## **Cultural Competency Workshops**

Checklist

The Cultural Competency Workshop Certificate can be earned by completing 10 workshops: 8 from *Positionality* and 2 from *Intersectionality* and/or *Relationality*.

## **Positionality**

The process of getting out of our comfort zones to recognize how our identities affect and are affected by where we are and the social structures that we are a part of and how our intersectional identity influences perceptions and biases of the world around us – these can affect research, teaching, leading, policymaking, and even everyday interactions.

- o Accessibility & ADA
- o Ageism
- o Autism in College
- Class and Socioeconomic Status
- Gender

- o Green Zone (Veterans)
- Interreligious, Interfaith, and Worldview
- o Mental Health
- o Orientation

- Queer Identity and Sexuality
- o Race and Ethnicity
- Refugees
- Supporting UVU's Undocumented Students

## **Intersectionality**

The way the different parts of our identities combine and overlap to make each of us who we are combined with the way those identities can impact the societal advantages and disadvantages we may have.

- Body Image
- Building a Community of Belonging for Individuals with ASD (Autism Level II)
- o Interfaith Level II
- o Interfaith Level III

- Intersectionality
- o SPECIAL EDITION: Supporting UVU Women
- SPECIAL EDITION: Inclusive Language and Accessibility

## Relationality

The idea that everything we do is in relation to other people and that the intersectional identities we hold are a part of those interactions. Our identities can cause disparities in relationships between people and groups, especially when intersectionality and positionality are considered.

- o Anti-Racism, Racial Justice, and Whiteness
- o Dialogue
- Effective Communication: The Power to Read Minds
- Global Competence
- Holistic Data Interpretation
- o Implicit Bias & Microaggressions
- Justice & Healing

