

How to Choose Classes – *the basics*

Know the type of course you are taking

General Education Course:	Courses required of all UVU students that fulfill specific categories. You typically only need one course in any given category.
Elective Course:	Courses generally used for major exploration or pre-requisite work.
Major Specific:	Courses that are required to earn a specific degree.
Concurrent Enrollment (Face-to-Face):	Courses taught by a qualified, approved high school instructor. These courses follow your high school schedule.
Live Interactive (Distance Education):	Courses taught by UVU faculty that are broadcast live, in real-time to your high school. These courses follow the UVU schedule.

Tip #1 – What is the purpose of the course you are taking?

Courses you take should fall into at least 1 of these 3 areas:

- Does the course fulfill a UVU general education requirement?
- Do you have genuine interest in the subject and want to explore it through the coursework?
- Will the course count as a prerequisite or core class in your intended college major?

Tip #2 – Consider the homework load.

You have a million things going on. College courses can have a lot of homework. Make sure you are willing to dedicate the time required to complete the course to the best of your ability.

Tip #3 – Do you have the academic foundation to be successful?

Have you taken high school classes in the subject that have prepared you for the college course?

Tip #4 - Suggested credit load by high school grade:

****most students begin junior or senior year but younger students are allowed to apply for an exception***

Freshman: If your high school allows 9th graders to participate, we recommend no more than 1 college course (maximum of 4 credits), carefully selected based on academic preparedness.

Sophomore: If your high school allows 10th graders to participate, we recommend no more than 2-4 college courses (maximum of 12 credits), carefully selected based on academic preparedness.

Junior: we recommend no more than 15 credits per semester or 30 credits per year, carefully selected based on academic preparedness.

Senior: we recommend no more than 15 credits per semester or 30 credits per year, carefully selected based on academic preparedness.

Tip #5 – Do you meet the prerequisite?

Does the course you want to take require a test score or prior coursework? Does UVU have proof that you have completed the prerequisite?

Tip #6 – Contact your academic advisor for help.

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