayed progress towards degree	2	9	0	0	0	0	2	2.2
Valid responses =	22	24	60	65	10	11	93	18.0

Invalid responses include no response.

**47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Sexual Harassment (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	8	100	31	74	2	50	41	75.9
2 Negatively impacted performance in a class	0	0	8	19	2	50	10	18.5
3 Delayed progress towards degree	0	0	3	7	0	0	3	5.6
Valid responses =	8	15	42	78	4	7	54	10.4

Invalid responses include no response.

**47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?**

**(only includes students that had problems or challenges with this issue within the last 12 months)**

**Discrimination**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	18	72	35	75	1	25	54	71.1
2 Negatively impacted performance in a class	4	16	11	23	3	75	18	23.7
3 Delayed progress towards degree	3	12	1	2	0	0	4	5.3
Valid responses =	25	33	47	62	4	5	76	14.7

Invalid responses include no response.

**48) Within the last 30 days, how would you rate the overall level of stress you have experienced?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	2	1	1	0	0	0	3	0.6
2 Low	59	32	37	12	1	6	99	19.1
3 Moderate	87	48	179	57	8	44	276	53.4
4 High	34	19	95	30	9	50	139	26.9
Valid responses =	182	35	312	60	18	3	517	99.8

Invalid responses include no response.

**49) Have you ever thought about or attempted to kill yourself?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	76	42	123	39	2	11	202	39.1
2 Just a brief passing thought	51	28	97	31	6	33	156	30.2
3 Planned at least once, but did not try to do it	27	15	41	13	2	11	71	13.7
4 Planned at least once, wanted to die	19	10	26	8	1	6	46	8.9
5 Attempted, but did not want to die	3	2	10	3	2	11	15	2.9
6 Attempted, really hoped to die	7	4	15	5	5	28	27	5.2
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.

**50) How often have you thought about killing yourself in the past year?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	115	63	169	54	5	28	291	56.3
2 Rarely (1 time)	23	13	53	17	1	6	78	15.1
3 Sometimes (2 times)	17	9	49	16	5	28	71	13.7
4 Often (3-4 times)	14	8	24	8	3	17	41	7.9
5 Very often (5 or more times)	14	8	17	5	4	22	36	7.0
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.



**51) Have you ever told someone that you were going to commit suicide, or that you might do it?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	145	79	231	74	8	44	387	75.0
2 Yes, one time, did not want to die	20	11	39	13	2	11	62	12.0
3 Yes, one time, wanted to die	10	6	17	6	3	17	30	5.8
4 Yes, more than once, did not want to do it	5	3	10	3	3	17	18	3.5
5 Yes, more than once, wanted to do it	3	2	14	5	2	11	19	3.7
Valid responses =	183	35	311	60	18	3	516	99.6

Invalid responses include no response.

**52) How likely is it that you will attempt suicide someday?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	105	57	177	57	4	22	287	55.5
1 No chance at all	23	13	57	18	2	11	82	15.9
2 Rather unlikely	37	20	50	16	7	39	97	18.8
3 Unlikely	16	9	18	6	4	22	38	7.4
4 Likely	1	1	7	2	1	6	9	1.7
5 Rather likely	0	0	1	0	0	0	1	0.2
6 Very likely	1	1	2	1	0	0	3	0.6
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.

**53) Within the last 12 months, have you attempted suicide?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	97	305	98	17	94	503	97.5
2 Yes	6	3	6	2	1	6	13	2.5
Valid responses =	183	35	311	60	18	3	516	99.6

Invalid responses include no response.

**54A) Have you ever received psychological or mental health services?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	79	43	108	35	1	6	190	36.9
2 Yes	103	57	203	65	17	94	325	63.1
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**54B) Within in the last 12 months, have you received psychological or mental health services?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	129	71	184	59	3	17	320	62.1
2 Yes	53	29	127	41	15	83	195	37.9
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**54C1) Were the psychological or mental health services you received in the last 12 months provided by:**

**(only includes students that received psychological or mental health services within the last 12 months)**

**My current campus health and/or counseling center?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	43	84	102	83	14	100	159	84.6
2 Yes	8	16	21	17	0	0	29	15.4
Valid responses =	51	27	123	65	14	7	188	36.3

Invalid responses include no response.

**54C2) Were the psychological or mental health services you received in the last 12 months provided by:**

**(only includes students that received psychological or mental health services within the last 12 months)**

**A mental health provider in the local community near my campus?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	35	67	83	68	7	50	125	66.5
2 Yes	17	33	39	32	7	50	63	33.5
Valid responses =	52	28	122	65	14	7	188	36.3

Invalid responses include no response.



**54C3) Were the psychological or mental health services you received in the last 12 months provided by:**  
**(only includes students that received psychological or mental health services within the last 12 months)**  
**A mental health provider in my home town?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	54	49	40	7	50	84	44.2
2 Yes	24	46	75	61	7	50	106	55.8
Valid responses =	52	27	124	65	14	7	190	36.7

Invalid responses include no response.

**54C4) Were the psychological or mental health services you received in the last 12 months provided by:**  
**(only includes students that received psychological or mental health services within the last 12 months)**  
**A mental health provider not described above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	78	83	85	12	80	131	82.4
2 Yes	10	22	15	15	3	20	28	17.6
Valid responses =	46	29	98	62	15	9	159	30.7

Invalid responses include no response.

**55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	79	43	81	26	1	6	164	31.8
2 Yes	103	57	230	74	17	94	351	68.2
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**55B1) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**My current campus health center?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	96	97	205	93	16	94	318	94.4
2 Yes	3	3	15	7	1	6	1	5.6
Valid responses =	99	29	220	65	17	5	337	65.1

Invalid responses include no response.

**55B2) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider in the local community near my campus?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	59	139	63	11	65	208	61.4
2 Yes	41	41	83	37	6	35	131	38.6
Valid responses =	99	29	222	65	17	5	339	65.4

Invalid responses include no response.

**55B3) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider in my home town?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	35	63	28	4	24	104	30.1
2 Yes	67	65	162	72	13	77	242	69.9
Valid responses =	103	30	225	65	17	5	346	66.8

Invalid responses include no response.

**55B4) Were the medical services you received in the last 12 months provided by: (only includes students that visited any medical provider within the last 12 months)**  
**A medical service provider not described above?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	81	94	162	90	14	88	258	90.8
2 Yes	5	6	19	11	2	13	26	9.2
Valid responses =	86	30	181	64	16	6	284	54.8

Invalid responses include no response.



56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

Table with 8 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. and note: Invalid responses include no response.

57) Have you had a dental exam and cleaning in the last 12 months?

Table with 8 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. and note: Invalid responses include no response.

58) When you are outdoors in the sun, how often do you wear sunscreen?

Table with 8 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. and note: Invalid responses include no response.

59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear a shirt with sleeves

Table with 8 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. and note: Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Wear sunglasses

Table with 8 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. and note: Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure? Stay in the shade

Table with 8 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Includes horizontal bar chart for Total Pct. and note: Invalid responses include no response.





# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

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8455 Colesville Road, Suite 740

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

## 59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

### Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	22	12	59	19	0	0	83	16.2
2 Rarely	36	20	79	26	7	39	122	23.8
3 Sometimes	63	35	118	38	4	22	187	36.5
4 Usually	45	25	42	14	4	22	91	17.8
5 Always	15	8	11	4	3	17	29	5.7
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.

## 60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	103	58	134	44	14	82	254	50.1
1 1 time	12	7	10	3	2	12	24	4.7
2 2 times	12	7	19	6	0	0	31	6.1
3 3 times	6	3	18	6	0	0	25	4.9
4 4 times	4	2	4	1	0	0	8	1.6
5 5 times	5	3	20	7	0	0	25	4.9
6 6 to 10 times	13	7	36	12	0	0	49	9.7
7 11 to 15 times	6	3	10	3	0	0	16	3.2
8 16 to 20 times	4	2	21	7	0	0	25	4.9
9 21 to 49 times	8	5	13	4	0	0	21	4.1
10 50 or More times	6	3	22	7	1	6	29	5.7
Valid responses =	179	35	307	61	17	3	507	97.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	6.63	0.00	19.27	0	150
Cis Women	10.76	2.00	24.84	0	225
Trans/Gender Non-conforming	6.00	0.00	24.23	0	100
Overall	9.06	0.00	22.96	0	225

## 61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	53	29	73	24	4	22	132	25.7
2 Have started, but not completed HPV vaccine	5	3	13	4	2	11	20	3.9
3 Completed HPV vaccine	49	27	111	36	9	50	170	33.1
4 I don't know my HPV vaccination status	75	41	113	37	3	17	192	37.4
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

## 62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	107	59	169	54	9	50	287	55.7
2 Yes	69	38	131	42	9	50	211	41.0
3 Don't know	6	3	11	4	0	0	17	3.3
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

## COVIDVAXA Have you been vaccinated against COVID-19?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	29	16	41	13	1	6	71	13.8
2 Yes	151	84	270	87	17	94	442	86.2
Valid responses =	180	35	311	61	18	4	513	99.0

Invalid responses include no response.

## COVIDVAXC Was your first COVID-19 vaccine the Johnson & Johnson vaccine? (only includes students who have been vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	124	83	231	86	15	88	373	84.8
2 Yes	26	17	39	14	2	12	67	15.2
Valid responses =	150	34	270	61	17	4	440	84.9

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

## COVAXSTATUS Vaccination Status

(This variable was calculated using number of doses received and is based on whether a student received Johnson & Johnson as their first vaccine. Students studying in the U.S. on a visa were coded to missing for this variable, unless they reported not being vaccinated against COVID-19)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Have not been vaccinated against COVID-19	29	16	41	13	1	6	71	13.9
1 Received one dose of two-dose primary series	6	3	9	3	0	0	16	3.1
2 Received primary dose(s)	78	44	120	39	5	28	203	39.7
3 Received primary dose(s) and one booster dose	53	30	107	34	9	50	170	33.3
4 Received primary dose(s) and two or more booster doses	13	7	34	11	3	17	51	10
Valid responses =	179	35	311	61	18	4	511	98.6

Invalid responses include no response.

## COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	122	67	228	74	11	61	365	71.0
2 Yes	60	33	82	27	7	39	149	29.0
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

## 63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	98	296	96	16	89	494	96.5
2 Yes	3	2	13	4	2	11	18	3.5
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.

## 63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	100	303	99	17	94	505	99.2
2 Yes	0	0	3	1	1	6	4	0.8
Valid responses =	181	36	306	60	18	4	509	98.3

Invalid responses include no response.

## 63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	99	302	99	17	94	501	99.2
2 Yes	1	1	2	1	1	6	0.8	1
Valid responses =	179	35	304	60	18	4	505	97.5

Invalid responses include no response.

