

NEWSLETTER

August 2024



Contact Information

Care About Childcare at Utah Valley University is a Child Care Resource & Referral agency that serves Utah, Juab, Summit, and Wasatch counties.

Phone: (801) 863-8589

Fax: (801) 863-7904

Email: childcare@uvu.edu

Mailing Address: Utah Valley University
800 West University Parkway - MS 163
Orem, Utah 84058

Physical Address: 1052 South 400 West
Orem, Utah 84058
(Park in back cul-de-sac, walk in front or back doors)

Phone Hours

Monday
11:00 AM - 5:30 PM
Tuesday
8:00 AM - 5:30 PM
Wednesday
8:00 AM - 5:30 PM
Thursday
8:00 AM - 5:30 PM
Friday
Closed

Upcoming Virtual Resource & Education Night

"Transitioning from Childcare to Kindergarten"

Presented by Jared Lisonbee

Preschool Education Specialist, Utah State Board of
Education

Thursday, August 22, 2024 from 7 PM - 8 PM

CLICK
HERE!



Licensing Updates:

- Providers will need to start paying for Background checks & Fingerprinting fees (\$20 and \$33.25) since the grant has ended.
- Please regularly check the provider portal to check for fees that have been charged.
- Providers are encouraged to pay as soon as they send new individuals to get their Background checks done, to avoid a lot of outstanding fees that might hold up licensing renewals and Background checks.
- Home rules in Spanish is available for non-interactive training, and Center rules in Spanish will be available soon.

Save The Date: October 25-26, 2024



Cultivating Connections: Strengthening
Collaboration for Preschool Professionals

Register now for the Annual Utah State Board of Education (USBE) Preschool Conference

- [Utah Preschool Conference](#)
- No cost to attend conference
- Anyone registering for conference is asked to complete the [USBE Interest & Preferences Form](#) to best help plan to best meet the needs of attendees
- If you have questions about the conference, contact Monica Bellenger at monica.bellenger@schools.utah.gov or 801-538-7679

**NEW
OFFICE**



**CARE ABOUT CHILDCARE – UTAH VALLEY UNIVERSITY
1052 SOUTH 400 WEST, OREM UTAH
(PLEASE SEE ATTACHED MAP FOR PARKING (CUL-DE-SAC WILL BE
CLOSED FOR EVENT))**

OPEN HOUSE

Please stop by!

Come visit & tour our new office! Our Resource Room will be open for die cuts and drop off your laminating needs. We will have Community resource tables, children's book give-aways, and light refreshments!

**SATURDAY, September 7, 2024
10 AM – 12 PM RSVP: [HERE](#)**

**QUESTIONS- PLEASE CALL
801-863-8589**

CAC-UVU Open House RSVP



Care About Childcare (CAC) at Utah Valley University (UVU) is funded from the Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant.



Webinar Dates and Topics August 2024

Training webinars are offered at no cost to providers seeking to learn about a variety of topics related to Infant and Early Childhood Mental Health (IECMH).

Trainings are appropriate for any providers working with young children and/or their families, including teachers, childcare providers, healthcare professionals, mental health clinicians, early interventionists, child welfare workers, etc.

To register for a training, click the title of that webinar, or use the QR Code provided below to access registration information on The Children's Center Utah's website.

WEEK 1

8/02 at 9:00 a.m. - 10:00 a.m. - The Role of Play in Child and Family Therapy

8/02 at 12:00 p.m. - 2:00 p.m. - Supporting Social and Emotional Growth through Caregiver-Child Interactions

8/02 at 3:00 p.m. - 4:00 p.m. - Domestic Violence in the Context of Early Childhood

WEEK 2

8/05 at 2:00 p.m. - 3:00 p.m. - Caregiver Affect Management

8/06 at 9:00 a.m. - 10:00 a.m. - The Role of Play in Child and Family Therapy

8/06 at 2:00 p.m. - 4:00 p.m. - Reducing Aggression in Group Settings

8/06 at 4:00 p.m. - 5:30 p.m. - Understanding Behavior in Context: Development, Temperament, & Environmental Stressors

