

## **Fall 2024 Professional Development Schedule**

The Office of University Advising is pleased to announce the Fall 2024 Training and Development Schedule! We are excited to have you attend these sessions as your schedule allows. Sign-ups are through UVU Bridge. To register, click on the session within the calendar. Remember, with continuing certification requirements, you will need one session from each competency. Also, if you take more within each competency those will still work towards your total AEU requirement. Please contact Rachel Terry with any questions (Rachel T@uvu.edu).

## **Training & Development Sessions**

In-person sessions are held at 8:30am or 3:30pm in LC306 Virtual sessions are held at 12:00pm on Teams

- Sept. 19<sup>th</sup> & 26<sup>th</sup> and Oct. 2<sup>nd</sup> & 8<sup>th</sup>:
  #TakeNote –Jessica Yakiwchuk and Melissa Braithwaite
- Oct. 4<sup>th</sup> and 8th:
  Wolverine Connect Creating Connections for Success Amanda Kimball
- Sept. 17<sup>th</sup> and Oct. 1<sup>st</sup>:
  Getting to Know the CARE Hub Kinsey Oldroyd and Nicasio Nango
- Sept. 18<sup>th</sup> and 30th: The Art of Effective Advising: Best Practices from the SOA Advisors – SOA Advising Team
- Sept. 20<sup>th</sup> and 24<sup>th</sup>:
  Appreciative Advising in Action Rachel Terry
- Sept. 23<sup>rd</sup> and Oct. 10<sup>th</sup>:
  Communication Through Text: Mongoose Cadence Clint Martinez & Katherine Brickey
- Sept. 16<sup>th</sup> and Oct. 9<sup>th</sup>:
  "Becoming a Learner" Book Club Vince Dreyer
- Sept. 25th: (\$\$)
  Artful Advising Allison Ewing-Cooper and Meredith V. Parker
- Sept. 17<sup>th</sup> and 26<sup>th</sup>: (earn 2 AEU's)
  QPR Suicide Prevention Training for Advisors JC Graham with Student Health Services
- Sept. 27<sup>th</sup> and Oct. 3<sup>rd</sup>:

  I Am First: A Mission of Advocacy, Mentorship, and Community for 1<sup>st</sup> Gen Students Colton Simons, Sandra Fuimaono, Ceci Fernandez, Whitney Dawe
- Cultural Competency Workshops

Any of the <u>Cultural Competency Workshops</u> will fulfill this competency; however, we can't currently guarantee these will be offered in Fall 2024. If you need to fulfill this competency, we recommend attending one of the sessions offered by OUA above.

# **Advisor Competencies**

- Advisors care about their students as individuals with varying backgrounds and experiences and employ a variety of advising methods to meet individual student needs as they plan their academic, personal, and professional goals.
- Advisors effectively operate necessary technologies and use data and assessment to guide and inform their work.
- Advisors provide information to their students using a variety of communication methods and soft skills.
- Advisors model professional behavior.
- Advisors thoroughly understand program requirements, resources, and services available at UVU.
- Advisors are inclusive in nature and care about the individual needs and circumstances of every student.

## September & October 2024

To register, click on the session title

Monday	Tuesday	Wednesday	Thursday	Friday
September 16	September 17	September 18	September 19	September 20
12:00pm-1:00pm  "Becoming a Learner"  Book Club  (MS Teams)	8:30am-10:30am  QPR - Suicide Prevention  - Training for Advisors (LC 306)  3:30pm-4:30pm  Getting to Know the CARE  Hub (LC 306)	3:30pm-4:30pm  The Art of Effective  Advising: Best Practices  from the SOA Advisors (LC 306)	3:30pm-4:30pm #TakeNote (LC 306)	12:00pm-1:00pm  Appreciative Advising in Action (MS Teams)
September 23  12:00pm-1:00pm Communication Through Text: Mongoose Cadence (MS Teams)	September 24  8:30am-9:30am  Appreciative Advising in Action (LC 306)	September 25  12:00pm-1:00pm Artful Advising (\$\$) (Register before Sept 4 <sup>th</sup> . Zoom link sent after registration)	September 26  12:00pm-1:00pm #TakeNote (MS Teams)  2:30pm-4:30pm QPR — Suicide Prevention — Training for Advisors (LC 306)	September 27  12:00pm-1:00pm  I Am First: A Mission of Advocacy, Mentorship, and Community for 1st Gen Students (MS Teams)
September 30  12:00pm-1:00pm The Art of Effective Advising: Best Practices from the SOA Advisors (MS Teams)	October 1  12:00pm-1:00pm  Getting to Know the CARE  Hub (MS Teams)	October 2  8:30am-9:30am  #TakeNote (LC 306)	3:30pm-4:30pm  I Am First: A Mission of Advocacy, Mentorship, and Community for 1st Gen Students (LC 306)	October 4  12:00pm-1:00pm  Wolverine Connect –  Creating Connections for Success (MS Teams)
October 7	October 8  12:00pm-1:00pm #TakeNote (MS Teams)  3:30pm-4:30pm Wolverine Connect – Creating Connections for Success (LC 306)	8:30am-9:30am  "Becoming a Learner"  Book Club  (LC 306)	October 10  3:30pm-4:30pm Communication Through Text: Mongoose Cadence (LC 306)	October 11

## Session Abstracts by Competency

Advisors thoroughly understand program requirements, and resources and services.



## October 4<sup>th</sup> and 8<sup>th</sup>

## Wolverine Connect - Creating Connections for Success - Amanda Kimball

Take a moment to think back on your college experience. Who was there to champion you? Were there individuals who gave you opportunity? Did you understand how important it was to take advantage of networking or mentorship? Wolverine Connect is here to help students connect with UVU alums who can provide valuable insight and connections, enhancing the UVU experience and bridging potential gaps between school and profession. Let's help students gain more equity by leveraging a network of fellow Wolverines.