## 63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	142	78	187	61	10	56	343	66.9
2 Yes	40	22	122	40	8	44	170	33.1
Valid responses =	182	35	309	60	18	4	513	99.0

Invalid responses include no response.

## 63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	298	96	16	89	498	97.3
2 Yes	1	1	11	4	2	11	14	2.7
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.

## 63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

### Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	100	307	100	17	94	509	99.6
2 Yes	0	0	1	0	1	6	2	0.4
Valid responses =	181	35	308	60	18	4	511	98.6

Invalid responses include no response.



**63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Flu (influenza) or flu-like illness**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	88	254	83	13	72	429	84.4
2 Yes	22	12	52	17	5	28	79	15.6
Valid responses =	180	35	306	60	18	4	508	98.1

Invalid responses include no response.

**63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Mumps**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	100	307	100	17	94	507	99.8
2 Yes	0	0	0	0	1	6	0.2	1
Valid responses =	179	35	307	60	18	4	508	98.1

Invalid responses include no response.

**63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Mononucleosis (mono)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	302	99	17	94	503	98.8
2 Yes	1	1	4	1	1	6	6	1.2
Valid responses =	181	36	306	60	18	4	509	98.3

Invalid responses include no response.

**63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	167	93	280	91	14	78	465	91.0
2 Yes	13	7	29	9	4	22	46	9.0
Valid responses =	180	35	309	60	18	4	511	98.6

Invalid responses include no response.

**63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Pelvic Inflammatory Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	100	309	100	17	94	511	99.8
2 Yes	0	0	0	0	1	6	1	0.2
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.

**63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Pneumonia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	99	306	99	17	94	506	99.0
2 Yes	2	1	1	1	6	6	5	1.0
Valid responses =	181	35	308	60	18	4	511	98.6

Invalid responses include no response.

**63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Shingles**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	99	304	99	17	94	504	99.2
2 Yes	1	1	2	1	1	6	4	0.8
Valid responses =	180	35	306	60	18	4	508	98.1

Invalid responses include no response.

**63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Stomach or GI virus or bug, food poisoning, or gastritis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	169	93	268	87	15	83	456	89.1
2 Yes	12	7	41	13	3	17	56	10.9
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.



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March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

**63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Urinary tract infection**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	99	267	87	15	83	463	91.1
2 Yes	2	1	40	13	3	17	45	8.9
Valid responses =	179	35	307	60	18	4	508	98.1

Invalid responses include no response.

**63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?**

**Other short-term, temporary illness not listed above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	97	233	93	13	87	408	94.4
2 Yes	5	3	17	7	2	13	24	5.6
Valid responses =	163	38	250	58	15	3	432	83.4

Invalid responses include no response.

**63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

**(only includes students who have been diagnosed within the last 12 months)**

**Bronchitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	33	8	62	2	100	11	61.1
2 Negatively impacted performance in a class	2	67	5	39	0	0	7	38.9
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	3	17	13	72	2	11	18	3.5

Invalid responses include no response.

**63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

**(only includes students who have been diagnosed within the last 12 months)**

**Chlamydia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	3	100	1	100	4	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

**(only includes students who have been diagnosed within the last 12 months)**

**Chicken Pox (Varicella)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	2	100	1	100	4	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	2	50	1	25	4	0.8

Invalid responses include no response.

**63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

**(only includes students who have been diagnosed within the last 12 months)**

**Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	24	60	65	54	5	63	94	55.6
2 Negatively impacted performance in a class	14	35	55	46	3	38	72	42.6
3 Delayed progress towards degree	2	5	1	1	0	0	3	1.8
Valid responses =	40	24	121	72	8	5	169	32.6

Invalid responses include no response.

**63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

**(only includes students who have been diagnosed within the last 12 months)**

**Concussion**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	4	36	1	50	6	42.9
2 Negatively impacted performance in a class	0	0	4	36	0	0	4	28.6
3 Delayed progress towards degree	0	0	3	27	1	50	4	28.6
Valid responses =	1	7	11	79	2	14	14	2.7

Invalid responses include no response.



63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?
(only includes students who have been diagnosed within the last 12 months)
Gonorrhea

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =, Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?
(only includes students who have been diagnosed within the last 12 months)
Flu (influenza) or flu-like illness

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =, Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?
(only includes students who have been diagnosed within the last 12 months)
Mumps

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =, Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?
(only includes students who have been diagnosed within the last 12 months)
Mononucleosis (mono)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =, Invalid responses include no response.

63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?
(only includes students who have been diagnosed within the last 12 months)
Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =, Invalid responses include no response.

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?
(only includes students who have been diagnosed within the last 12 months)
Pelvic Inflammatory Disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 Did not affect academic performance, 2 Negatively impacted performance in a class, 3 Delayed progress towards degree, Valid responses =, Invalid responses include no response.



**63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Pneumonia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	1	50	1	100	2	40.0
2 Negatively impacted performance in a class	2	100	1	50	0	0	3	60.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	2	40	2	40	1	20	5	1.0

Invalid responses include no response.

**63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Shingles**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	2	100	1	100	4	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	2	50	1	25	4	0.8

Invalid responses include no response.

**63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Stomach or GI virus or bug, food poisoning, or gastritis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6	50	21	51	2	67	29	51.8
2 Negatively impacted performance in a class	4	33	19	46	0	0	23	41.1
3 Delayed progress towards degree	2	17	1	2	1	33	4	7.1
Valid responses =	12	21	41	73	3	5	56	10.8

Invalid responses include no response.

**63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Urinary tract infection**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	100	34	85	3	100	39	86.7
2 Negatively impacted performance in a class	0	0	6	15	0	0	6	13.3
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	2	4	40	89	3	7	45	8.7

Invalid responses include no response.

**63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?**

(only includes students who have been diagnosed within the last 12 months)

**Other short-term, temporary illness not listed above**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3	60	7	44	1	50	11	47.8
2 Negatively impacted performance in a class	1	20	8	50	1	50	10	43.5
3 Delayed progress towards degree	1	20	1	6	0	0	2	8.7
Valid responses =	5	22	16	70	2	9	23	4.4

Invalid responses include no response.

**64) Have you ever been tested for HIV?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	8	4	14	5	3	17	25	4.8
2 Yes, more than 12 months ago	10	6	26	8	2	11	38	7.4
3 No	151	83	235	76	13	72	403	78.1
4 Unsure	14	8	36	12	0	0	50	9.7
Valid responses =	183	35	311	60	18	3	516	99.6

Invalid responses include no response.

**64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



**65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Acne**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	141	78	226	73	9	50	380	73.8
2 Yes	41	23	85	27	9	50	135	26.2
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**ADD/ADHD - Attention Deficit/Hyperactivity Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	80	262	84	3	17	414	80.4
2 Yes	36	20	49	16	15	83	101	19.6
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Alcohol or Other Drug-Related Abuse or Addiction**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	307	99	18	100	509	99.0
2 Yes	2	1	3	1	0	0	5	1.0
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Allergies - food allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	161	89	261	84	17	94	443	86.2
2 Yes	20	11	50	16	1	6	71	13.8
Valid responses =	181	35	311	61	18	4	514	99.2

Invalid responses include no response.

**65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Allergies - animals/pets**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	155	86	250	81	14	78	423	82.6
2 Yes	26	14	59	19	4	22	89	17.4
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.

**65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	141	78	211	68	12	67	367	71.4
2 Yes	41	23	99	32	6	33	147	28.6
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	130	72	158	51	3	17	294	57.2
2 Yes	51	28	153	49	15	83	220	42.8
Valid responses =	181	35	311	61	18	4	514	99.2

Invalid responses include no response.

**65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**  
**Asthma**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	149	82	251	81	11	61	415	80.6
2 Yes	33	18	60	19	7	39	100	19.4
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.



**65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Autism spectrum**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	97	306	98	14	78	498	97.3
2 Yes	5	3	5	2	4	22	14	2.7
Valid responses =	179	35	311	61	18	4	512	98.8

Invalid responses include no response.

**65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	97	300	97	17	94	498	96.9
2 Yes	5	3	10	3	1	6	16	3.1
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	307	99	17	94	508	98.6
2 Yes	2	1	4	1	1	6	7	1.4
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Cancer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	307	99	18	100	509	99.4
2 Yes	1	1	2	1	0	0	3	0.6
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.

**65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Celiac disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	302	97	18	100	504	98.1
2 Yes	2	1	8	3	0	0	10	1.9
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	169	93	273	88	10	56	456	88.7
2 Yes	13	7	37	12	8	44	58	11.3
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	130	71	182	59	4	22	320	62.1
2 Yes	52	29	129	42	14	78	195	37.9
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?**

**Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	98	296	95	15	83	493	95.7
2 Yes	4	2	15	5	3	17	22	4.3
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.





**65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	99	290	94	15	83	486	94.9
2 Yes	2	1	20	7	3	17	26	5.1
Valid responses =	180	35	310	61	18	4	512	98.8

Invalid responses include no response.

**65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	100	291	94	17	94	494	96.1
2 Yes	0	0	19	6	1	6	20	3.9
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Gambling Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	100	311	100	18	100	513	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	180	35	311	61	18	4	513	99.0

Invalid responses include no response.

**65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Genital herpes**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	100	302	99	18	100	506	99.2
2 Yes	0	0	4	1	0	0	4	0.8
Valid responses =	182	36	306	60	18	4	510	98.5

Invalid responses include no response.

**65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	96	290	93	17	94	485	94.2
2 Yes	8	4	21	7	1	6	30	5.8
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	98	305	98	16	89	502	97.7
2 Yes	4	2	6	2	2	11	1	2.3
Valid responses =	181	35	311	61	18	4	514	99.2

Invalid responses include no response.

**65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Hepatitis B or C**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	100	311	100	18	100	515	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 High blood pressure (hypertension)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	170	93	297	96	18	100	489	95.0
2 Yes	12	7	14	5	0	0	26	5.0
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.



**65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 High cholesterol (hyperlipidemia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	96	295	96	18	100	490	95.7
2 Yes	7	4	14	5	0	0	4.3	
Valid responses =	181	35	309	60	18	4	512	98.8

Invalid responses include no response.

**65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 HIV or AIDS**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	100	305	100	18	100	507	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	180	36	305	60	18	4	507	97.9

Invalid responses include no response.

**65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Human papillomavirus (HPV) or genital warts**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	99	304	98	18	100	505	98.6
2 Yes	1	1	6	2	0	0	1.4	
Valid responses =	180	35	310	61	18	4	512	98.8

Invalid responses include no response.

**65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Insomnia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	169	93	261	86	15	83	449	88.4
2 Yes	13	7	43	14	3	17	59	11.6
Valid responses =	182	36	304	60	18	4	508	98.1

Invalid responses include no response.

