

# CARE HUB



COORDINATED ACCESS TO RESOURCES & EDUCATION

## PURPOSE/MISSION

Our mission is to create an inclusive environment where Wolverines can readily access essential resources for food, housing, health, and safety. By affirming each student's lived experience, we can provide comprehensive support and resource allocation through fostered relationships on campus and with community organizations. This holistic approach allows students to thrive and achieve their full potential, ensuring no student faces barriers to their well-being and success.

## LEARNING OUTCOMES

Students who engage with CARE Hub programs and services will:

- Strengthen their problem-solving skills, working with staff to find innovative solutions to basic needs insecurities.
- Experience reduced stress and anxiety due to access to resources, leading to improved focus and academic performance.
- Develop a stronger sense of belonging within the university community, contributing to increased student retention and satisfaction.
- Enable students to build resilience and coping strategies to overcome obstacles and succeed in their academic journey and beyond.
- Encourage a sense of social responsibility through participation in CARE Hub volunteer opportunities.

## PROGRAMS & SERVICES

The services and support offered by the CARE Hub provide crucial resources to UVU students, contributing to their academic success, well-being, and sense of belonging within the university.

**Food Pantry:** Students have multiple options for accessing food from the pantry, including emergency food vouchers, delivery, online ordering, and a mobile pantry for satellite campuses.

**Fresh Produce:** The CARE Hub provides students with fresh and healthy options in the pantry, accomplished through partnerships on- and off-campus.

**Pantry to Plate:** Working with the UVU GRIT Garden and partners across campus, the CARE Hub hosts cooking demonstrations to teach students how to utilize fresh produce, pantry items, and inexpensive products to create healthy, nutrient-dense meals on a budget.

**Case Management:** The CARE Hub adopts a holistic approach in resource meetings, prioritizing students' autonomy and respecting their lived experiences, ensuring that they remain in control of their journey as their needs are addressed.

**Awareness:** Promoting education and awareness through diverse channels, we provide engaging classroom and department presentations, as well as creative Instagram content, such as recipe videos sharing healthy, nutrient-dense meals that can be made using pantry items.

**Volunteer Program:** Offers students the opportunity to contribute to the CARE Hub’s mission and actively engage in supporting their peers.

**Additional Resources:** Through partnerships on campus and in the community, the CARE Hub connect students to resources that address their needs and promote their well-being.

## 2023-2024 IMPACT DATA

### 2024 NASPA region V Innovative Program Award Winner

Given to a college university that has developed an outstanding program that has benefited students and enhanced campus life

#### Food Pantry Programs:

- **200** average pantry users per week
- **31,669** pounds of food were distributed to students and their families
- **2.8** average pantry orders per student
- Equivalent to **20,875** meals
- **90** volunteers provided **103 hours of service** stocking and cleaning the pantry, an economic impact worth **\$3,300**
- **211** student referral and case management meetings

**Eight peer institutions** sought consultation from the CARE Hub, recognizing our exemplary model for program implementation. This includes the **University of Utah, Brigham Young University, and Western Michigan University.**

**\$397,496**

- received in grant funding

**1,280**

- unique students

**5,446**

- UVU students and family members served across all CARE Hub programs

## STUDENT/ALUMNI STORY

“I think that having the UVU Care Hub reassures students that they belong and that there is a place for them. This reassurance comes from these resources that you have that will benefit students.” — Avery, UVU student