## September 17<sup>th</sup> and October 1<sup>st</sup>

Getting to Know the CARE Hub - Kinsey Oldroyd and Nicasio Nango

Come learn about the CARE Hub's resources and how advisors play a crucial role in helping basic needsinsecure students, including housing, food, safety, and health resources. We'll share information about our new location, our community partnerships, and how you can support the CARE Hub in supporting students.



Advisors communicate the value of higher education and employ a variety of advising approaches and methods to impact the success of students.



## September 18th and 30th

## The Art of Effective Advising: Best Practices from the SOA Advisors - SOA Advising Team

Academic advising is more than just a checklist of tasks; it's an art form. As advisors, we weave together empathy, expertise, and innovation to create meaningful connections with our students. In The Art of Effective Advising: Best Practices from the SOA Advisors, we will explore practical strategies and creative approaches that elevate advising from mundane to masterful. Join us as we share key aspects of connection that are important to our team: navigating pathways through career advising, enhancing student engagement by leveraging technology, crafting effective emails, building rapport with students, and designing spaces for connection. This session will provide valuable insights and actionable takeaways. Together, we'll elevate academic advising to new heights!

## September 20<sup>th</sup> and 24<sup>th</sup>

## **Appreciative Advising in Action** - Rachel Terry

Take your advising sessions to the next level by applying appreciative advising principles! In this training, we'll look at the "why" behind the six phases of Appreciative Advising (Disarm, Discover, Dream, Design, Deliver, and Don't Settle), as well as practical questions and applications to help you develop deeper connections to your students.

## Advisors provide information to their students using a variety of communication and soft skills



## September 23<sup>rd</sup> and October 10<sup>th</sup>

Communication Through Text: Mongoose Cadence - Clint Martinez & Katherine Brickey Join us for a comprehensive workshop on revolutionizing your communication strategies with students through Mongoose Cadence. This session will provide you with practical skills to fully utilize the tool. We will provide an overview of Mongoose, discuss FERPA compliance in texting, and cover essential features of Cadence, including navigation, composing messages, and managing personal and shared inboxes.

Participants will engage in interactive breakout activities to practice creating segments, scheduling messages, and using smart messages. By the end of the session, you will be equipped with the knowledge and experience needed for effective, compliant communication using Mongoose Cadence. Don't miss this opportunity to enhance your skills and transform your academic communication strategies!



Advisors model professional behavior



September 16th and October 9th

"Becoming a Learner" Book Club - Vince Drever

During this session we will discuss the book "Becoming a Learner" by Matthew L. Sanders. This is a short (55 pages!) but powerful book that looks at the "college experience" in a unique and enlightening way. During this session we'll discuss what it means to become a learner, examine the "distracting conversations" surrounding higher education, and explore the "principles of learning." Advisors participating in this discussion will gain new ideas for helping students 1) expand their horizons at UVU and 2) appreciate the importance of general education (GE) requirements.

Note: The in-person session will be limited to 30 participants, but the online session will have unlimited "seats." If you don't already have a copy of "Becoming a Learner," by Matthew L. Sanders, please reach out to Paula at paulan@uvu.edu to request one and schedule a time to pick up by September 5<sup>th</sup>.

### September 25<sup>th</sup>

Artful Advising - Allison Ewing-Cooper and Meredith V. Parker

Paint along with Allison-Ewing Cooper and Meredith V. Parker from Arizona for this hands-on learning event through Zoom. You will receive a Play Pack that will include a wooden paintable object, painting supplies, and some embellishments to make the project unique. You will receive a link to join the Zoom meeting in September. Registration closes September 4th or until they reach capacity (80 participants).

Note: The cost for Play Packs (includes shipping) is \$35 for NACADA members and \$45 for non-members; discuss with your supervisor about attending and covering the cost.

Advisors effectively operate necessary technologies, and use data and assessment to guide and inform their work.

## September 19<sup>th</sup> & 26<sup>th</sup> and October 2<sup>nd</sup> & 8<sup>th</sup>

**#TakeNote** - Jessica Yakiwchuk and Melissa Braithwaite

Just as a well-executed basketball play relies on precise passes and clear communication, effective advising requires accurate and informative notetaking. In this training we will cover what key details should be included to make a "good advising note," how to document effectively while keeping student information confidential, and examples of best practices. Just as a championship team relies on every player, a successful advising team depends on every advisor's contribution to the shared goal of student success. The Office of University Advising recommends every advisor attend this training.

> Advisors are inclusive in nature and care about the individual needs and circumstances of every student



September 17<sup>th</sup> and 26<sup>th</sup>

QPR - Suicide Prevention - Training for Advisors - J.C. Graham

This session will train advisors on strategies and ways to talk to others who are experiencing suicidal ideation or behaviors. QPR is an emergency response to someone in crisis and can save lives. We highly recommend that advisors participate in this innovative, practical, and proven suicide prevention training.

Note: This training is only offered in-person and will be held for 2 hours. Advisors will earn 2 AEUs for attending and participating. Limit 30 people each session due to room size.

## September 27th and October 3rd

I Am First: A Mission of Advocacy, Mentorship, and Community for 1st Gen Students -

Colton Simons, Sandra Fuimaono, Ceci Fernandez, Whitney Dawe

First-generation college students make up more than 30% of UVU's student population. They are some of our best, brightest, and most terrified students. Join us as we discuss our three-part approach to serving first-gen students: advocacy, mentorship, and community. Learn the strategies behind each of these three concepts and how they empower first-gen students to succeed during their educational journey.

#### **Cultural Competency Workshops**

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