8/08 at 3:00 p.m. - 4:00 p.m. - Supporting Parasympathetic Recovery

8/08 at 4:00 p.m. - 5:30 p.m. - Executive Functioning in Preschool Years

8/09 at 9:00 a.m. - 11:00 a.m. - The Foundations of Healthy Attachment

WEEK 3

8/12 at 9:00 a.m. - 10:00 a.m. - The ABC's of Social and Emotional Well-Being

8/12 at 2:00 p.m. - 4:00 p.m. - Supporting Social and Emotional Growth through Caregiver-Child Interactions

8/13 at 9:00 a.m. - 10:00 a.m. - Developing Empathy in Young Children: Perspective Taking

8/13 at 10:00 a.m. - 12:00 p.m. - Supporting Social and Emotional Growth Through Caregiver-Child Interactions

8/13 at 4:00 p.m. - 5:00 p.m. - The ABC's of Social and Emotional Well-Being

8/13 at 4:00 p.m. - 5:30 p.m. - Building Regulation Skills: The Preschool Years



Webinar Dates and Topics August 2024

WEEK 3 Continued

- 8/15 at 8:30 a.m. - 9:30 a.m. - Diversity-Informed Infant and Early Childhood Mental Health
- 8/15 at 10:30 a.m. - 11:30 a.m. - Cultural Diversity: Working with Intergenerational Poverty
- 8/15 at 4:00 p.m. - 5:30 p.m. - The Beauty of Multilanguage Brains: Development in Infancy to Early Childhood

WEEK 4

- 8/19 at 9:00 a.m. - 11:00 a.m. - The Foundations of Behavioral Reinforcement
- 8/19 at 10:00 a.m. - 11:00 a.m. - Screening for Trauma in Young Children
- 8/19 at 12:00 p.m. - 1:00 p.m. - Racial Socialization in Black American Families
- 8/19 at 1:00 p.m. - 2:00 p.m. - Supporting Healthy Gender Expression in Young Children
- 8/20 at 11:00 a.m. - 1:00 p.m. - The Foundations of Healthy Attachment
- 8/20 at 1:00 p.m. - 2:00 p.m. - Wellness: Self-Compassion
- 8/21 at 9:00 a.m. - 11:00 a.m. - Reducing Aggression in Group Settings
- 8/21 at 9:00 a.m. - 11:00 a.m. - The Foundations of Healthy Attachment
- 8/21 at 2:00 p.m. - 3:00 p.m. - Behavioral Communication of Infants and Toddlers
- 8/21 at 4:00 p.m. - 6:00 p.m. - The Foundations of Behavioral Reinforcement
- 8/22 at 9:00 a.m. - 10:00 a.m. - Behavioral Communication of Infants and Toddlers
- 8/23 at 1:00 p.m. - 2:00 p.m. - Wellness: Self-Care

WEEK 5

- 8/26 at 2:00 p.m. - 4:00 p.m. - Foundations of Healthy Attachment
- 8/26 at 2:00 p.m. - 3:00 p.m. - Caregiver Affect Management
- 8/26 at 3:00 p.m. - 5:00 p.m. - Supporting Social and Emotional Growth Through Caregiver-Child Interactions
- 8/27 at 9:00 a.m. - 10:30 a.m. - Understanding Trauma Within the Early Childhood Educational Setting
- 8/27 at 3:00 p.m. - 5:00 p.m. - Trauma-Informed Engagement with Young Children
- 8/28 at 10:00 a.m. - 11:00 a.m. - Wellness: Self-Reflection
- 8/28 at 11:00 a.m. - 12:00 p.m. - Supporting Sleep in Early Childhood
- 8/28 at 2:00 p.m. - 4:00 p.m. - Supporting Social and Emotional Growth in Group Settings
- 8/29 at 8:30 a.m. - 9:30 a.m. - Maternal Mental Health
- 8/29 at 9:00 a.m. - 11:00 a.m. - Trauma-Informed Adoption
- 8/29 at 12:00 p.m. - 1:00 p.m. - Mindfulness with Parent-Child Dyad
- 8/29 at 3:00 p.m. - 4:00 p.m. - Racial Socialization in Black American Families
- 8/30 at 2:00 p.m. - 3:00 p.m. - Developing Empathy in Early Childhood: Apologizing
- 8/30 at 3:00 p.m. - 4:00 p.m. - Understanding Trauma Within the Early Childhood Educational Setting