**65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Irritable bowel syndrome (spastic colon or spastic bowel)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	173	96	285	93	16	89	478	93.7
2 Yes	8	4	22	7	2	11	32	6.3
Valid responses =	181	35	307	60	18	4	510	98.5

Invalid responses include no response.

**65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Long COVID or having a Post-COVID Condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	98.9	301	97.1	17	94.4	502	97.7
2 Yes	2	1.1	9	2.9	1	5.6	12	2.3
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Migraine headaches**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	167	92	245	80	14	78	430	84.3
2 Yes	14	8	62	20	4	22	80	15.7
Valid responses =	181	35	307	60	18	4	510	98.5

Invalid responses include no response.

**65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding,  
 Trichotillomania, other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	172	95	280	90	16	89	472	92.0
2 Yes	9	5	30	10	2	11	41	8.0
Valid responses =	181	35	310	60	18	4	513	99.0

Invalid responses include no response.



**65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	100	292	94	16	89	492	95.9
2 Yes	0	0	19	6	2	11	21	4.1
Valid responses =	180	35	311	61	18	4	513	99.0

Invalid responses include no response.

**65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	171	94	257	83	12	67	444	86.4
2 Yes	11	6	53	17	6	33	70	13.6
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	310	100	18	100	512	99.6
2 Yes	1	1	1	0	0	0	2	0.4
Valid responses =	181	35	311	61	18	4	514	99.2

Invalid responses include no response.

**65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	173	95	302	97	14	78	493	95.7
2 Yes	9	5	9	3	4	22	22	4.3
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

**65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Thyroid condition or disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	296	95	17	94	497	96.7
2 Yes	1	1	15	5	1	6	17	3.3
Valid responses =	181	35	311	61	18	4	514	99.2

Invalid responses include no response.

**65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Tourette's or other neurodevelopmental condition not already listed**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	100	309	100	17	94	511	99.4
2 Yes	1	1	1	0	1	6	3	0.6
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?  
 Traumatic brain injury (TBI)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	100	303	98	17	94	505	98.2
2 Yes	1	1	7	2	1	6	9	1.8
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.



65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Other ongoing or chronic condition not listed above

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Allergic & immunologic disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Autoimmune disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Blood disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Brain & nervous system disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Hair, skin, nails disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



**65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Digestive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	14	82	1	50	24	85.7
2 Yes	0	0	3	18	1	50	4	14.3
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Endocrine system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	17	100	2	100	27	96.4
2 Yes	1	11	0	0	0	0	1.6	5.4
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Eye/ear/nose/throat disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	78	17	100	2	100	26	92.9
2 Yes	2	22	0	0	0	0	2	7.1
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Heart & vascular disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	78	15	88	0	0	22	78.6
2 Yes	2	22	2	12	2	100	6	21.4
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Infectious disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	90	17	100	2	100	28	96.6
2 Yes	1	10	0	0	0	0	1	3.4
Valid responses =	10	34	17	59	2	7	29	5.6

Invalid responses include no response.

**65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Mental health/psychological disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	14	82	0	0	22	78.6
2 Yes	1	11	3	18	2	100	6	21.4
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Musculoskeletal disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	16	94	2	100	26	92.9
2 Yes	1	11	1	6	0	0	2.1	7.1
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.



**65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Reproductive system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	14	82	1	50	24	85.7
2 Yes	0	0	3	18	1	50	4	14.3
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Respiratory disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	89	17	100	2	100	27	96.4
2 Yes	1	11	0	0	0	0	1	3.6
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Sleep-wake disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	78	15	88	1	50	23	82.1
2 Yes	2	22	2	12	1	50	5	17.9
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Urinary system disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	100	17	100	2	100	28	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	9	32	17	61	2	7	28	5.4

Invalid responses include no response.

**65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)**  
**Other ongoing or chronic condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	67	7	47	1	100	14	56.0
2 Yes	3	33	8	53	0	0	11	44.0
Valid responses =	9	36	15	60	1	4	25	4.8

Invalid responses include no response.

**65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Anaphylaxis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	66.7
2 Yes	1	100	0	0	0	0	1	33.3
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders? (only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)**  
**Medication allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	33.3
2 Yes	1	100	1	50	0	0	2	66.7
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.



65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Latex allergy

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Insect/bee sting allergy

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Immune deficiency

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Other allergic or immunologic condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65D1) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Other allergic or immunologic condition

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Rheumatoid Arthritis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Scleroderma

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Systemic Lupus Erythematosus

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the 'Total' column.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?
(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)
Other autoimmune disorder not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the 'Total' column.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
(only includes students that selected having an ongoing/chronic blood disorder not listed above)
Anemia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
(only includes students that selected having an ongoing/chronic blood disorder not listed above)
Hemophilia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
(only includes students that selected having an ongoing/chronic blood disorder not listed above)
Hypercoagulable states

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
(only includes students that selected having an ongoing/chronic blood disorder not listed above)
Platelet Conditions

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?
(only includes students that selected having an ongoing/chronic blood disorder not listed above)
Sickle Cell Disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =.





**65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?**  
 (only includes students that selected having an ongoing/chronic blood disorder not listed above)  
 Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.2

Invalid responses include no response.

**65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)  
 Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	1	100	5	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	80	1	20	5	1.0

Invalid responses include no response.

**65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)  
 Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	1	100	5	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	80	1	20	5	1.0

Invalid responses include no response.

**65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)  
 Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	0	0	4	80.0
2 Yes	0	0	0	0	1	100	1	20.0
Valid responses =	0	0	4	80	1	20	5	1.0

Invalid responses include no response.

**65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)  
 Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	1	100	5	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	80	1	20	5	1.0

Invalid responses include no response.

**65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?**  
 (only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)  
 Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	100	1	50.0
2 Yes	0	0	1	100	0	0	1	50.0
Valid responses =	0	0	1	50	1	50	2	0.4

Invalid responses include no response.

**65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)  
 Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0.0	
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.



**65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Eczema**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	50	0	0	2	66.7
2 Yes	0	0	1	50	0	0	1	33.3
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hirsutism**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Hyperhidrosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Photodermatitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Psoriasis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Vitiligo**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?**  
 (only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

**Other hair, skin, or nail condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	1	100	0	0	2	100.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.



**65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)  
**Crohn's Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	1	100	3	75.0
2 Yes	0	0	1	33	0	0	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)  
**Diverticular Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	1	100	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)  
**Esophageal Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	1	100	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)  
**Gallbladder Disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	1	100	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)  
**Ulcerative Colitis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	1	100	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?**  
 (only includes students that selected having an ongoing/chronic digestive system disorder not listed above)  
**Other digestive system condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	1	100	2	50.0
2 Yes	0	0	2	67	0	0	2	50.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?**  
 (only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)  
**Hearing loss**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	0	0	0	0	1	50.0
2 Yes	1	50	0	0	0	0	1	50.0
Valid responses =	2	100	0	0	0	0	2	0.4

Invalid responses include no response.



65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Uveitis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the total 'No' response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Vertigo

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the total 'No' response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?
(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)
Other eye/ear/nose/throat condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the total 'No' response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Cardiac Arrhythmia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes horizontal bar charts for the total 'No' and 'Yes' responses.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Coronary Artery Disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the total 'No' response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Congenital Heart Condition

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the total 'No' response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Congestive Heart Failure

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the total 'No' response.



65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Heart Murmur

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Valvular Heart Disease (for example: Mitral valve prolapse)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?
(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)
Other heart or vascular condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
(only includes students that selected having an ongoing/chronic infectious disease not listed above)
Lyme Disease

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?
(only includes students that selected having an ongoing/chronic infectious disease not listed above)
Other infectious disease not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Carpal Tunnel Syndrome

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?
(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)
Fibromyalgia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.



**65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Gout**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Muscular Dystrophy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Osteoarthritis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Osteoporosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Temporomandibular Joint Dysfunction**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?**  
 (only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)  
**Other musculoskeletal condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0.0	
2 Yes	1	100	1	100	0	0	2	100.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?**  
 (only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)  
**Amenorrhea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	1	100	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.



65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Cervical Dysplasia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Prostatitis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Sexual Dysfunction

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?
(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)
Other reproductive system condition not previously reported

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)
Cystic Fibrosis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?
(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)
Sarcoidosis

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.



**65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)  
**Active Tuberculous**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.2

Invalid responses include no response.

**65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?**  
 (only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)  
**Other respiratory system condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	0	0	0	0	1	100.0
Valid responses =	1	100	0	0	0	0	1	0.2

Invalid responses include no response.

**65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)  
**Hypersomnolence**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	0	0	1	100	2	66.7
2 Yes	1	50	0	0	0	0	1	33.3
Valid responses =	2	67	0	0	1	33	3	0.6

Invalid responses include no response.

**65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

**Narcolepsy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	0	0	1	100	2	40.0
2 Yes	1	50	2	100	0	0	3	60.0
Valid responses =	2	40	2	40	1	20	5	1.0

Invalid responses include no response.

**65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)  
**Restless Leg Syndrome**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	0	0	0	0	2	66.7
2 Yes	0	0	0	0	1	100	1	33.3
Valid responses =	2	67	0	0	1	33	3	0.6

Invalid responses include no response.

**65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)  
**Sleep Paralysis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	0	0	0	0	2	66.7
2 Yes	0	0	0	0	1	100	1	33.3
Valid responses =	2	67	0	0	1	33	3	0.6

Invalid responses include no response.

**65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)  
**Sleep Terrors (or night terrors)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	0	0	0	0	2	66.7
2 Yes	0	0	0	0	1	100	1	33.3
Valid responses =	2	67	0	0	1	33	3	0.6

Invalid responses include no response.





**65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)  
**Sleep Walking**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	0	0	1	100	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	67	0	0	1	33	3	0.6

Invalid responses include no response.

**65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?**  
 (only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)  
**Other sleep-wake condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	0	0	1	100	2	66.7
2 Yes	1	50	0	0	0	0	1	33.3
Valid responses =	2	67	0	0	1	33	3	0.6

Invalid responses include no response.

**65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)  
**Bladder disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)  
**Kidney disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)  
**Kidney stone**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)  
**Urinary incontinence**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?**  
 (only includes students that selected having an ongoing/chronic urinary system disorders not listed above)  
**Other urinary system condition not previously reported**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:
(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

Table with 7 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:
(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

Table with 7 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:
(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

Table with 7 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:
(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

Table with 7 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Acne

Table with 7 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

Table with 7 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?
(only includes students that have been diagnosed with this condition)

Alcohol or Other Drug-Related Abuse or Addiction

Table with 7 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



**65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Allergies - food allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	17	85	34	68	1	100	52	73.2
2 Yes	3	15	16	32	0	0	19	26.8
Valid responses =	20	28	50	70	1	1	71	13.7

Invalid responses include no response.

