

CURRICULUM VITAE

# Susan Student

FALL 2016

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## EDUCATION

Bachelor of Science in Behavioral Science, Psychology Emphasis

April 2016

Utah Valley University, Orem, UT

UVU Cumulative GPA: 3.89

Psychology Emphasis GPA: 4.00

## HONORS AND AWARDS

UVU Behavioral Science Department Outstanding Graduate of the Year Award

April 2016

Dean's List - 8 semesters

## RELEVANT COURSEWORK

Counseling and Psychotherapy

Research Methods

Personality Theory

Abnormal Psychology

Statistics for Behavioral Sciences

Human Sexuality

Marriage and Family Therapy

Intro to Undergraduate Pedagogy

Lifespan Development

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## RESEARCH INTERESTS

Therapeutic Relationships

Undergraduate Pedagogy

Grief and Loss

Therapeutic Processes and Outcomes

Mindfulness and Spirituality

Trauma and Healing

Perfectionism and Depression

Psychological Resilience

Family Dynamics

## RESEARCH EXPERIENCE

**Research Assistant**

**UVU Behavioral Science Department**

**August 2015 – December 2015**

*Volunteer*

- Conducted literature review on the relationship between perfectionism, depression, and religiosity
- Performed data analysis and statistical procedures (contingency table, chi squared, and factor analysis)
- Synthesized quantitative results with previously collected qualitative results to add depth and comprehensiveness
- Presented results at the Society for the Scientific Study of Religion annual conference (oral presentation)

**Research Assistant****UVU Behavioral Science Department****August 2015 – December 2015***Employment*

- Synthesized literature on pedagogical training among GTAs with APA requirements for capstone experiences
- Independently presented at the Scholarship of Teaching and Engagement conference about the implementation of Intro to Undergraduate Pedagogy as a capstone experience in psychology to address a need for pedagogical training
- Assisted in data collection for multiple pedagogical studies: “Hybrid Versus Face to Face Implementation of General Psychology,” “Comparing the Efficacy of Traditional Large Sections with Large Sections that Include Breakout Sessions,” and “Do Student Risk Factors Predict Success or Failure in General Psychology?”

**Research Lab Manager****UVU Behavioral Science Department****August 2013 – May 2014***Employment*

- Managed administrative details, communication, and involvement for up to 15 research assistants at a time
- Reviewed research assistant applications and hired new members, assuring they received all necessary training
- Planned and led weekly research lab meetings, including organization of guest speakers and continued training
- Developed and managed effective physical and electronic data organization, storage, and retention methods
- Coordinated communication with the Institutional Review Board and assured all research met ethical standards

## CONFERENCE PRESENTATIONS

Hill, J., & Tidwell, B. L. (2016). Undergraduate Pedagogy as a Capstone Experience in Psychology. Presented at the Annual Scholarship of Teaching and Engagement Conference. Utah Valley University.

Pope, Z. W., Tidwell, B. L., & Doty, K. (2015). Toxic Perfectionism and Depression in Mormons. Presented at the Society for the Scientific Study of Religion annual meeting, Newport Beach, CA.

## TEACHING EXPERIENCE

**Assistant Director of the UVU****UVU Behavioral Science Department****May 2016 – Present****General Psychology Program***Employment*

- Assist in the development, management, and administration of the department final for general psychology
- Assure that all sections of general psychology taught by adjunct instructors meet department standards
- Continual course development responsibilities for general psychology breakout sessions, such as determining difficult concepts to be covered in breakout sessions, development of engaged activities, assessments, etc.
- Manage two teams of undergraduate instructors (up to 20 at a time) assisting with general psychology breakout sessions (this includes, but is not limited to, the coordination of schedules, supervising teaching, continued mentorship, and general management of people of diverse backgrounds and differing levels of experience)
- Independently train incoming undergraduate instructors with minimal supervision from faculty mentors
- Plan and lead weekly staff meetings for undergraduate instructors, assuring consistency of continued training
- Maintain FERPA protected records for general psychology and assure adherence to university policies

**Undergraduate Instructor****UVU Behavioral Science Department****May 2015 – Present***Employment*

- Independently teach multiple breakout sessions for general psychology with an emphasis on active learning
- Serve as a resource for students by holding weekly office hours and providing individualized tutoring sessions



**Teaching Assistant****Cognitive Psychology**

August 2013 – May 2013

*Employment*

- Assisted with 3 sections of cognitive psychology, while simultaneously working as a research lab manager
- Improved course assessments by writing new and editing existing multiple choice and open ended questions
- Graded “mini-lab” assignments, which required tutoring students in cognitive theory as well as research methods
- Maintained learning management system (e.g., organizing materials, monitoring grades, responding to students)

**Mentor Tutor****School, Community, University Partnership**

2011 – 2013

*Employment*

- Tutored elementary age students, individually, in groups, and as a class, mainly focusing on math and reading
- Assisted in lesson and classroom preparation, as well as created original group lessons and individual interventions
- Monitored and effectively reported on student performance and progress, both written and verbally

**CLINICAL EXPERIENCE****Instructor****The Journey: New Vision**

August 2013 – December 2015

*Employment**Substance Dependence Treatment Center for Adolescent Girls*

- Maintained physical and emotional safety of clients as they progressed through residential treatment
- Educated clients concerning mental health; modeled healthy ways of coping and relating with others
- Communicated with clients and colleagues about clients' behavior and progress, both written and verbally
- Frequently served as shift lead, responsible for planning and coordinating activities of the shift, managing and supporting other instructors on shift, as well as intervening with and making decisions regarding major crises

