

## Checklist for a J-1 Scholars

- SEVIS DS-2019 Form
- Biographical DS-2019 Form
- Invitation Letter (provided by UVU host department with the signature of the Dean or the Head of the Department)
- Sponsor Letter (provided by UVU host department with the signature of the Dean or the Head of the Department)
- Financial Resources (funds to cover expenses for the entire period of stay in the U.S.) The minimum monthly funding requirements are: \$2000 for the J-1 + \$600 for a J-2 spouse + \$400 for each J-2 child.
- Passport
- English Proficiency
- Health Insurance

All documentation must be on letterhead, in English, and in U.S. Dollars