**65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Allergies - animals/pets**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	77	44	75	3	75	67	75.3
2 Yes	6	23	15	25	1	25	22	24.7
Valid responses =	26	29	59	66	4	4	89	17.2

Invalid responses include no response.

**65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	33	81	76	77	5	83	115	78.2
2 Yes	8	20	23	23	1	17	32	21.8
Valid responses =	41	28	99	67	6	4	147	28.4

Invalid responses include no response.

**65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	35	41	27	2	13	62	28.2
2 Yes	33	65	112	73	13	87	158	71.8
Valid responses =	51	23	153	70	15	7	220	42.5

Invalid responses include no response.

**65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Asthma**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	70	35	59	5	71	63	63.6
2 Yes	10	30	24	41	2	29	36	36.4
Valid responses =	33	33	59	60	7	7	99	19.1

Invalid responses include no response.

**65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Autism Spectrum**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	60	3	60	1	25	7	50.0
2 Yes	2	40	2	40	3	75	7	50.0
Valid responses =	5	36	5	36	4	29	14	2.7

Invalid responses include no response.

**65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	30	0	0	3	18.8
2 Yes	5	100	7	70	1	100	13	81.3
Valid responses =	5	31	10	63	1	6	16	3.1

Invalid responses include no response.



**65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	1	25	0	0	2	28.6
2 Yes	1	50	3	75	1	100	5	71.4
Valid responses =	2	29	4	57	1	14	7	14

Invalid responses include no response.

**65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Cancer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	66.7
2 Yes	1	100	0	0	0	0	1	33.3
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Celiac disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	6	75	0	0	8	80.0
2 Yes	0	0	2	25	0	0	2	20.0
Valid responses =	2	20	8	80	0	0	10	1.9

Invalid responses include no response.

**65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	46	8	22	5	63	19	32.8
2 Yes	7	54	29	78	3	38	39	67.2
Valid responses =	13	22	37	64	8	14	58	11.2

Invalid responses include no response.

**65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	35	32	25	1	7	51	26.2
2 Yes	34	65	97	75	13	93	144	73.8
Valid responses =	52	27	129	66	14	7	195	37.6

Invalid responses include no response.

**65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	33	0	0	5	22.7
2 Yes	4	100	10	67	3	100	17	77.3
Valid responses =	4	18	15	68	3	14	22	4.2

Invalid responses include no response.

**65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)

**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	12	60	1	50	15	60.0
2 Yes	0	0	8	40	1	50	10	40.0
Valid responses =	2	8	20	80	2	8	25	4.8

Invalid responses include no response.



**65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	11	58	0	0	11	55.0
2 Yes	0	0	8	42	1	100	9	45.0
Valid responses =	0	0	19	95	1	5	20	3.9

Invalid responses include no response.

**65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Gambling Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Genital herpes**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	25	0	0	1	25.0
2 Yes	0	0	3	75	0	0	3	75.0
Valid responses =	0	0	4	100	0	0	4	0.8

Invalid responses include no response.

**65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	6	29	1	100	12	40.0
2 Yes	3	38	15	71	0	0	18	60.0
Valid responses =	8	27	21	70	1	3	30	5.8

Invalid responses include no response.

**65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	1	17	1	50	4	33.3
2 Yes	2	50	5	83	1	50	8	66.7
Valid responses =	4	33	6	50	2	17	12	2.3

Invalid responses include no response.

**65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Hepatitis B or C**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**High blood pressure (hypertension)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	36	3	21	0	0	7	28.0
2 Yes	7	64	11	79	0	0	18	72.0
Valid responses =	11	44	14	56	0	0	25	4.8

Invalid responses include no response.



65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

N3Q65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.



**65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	56	9	30	1	50	15	36.6
2 Yes	4	44	21	70	1	50	26	63.4
Valid responses =	9	22	30	73	2	5	41	7.9

Invalid responses include no response.

**65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	37	0	0	7	33.3
2 Yes	0	0	12	63	2	100	14	66.7
Valid responses =	0	0	19	90	2	10	21	4.1

Invalid responses include no response.

**65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	46	15	28	0	0	20	28.6
2 Yes	6	55	38	72	6	100	50	71.4
Valid responses =	11	16	53	76	6	9	70	13.5

Invalid responses include no response.

**65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	0	0	0	0	1	50.0
2 Yes	0	0	1	100	0	0	1	50.0
Valid responses =	1	50	1	50	0	0	2	0.4

Invalid responses include no response.

**65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	22	6	67	3	75	11	50.0
2 Yes	7	78	3	33	1	25	11	50.0
Valid responses =	9	41	9	41	4	18	22	4.2

Invalid responses include no response.

**65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Thyroid condition or disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	20	0	0	3	17.6
2 Yes	1	100	12	80	1	100	14	82.4
Valid responses =	1	6	15	88	1	6	17	3.3

Invalid responses include no response.

**65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?**  
 (only includes students that have been diagnosed with this condition)  
**Tourette's or other neurodevelopmental condition not already listed**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	1	100	2	66.7
2 Yes	1	100	0	0	0	0	1	33.3
Valid responses =	1	33	1	33	1	33	3	0.6

Invalid responses include no response.



65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =. Includes a horizontal bar chart for the Total column.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =. Includes a horizontal bar chart for the Total column.

65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Drug-Related Abuse or Addiction

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =. Includes a horizontal bar chart for the Total column.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

Table with columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No treatment, 2 Medicine only, 3 Therapy only, 4 Both medicine and therapy, 5 Other Treatment, Valid responses =. Includes a horizontal bar chart for the Total column.





65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	1	50	1	33	2	28.6
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	1	50	0	0	1	33	2	28.6
4 Both medicine and therapy	0	0	1	50	1	33	2	28.6
5 Other Treatment	1	50	0	0	0	0	1	14.3
Valid responses =	2	29	2	29	3	43	7	14

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	1	14	0	0	1	7.7
2 Medicine only	4	80	0	0	1	100	5	38.5
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	1	20	6	86	0	0	7	53.8
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	5	38	7	54	1	8	13	2.5

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	67	0	0	2	40.0
2 Medicine only	1	100	0	0	0	0	1	20.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	1	33	1	100	2	40.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	1	20	3	60	1	20	5	1.0

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	6	1	1	0	0	3	2.1
2 Medicine only	10	29	20	21	3	23	33	22.9
3 Therapy only	8	24	19	20	7	54	34	23.6
4 Both medicine and therapy	13	38	55	57	3	23	71	49.3
5 Other Treatment	1	3	2	2	0	0	3	2.1
Valid responses =	34	24	97	67	13	9	144	27.8

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	25	1	100	4	40.0
2 Medicine only	0	0	1	13	0	0	1	10.0
3 Therapy only	0	0	3	38	0	0	3	30.0
4 Both medicine and therapy	0	0	2	25	0	0	2	20.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	8	80	1	10	10	1.9

Invalid responses include no response.



**65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Gambling Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Insomnia**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	20	3	10	0	0	4	11.1
2 Medicine only	1	20	13	45	1	50	15	41.7
3 Therapy only	0	0	3	10	0	0	3	8.3
4 Both medicine and therapy	2	40	8	28	1	50	11	30.6
5 Other Treatment	1	20	2	7	0	0	3	8.3
Valid responses =	5	14	29	81	2	6	36	6.9

Invalid responses include no response.

**65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	10	0	0	2	7.7
2 Medicine only	1	25	4	19	0	0	5	19.2
3 Therapy only	2	50	1	5	0	0	3	11.5
4 Both medicine and therapy	1	25	13	62	1	100	15	57.7
5 Other Treatment	0	0	1	5	0	0	1	3.8
Valid responses =	4	15	21	81	1	4	26	5.0

Invalid responses include no response.

**65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	33	3	8	0	0	5	10.0
2 Medicine only	0	0	4	11	0	0	4	8.0
3 Therapy only	2	33	15	40	3	50	20	40.0
4 Both medicine and therapy	2	33	16	42	3	50	21	42.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	6	12	38	76	6	12	50	9.7

Invalid responses include no response.

**65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	1	100	0	0	1	100.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.2

Invalid responses include no response.



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UTAH VALLEY UNIVERSITY  
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**65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Tourette's or other neurodevelopmental condition not already listed**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	100	0	0	0	0	1	100.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.2

Invalid responses include no response.

**65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Traumatic brain injury (TBI)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	2	67	0	0	2	66.7
5 Other Treatment	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.

**65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Acne**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	20	3	10	2	67	6	15.4
2 Yes	4	80	28	90	1	33	33	84.6
Valid responses =	5	13	31	79	3	8	39	7.5

Invalid responses include no response.

**65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Allergies - food allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	31	0	0	5	26.3
2 Yes	3	100	11	69	0	0	14	73.7
Valid responses =	3	16	16	84	0	0	19	3.7

Invalid responses include no response.

**65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Allergies - animals/pets**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	17	4	27	1	100	6	27.3
2 Yes	5	83	11	73	0	0	16	72.7
Valid responses =	6	27	15	68	1	5	22	4.2

Invalid responses include no response.

**65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**

**(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)**  
**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Ttal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	25	5	22	0	0	7	21.9
2 Yes	6	75	18	78	1	100	25	78.1
Valid responses =	8	25	23	72	1	3	32	6.2

Invalid responses include no response.



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**65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Asthma**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	17	0	0	4	11.1
2 Yes	10	100	20	83	2	100	32	88.9
Valid responses =	10	28	24	67	2	6	36	6.9

Invalid responses include no response.

**65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Cancer**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	0	0	0	0	1	100.0
Valid responses =	1	100	0	0	0	0	1	0.2

Invalid responses include no response.

**65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Celiac disease**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.

**65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Chronic pain (for example: back or joint pain, arthritis, nerve pain)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	14	3	10	0	0	4	10.3
2 Yes	6	86	26	90	3	100	35	89.7
Valid responses =	7	18	29	74	3	8	39	7.5

Invalid responses include no response.

**65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	2	20	1	33	4	23.5
2 Yes	3	75	8	80	2	67	13	76.5
Valid responses =	4	24	10	59	3	18	17	3.3

Invalid responses include no response.

**65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	8	100	1	100	9	100.0
Valid responses =	0	0	8	89	1	11	9	1.7

Invalid responses include no response.

**65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
**Genital herpes**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	3	100	0	0	3	100.0
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.



65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Gastroesophageal Reflux Disease (GERD) or acid reflux

Table with 9 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows for 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.

