

Administrative Time & Effort Estimate

Employee Name:	
School / Location:	
Reporting Period: GEAR UP Year 7: 09/26/2023 – 09/25/2024	
How will you validate and provide updates of time / effort contributions?	
a. I request GEAR UP Administrative Personnel to regularly update accordin	ng to the activity pattern below.
Initial Approval:	
b. I will regularly update my contributions myself on the online cost share da	atabase.
Initial Approval:	
The hours summarized below represent an estimate of the type and amount of time and effort that	will be contributed during the year listed above.
Employee Signature (School/Staff Employee)	Date
Administrative Signature (GEAR UP Employee)	Date
Autorite of Autor (Child of Employee)	2 ww
Activity	Hours
Academic counseling/advising/planning or career counseling	
Classroom or afterschool observation of GEAR UP programs	
College visits/college student shadowing/college chats	
Completion of student data files and GEAR UP program reports	
Cultural events or other unspecified GEAR UP event	
Educational field trips or other instructional presentations	
Financial Aid/scholarship/FAFSA support, etc.	
GEAR UP workshops/seminars or training activities	
General student/family/parent orientation or engagement events or programs	
Helped identify or coordinate community resources or activities	
Job site visits/job shadowing/career expert visits	
Meetings or activities involving GEAR UP students	
Meetings with GEAR UP personnel	
Meetings with parent(s)	
Meetings with Partners or Board (on behalf of GEAR UP)	
Meetings with staff regarding GEAR UP activities, students, or programs	
Mentoring / Core Subjects / ACT / SAT prep and testing support	
Other miscellaneous activities (not specified above)	
Participated in First-Year college support services of any type	
Participated in other activities directly related to GEAR UP students and / or parents helping to advise, plan, or provide	
interventions in support of the GEAR UP objectives	
Participated in telephone calls	
Prepare for and / or participate in any GEAR UP sponsored event, program, or activity	
Prepare for classes that emphasize academic rigor, academic preparedness, critical thinking skills, career exploration, or	
importance of study habits	
Prepare for classes to help students get ready for postsecondary education	
Prepare for giving tutors direction on specific students and desired outcomes	
Sent or reviewed emails, documents, or other correspondence	
Summer / weekend or other afterschool enrichment programs	
Supervised or observed GEAR UP activities in classroom	
Tutoring / homework assistance / academic enrichment	
	Total: