

MARRIAGE &
FAMILY THERAPY
MASTER OF ARTS
Utah Valley University

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12:00 p.m. Wednesday, May 3, 2023
Holland Lecture Hall, Clarke Building 101

Introduction Elizabeth B. Fawcett, Ph.D., LMFT
Director, MFT Program

Welcoming Remarks Deborah Marrott, Ph.D.
Department Chair, Behavioral Science

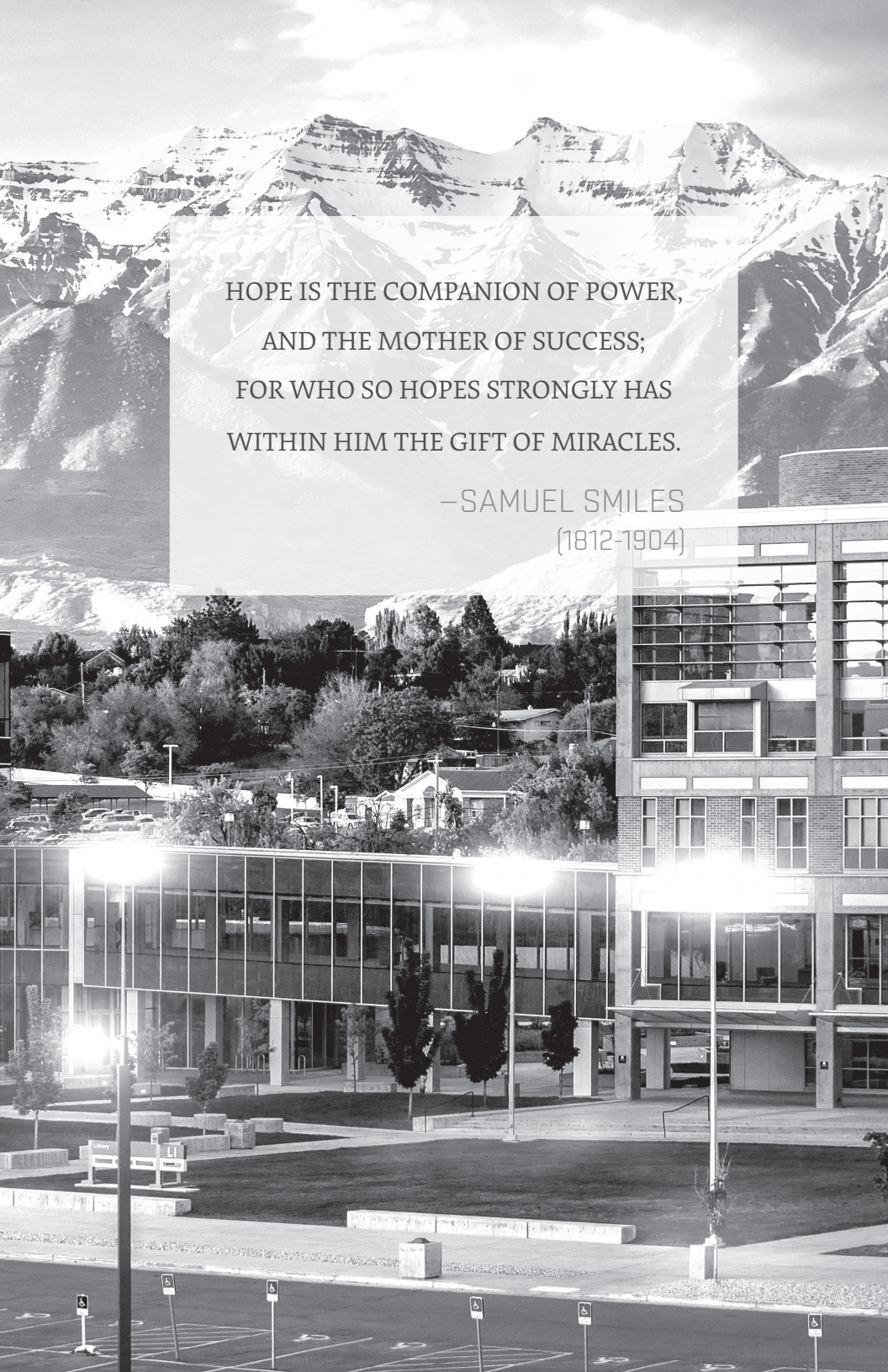
Keynote Speaker Lisa Tensmeyer Hansen, Ph.D., LMFT

Hooding Ceremony MFT Core Faculty
Elizabeth B. Fawcett, Ph.D., LMFT
Colleen M. Peterson, Ph.D., LMFT
Megan Story Chavez, Ph.D., LMFT

Closing Remarks Steven C. Clark, Ph.D.
Dean, College of Humanities and Social Sciences

A cohort and faculty photo will be taken after ceremony.