65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

Table with 9 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows for 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Hepatitis B or C

Table with 9 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows for 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
High blood pressure (hypertension)

Table with 9 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows for 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
High cholesterol (hyperlipidemia)

Table with 9 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows for 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
HIV or AIDS

Table with 9 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows for 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?
(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)
Human papillomavirus (HPV) or genital warts

Table with 9 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows for 1 No, 2 Yes, Valid responses =, and Invalid responses include no response.



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**65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
 Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	2	13	0	0	3	16.7
2 Yes	1	50	13	87	1	100	15	83.3
Valid responses =	2	11	15	83	1	6	18	3.5

Invalid responses include no response.

**65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
 Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	13	5	15	0	0	6	13.0
2 Yes	7	88	29	85	4	100	40	87.0
Valid responses =	8	17	34	74	4	9	46	8.9

Invalid responses include no response.

**65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
 Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	17	1	50	3	21.4
2 Yes	0	0	10	83	1	50	11	78.6
Valid responses =	0	0	12	86	2	14	14	2.7

Invalid responses include no response.

**65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
 Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	14	2	67	0	0	3	27.3
2 Yes	6	86	1	33	1	100	8	72.7
Valid responses =	7	64	3	27	1	9	11	2.1

Invalid responses include no response.

**65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
 Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	8	0	0	7.1	
2 Yes	1	100	11	92	1	100	13	92.9
Valid responses =	1	7	12	86	1	7	14	2.7

Invalid responses include no response.

**65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?**  
 (only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)  
 Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	3	100	0	0	3	100.0
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.

**65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
 Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	1	50	4	66.7
2 Yes	1	100	0	0	1	50	2	33.3
Valid responses =	1	17	3	50	2	33	6	1.2

Invalid responses include no response.



**65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**ADD/ADHD - Attention Deficit/Hyperactivity Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	25.0
2 Yes	0	0	2	67	1	100	3	75.0
Valid responses =	0	0	3	75	1	25	4	0.8

Invalid responses include no response.

**65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Alcohol or Other Drug-Related Abuse or Addiction**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Allergies - food allergy**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	66.7
2 Yes	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.

**65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Allergies - animals/pets**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	1	100	4	80.0
2 Yes	0	0	1	33	0	0	1	20.0
Valid responses =	1	20	3	60	1	20	5	1.0

Invalid responses include no response.

**65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Allergies - environmental (for example: pollen, grass, dust, mold)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	2	67	0	0	3	60.0
2 Yes	1	50	1	33	0	0	2	40.0
Valid responses =	2	40	3	60	0	0	5	1.0

Invalid responses include no response.

**65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	3	100	1	100	6	85.7
2 Yes	1	33	0	0	0	0	1	14.3
Valid responses =	3	43	3	43	1	14	7	1.4

Invalid responses include no response.

**65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Asthma**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	0	0	3	75.0
2 Yes	0	0	1	25	0	0	1	25.0
Valid responses =	0	0	4	100	0	0	4	0.8

Invalid responses include no response.



65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Autism spectrum

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Row 1: 1 No, 0, 0, 1, 100, 0, 0, 1, 100.0. Row 2: 2 Yes, 0, 0, 0, 0, 0, 0, 0, 0.0. Valid responses = 1, 0.2. Invalid responses include no response.

65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Row 1: 1 No, 0, 0, 1, 100, 0, 0, 1, 100.0. Row 2: 2 Yes, 0, 0, 0, 0, 0, 0, 0, 0.0. Valid responses = 1, 0.2. Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Row 1: 1 No, 0, 0, 1, 50, 0, 0, 1, 50.0. Row 2: 2 Yes, 0, 0, 1, 50, 0, 0, 1, 50.0. Valid responses = 2, 0.4. Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Cancer

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Row 1: 1 No, 0, 0, 0, 0, 0, 0, 0, 0.0. Row 2: 2 Yes, 0, 0, 0, 0, 0, 0, 0, 0.0. Valid responses = 0, 0.0. Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Celiac disease

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Row 1: 1 No, 0, 0, 0, 0, 0, 0, 0, 0.0. Row 2: 2 Yes, 0, 0, 0, 0, 0, 0, 0, 0.0. Valid responses = 0, 0.0. Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Chronic pain (for example: back or joint pain, arthritis, nerve pain)

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Row 1: 1 No, 0, 0, 1, 50, 0, 0, 1, 33.3. Row 2: 2 Yes, 1, 100, 1, 50, 0, 0, 2, 66.7. Valid responses = 3, 0.6. Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

Table with 10 columns: Response, Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Row 1: 1 No, 1, 50, 1, 100, 0, 0, 2, 66.7. Row 2: 2 Yes, 1, 50, 0, 0, 0, 0, 1, 33.3. Valid responses = 3, 0.6. Invalid responses include no response.





**65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Diabetes or pre-diabetes/insulin resistance**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	25.0
2 Yes	1	100	1	50	1	100	3	75.0
Valid responses =	1	25	2	50	1	25	4	0.8

Invalid responses include no response.

**65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	1	100	3	75.0
2 Yes	0	0	1	50	0	0	1	25.0
Valid responses =	0	0	2	50	1	25	4	0.8

Invalid responses include no response.

**65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Endometriosis**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Gambling Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Genital herpes**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Gastroesophageal Reflux Disease (GERD) or acid reflux**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.2

Invalid responses include no response.

**65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	25	0	0	1	25.0
2 Yes	0	0	3	75	0	0	3	75.0
Valid responses =	0	0	4	100	0	0	4	0.8

Invalid responses include no response.



65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Hepatitis B or C

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
High blood pressure (hypertension)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response. Includes a bar chart for '2 Yes'.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
High cholesterol (hyperlipidemia)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response. Includes bar charts for '1 No' and '2 Yes'.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
HIV or AIDS

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Human papillomavirus (HPV) or genital warts

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response. Includes a bar chart for '2 Yes'.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Insomnia

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response. Includes bar charts for '1 No' and '2 Yes'.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)
Irritable bowel syndrome (spastic colon or spastic bowel)

Table with 8 columns: Cis Men (Freq., Pct.), Cis Women (Freq., Pct.), Trans/Gender Non-conforming (Freq., Pct.), Total (Freq., Pct.). Rows: 1 No, 2 Yes, Valid responses =, Invalid responses include no response. Includes bar charts for '1 No' and '2 Yes'.



**65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Migraine headaches**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	60	0	0	3	50.0
2 Yes	1	100	2	40	0	0	3	50.0
Valid responses =	1	17	5	83	0	0	6	1.2

Invalid responses include no response.

**65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.

**65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Polycystic Ovarian Syndrome (PCOS)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	1	100	2	66.7
2 Yes	0	0	1	50	0	0	1	33.3
Valid responses =	0	0	2	67	1	33	3	0.6

Invalid responses include no response.

**65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	2	67	0	0	3	60.0
2 Yes	1	50	1	33	0	0	2	40.0
Valid responses =	2	40	3	60	0	0	5	1.0

Invalid responses include no response.

**65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Sleep Apnea**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	50	0	0	2	66.7
2 Yes	0	0	1	50	0	0	1	33.3
Valid responses =	1	33	2	67	0	0	3	0.6

Invalid responses include no response.

**65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Thyroid condition or disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.2

Invalid responses include no response.



**65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Tourette's or other neurodevelopmental condition not already listed**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	0	0	0	0	1	100.0
Valid responses =	1	100	0	0	0	0	1	0.2

Invalid responses include no response.

**65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Traumatic brain injury (TBI)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?**  
 (only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)  
**Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

**65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?**  
 (only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	70	53	132	51	5	28	208	51.1
2 Negatively impacted performance in a class	37	28	97	38	8	44	142	34.9
3 Delayed progress towards degree	24	18	28	11	5	28	57	14.0
Valid responses =	131	32	257	63	18	4	407	78.6

Invalid responses include no response.

**66A) Within the last 12 months, have any of the following affected your academic performance?**  
**Assault (physical)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	179	98	293	95	17	94	493	95.9
2 Did not affect academic performance	3	2	10	3	0	0	13	2.5
3 Negatively impacted performance in a class	1	1	5	2	0	0	6	1.2
4 Delayed progress towards degree	0	0	1	0	1	6	2	0.4
Valid responses =	183	36	309	60	18	4	514	99.2

Invalid responses include no response.

**66B) Within the last 12 months, have any of the following affected your academic performance?**  
**Assault (sexual)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	179	98	279	91	16	89	478	93.4
2 Did not affect academic performance	3	2	14	5	0	0	17	3.3
3 Negatively impacted performance in a class	0	0	13	4	1	6	14	2.7
4 Delayed progress towards degree	0	0	2	1	1	6	3	0.6
Valid responses =	182	36	308	60	18	4	512	98.8

Invalid responses include no response.

**66C) Within the last 12 months, have any of the following affected your academic performance?**  
**Allergies**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	134	73	193	62	13	72	344	66.8
2 Did not affect academic performance	47	26	111	36	4	22	162	31.5
3 Negatively impacted performance in a class	1	1	6	2	1	6	8	1.6
4 Delayed progress towards degree	1	1	0	0	0	0	1	0.2
Valid responses =	183	36	310	60	18	3	515	99.4

Invalid responses include no response.



**66D) Within the last 12 months, have any of the following affected your academic performance?**  
**Anxiety**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	78	43	68	22	0	0	149	29.2
2 Did not affect academic performance	47	26	106	34	3	17	156	30.6
3 Negatively impacted performance in a class	39	22	119	39	11	61	170	33.3
4 Delayed progress towards degree	16	9	15	5	4	22	35	6.9
Valid responses =	180	35	308	60	18	4	510	98.5

Invalid responses include no response.

**66E) Within the last 12 months, have any of the following affected your academic performance?**  
**Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	137	75	240	78	3	17	383	74.7
2 Did not affect academic performance	14	8	28	9	1	6	44	8.6
3 Negatively impacted performance in a class	20	11	36	12	8	44	64	12.5
4 Delayed progress towards degree	12	7	4	1	6	33	22	4.3
Valid responses =	183	36	308	60	18	4	513	99.0

Invalid responses include no response.

**66F) Within the last 12 months, have any of the following affected your academic performance?**  
**Concussion or Traumatic Brain Injury (TBI)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	182	100	298	96	16	89	500	97.3
2 Did not affect academic performance	1	1	5	2	0	0	6	1.2
3 Negatively impacted performance in a class	0	0	3	1	0	0	3	0.6
4 Delayed progress towards degree	0	0	3	1	2	11	5	1.0
Valid responses =	183	36	309	60	18	4	514	99.2

Invalid responses include no response.

