

MFT Supervisor Newsletter

October 2023

MFT Program Highlights from 2023

Accreditation

In March 2023, the MFT program submitted a self-study for initial accreditation. The program was recommended for a site visit this fall.

Please join us on campus THURSDAY, NOVEMBER 9th from 3:30-4:00 to meet with the COAMFTE Site Visit team.

Supervisor training and support

Thank you to those who attended our Supervisor Meet & Greet! Kudos to Dr. Peterson and Lori for planning and hosting this lovely event. We hope you enjoyed your time with us!

Graduation

In May, we graduated 21 students. Thank you to Dr. Lisa Hansen for delivering our keynote address at the MFT program's second annual hooding ceremony. Thank you to our supervisors who attended and celebrated with us!

The program now has 64 graduates. Fifty-one are licensed as Associate MFTs in Utah. Twelve are fully licensed as MFTs in Utah.

We have heard from 28 who have passed the national exam.

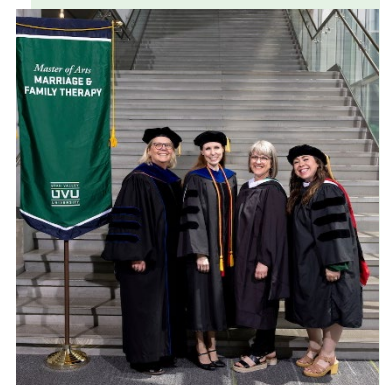
Faculty

We hired Dr. Rachel Augustus as a one-year lecturer for the MFT program. She is fantastic and we're grateful to have her join our team this year! Dr. Fawcett was awarded tenure in March. Yay!

The MFT program was approved to open a search for a tenure-track faculty member this fall. The position will open soon.

Construction

To support UVU's continual growth and expansion, the MFT program was moved from our place in the EE building. Our current clinic space is in the UVU Alumni House. The main level of the Browning Administration building is under construction and will be the new location of classrooms and offices.



T2T Evaluation Data from Summer 2023

Average scores for students or supervisors on each AAMFT Core competency

Practicum II Competencies	Supervisor evaluations of students	Student evaluations of off-campus supervisors	Student evaluations of practicum supervisors
Completes case documentation in a timely manner and in accordance with relevant laws and policies (Professional, 1.5.2)	4	4.5	4.9
Applies effective and systemic interviewing techniques and strategies (Executive, 2.3.3)	3.7	4.7	4.9
Utilizes consultation and supervision effectively (Professional, 2.5.1)	4.4	—	—
Uses current MFT and other research to inform clinical practice (Executive, 6.3.2)	3.8	4.5	4.7
Delivers interventions in a way that is sensitive to special needs of clients (e.g., gender, age, socioeconomic status, culture/ race/ ethnicity, sexual orientation, disability, personal history, larger systems issues of the client) (Executive, 4.3.2)	4.2	4.4	4.8
Practices within defined scope of practice and competence (Executive, 5.3.7)	4.3	4.7	4.7
Obtains knowledge of advances and theory regarding effective clinical practice (Executive, 5.3.8)	4.1	4.7	4.5
Utilizes published MFT literature to provide research-informed therapy (Student Learning Outcome #4)	3.8	4.8	4.9

- A score of 3 = Trainee is approaching expectations in this area (i.e., Trainee will soon be on target. They are improving. I have no serious concerns)
- A score of 4 = Trainee is right on target with expectations in this area
- Green = higher average than in 2022.
- Black = same average score as data from 2022 (within +/- 0.1 point)

Evaluation Comments from Students:

- ◆ Ashlee has been extremely helpful in helping me navigate working at a "real" clinic. She offers constructive feedback in a way that isn't judgmental or condescending. She also provides resources to help me gain knowledge and isn't afraid to say if something isn't a strength for her. In those cases, she will direct me to some other person or resource to utilize.
- ◆ They were amazing!
- ◆ We have mostly focused on couples, but have talked about many types of treatment.
- ◆ Sarah is an EXCELLLENT supervisor-the way her practice is set up is VERY ethically aware and focused. Her practice provides ample opportunities for clients and trainings
- ◆ Dr Rachel provided a safe, educational environment to ask questions and learn ethical treatment. She was authentic and modeled high-quality therapy either through supervision or by showing her own sessions. She created an atmosphere where no questions or mistakes were judged, and she was extremely helpful in either correcting an issue or teaching a new way to approach things.