CARE ABOUT CHILDCARE - UVU

**DRIVING & PARKING DIRECTIONS:
1052 SOUTH 400 WEST, OREM UTAH 84058**

1

FRONT OF CAC-UVU BUILDING

Do Not Park in FRONT, YOU WILL BE TICKETED!



If you are going to use Google Maps, use the address for Wee Care

Child Care Center:
1140 South Wolverine Way, Orem Utah 84058

2

TRAVEL TO ROUNDABOUT ON 400 WEST AT 1200 SOUTH

Take the exit to Wolverine Way.



3

EXIT ROUNDABOUT, TRAVEL DOWN WOLVERINE WAY

Wee Care Child Care will be on your right.



4

PASS WEE CARE, ENTER PARKING LOT M29

Drive towards *The Green* parking garage.



5

DO NOT ENTER PARKING GARAGE, TURN RIGHT AT A "T" IN THE ROAD

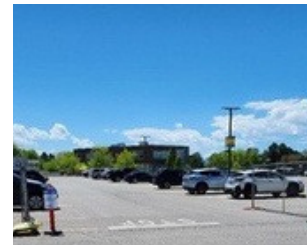
Drive past the red-brick Bathroom building.



6

CHAIN-LINK PARKING AREA

It says Layton Construction Parking, but it is open for us to use.



7

LOOK FOR OPENING IN FENCE TO A DRIVEWAY & WALK THROUGH

Walk through, CAC-UVU is the house on the right. For OFFICE, use the main-level back or front door. For CLASSES, use the steps down to the basement.



Care About Children: EAD of Utah Valley University EAD is funded from the Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant.

Utah Career Ladder

Congratulations to all youth and early learning professionals who have been working hard to improve their knowledge, skills, and care! We truly appreciate your efforts to advance on the Utah Career Ladder.

Congratulations to the following individuals:

- Lisa Aagard - Level 4
- Francisca Albornoza - Level 1
- Miriam Arroyo - Level 4
- Jenifer Barboza - Level 3
- Elizabeth Bean - Level 2
- Brynlee Campbell - Level 3
- Jessica Campbell - Levels 3, 4
- Sariah De Paz - Levels 5, 6
- Mckenzie Fry - Levels 1, 2, 3
- Diana Galvez - Levels 4, 5, 6, 7, 8
- Mariana Gayosso - Level 3
- Johanna Jimenez - Level 4
- Laura Juarez - Level 10
- Liv Manley - Level 1
- Sydney Martin - Levels 1, 2, 3, 4, 5, 6, 7, 8
- Celina Messersmith - Level 3
- Reynalda Meza - Levels 4, 5, 6
- Max Millar - Level 3
- Kenia Navarro - Level 1
- Sarah Nielsen - Levels 1, 2, 3
- Elizabeth Palomino - Levels 1, 2, 3
- Kali Parker - Levels 1, 2, 3, 4, 5, 6, 7, 8, 9
- Emilia Perez Cuenca - Level 5
- Hillary Peterson - Level 4
- Miranda Richmond - Level 9
- Carolyn Rossi - Level 1, 2, 3, 4, 5, 6, 7, 8, 9
- Geraldine Sanchez Cama - Level 6
- Derek Segoo - Levels 8, 9
- Alissa Shelley - Levels 1, 2, 3, 9
- Rebecca Sierra - Level 2
- Caprice Sumsion - Levels 4, 5, 6
- Sofia Tian - Levels 1, 2, 3, 4
- Esther Vallenilla - Level 5
- Jessica Whipple - Level 6
- Sarah Wilder - Level 3
- Vanessa Osorio - Levels 4, 5, 6, 7, 8
- Elizabeth Bean - Level 2
- Lisa Aagard - Level 4
- Eridanny Gomez - Level 3

Upcoming Class Spotlights:



A Powerful Profession

Taught by Tori Dunkley
August 20, 22, 27, 29



Infant and Toddler #2 (Spanish)

Taught by Stella Rodriguez
August 13, 15, 20, 22

Register [HERE!](#)

FYI...