**66S) Within the last 12 months, have any of the following affected your academic performance?**  
**COVID-19**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	137	75	231	75	11	61	382	74.5
2 Did not affect academic performance	31	17	53	17	4	22	89	17.3
3 Negatively impacted performance in a class	9	5	23	7	3	17	35	6.8
4 Delayed progress towards degree	5	3	2	1	0	0	7	1.4
Valid responses =	182	35	309	60	18	4	513	99.0

Invalid responses include no response.

**66G) Within the last 12 months, have any of the following affected your academic performance?**  
**Depression**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	102	56	142	46	2	11	249	48.5
2 Did not affect academic performance	34	19	71	23	5	28	111	21.6
3 Negatively impacted performance in a class	33	18	77	25	6	33	116	22.6
4 Delayed progress towards degree	14	8	18	6	5	28	37	7.2
Valid responses =	183	36	308	60	18	4	513	99.0

Invalid responses include no response.

**66H) Within the last 12 months, have any of the following affected your academic performance?**  
**Eating disorder/problem**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	169	92	266	86	11	61	449	87.2
2 Did not affect academic performance	10	6	35	11	6	33	52	10.1
3 Negatively impacted performance in a class	2	1	7	2	1	6	10	1.9
4 Delayed progress towards degree	2	1	2	1	0	0	4	0.8
Valid responses =	183	36	310	60	18	3	515	99.4

Invalid responses include no response.



**66I) Within the last 12 months, have any of the following affected your academic performance?**

**Headaches/migraines**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	138	76	177	57	7	39	325	63.4
2 Did not affect academic performance	32	18	87	28	5	28	125	24.4
3 Negatively impacted performance in a class	10	6	41	13	5	28	56	10.9
4 Delayed progress towards degree	2	1	4	1	1	6	7	1.4
Valid responses =	182	35	309	60	18	4	513	99.0

Invalid responses include no response.

**66J) Within the last 12 months, have any of the following affected your academic performance?**

**Influenza or influenza like illness (the flu)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	161	88	237	77	12	67	414	80.7
2 Did not affect academic performance	16	9	47	15	5	28	68	13.3
3 Negatively impacted performance in a class	6	3	24	8	1	6	31	6.0
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	183	36	308	60	18	4	513	99.0

Invalid responses include no response.

**66K) Within the last 12 months, have any of the following affected your academic performance?**

**Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	160	87	272	88	17	94	453	88.0
2 Did not affect academic performance	17	9	26	8	1	6	44	8.5
3 Negatively impacted performance in a class	4	2	12	4	0	0	16	3.1
4 Delayed progress towards degree	2	1	0	0	0	0	2	0.4
Valid responses =	183	36	310	60	18	3	515	99.4

Invalid responses include no response.

**66L) Within the last 12 months, have any of the following affected your academic performance?**

**PMS (Premenstrual Syndrome), painful periods, or menstrual cramping**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	183	100	161	52	8	44	355	68.8
2 Did not affect academic performance	0	0	103	33	5	28	109	21.1
3 Negatively impacted performance in a class	0	0	44	14	4	22	48	9.3
4 Delayed progress towards degree	0	0	3	1	1	6	4	0.8
Valid responses =	183	35	311	60	18	3	516	99.6

Invalid responses include no response.

**66M) Within the last 12 months, have any of the following affected your academic performance?**

**Post Traumatic Stress Disorder (PTSD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	174	96	249	82	11	61	438	86.1
2 Did not affect academic performance	3	2	31	10	2	11	36	7.1
3 Negatively impacted performance in a class	3	2	18	6	3	17	24	4.7
4 Delayed progress towards degree	2	1	7	2	2	11	11	2.2
Valid responses =	182	36	305	60	18	4	509	98.3

Invalid responses include no response.

**66N) Within the last 12 months, have any of the following affected your academic performance?**

**Short-term illness, excluding upper respiratory illness and influenza**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	161	88	246	79	12	67	423	82.1
2 Did not affect academic performance	16	9	53	17	4	22	73	14.2
3 Negatively impacted performance in a class	6	3	11	4	2	11	19	3.7
4 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	183	36	310	60	18	3	515	99.4

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

[www.acha.org](http://www.acha.org)

UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

### 66O) Within the last 12 months, have any of the following affected your academic performance?

Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	145	79	193	62	12	67	354	68.7
2 Did not affect academic performance	28	15	89	29	4	22	121	23.5
3 Negatively impacted performance in a class	9	5	28	9	2	11	39	7.6
4 Delayed progress towards degree	1	1	0	0	0	0	1	0.2
Valid responses =	183	36	310	60	18	3	515	99.4

Invalid responses include no response.

### 66P) Within the last 12 months, have any of the following affected your academic performance?

Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	93	51	115	37	5	28	215	41.7
2 Did not affect academic performance	40	22	109	35	4	22	154	29.9
3 Negatively impacted performance in a class	45	25	82	27	7	39	134	26.0
4 Delayed progress towards degree	5	3	4	1	2	11	12	2.3
Valid responses =	183	36	310	60	18	3	515	99.4

Invalid responses include no response.

### 66Q) Within the last 12 months, have any of the following affected your academic performance?

Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	62	34	52	17	3	17	119	23.1
2 Did not affect academic performance	55	30	111	36	5	28	172	33.4
3 Negatively impacted performance in a class	52	28	129	42	7	39	188	36.5
4 Delayed progress towards degree	14	8	18	6	3	17	36	7.0
Valid responses =	183	36	310	60	18	3	515	99.4

Invalid responses include no response.

### 66R) Within the last 12 months, have any of the following affected your academic performance?

Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	154	99	221	97	14	93	392	97.5
2 Did not affect academic performance	1	1	1	0	0	0	2	0.5
3 Negatively impacted performance in a class	1	1	5	2	0	0	6	1.5
4 Delayed progress towards degree	0	0	1	0	1	7	2	0.5
Valid responses =	156	39	228	57	15	4	402	77.6

Invalid responses include no response.

### 67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	312	100	16	89	331	64.0
2 Male	183	100	0	0	2	11	186	36.0
3 Intersex	0	0	0	0	0	0	0	0.0
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.

### 67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	183	100	312	100	8	44	505	98.1
2 Yes	0	0	0	0	10	56	10	1.9
Valid responses =	183	36	312	61	18	3	515	99.4

Invalid responses include no response.



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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

### 67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	312	100	2	11	316	61.1
2 Man or male	183	100	0	0	2	11	185	35.8
3 Trans woman	0	0	0	0	0	0	0	0.0
4 Trans man	0	0	0	0	2	11	2	0.4
5 Genderqueer	0	0	0	0	2	11	2	0.4
6 My identity is not listed	0	0	0	0	0	0	2	0.4
7 Agender	0	0	0	0	1	6	1	0.2
8 Genderfluid	0	0	0	0	4	22	4	0.8
9 Non-binary	0	0	0	0	5	28	5	1.0
10 Intersex	0	0	0	0	0	0	0	0.0
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.

### 68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual (from write-ins)	1	1	7	2	2	11	10	1.9
2 Bisexual	10	6	36	12	5	28	52	10.1
3 Gay	9	5	0	0	2	11	11	2.1
4 Lesbian	0	0	4	1	0	0	4	0.8
5 Pansexual	2	1	7	2	4	22	13	2.5
6 Queer	2	1	4	1	2	11	8	1.5
7 Questioning	3	2	14	5	1	6	18	3.5
9 Straight/Heterosexual	155	85	240	77	2	11	398	77.0
10 My identity not listed above	1	1	0	0	0	0	3	0.6
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.

### 69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	8	4	23	7	2	11	34	6.6
2 19 Years	13	7	34	11	1	6	49	9.5
3 20 Years	12	7	41	13	1	6	54	10.5
4 21 Years	21	12	30	10	2	11	53	10.3
5 22 Years	26	14	42	14	2	11	70	13.6
6 23 Years	21	12	30	10	3	17	54	10.5
7 24 Years	22	12	17	5	0	0	40	7.8
8 25 Years	23	13	16	5	1	6	40	7.8
9 26 to 30 Years	18	10	29	9	4	22	52	10.1
10 31 to 40 Years	11	6	24	8	2	11	37	7.2
11 41 or More Years	7	4	26	8	0	0	33	6.4
Valid responses =	182	35	312	60	18	3	516	99.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	24.51	23.00	6.64	18	62
Cis Women	25.03	22.00	8.18	18	59
Trans/Gender Non-conforming	24.00	23.00	5.2	18	39
Overall	24.78	22.00	7.55	18	62

### 71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	0	0	2	1	0	0	2	0.4
2 101 to 150 Pounds	38	21	170	56	6	33	215	42.6
3 151 to 200 Pounds	90	50	84	28	10	56	186	36.8
4 201 to 250 Pounds	35	19	38	13	2	11	76	15.0
5 251 to 300 Pounds	11	6	8	3	0	0	19	3.8
6 301 or More Pounds	6	3	1	0	0	0	7	1.4
Valid responses =	180	36	303	60	18	4	505	97.5

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	189.63	180.00	49.58	114	388
Cis Women	158.17	145.00	41.87	80	375
Trans/Gender Non-conforming	169.39	175.00	33.27	111	228
Overall	169.90	160.00	46.76	80	388





## 72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	38	21	66	21	4	22	111	21.6
2 2nd year undergraduate	31	17	53	17	1	6	85	16.5
3 3rd year undergraduate	47	26	75	24	6	33	128	24.9
4 4th year undergraduate	35	19	64	21	2	11	101	19.6
5 5th year or more undergraduate	24	13	26	8	5	28	55	10.7
6 Master's (MA, MS, etc.)	4	2	19	6	0	0	24	4.7
7 Doctorate (PhD, EdD, MD, JD, etc.)	0	0	0	0	0	0	0	0.0
8 Not seeking a degree	0	0	1	0	0	0	1	0.2
9 Other (please specify):	3	2	7	2	0	0	10	1.9
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

## 73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	137	75	242	78	10	59	391	76.1
2 Part-time	41	23	65	21	7	41	115	22.4
3 Other	4	2	4	1	0	0	8	1.6
Valid responses =	182	35	311	61	17	3	514	99.2

Invalid responses include no response.

## 73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	53	29	93	30	7	39	153	29.7
2 Entirely online	23	13	48	15	4	22	75	14.5
3 A mix of in-person and online classes	106	58	171	55	7	39	288	55.8
Valid responses =	182	35	312	60	18	3	516	99.6

Invalid responses include no response.

## 74) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	96	285	92	16	89	478	93.0
2 Yes	8	4	25	8	2	11	36	7.0
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

## 75A1) How do you usually describe yourself? (Please select ALL that apply) American Indian or Native Alaskan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	180	98	305	98	18	100	508	98.1
1 Selected	3	2	7	2	0	0	10	1.9
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

## 75A2) How do you usually describe yourself? (Please select ALL that apply) Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	175	96	295	95	18	100	493	95.2
1 Selected	8	4	17	5	0	0	25	4.8
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

## 75A3) How do you usually describe yourself? (Please select ALL that apply) Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	178	97	305	98	18	100	505	97.5
1 Selected	5	3	7	2	0	0	13	2.5
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.