Following the photo, there will be a reception in the South Lobby for graduates and their guests.



HOPE IS THE COMPANION OF POWER,
AND THE MOTHER OF SUCCESS;
FOR WHO SO HOPES STRONGLY HAS
WITHIN HIM THE GIFT OF MIRACLES.

—SAMUEL SMILES
(1812-1904)

MESSAGE FROM THE DEAN



DEAR GRADUATING CLASS OF 2023

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On behalf of the College of Humanities and Social Sciences at Utah Valley University, I would like to extend my warmest congratulations on your graduation. This momentous occasion marks the culmination of your hard work, dedication, and commitment to your education. You should be immensely proud of your accomplishments, and we are honored to have played a role in your journey.

You have acquired the tools and the mindset necessary to succeed in whatever path you choose, whether that be in furthering your education, starting a career, or pursuing other passions. As you venture out into the world, it's important to remember that your education does not end here. Learning is a lifelong journey, and I encourage you to continue seeking knowledge and new experiences, and to always challenge yourself to grow and evolve.

We look forward to seeing all that you will achieve, and we wish you nothing but the best in all of your future endeavors.

Congratulations again on your well-deserved success!

STEVEN CLARK, PHD

Dean of the College of Humanities and Social Sciences

MARRIAGE & FAMILY THERAPY

MESSAGE FROM THE PROGRAM DIRECTOR

Dear 2023 Graduates,

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The faculty and I are so very proud of you, all you have accomplished, what you have overcome, and the therapists you have become. We are delighted to welcome you into our profession as colleagues. We are excited about the important work you will do and the service you will provide.

As you graduate with a master's degree, I invite you to consider the word master, which is both a noun and a verb. In the 1200's, to master something meant to get the better of, or prevail against. In the 1700's, master meant to overcome the difficulties of, and learn in a way that would allow you to apply your learning.

I hope that you feel immense pride in the knowledge and skills **you have mastered.**

In the late 12th century, the noun form of the word meant someone who was eminently skilled. In the mid-13th century, that meaning expanded to include someone charged with care, direction and oversight.

With the bestowal of this master's degree, you will be recognized as someone who is knowledgeable and skilled. You will be given opportunities to lead and the world will be better for the way you care.

I hope you are proud of the **masters you have become.**

Virginia Satir said, "I want you to get excited about who you are, what you are, what you have, and what can still be for you. I want to inspire you to see that you can go far beyond where you are right now."

Today we celebrate who and what you are. We congratulate you on the effort and mastery that have brought you to this moment.

We wish you joy and inspiration for your future steps in this exciting journey.

Elizabeth Fawcett



KEYNOTE SPEAKER



LISA TENSMAYER HANSEN, PH.D., LMFT

Lisa Tensmeyer Hansen, Ph.D., LMFT, (she/her) is the clinical director and founder of Flourish Therapy, Inc., a nonprofit behavioral health clinic based in Orem, Utah, which employs 35 therapists, counselors, and interns to serve the needs of LGBTQIA+ individuals, couples, and families in Utah and Salt Lake Counties. Thanks to telehealth expansion during the pandemic, Flourish Therapy also provides mental health services in all other Utah counties and in 11 additional states where Dr. Hansen is licensed as a Marriage and Family Therapist. Flourish Therapy provides free and low-cost mental health treatment in more than 1,200 sessions each month for the LGBTQIA+ community, including more than 250 free sessions each month. Flourish Therapy is committed to the education and training of mental health graduate students, supervising 19 interns and practicum students in the past year. Flourish Therapy is also committed to the well-being of LGBTQIA+ people in our community through education and advocacy. Dr. Hansen has provided more than 150 free presentations about LGBTQIA+ mental health to conferences, university classes, clinics, and in podcasts. In 2018, Dr. Hansen was awarded Outstanding Counseling Supervisor of the Year from the University of Utah and in 2019, Affirmation International awarded her Ally of the Year. In 2022, Extraordinary Options awarded Flourish Therapy its Outstanding General Outpatient Clinic of the Year. Dr. Hansen lives with her husband, Wilford Hansen, Jr., in Payson, Utah, where together they raised seven children and a few extras, and now have 22 grandchildren.

The UVU MFT program is grateful to Dr. Hansen for serving as a supervisor to one of our graduating students. We appreciate her inclusive vision, dedicated service, and powerful impact in our community. We are honored to have Dr. Hansen share her insights with our graduating cohort.