Finger print grants, Professional Development Incentives (PDI), Enhanced Subsidy

Grants through CCQS, Coaching & Program Learning Cohort are still available for FY25!

Click [HERE](#) for more details!

Business Fundamentals for Center-based Providers

- Topics include:
 - Understanding Budgeting/ financial statements
 - Strategies to maximize the potential of your business
 - Building a business plan to help create opportunities for grants, funding, & long-term stability
- Lessons will be via Zoom (need a strong internet connection, working camera, & microphone)
- Classes are every Thursday morning, starting on **August 29, 2024 at 9 AM, for 8 weeks.**
- 16 hours of Business & Leadership credits & 16 hours of NAC continuing education units.
- Email reed.coombs@slc.edu for registration



We want to celebrate those who have quality ratings with CCQS:

Licensed Center:

A To Z Building Blocks in Eagle Mountain
A To Z Building Blocks in Orem
A To Z Building Blocks in Spanish Fork
A To Z Building Blocks on 1st in American Fork
A To Z Building Blocks on 300 East in American Fork
ABC Great Beginnings- Saratoga
Adventure Time Preschool and Child Care
Kid Stop/American Fork Hospital
Lakeside Childcare
Little Geniuses Learning Center Llc-Lg2
R-Kids Child Care Center/UVRMC
Smiling Faces Bilingual Learning Center & Day Care
Sunny Center
Sunny Day Preschool & Daycare LLC
Sunny Daycare Inc
UVU Wee Care Center
Way To Grow

Licensed Family Child Care:

Bronk's Zoo
ABC Daycare
Cathy Harker Daycare LLC
It Takes a Village Daycare
ABC Educational Home Care
Denise Tubbs
Eagle Mountain Kids Care
Kindersteps Childcare

If you are interested in participating with CCQS, please contact our CCQS specialist at 801-863-7453 or email: wellsva@uvu.edu

CDA credential at no cost!

Have you ever considered getting your Child Development Associate (CDA)? Just click on the link below and fill out this interest form on how to get yours. If you have any further questions call 801-863-4589

Click the [LINK](#) for the interest form.

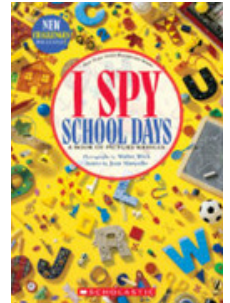
Welcome Newly Licensed Providers:

Gaby's Daycare
Prodigy Bilingual
Childcare

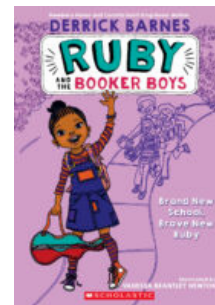
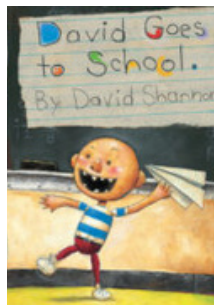
7 Tips to Prepare for the First Days of School:

(Take the pressure and anxiety out of back-to-school season for kids preK-3 with these helpful ideas from an educator)