**75A4) How do you usually describe yourself? (Please select ALL that apply)**

**Hispanic or Latino/a/x**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	158	86	276	89	16	89	455	87.8
1 Selected	25	14	36	12	2	11	63	12.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**75A5) How do you usually describe yourself? (Please select ALL that apply)**

**Middle Eastern/North African (MENA) or Arab Origin**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	182	100	311	100	17	94	515	99.4
1 Selected	1	1	1	0	1	6	3	0.6
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**75A6) How do you usually describe yourself? (Please select ALL that apply)**

**Native Hawaiian or Other Pacific Islander Native**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	180	98	305	98	18	100	508	98.1
1 Selected	3	2	7	2	0	0	10	1.9
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**75A7) How do you usually describe yourself? (Please select ALL that apply)**

**White**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28	15	54	17	0	0	84	16.2
1 Selected	155	85	258	83	18	100	434	83.8
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**75A8) How do you usually describe yourself? (Please select ALL that apply)**

**Biracial or Multiracial**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	174	95	301	97	16	89	496	95.8
1 Selected	9	5	11	4	2	11	22	4.2
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**75A9) How do you usually describe yourself? (Please select ALL that apply)**

**Another Identity**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	180	98	311	100	18	100	514	99.2
1 Selected	3	2	1	0	0	0	4	0.8
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

**75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**

**Mexican, Mexican American, Chicano**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8	32	16	44	2	100	26	41.3
1 Selected	17	68	20	56	0	0	37	58.7
Valid responses =	25	40	36	57	2	3	63	12.2

Invalid responses include no response.

**75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)**

**Puerto Rican**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	24	96	34	94	2	100	60	95.2
1 Selected	1	4	2	6	0	0	3	4.8
Valid responses =	25	40	36	57	2	3	63	12.2

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UTAH VALLEY UNIVERSITY

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 FREQUENCY REPORT  
 Number of Surveys (n) = 518 Web Surveys

### 75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

#### Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	25	100	36	100	2	100	63	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	25	40	36	57	2	3	63	12.2

Invalid responses include no response.

### 75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

#### Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	15	60	20	56	0	0	35	55.6
1 Selected	10	40	16	44	2	100	28	44.4
Valid responses =	25	40	36	57	2	3	63	12.2

Invalid responses include no response.

### 75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

#### East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	4	50	5	29	0	0	9	36.0
1 Selected	4	50	12	71	0	0	16	64.0
Valid responses =	8	32	17	68	0	0	25	4.8

Invalid responses include no response.

### 75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

#### Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	5	63	10	59	0	0	15	60.0
1 Selected	3	38	7	41	0	0	10	40.0
Valid responses =	8	32	17	68	0	0	25	4.8

Invalid responses include no response.

### 75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

#### South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7	88	16	94	0	0	23	92.0
1 Selected	1	13	1	6	0	0	2	8.0
Valid responses =	8	32	17	68	0	0	25	4.8

Invalid responses include no response.

### 75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)

#### Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7	88	17	100	0	0	24	96.0
1 Selected	1	13	0	0	0	0	1	4.0
Valid responses =	8	32	17	68	0	0	25	4.8

Invalid responses include no response.

### 76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	84	46	145	47	8	44	239	46.3
2 In relationship not married/partnered	36	20	74	24	4	22	115	22.3
3 Married/partnered	62	34	93	30	6	33	162	31.4
Valid responses =	182	35	312	60	18	3	516	99.6

Invalid responses include no response.

### 77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	182	100	310	99	18	100	513	99.2
2 Yes	1	1	2	1	0	0	4	0.8
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2023

American College Health Association

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Silver Spring, MD 20910

(410) 859-1500

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

## 77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	183	100	311	100	18	100	516	99.8
2 Yes	0	0	1	0	0	0	0.2	1
Valid responses =	183	35	312	60	18	3	517	99.8

Invalid responses include no response.

## 78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	10	6	24	8	1	6	35	6.8
2 Parent/guardian/other family member's home	58	32	92	30	5	28	157	30.5
3 Off-campus/non-university housing	112	61	184	60	12	67	310	60.3
4 Temporarily with relative, friend, couch surfing	0	0	0	0	0	0	0	0.0
5 Don't have a place to live	0	0	0	0	0	0	0	0.0
6 Other (please specify)	3	2	9	3	0	0	12	2.3
Valid responses =	183	36	309	60	18	4	514	99.2

Invalid responses include no response.

## 79) What is your primary source of health insurance?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 College/university Health Insurance Plan	2	1	4	1	0	0	6	1.2
2 Covered by parent/guardian plan	117	64	181	58	10	56	310	60.1
3 Covered by employer-based plan	34	19	58	19	1	6	94	18.2
4 Medicaid, Medicare, SCHIP, VA/Tricare	7	4	23	7	1	6	31	6.0
5 I bought a plan on my own	10	6	12	4	4	22	26	5.0
6 Don't have health insurance	8	4	26	8	1	6	35	6.8
7 Don't know if I have health insurance	3	2	2	1	1	6	6	1.2
8 Have insurance, don't know primary source	2	1	6	2	0	0	8	1.6
Valid responses =	183	35	312	60	18	3	516	99.6

Invalid responses include no response.

## 80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	12	7	25	8	0	0	37	7.2
2 A	53	29	113	36	4	22	170	32.9
3 A-	44	24	77	25	4	22	126	24.4
4 B+	35	19	30	10	2	11	69	13.4
5 B	18	10	26	8	3	17	47	9.1
6 B-	5	3	13	4	3	17	21	4.1
7 C+	7	4	10	3	1	6	19	3.7
8 C	4	2	9	3	0	0	13	2.5
9 C-	1	1	6	2	1	6	8	1.6
10 D+	0	0	0	0	0	0	0	0.0
11 D	1	1	1	0	0	0	2	0.4
12 D-	0	0	0	0	0	0	0	0.0
13 F	2	1	0	0	0	0	2	0.4
14 N/A	1	1	1	0	0	0	2	0.4
Valid responses =	183	35	311	60	18	3	516	99.6

Invalid responses include no response.

## 81A) Do you participate in organized college athletics at any of the following levels?

### Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	176	98	307	99	16	94	503	98.2
2 Yes	4	2	4	1	1	6	9	1.8
Valid responses =	180	35	311	61	17	3	512	98.8

Invalid responses include no response.

## 81B) Do you participate in organized college athletics at any of the following levels?

### Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	176	98	307	99	17	100	504	98.4
2 Yes	4	2	4	1	0	0	8	1.6
Valid responses =	180	35	311	61	17	3	512	98.8

Invalid responses include no response.



**81C) Do you participate in organized college athletics at any of the following levels?**

**Intramurals**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	157	88	300	97	16	100	477	94.1
2 Yes	22	12	8	3	0	0	30	5.9
Valid responses =	179	35	308	61	16	3	507	97.9

Invalid responses include no response.

**82A) Do you have any of the following?**

**Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	137	76	254	82	3	17	397	77.7
2 Yes	43	24	55	18	15	83	114	22.3
Valid responses =	180	35	309	60	18	4	511	98.6

Invalid responses include no response.

**82B) Do you have any of the following?**

**Autism Spectrum Disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	176	97	306	99	10	56	496	96.7
2 Yes	5	3	4	1	8	44	17	3.3
Valid responses =	181	35	310	60	18	4	513	99.0

Invalid responses include no response.

**82C) Do you have any of the following?**

**Deaf/Hearing loss**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	171	96	305	98	15	83	495	96.9
2 Yes	7	4	6	2	3	17	16	3.1
Valid responses =	178	35	311	61	18	4	511	98.6

Invalid responses include no response.

**82D) Do you have any of the following?**

**Learning disability**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	174	97	291	95	13	72	482	94.5
2 Yes	6	3	17	6	5	28	28	5.5
Valid responses =	180	35	308	60	18	4	510	98.5

Invalid responses include no response.

**82E) Do you have any of the following?**

**Mobility/Dexterity disability**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	180	99	307	99	14	78	505	98.2
2 Yes	2	1	3	1	4	22	9	1.8
Valid responses =	182	35	310	60	18	4	514	99.2

Invalid responses include no response.

**82F) Do you have any of the following?**

**Blind/Low Vision**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	178	98	300	97	17	94	499	97.3
2 Yes	3	2	10	3	1	6	14	2.7
Valid responses =	181	35	310	60	18	4	513	99.0

Invalid responses include no response.

**82G) Do you have any of the following?**

**Speech or language disorder**

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	181	100	308	100	18	100	510	99.6
2 Yes	1	1	1	0	0	0	0.4	0.1
Valid responses =	182	36	309	60	18	4	512	98.8

Invalid responses include no response.



# AMERICAN COLLEGE HEALTH ASSOCIATION

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

### 83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	172	95	311	100	18	100	504	97.9
2 Yes, have served in area of hazardous duty	4	2	0	0	0	0	4	0.8
3 Yes, have not served in area hazardous duty	6	3	1	0	0	0	7	1.4
Valid responses =	182	35	312	61	18	3	515	99.4

Invalid responses include no response.

### 84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	2	1	11	4	0	0	13	2.5
2 High school diploma or GED	12	7	35	11	2	11	50	9.7
3 Attended college but no degree	16	9	30	10	2	11	48	9.3
4 Associate's degree	26	14	37	12	3	17	66	12.8
5 Bachelor's degree	68	37	101	33	6	33	176	34.2
6 Master's degree	42	23	65	21	4	22	112	21.7
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	9	5	27	9	0	0	37	7.2
8 Don't know	7	4	5	2	1	6	13	2.5
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

### 85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	160	88	262	84	17	94	443	86.0
2 Yes	22	12	49	16	1	6	72	14.0
Valid responses =	182	35	311	60	18	3	515	99.4

Invalid responses include no response.

