



## Mountainland Region Youth Advisory Council

Meeting #1: September 28, 2024

UVU Lehi Campus- TG 142

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**10:00 – 10:20 am: Welcome (20 Minutes)**

**10:20 – 11:35 am: True Colors Training (75 Minutes)**

**11:35 – 11:45: Break (10 minutes)**

**11:45 – 12:20 pm: MYAC Roles Overview (35 Minutes)**

**12:20 - 12:30 pm: Lunch Served (15 minutes)**

**12:30 – 12:40 pm: Wrap-Up, Meeting Norms, and Next Steps (10 minutes)**

**12:40 – 1:00 pm: Wrap-Up Activity (20 Minutes)**

**Next Meeting:** Saturday December 7th, 2024; 10:00 am to 1:00 pm