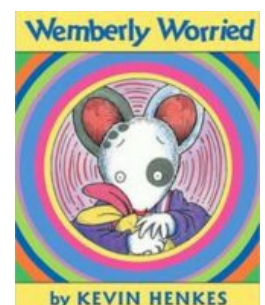
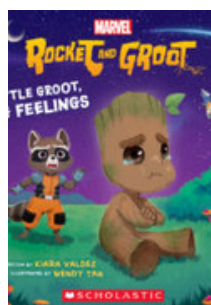
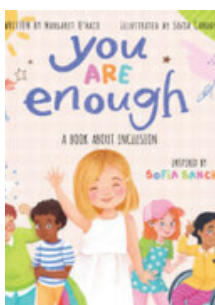
1. Visit the school or classroom before the first day. Familiarize your child with the general layout of the school to help them feel more comfortable on their first day. If your child is returning to the same school, they may still benefit from reorienting themselves with the building and their new classroom. Share **I spy School Days** to reintroduce some of the things kids can expect to see at school in their classroom.



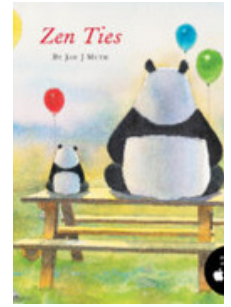
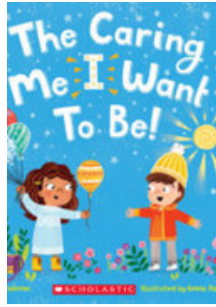
2. Read Books about starting school. Stories have characters your child can relate to—especially those with characters attending their first day are useful for relieving first day jitters and providing a boost of confidence where needed.



3. Talk to your child about their feelings about school, friends, teachers, and new activities. Social-emotional learning is a popular topic among educators today, and being integrated into the curriculum in many school districts. It refers to the ways in which children build healthy relationships with themselves and others. Self-awareness can begin at home, as you ask your children what they are looking forward to, what they are interested in learning, along with any concerns they might have. Reading together is a great way to start a conversation.



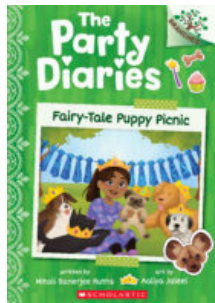
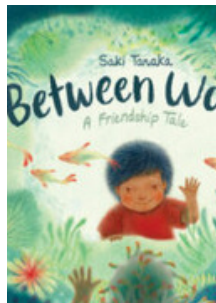
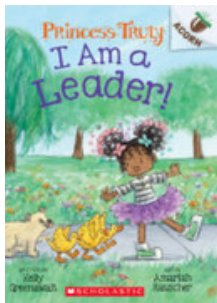
4. Set intentions with your child for the school year ahead. Just like adults make intentions for the new year, students can do the same for the new school year. One educator recommends choosing a “focus word” with your child every month that represents their intention (for example: friendship, perseverance, or kindness).



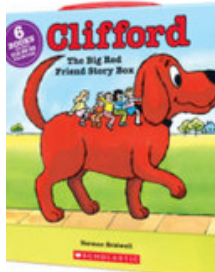
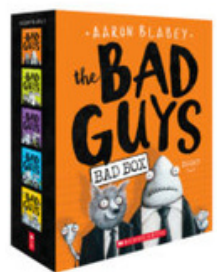
5. Leave time to read for fun. Set up a book nook at home over the summer to develop a reading routine by fall. This way, you and your child (or just your child if they read independently) will have a place to read when they get home from school.



6. Gather the supplies they need for a successful school year. Designating items as “back to school,” even something small like a fresh box of crayons, makes preparing for the school year a ritual and can stoke excitement.



7. Encourage your child to pursue a passion project this year. Gauge your child’s interests at the end of the summer to see how curiosity has evolved and what’s new. Ask them what topic they really want to learn about the school year ahead. Book sets are great ways to pinpoint books and topics that allow them to continue exploring their passions.



Full-Time Staff

Main Phone: (801) 863-8589

Fax: (801) 863-7904

Email: childcare@uvu.edu

Website: www.uvu.edu/cac

Hours: Monday (11 AM - 5:30 PM)
Tuesday - Thursday (8 AM - 5:30 PM)
Friday (Closed)

Address:

1052 South 400 West
Orem, Utah 84058

Open now! Please come visit us !

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