



UVULEAD WORKSHOP LIST

Coaching and Developing Employees

Christian Brinton - Senior Director of Strategic Relations

In this session, supervisors will come to understand the role of supervisors in coaching and developing employees, learn the different forms of coaching employees, practice coaching scenarios and situations, and discuss how to implement a coaching and development culture at work.

Building Trust

Colleen Sorensen - Director of Testing Services

In this session, participants will engage in a highly interactive workshop designed to learn how to incorporate the key ingredients needed to build trust with their employees. They will walk away with a clear understanding of what those ingredients are and some exercises that allow them to see firsthand how those ingredients work quickly to establish or erode trust in workplace relationships.

Encouraging Employee Engagement

Alison Jensen - Director of Enrollment Services

In this session, supervisors will learn how to dynamically engage employees through a positive office culture, UVU community, and meaningful work experiences.

Setting Clear Expectations

Justine Gamble - HR Generalist of Culture and Communication

In this session, supervisors will learn how to set clear expectations upon the hire of a new employee and when overseeing a project. They will also learn how to follow up on expectations and reset expectations when they change or are not being met.

Practicing Positive Conflict Resolution

Michael Snapp - Director of the Career Development Center

In this session, supervisors will learn their role in leading effective conflict resolution, discover their preferred modes of handling conflict, understand the Dual Concerns Model of approaching conflict resolution, and discuss specific methods and tools for handling and resolving conflict.

Leading with Emotional Intelligence

Chad Johnson - Director of Admissions

In this session, supervisors will develop an appreciation for the impact of emotions on their work, learn about Emotional Intelligence, recognize and manage their own emotions and the emotions of others, and use Emotional Intelligence to guide their thinking and behavior.

Strengths Finder

Kristen Nuesmeyer - Director of Academic Standards

In this session, supervisors will discover their strengths using the CliftonStrengths Online Assessment and determine how these strengths can benefit their team.



Discovering Your Leadership Style

Daniel Delgado - Director of Culture and Talent

In this session, supervisors will review the different leadership styles, learn which style they naturally lean toward, understand situations where each style excels, and learn to adapt to the right leadership style for each team and their needs.

Giving and Receiving Clear and Honest Feedback

Lincoln Op't Hof - Manager of Employee Relations

In this session, supervisors will learn the different ways of giving and receiving feedback, discuss the positive effects of giving and receiving feedback, review tools used to create a culture of open feedback, and practice different scenarios.

Exercising Disciplined Stewardship Over Resources

Scott Wood - Director of Budgets

In this session, supervisors will come to understand the Planning, Budget, & Assessment (PBA) cycle at UVU; learn how to effectively bring departmental budgets in alignment with departmental strategic plans; and discuss the process of reviewing the resources they have available to stay within their budget.

Managing and Completing Projects Professionally

Shari Warnick - Art Director

In this session, supervisors will learn their role in project management as a leader of a team, come to understand the steps involved in managing projects, review project management tools, and learn how to apply project management skills in their team.

Planning Strategically

Marilyn Meyer - Vice President of People and Culture

By the end of this session, you will have a broad brush understanding of strategic planning. Specifically, we will: Discuss the value of Strategic Planning, walk through the Six Strategic Planning Life Cycle, facilitate activities to develop Action Plans, discuss execution of the Strategic Plan, and discuss evaluation of the Strategic Plan.

Writing Job Descriptions

Anthony Garcia - Compensation Analyst

In this session, supervisors will gain an understanding of the importance of well-maintained job descriptions, while also learn the best practices and processes for job descriptions at UVU.

Conducting Performance Management Conversations

Cathy Jordan - Associate General Counsel

In this session, supervisors will examine the vision of Performance Management at UVU and become familiar with the UVUPM system and process.

Navigating Disciplinary Action

Irene Whittier - Senior Human Resources Business Partner

In this session, supervisors will come to understand the role of HR Business Partners, discuss the importance of having difficult conversations, and review the timelines and steps for disciplinary processes.



Managing Change

Summer Valente - Director of the Center of Social Impact

In this session, supervisors learn how to identify the objectives and scope of changes, create a plan to address the specifics of changes, implement changes, and assess the success of changes.

Managing Student Employees

Colleen Sorenson - Director of Testing Services

This workshop will introduce you to the fun and structure of hiring student employees. Students can be incredible assets to your organizational structure, and once you learn some tips and tricks, you will be well on your way to developing a system for a successful student employment program.

Supervisor Support Group

People and Culture Team

An opportunity for supervisors to meet together and go over the things they've learned, what's worked, what hasn't worked, and get input from other people in similar situations.