GRADUATING CLASS OF 2023

**The following individuals have earned or are completing a Master of
Arts in Marriage & Family Therapy**

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Daniela Cadmus
Makayla Cammack
Joelle Curtis Wright
Heather Doran
Amanda Fairbanks
Paige Gifford
Noelle King
Abigail Kott
Amelia Maag
Kelsey Macfarlane
Melissa Marchant
Kristy Mathisen
Luz Mariscal Ortiz
Mackenzie Preza
Anika Prows
Margaret Blanche
Sherman
Summer Simmons
Heather Sundahl
Alberto Valdez
Rebecca Wilson
Claire Wright-Bailey

UVU MASTER OF ARTS MARRIAGE AND FAMILY THERAPY

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The UVU Master in Marriage and Family Therapy (MFT) trains students to be professionally competent in the field of marriage and family therapy. Through the application of systemic theories, skills, and ethics, students are prepared to serve diverse client populations. Students who successfully complete the program, including academic course work and supervised clinical practica, are eligible for employment and licensure as Associate Marriage and Family Therapists in the state of Utah. This program is offered in collaboration with the behavioral science department.



UVU *Master of Arts*
**MARRIAGE &
FAMILY THERAPY**
UTAH VALLEY UNIVERSITY

ACADEMIC REGALIA



Academic heraldry in the form of academic dress reaches as far back as the earliest days of the oldest universities. Formal directives concerning the correct and proper wearing of academic regalia date back to the early 14th century. In the United States, as a result of our English heritage, caps and gowns have been used since colonial times.

As heraldic devices such as shields, coats of arms, standards, etc. could identify a knight and their individual heritage, academic costume can describe the academic origin and accomplishments of the wearer. Easily recognizable are holders of bachelor's, master's, and doctoral degrees.

The shape and decoration of the gown are the keys to identifying the highest degree earned by an individual. The master's gown has an oblong sleeve, open at the wrist; the rear part of its oblong shape is square cut and the front part has an arc cut away. The master's gown may be worn open or closed. The doctoral gown has bell shaped sleeves, may be worn open or closed, and may be most readily identified by its velvet facing down the front and by three velvet bars on each sleeve.

It is the hood, however, that is the most important and distinctive feature of American academic pageantry. It enables anyone attending an academic function to distinguish the wearer's heritage. The master's hood is three feet long with a three inch edging. The doctoral hood is four feet long with five inch edging. The color of the hood's velvet edging represents the field in which the wearer earned his or her degree. The color for Marriage and Family Therapy is light blue. The hoods of American colleges and universities are lined with silk in the official academic colors of the institution that conferred the degree.



MFT CORE FACULTY & STAFF

Elizabeth Fawcett, Ph.D., LMFT
MFT Program Director

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Colleen M. Peterson, Ph.D., LMFT
MFT Clinical Director

Megan Story Chavez, Ph.D., LMFT
MFT Faculty

Lori L. Duke, MAMFT
MFT Associate Director

ADDITIONAL MFT INSTRUCTORS

Rachel Augustus, Ph.D., LMFT
MFT Program Clinical Supervisor

Lacey Bagley, Ph.D., LMFT
MFT Program Clinical Supervisor

Jeremy S. Boden Ph.D., LMFT
Associate Professor, Family Science

Darryl Haslam, Ph.D., LCSW
UVU Mental Health Clinic Assistant Director

Branden H. Henline, Ph.D., LMFT
MFT Program Clinical Supervisor

Rich Hydo, DSW, LCSW
Family Science Lecturer

Ethan Jones, Ph.D., LMFT
Family Science Lecturer

Angelea Panos, Ph.D., LCSW, LMFT
SUDC Program Director

Todd Spencer, Ph.D., LMFT
Assistant Professor, Family Science

WITH APPRECIATION

The MFT Program sincerely thanks the following individuals and groups.

LOCAL SUPERVISORS & AGENCIES

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Jeremy Bailey, LMFT
The Phoenix Recovery Center

Jared Casey, LMFT
I Am Recovery

Tasha Diaz, LMFT
Covenant Sex Therapy

Tamara Little, LCSW
Center for Growth & Healing

Luke Marvin, PhD, Psychologist
Sandstone Psychology

Branden Henline, PhD, LMFT
Sage Family Counseling

Bryant Jenks, LMFT &
Sam Ashton, LMFT
American Fork Family Clinic

Carol Kim, LMFT, RPT
Beehive Child & Family Counseling

Triston Morgan, PhD, LMFT &
Phil Scoville, LMFT
The Center for Couples & Families

Rob Robison, LMFT &
Brad Tanner, LMFT
Utah Family Therapy

Alan Springer, PhD, LMFT
Marriage & Family Clinic of Utah

Lisa Hansen, PhD, LMFT
Flourish Therapy



HOODING CEREMONY

College of Humanities & Social Sciences Dean's Office
UVU Catering