



Crystal Sedano

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"Neither of my parents received a college degree. My dad is originally from Mexico and the farthest he got in his education was middle school. My mom earned her high school diploma.

I always wanted to go to college because I knew I wanted to become something. My dream was to become a teacher. I knew right away that I wanted to be at UVU. I was scared at first, but when I looked into available resources, I found that people at UVU really cared, and they helped me tremendously. I knew I wasn't alone.

I want to help my students the way my high school teacher and my UVU professors and mentors helped me. My philosophy is to always get to know my students. You never know when someone is struggling. Afterwards, you ask yourself how you can help them get to where they need to be."

Crystal Sedano '21, Education