

# First-Year Advising Syllabus



Welcome to Utah Valley University, and the First-Year Advising Center! We are thrilled to assist you on your UVU journey! This syllabus is an introduction to the FAC and a guide to your first year of academic advising. Below you will find a few of our guiding principles, as well as the role you will play in academic advising. Please let us know if you have any questions along the way, and as always, go Wolverines!

## First-Year Advising Center Mission Statement

The First-Year Advising Center is committed to assisting every student in their successful transition to Utah Valley University through engaged and holistic academic counseling.

<b>Office</b>	Losee Center 402
<b>Hours</b>	Mon-Fri: 8:00 am - 5:00 pm
<b>Phone</b>	801-863-8425
<b>Email</b>	firstyear@uvu.edu
<b>Website</b>	uvu.edu/firstyear/advising

<b>Our Service Standards</b>	<b>Your Roles and Opportunities</b>
1. Ensure that every student has a positive interaction with the First-Year Advising Center.	1. <b>Come and see us.</b> Actively engage with your first-year counselor and experience the ways they can help you.
2. Enhance student learning and educational empowerment through holistic academic advisement.	2. <b>Recognize growth.</b> Your education provides opportunities for transformation – seek them out.
3. Remain accountable to students, maximizing their academic and personal success.	3. <b>Track your progress.</b> It's important that you recognize and celebrate your successes, both big and small.
4. Respect and value the individuality of our students, their unique experiences, and perspectives.	4. <b>Learn from your peers.</b> Respect and value the stories and experiences of those around you.
5. Serve as a resource to students, addressing questions and concerns whenever possible, and making effective referrals when necessary.	5. <b>You're not alone.</b> UVU provides a variety of resources – academic, personal, and professional – to aid in your journey. Aren't sure where to start? We can help!
6. Adapt our academic advising to meet student needs by researching and implementing national best practices.	6. <b>Be proactive.</b> Every student experiences setbacks, your response in these moments can help determine your success.
7. Initiate and maintain timely and prompt communication with students and the university community.	7. <b>Check your email.</b> This is how we will reach you, and we want to know how you're doing – let us know!

## Learning Outcomes

Your first year of college is a transformative experience and lays the foundation of your education. The skills and knowledge you gain during this time will provide the momentum you need to continue on your journey toward graduation. To carry this momentum into your second year and beyond, we want to help you accomplish the following learning outcomes during your first year:

1. Select a major and create a corresponding academic plan.
2. Demonstrate the ability to complete a degree audit and assess progress toward graduation.
3. Complete Math and English requirements in your first year and select additional relevant courses as appropriate.
4. Utilize campus resources that support student success.
5. Build connections at UVU and show resiliency navigating challenges.

## First-Year Advising Center Curriculum

To help guide you through the first year advising process, we have created the following advising curriculum. We understand that an education is an individual journey and have created this curriculum as a guide – you and your first-year counselor will adapt this curriculum to best meet your needs and develop your personalized plan for success.

Appointment	When	What	Why
<b>1</b>	1-2 months before registration opens for your first semester.	Welcome to UVU! Let's get to know your major and build a first semester schedule.	Be prepared and confident heading into your first semester.

Appointment	When	What	Why
<b>2</b>	1-3 weeks into your first semester.	First impressions – let's review your acclimation to campus and discuss strategies for success.	Make sure you are starting your UVU journey off on the right foot.

Appointment	When	What	Why
<b>3</b>	2-4 weeks before registration opens for your second semester.	This appointment is all about preparing for registration. It's a great time to finalize your second semester schedule.	Clarify your direction and purpose before registration opens.

Appointment	When	What	Why
<b>4</b>	2-4 weeks before registration opens for your third semester.	This appointment is about the climb – make sure you're building and maintaining your momentum.	Recognize your successes and prepare for next steps.

\*If a student does not transition out of the First-Year Advising Center after their second semester, subsequent advising appointments will closely resemble the 4th appointment as outlined above.

Appointment	When	What	Why
<b>5</b>	2-6 weeks before the end of your final semester in the First-Year Advising Center.	In this appointment we will discuss your transition to your school or college advising center. We'll use this time to review your UVU experience, your successes, and your next opportunities.	Prepare to make a successful transition to your school or college center and new advisor.

\*The transition out of the First-Year Advising Center and into the individual school or college advising center will occur when a student reaches 30 earned credits, has completed one of ENGH 1005 or ENGL 1010, and has completed a QL level math course.