Program Goals & Student Learning Outcomes

Program Goal: Knowledge of MFT

The program trains students in the knowledge and history of the MFT Profession and how to utilize systemic and developmental theories in their clinical work

*SLO 1: STUDENTS WILL DEMONSTRATE UNDERSTANDING OF MFT MODELS

Assessment: Practice Exam (total score)

Target: 80% pass (66) on 1st attempt

Data: Average score = 69.1

15/21 students met target = 71%

↓ Down from 2022 (70.4%)

SLO 2: STUDENTS WILL APPLY SYSTEMIC & DEVELOPMENTAL THEORIES IN THEIR CONCEPTUALIZATION OF CLINICAL CASES

Assessment: Clinical Demo (theory competencies) Target: 80% score 4+ on 1st attempt

Data: Average score = 4.2

21/21 students met target = 100%

⇒ Same as 2022

*The program did not meet Student Learning Outcome 1 for this cohort. We have met this SLO target in the past. Three students were within one point of passing the practice exam on their first attempt.

Faculty discussed whether or not to change the assessment or target. We find value in having students take the practice exam. We decided to ask students to wait to take the practice exam until they feel ready to pass. Some students take the exam “just to see how it goes.” Instead of changing the assessment or target, we decided to emphasize passing the exam on the first try and compare current cohort data to previous cohorts.

Program Goal: MFT Skills

The program trains students to practice relational/systemic therapy including assessment, diagnosis, and treatment of a variety of presenting problems.

SLO 3: STUDENTS WILL DEMONSTRATE COMPETENT ASSESSMENT, DIAGNOSIS, AND TREATMENT WITH A VARIETY OF CLINICAL CASES

Assessment: Capstone Paper

Target: 80% pass w/83+ points

Data: Average score = 85

19/21 students met target = 90%

New Assessment

SLO 4: STUDENTS WILL UTILIZE PUBLISHED MFT LITERATURE TO PROVIDE RESEARCH-INFORMED THERAPY

Assessment: Clinical Demo (research competencies)

Target: 80% score 4+ on 1st attempt

Data: Average score = 4.3

20/21 students met target = 95%

⇒ Same as 2022

Program Goal: Commitment to Inclusion

The program trains students to be aware, knowledgeable, and conscientious in their work with diverse, marginalized and under-served populations.

SLO 5: STUDENTS WILL **DEMONSTRATE AWARENESS OF THEIR POWER AND PRIVILEGE AS INDIVIDUALS AND AS CLINICIANS**

Assessment: OSCE

Data: Average score = 6.9

↑ Up from 2022

Target: 80% score 6+ on 1st attempt

21/21 students met target = 100%

SLO 6: STUDENT **WORK WITH MARGINALIZED, DIVERSE, AND UNDERSERVED COMMUNITIES WILL BE MULTICULTURALLY-INFORMED**

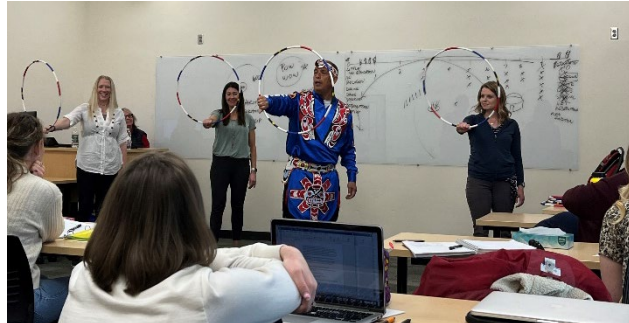
Assessment: Clinical Tx paper

Data: Average score = 4.3

➡ Same as 2022

Target: 80% score 4+ on 1st attempt

21/21 students met target = 100%



Program Goal: Adherence to MFT Ethics

The program trains students to engage in ethical clinical work and decision making through a commitment to ethical practice and to the AAMFT Code of Ethics.

