

CREATING POSITIVE EXPERIENCES

SUMMER UNIVERSITY | MAY 13 - 15, 2024

Summer University is a three-day professional and personal development conference for full- and part-time staff. It is a mixture of self-improvement, service, and fun events for employees at UVU to show our appreciation for the exceptional care you do every day to support our students.

ANNOUNCEMENTS



+ SAVE THE DATE

Mark your Calendars! This year's Summer University festivities will be held the third week of May from the 13th to the 15th. Check back for presentation and registration details.

+ REGISTRATION

Registration is now open! Follow the link below to sign-up and take part in our yearly Summer University experience. (registration closes April 30th)

[REGISTER HERE](#)

SPEAKERS

Opening Keynote



JEANETTE BENNETT

[Read Bio](#)

Closing Keynote



MAT DUERDEN

[Read Bio](#)

SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	FAQ
MONDAY, MAY 13TH Activities (Note: Limit 1 activity per employee)			
7:30am UCCU/UVU Employee Golf Tournament at Talon's Cove (\$35.00) 9:00am-12:00pm Top Golf (\$20.00): Check-in starting at 8:30am	• Bingo • Bowling • Massage Chairs • Pickleball	• Sound Bath • Climbing Wall • NRG Dance Fitness class	
T-shirt and Meal Voucher: Registered attendees can pick up these items from a table outside the People and Culture office (HF 105) during business hours on Friday, May 10th, and Monday, May 13th.			

[At-a-Glance Schedule \(pdf\)](#)

ACTIVITIES

NOTE: Limit 1 activity per employee

All activities take place on **Monday, May 13th**. Register for an activity via your Summer University Registration. Spots are limited. Be sure to coordinate activity availability times with your personal schedule.

Activity	Time	Place
UCCU/UVU Employee Golf Tournament (\$35)	7:30am	Talon's Cove
TopGolf (\$20)	Check-in 8:30am, Activity 9:00am-12:00pm	Topgolf Vinyard
Pickleball	9:00am-11:00am	SLWC Mac Court
Sound Bath	10:00am	SC 213 A/B
NRG Dance Fitness Class	9:00am	SL 305 A
Rock Climbing	Anytime between 12:00pm- 2:00pm	The Project Climbing Wall in SLWC
Bowling	12:00pm-1:00pm	SL Bowling Alley
Bingo	1:00pm	Center Stage
Massage Chairs	9:00am-1:00pm (15 minute session blocks)	SL 211C

SERVICE PROJECTS

NOTE: Limit 1 option per employee. Additional instructions will be provided after sign-up.

+ BUILDING HELP ME GROW KITS FOR UNITED WAY

We have the opportunity of building Help Me Grow kits for United Way. The kits are used to help children learn and develop. Projects involve simple cutting apart components and assembling booklets or game pieces. On-campus and remote options are available. Access to scissors recommended.

[Details](#)

+ UVU G.R.I.T. GARDEN

G.R.I.T. stands for "Growing Resilience and Inclusiveness Together". The GRIT Garden works towards this mission through "three P's of Sustainability": people, planet, and prosperity. University faculty and staff have an opportunity to get involved by working in the garden. All of the crops produced in the garden go to the UVU food bank to support at-risk students. Come and support UVU's sustainability efforts by helping in the GRIT Garden! Bringing personal equipment such as gloves, water, sunscreen, and tools (labeled) is encouraged.

[Details](#)

+ LIVE EMPOWERED

Live Empowered is an institution in American Fork dedicated to providing services to adults with a range of special needs including physical disability, intellectual disability, brain injury, autism, and other diagnoses. Many of their clients are non-verbal and operate on a 4-5-year-old level. This service project with Live Empowered will be hosted on campus and is intended to foster social connection and engagement for these individuals. Volunteers will enjoy various activities, such as bowling and ping pong, creating opportunities for fun and interaction for our guests. We are seeking volunteers to assist in creating an unforgettably fun experience for our guests on campus.

[Details](#)

+ MAGIC YARN PROJECT

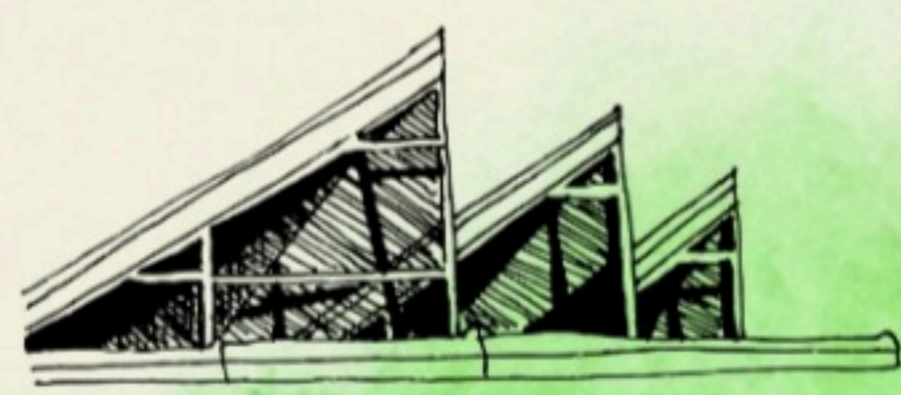
The Magic Yarn Project creates magic in the lives of children battling cancer by making yarn wigs for children going through Chemotherapy. Chemotherapy treatments often leave young scalps too sensitive for scratchy traditional wigs, but yarn wigs are comfy, soft, and warm. Magic Yarn wigs are inspired by beloved Disney characters and invite children back to the world of play and daydreaming. They are a beacon of fun, laughter, and imagination during a scary time. Volunteers will be tying the yarn onto premade hats to create the princess wig. Wigs are very easy and take 60-90 minutes to complete.

What to wear/bring: This craft does not require any particular skill-set, just a desire to serve.

[Details](#)



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