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Employee Name:		
School / Location:		
Reporting Period: GEAR UP Year 7: 09/26/2023 – 09/25/2024		
How will you validate and provide updates of time / effort contributions? a. I request GEAR UP Administrative Personnel to regularly update according to t	he activity pattern below	
Initial Approval:	ne activity pattern below.	
b. I will regularly update my contributions myself on the online cost share databas	e.	
Initial Approval:		
The hours summarized below represent an estimate of the type and amount of time and effort that will b	e contributed during the year listed above.	
Employee Signature (School/Staff Employee)	Date	_
Employee Signature (School/Start Employee)	Date	
		_
Administrative Signature (GEAR UP Employee)	Date	
Activity		Hours
Academic counseling/advising/planning or career counseling		
Classroom or afterschool observation of GEAR UP programs		
College visits/college student shadowing/college chats		
Completion of student data files and GEAR UP program reports		
Cultural events or other unspecified GEAR UP event		
Educational field trips or other instructional presentations		
Financial Aid/scholarship/FAFSA support, etc.		
GEAR UP workshops/seminars or training activities		
General student/family/parent orientation or engagement events or programs		
Helped identify or coordinate community resources or activities		
Job site visits/job shadowing/career expert visits		
Meetings or activities involving GEAR UP students		
Meetings with GEAR UP personnel		
Meetings with parent(s)		
Meetings with Partners or Board (on behalf of GEAR UP)		
Meetings with staff regarding GEAR UP activities, students, or programs		
Mentoring / Core Subjects / ACT / SAT prep and testing support		
Other miscellaneous activities (not specified above)		
Participated in First-Year college support services of any type		
Participated in other activities directly related to GEAR UP students and / or parents helping to advise, plan, or provide		
interventions in support of the GEAR UP objectives		
Participated in telephone calls		
Prepare for and / or participate in any GEAR UP sponsored event, program, or activity		
Prepare for classes that emphasize academic rigor, academic preparedness, critical thin	king skills, career exploration, or	
importance of study habits		
Prepare for classes to help students get ready for postsecondary education		
Prepare for giving tutors direction on specific students and desired outcomes		
Sent or reviewed emails, documents, or other correspondence		
Summer / weekend or other afterschool enrichment programs		
Supervised or observed GEAR UP activities in classroom		
Tutoring / homework assistance / academic enrichment		
	Total:	