

Cultural Competency Workshops

Checklist

The Cultural Competency Workshop Certificate can be earned by completing 10 workshops: 8 from *Positionality* and 2 from *Relationality*.

Positionality

The process of getting out of our comfort zones to recognize how our identities affect and are affected by where we are and the social structures that we are a part of and how our intersectional identity influences perceptions and biases of the world around us – these can affect research, teaching, leading, policymaking, and even everyday interactions.

- Accessibility & ADA
- Ageism
- Autism in College
- Class and Socioeconomic Status
- Gender
- Green Zone (Veterans)
- Interreligious, Interfaith, and Worldview
- Mental Health
- Orientation
- Queer Identity and Sexuality
- Race and Ethnicity
- Refugees
- Supporting UVU's Undocumented Students

Relationality

The idea that everything we do is in relation to other people and that the intersectional identities we hold are a part of those interactions. Our identities can cause disparities in relationships between people and groups, especially when intersectionality and positionality are considered.

- Anti-Racism, Racial Justice, & Whiteness
- Body Image
- Building a Community of Belonging for Individuals with ASD (Autism Level II)
- Dialogue
- Effective Communication: The Power to Read Minds
- Global Competence
- Holistic Data Interpretation
- Interfaith Level II
- Interfaith Level II
- Intersectionality
- Justice & Healing
- Microaggressions
- SPECIAL EDITION: Supporting UVU Women
- SPECIAL EDITION: Inclusive Language and Accessibility