SLO 7: STUDENTS WILL **DEMONSTRATE RECOGNITION OF THE AAMFT CODE OF ETHICS' APPLICATION TO CLINICAL SCENARIOS AND CASES**

Assessment: Capstone Paper

Data: Average score = 85

New Assessment

Target: 80% pass w/83%+ points

20/21 students met target = 95%

SLO 8: STUDENTS **APPLY AN ETHICAL DECISION-MAKING FRAMEWORK IN CLINICAL PRACTICE AND SUPERVISION**

Assessment: Clinical Demo (ethics competencies)

Data: Average score = 4.2

➡ Same as 2022

Target: 80% score 4+ on 1st attempt

20/21 students met target = 95%

Program Goal: Development of MFT Professional Identity

The program assists students as they develop an MFT identity by preparing students for MFT licensure and employment upon graduation from the program.

SLO 9: GRADUATES OF THE PROGRAM WILL **BECOME LICENSED AS A/MFTS**

Summative Assessment: AMFT/LMFT

Target: 80% LMFT within 3 years

Data: 21/21 licensed as AMFT

21/21 students met target = 100%

↑ Up from 2022

SLO 10: GRADUATES OF THE PROGRAM WILL **BECOME EMPLOYED AS MFTS**

Assessment: Employment as MFT

Target: 80% employed as MFT

Data: 21/21 offered job from prac site

21/21 students met target = 100%

➡ Same as 2022

CONGRATULATIONS



Alan Springer – 2023 UAMFT Supervisor Award

With program graduates: Duane Domino, Ali Springer, Laura Stringham, & Melissa Marchant

Duane Domino – 2023 UAMFT Associate MFT Award

With program graduates: Whitney Sanchez, Laura Stringham, Ali Springer & Melissa Marchant



Program Resources

The program considers its fiscal, physical, technological, instructional, clinical, and academic resources, and student support services sufficient to achieve the program's mission, goals, and outcomes when 80% of student responses agree with the majority of questions in the resource category listed.

PROGRAM INCLUSIVITY & CLIMATE OF SAFETY

1. The UVU MFT program strives for a diverse student body and faculty, including instructors, supervisors, other relevant educators, and professional staff.

83% responded "yes"

2. The UVU MFT program does not discriminate on the basis of race, age, gender, ethnicity, sexual orientation, relationship status, gender identity, socioeconomic status, disability, health status, religious or spiritual belief, religious or spiritual affiliation or national origin in any of its activities or policies relating to students, faculty, including instructors, supervisors, other relevant educators, and professional staff.

83% responded "yes"

3. The UVU MFT program encourages an academic climate that fosters respectful communication

100% responded "yes"

4. The UVU MFT program demonstrates a climate of safety, respect and appreciation for all learners including those from diverse, marginalized, and/or underserved communities.

100% responded "yes"

5. As a student in the MFT program, I have had an opportunity to provide therapy to diverse, marginalized and/or underserved communities.

100% responded "yes"

Open Comments:

- All of the faculty is female, although I enjoy learning from them, I/we would appreciate more male perspectives
- At times it feels like there is discrimination against having more male professors as part of the program. I have been extremely satisfied with the 3 male professors I've had so far and I wish we had them teach more.

Program Response:

- We will begin a new faculty search this fall. We will look for the best qualified candidate and emphasize to the search committee the program's desire for gender/race diversity within the MFT core faculty team.

PROGRAM RESOURCES

Resource Area	Target: 80% of respondents agree with majority of questions in area	Sufficient?
Diversity	5/5 questions w/80% agreement	Yes
Fiscal	3/3 questions w/80% agreement	Yes
Physical	6/9 questions w/80% agreement	Yes*
Technological	6/6 questions w/80% agreement	Yes
Instructional & Clinical	11/11 questions w/80% agreement	Yes
Academic	9/9 questions w/80% agreement	Yes
Student Support	11/11 questions w/80% agreement	Yes
Faculty Effectiveness	9/9 questions w/80% agreement	Yes
Practicum Supervisors	10/10 questions w/80% agreement	Yes
Off-campus Supervisors	10/10 questions w/80% agreement	Yes
Curriculum	3/3 questions w/80% agreement	Yes

***Questions w/less than 80% agreement:**

- The MFT program has been provided enough physical space for faculty and staff offices.
- Classrooms are equipped with tech podiums and screens.
- The Alumni House has enough parking for therapy clients.

