

American Heritage Discussion Series: Learners with Littles

Session IV: Keeping Our Republic

Children's Lesson Outline

Being a Good Citizen

- Today we'll learn about ways to make our communities better. Community means a group of people who share something in common. Your family is a community, your group of friends is a community, your class at school or your homeschool co-op is a community. Your country, the United States of America, is a community. These are all groups that share something in common that you are a part of.
- When you are helpful in your community, this means you are a good citizen.
- We are going to read a book about being a good citizen. Look for ideas for how you can be a good citizen. We are going to talk about your ideas after we finish reading the book.
- When we help to make our communities better, we are being good citizens. Read [Being a Good Citizen: A Book About Citizenship](#) by Mary Small
- Now that we have read a book, let's play a game where you act out a way you can be a good citizen. Take a minute and think of ways you can:
 - Be helpful in your family
 - Be a caring friend
 - Be a respectful member of your learning community (at school or homeschool co-op)
 - Be a responsible citizen (like encouraging your parents to vote)
- I'm going to choose one of you to come up. Whisper in my ear your idea for being a good citizen. Then you will act it out. After we guess three times, tell us what you're acting out. Then we'll have a new person to act out their idea.

Helping Chain

- On the table you'll see links to a Helping Chain. Think of ways you can be a good citizen and write them on the links for the Helping Chain. Then we'll connect all the links together into one big chain. This will show how our community is connected.
 - If you choose, you can tell the volunteer your idea and they can write it down.

Utah is the Beehive State

- Look at this picture of the new state flag of Utah. What do you see?
- Utah is known as the Beehive state. Each bee in the beehive has a job. The bees work together to make honey.
- This is like all the good citizens that live in the state of Utah. Everyone can work together to make Utah a sweet place to live.

Choose a Craft

Explain each craft

- My Family (Be helpful in my family)
- A Good Friend Is coloring page (Be a caring friend)
 - Other coloring pages, too
- My Learning Community Garden (Be a respectful member of your learning community)
- I Can Bee (Be a responsible citizen)