### HT\_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	0	0	13	4	1	6	14	2.7
4 61 to 72 Inches	134	74	293	95	16	89	447	87.5
5 73 to 84 Inches	48	26	1	0	1	6	50	9.8
6 85 or More Inches	0	0	0	0	0	0	0	0.0
Valid responses =	182	36	307	60	18	4	511	98.6

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50% or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

### BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.03	0.01	0.04	0	0.21
Cis Women	0.04	0.02	0.05	0	0.26
Trans/Gender Non-conforming	0.05	0.02	0.07	0	0.19
Overall	0.04	0.02	0.05	0	0.26

### BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	22	50	26	36	5	50	53	41.7
1 .01 to .05% Alcohol	16	36	31	43	3	30	50	39.4
2 .06 to .07% Alcohol	0	0	7	10	0	0	7	5.5
3 .08 to .09% Alcohol	3	7	2	3	0	0	5	3.9
4 .10 to .15% Alcohol	2	5	3	4	0	0	5	3.9
5 .16 to .20% Alcohol	0	0	2	3	2	20	5	3.9
6 .21 to .25% Alcohol	1	2	1	1	0	0	2	1.6
7 .26 to .30% Alcohol	0	0	0	0	0	0	0	0.0
8 .31 to .49% Alcohol	0	0	0	0	0	0	0	0.0
Valid responses =	44	35	72	57	10	8	127	24.5

Invalid responses include no response.



### RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	38	86	64	89	8	80	110	86.6
1 .08% or higher	6	14	8	11	2	20	17	13.4
Valid responses =	44	35	72	57	10	8	127	24.5

Invalid responses include no response.

### RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	41	93	66	92	8	80	115	90.6
1 .1% or higher	3	7	6	8	2	20	12	9.4
Valid responses =	44	35	72	57	10	8	127	24.5

Invalid responses include no response.

### BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	26.53	25.00	6.41	14	52
Cis Women	26.33	24.00	6.71	16	57
Trans/Gender Non-conforming	27.33	27.00	6.02	18	42
Overall	26.45	25.00	6.56	14	57

### RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	5	3	7	2	1	6	13	2.6
2 Desired weight (18.5- 24.9)	80	44	163	54	6	33	250	49.6
3 Overweight (25- 29.9)	55	31	65	22	6	33	128	25.4
4 Class I obesity (30- 34.9)	23	13	29	10	3	17	56	11.1
5 Class II obesity (35- 39.9)	9	5	22	7	1	6	32	6.3
6 Class III obesity (>=40)	8	4	16	5	1	6	25	5.0
Valid responses =	180	36	302	60	18	4	504	97.3

Invalid responses include no response.

### USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.88	1.00	2.1	0	6
Cis Women	2.41	2.00	2.21	0	6
Trans/Gender Non-conforming	4.00	4.00	2.11	0	6
Overall	2.28	2.00	2.21	0	6

### RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	34	19	82	27	8	44	126	24.5
2 Low food security (2-4)	41	23	87	28	7	39	135	26.2
3 High or marginal food security (0-1)	107	59	141	46	3	17	254	49.3
Valid responses =	182	35	310	60	18	3	515	99.4

Invalid responses include no response.

### KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	8.03	7.00	5.01	0	24
Cis Women	9.79	10.00	5.28	0	24
Trans/Gender Non-conforming	14.22	14.00	4.78	6	24
Overall	9.35	9.00	5.33	0	24

### RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-4)	47	26	53	17	0	0	100	19.6
2 Moderate psychological distress (5-12)	104	58	164	53	6	33	277	54.3
3 Serious psychological distress (13-24)	30	17	90	29	12	67	133	26.1
Valid responses =	181	35	307	60	18	4	510	98.5

Invalid responses include no response.

### ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.64	6.00	2.01	3	9
Cis Women	5.88	6.00	1.98	3	9
Trans/Gender Non-conforming	7.22	7.00	1.48	4	9
Overall	5.85	6.00	2	3	9



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UTAH VALLEY UNIVERSITY

March 3, 2023  
 FREQUENCY REPORT  
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### RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	91	50	138	44	3	17	234	45.2
2 Positive for loneliness (6-9)	92	50	174	56	15	83	284	54.8
Valid responses =	183	35	312	60	18	3	518	100.0

Invalid responses include no response.

### SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.89	5.00	3.22	3	18
Cis Women	6.07	5.00	3.24	3	18
Trans/Gender Non-conforming	9.44	10.00	3.62	3	15
Overall	6.13	5.00	3.3	3	18

### RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	119	65	192	62	3	17	316	61.2
2 Positive for suicidal screening (7-18)	64	35	119	38	15	83	200	38.8
Valid responses =	183	35	311	60	18	3	516	99.6

Invalid responses include no response.

### DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	43.68	46.00	9.26	8	56
Cis Women	44.50	46.00	8.48	8	56
Trans/Gender Non-conforming	38.89	39.00	9.13	21	53
Overall	43.97	46.00	8.82	8	56

### CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.23	6.00	1.51	1	8
Cis Women	5.99	6.00	1.6	0	8
Trans/Gender Non-conforming	4.78	5.00	1.83	1	8
Overall	6.03	6.00	1.59	0	8

### SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.41	2.00	7.92	0	24
Cis Women	7.61	5.00	7.58	0	23
Trans/Gender Non-conforming	6.43	3.00	8.9	0	22
Overall	7.00	4.00	7.72	0	24

### TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	20	54	21	43	4	57	46	48.9
2 Moderate Risk (4-26)	17	46	28	57	3	43	48	51.1
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	37	39	49	52	7	7	94	18.1

Invalid responses include no response.

### SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.19	3.00	6.66	0	36
Cis Women	4.39	3.00	4.43	0	22
Trans/Gender Non-conforming	4.83	6.00	3.54	0	10
Overall	4.74	3.00	5.28	0	36

### ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	55	89	90	90	12	100	157	89.7
2 Moderate Risk (11-26)	5	8	10	10	0	0	16	9.1
3 High Risk (27-39)	2	3	0	0	0	0	2	1.1
Valid responses =	62	35	100	57	12	7	175	33.8

Invalid responses include no response.

### SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.08	4.00	7.14	0	24
Cis Women	4.70	2.00	5.58	0	21
Trans/Gender Non-conforming	10.11	10.00	10.25	0	28
Overall	5.60	3.00	6.64	0	28





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(410) 859-1500

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UTAH VALLEY UNIVERSITY

March 3, 2023

FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

## CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	20	50	42	60	4	44	66	55.0
2 Moderate Risk (4-26)	20	50	28	40	4	44	53	44.2
3 High Risk (27-39)	0	0	0	0	1	11	1	0.8
Valid responses =	40	33	70	58	9	8	120	23.2

Invalid responses include no response.

## SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.50	0.00	1	0	2
Cis Women	1.50	0.00	3	0	6
Trans/Gender Non-conforming	.	.	.	.	.
Overall	0.89	0.00	2.03	0	6

## COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	4	100	3	75	0	0	8	88.9
2 Moderate Risk (4-26)	0	0	1	25	0	0	1	11.1
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	4	44	4	44	0	0	9	1.7

Invalid responses include no response.

## SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	.	.	.	.	.
Cis Women	1.00	0.00	1.73	0	3
Trans/Gender Non-conforming	.	.	.	.	.
Overall	1.00	0.00	1.73	0	3

## METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	0	0	3	100	0	0	3	100.0
2 Moderate Risk (4-26)	0	0	0	0	0	0	0	0.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.6

Invalid responses include no response.

## SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.25	0.00	2.5	0	5
Cis Women	0.40	0.00	0.89	0	2
Trans/Gender Non-conforming	0.00	0.00	.	0	0
Overall	0.70	0.00	1.64	0	5

## INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	3	75	5	100	1	100	9	90.0
2 Moderate Risk (4-26)	1	25	0	0	0	0	1	10.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	4	40	5	50	1	10	10	1.9

Invalid responses include no response.

## SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.60	0.00	2.63	0	6
Cis Women	0.89	0.00	2.03	0	6
Trans/Gender Non-conforming	10.00	8.00	11.14	0	22
Overall	2.57	0.00	5	0	22

## RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Ttal	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	7	70	8	89	1	33	16	69.6
2 Moderate Risk (4-26)	3	30	1	11	2	67	7	30.4
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	10	43	9	39	3	13	23	4.4

Invalid responses include no response.

## SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	4.71	3.00	3.99	0	12
Cis Women	3.13	1.00	4.65	0	15
Trans/Gender Non-conforming	0.00	0.00	0	0	0
Overall	3.32	2.00	4.36	0	15



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FREQUENCY REPORT

Number of Surveys (n) = 518 Web Surveys

## SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	4	57	11	69	2	100	17	68.0
2 Moderate Risk (4-26)	3	43	5	31	0	0	8	32.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	7	28	16	64	2	8	25	4.8

Invalid responses include no response.

## SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.92	0.00	1.75	0	6
Cis Women	2.14	1.00	3.51	0	13
Trans/Gender Non-conforming	4.75	6.00	3.2	0	7
Overall	1.91	0.00	2.99	0	13

## HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	12	92	12	86	1	25	26	81.3
2 Moderate Risk (4-26)	1	8	2	14	3	75	6	18.8
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	13	41	14	44	4	13	32	6.2

Invalid responses include no response.

## SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	.	.	.	.	.
Cis Women	3.00	3.00	4.24	0	6
Trans/Gender Non-conforming	.	.	.	.	.
Overall	3.00	3.00	4.24	0	6

## HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	0	0	1	50	0	0	1	50.0
2 Moderate Risk (4-26)	0	0	1	50	0	0	1	50.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.

## SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.86	0.00	2.27	0	6
Cis Women	0.00	0.00	0	0	0
Trans/Gender Non-conforming	2.50	3.00	0.71	2	3
Overall	0.65	0.00	1.62	0	6

## RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	6	86	7	100	2	100	16	94.1
2 Moderate Risk (4-26)	1	14	0	0	0	0	1	5.9
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	7	41	7	41	2	12	17	3.3

Invalid responses include no response.

## SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	.	.	.	.	.
Cis Women	4.50	5.00	6.36	0	9
Trans/Gender Non-conforming	.	.	.	.	.
Overall	4.50	5.00	6.36	0	9

## OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	0	0	1	50	0	0	1	50.0
2 Moderate Risk (4-26)	0	0	1	50	0	0	1	50.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.4

Invalid responses include no response.



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FREQUENCY REPORT

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### PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	452.19	257.00	582.14	0	4560
Cis Women	432.19	230.00	715.45	0	7500
Trans/Gender Non-conforming	300.33	175.00	330.61	30	1200
Overall	442.67	240.00	696.15	0	7500

### PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	58	32	102	33	8	44	170	33.3
2 Yes	124	68	203	67	10	56	340	66.7
Valid responses =	182	36	305	60	18	4	510	98.5

Invalid responses include no response.

### PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	105	58	191	63	14	78	313	61.4
2 Yes	77	42	114	37	4	22	197	38.6
Valid responses =	182	36	305	60	18	4	510	98.5

Invalid responses include no response.

### HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	119	65	224	73	15	83	362	71.0
2 Yes	63	35	81	27	3	17	148	29.0
Valid responses =	182	36	305	60	18	4	510	98.5

Invalid responses include no response.

### References

<sup>1</sup> Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.