**Guide** (*this position was in addition to my regular responsibilities as an instructor*)

- Met with clients weekly to review treatment assignments, answer questions, and serve as a resource and support
- Prepared weekly summaries of progress and concerns for client's case manager, family, and therapist
- Represented and advocated for clients as they applied for the advancement process through the program

**Group Leader** (*this position was in addition to my regular responsibilities as an instructor*)

- Prepared and led a weekly psychoeducational group focused on developing healthy relationships and sense of self
- Communicated with program director and group coordinator concerning group progress and implementation
- Composed weekly written summaries of group attendance and participation patterns

**Intern****Children's Justice Center**

May – August 2013

*Volunteer**Treatment Services for Victims of Abuse and Their Families*

- Assisted with and observed weekly therapy groups for children and adolescent victims of sexual abuse
- Assisted with and observed weekly therapy group for parents of victims; answered questions for parents
- Management of group attendance records, preparation and clean up, and any other needed administrative details

**Hospice Aid****Alpha Home Health and Hospice**

January – May 2013

*Volunteer**Hospice Organization Dedicated to Caring for the Terminally Ill*

- Made weekly visits to two different hospice patients suffering with severe dementia and related symptoms

- Provided emotional support for patients by listening, reading together, and anything else they found comforting
- Assisted patients with self-care and household tasks, and provided respite for family caregivers of patients

<b>Equine Instructor</b>	<b>Maple Lake Academy</b>	<b>2011 – 2012</b>
<i>Volunteer</i>	<i>Treatment Center for Adolescents with Learning Differences</i>	
<ul style="list-style-type: none"> <li>• Instructed up to ten students at a time in equestrian vaulting (gymnastics and dance on horses)</li> <li>• Assisted students with development of general equestrian skills (e.g., horse care, safety, etc.)</li> <li>• Guided students in developing an equestrian vaulting routine to perform during parent’s weekend</li> </ul>		

## ADDITIONAL TRAINING

Trained in Process Oriented Guided Inquiry Learning (POGIL) pedagogical methods. Utah Valley University.	<b>August 2016</b>
Annual Scholarship of Teaching and Engagement Conference. Utah Valley University.	<b>March 2016</b>
Seminar by Dr. Brent Slife, discussing his paper “The Clash of Theism and Liberal Individualism in Psychotherapy: A Case Illustration.” Utah Valley University.	<b>March 2016</b>
Society for the Scientific Study of Religion annual meeting. Newport Beach, CA.	<b>October 2015</b>
Conference of the Utah Council on Family Relations. Utah State University.	<b>April 2015</b>
Conference on Interdisciplinary Perspectives on Moral Responsibility. Utah Valley University.	<b>March 2015</b>
First Aid and CPR certified. The Journey.	<b>July 2015</b>
Trained in Positive Control Systems (PCS) crisis intervention. The Journey.	<b>2013 – 2015</b>
Weekly instructor meetings, involving continued training relevant to working with adolescent females in residential treatment. The Journey.	<b>2013 – 2015</b>
Seminar by Dr. Matthew Draper, discussing Eastern and Western ways of being that serve to enrich the theory, research, and practice of psychology. Utah Valley University.	<b>2014</b>
Weekly research lab meetings, discussing various topics and projects. Utah Valley University.	<b>2013 – 2014</b>
Institutional Review Board “brown bag” series, discussing IRB procedures, common mistakes made on IRB applications, etc. Utah Valley University.	<b>2013 – 2014</b>
National Alliance on Mental Illness Utah State Conference. Focus on Suicide Prevention. University of Utah.	<b>2013</b>
Seminar by Dr. Kris Doty and colleagues, discussing early returning LDS missionaries. Utah Valley University.	<b>2013</b>
Collaborative Institutional Training Initiative courses: Social and Behavioral Responsible Conduct of Research and Student Research (CITI # 3633358).	<b>2013</b>

Seminar by Dr. Steven Lowrance, discussing Alzheimer's disease and experimental medications. Utah Valley University.	2013
Seminar by Dr. John Norris on social/affective neuroscience. Utah Valley University.	2013
Seminar by Dr. Claudia Lieberwirth, discussing adult neurogenesis in father prairie voles. Utah Valley University.	2013
Seminar by Dr. Cameron John, discussing the practice and benefits of mindfulness. Utah Valley University.	2013
Seminar by Ashley Johnstoneoux, discussing Emotion Focused Therapy with couples. Utah Valley University.	2013
Seminar by Dr. Jamison Law, discussing eye movement desensitization and reprocessing treatment. Utah Valley University.	2013
Seminar by Dr. Jason King, discussing personality disorders and the connection between parenting, relationships, and attachment styles. Utah Valley University.	2013
Documentary Screening and discussion of <i>Drinking Gold</i> by Dr. Joylin Namie, a documentary about social implications of high plastic surgery trends in Utah. Utah Valley University.	2013
Mental Health Symposium: Focus on Depression. Utah Valley University.	2013
Mental Health Symposium: Focus on ADHD. Utah Valley University.	2012
Mental Health Symposium: Focus on Addiction. Utah Valley University.	2012

## PROFESSIONAL ORGANIZATIONS

Society for the Scientific Study of Religion	2015 – 2016
National Alliance on Mental Illness	2013 – 2015
Phi Theta Kappa Honors Society	2010 – Present

## ACADEMIC ACTIVITIES

Member of the UVU Psychology club  
 Member of the UVU American Sign Language club

## LANGUAGES

American Sign Language (intermediate level)