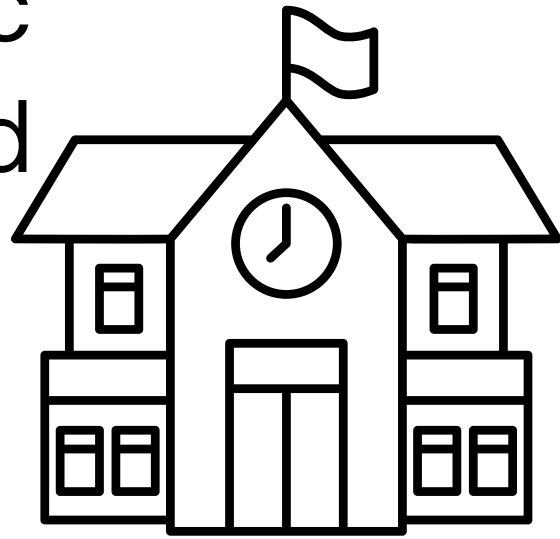


AUTISM AND COLLEGE

34.7% of autistic youth will attend college.



Source: Postsecondary Education and Employment Among Youth With an Autism Spectrum Disorder (Paul T. Shattuck)

Autism and College Challenges

- Making new friends
- Dorming with new individuals and in unfamiliar environments
- Sensory overload
- Uncertainty
- Challenging courses and new subjects
- Dating
- The set schedule from high school is no longer present
- Lack of private/personal space
- Judgment of meltdowns
- The necessity to explain everything to new people because "safe people" are no longer there
- Going non-verbal or having trouble communicating in inconvenient settings

Neurotypical College Challenges

- Navigating campus
- New friends
- Dorming with new individuals
- Challenging courses
- New study strategies
- Being away from home
- Social settings and activities
- Campus clubs and events
- Sleep schedule

Utah Colleges and Autism Resources

- Utah State University (Aggies Elevated)
- Dixie Applied Technology Center (Catapult)
- Weber State University (CATT)
- UVU (Passages, ASD Conference)
- University of Utah (Tanner Dancing With Disabilities Programs)
- Southwest Applied Technical College (Workplace Foundations)
- Disability Service Offices

Source: Utah Parent Center