

The Upward Bound NEWS

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TRIO
UPWARD BOUND



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Website: uvu.edu/trio/ub/



[uvu.upward.bound](https://www.instagram.com/uvu.upward.bound)



[Upward Bound UVU](https://www.facebook.com/UpwardBoundUVU)

WE HAVE A BLOG:

uvu.edu/trio/ub/blog/



ACT 2022-2023 TEST DATES

October 22

December 10

February 11

April 15

June 10

July 15

COORDINATOR'S MESSAGE



Students and Parents, Welcome back to a new school year. We are excited to let you know our UB grant was refunded for 5 more years. For those students who are new to UB this year, welcome, I am excited to get to know each of you this coming year.

We are in the process of recruiting new students to join our program. If you have someone in mind, such as a friend or a family member that maybe a good fit for UB, please reach out to me or the UB Advisor at your school.

We had a successful in-person summer this past June. It was our first time getting together for a Summer Program since COVID. It was so great to have the students on the UVU campus, taking classes, workshops, and activities. Our students were able to earn 6-7 college credits and a lifetime of memories and friends. I have added some pictures to the last page of this Newsletter, where you can check out some of the fun and memories we made. If you are interested in joining us for our Summer Program next year, applications will be due in January 2023. More information to come soon.

I wish you all a successful year. If you need extra help in a class, setting school and personal goals, or you are unsure what you need to do as a senior, please go to your UB Advisor for help. Upward Bound is here to help you with whatever challenge you may be facing. We are here to help you succeed. Please do not sit back and let this year go by without you pushing yourself to do better in all things. I am also here to help you with whatever help you may need. Here is to another great year in Upward Bound.

-Rebecca Ayala, UB Coordinator-

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NEWS from our UB ADVISORS



UINTAH HIGH SCHOOL

Welcome back to another school year! I hope you all had a nice summer break and are ready once again to take on the challenges of a new school year.

Several Uintah High Upward Bound students were finally able to experience the in-person Summer Program. This was a welcome experience after having to participate in the Summer Program online for two straight years. Students spent a good part of the month of June living near UVU's campus and take two college level, three credit courses. These students got a taste of what college life is like. In addition, students were able to participate in other off-campus activities throughout the Wasatch Front. After the summer program, students went on a trip of epic proportions and spent time in five different states over the course of a few days! If you did not participate in the summer program this past summer, please consider participating this coming summer. If you have questions about the summer program, please feel free to contact Mr. Aycock or speak to one of your Upward Bound peers who participated in the summer program.

As we begin another year of Upward Bound, we will be taking time to set academic and career goals. We will also consider your interests and try to identify possible careers that might fit your interests and your personality. Please plan on attending weekly group guidance activities and meetings. Participating in Upward Bound provides you with many opportunities to receive academic help, explore future possibilities, and get a head start on your college education. Don't miss out on these useful and unique opportunities. We are going to try meeting on Fridays during the Friday Student Success time schedule. We will be meeting in the Fishbowl here at Uintah High at 10:25am each Friday, unless otherwise noted. Please don't miss out! Take advantage of the opportunities and resources Upward Bound provides.

-Brandon Aycock, UB Advisor-



OREM & PROVO HIGH SCHOOLS

Welcome Back Provo and Orem Students!

Students that did the summer program reported back that they had a great time and learned so much. Make plans to apply to the summer program next year as it's the highlight of UB. I'm recruiting at all schools, but especially 9th grade. Tell your friends how much fun we have and get them to apply! Group Guidance Activities (GGAs): We met for the first time this week and started the Personal Education Plans. We'll be working on getting to know each other better and start setting goals for this school year.

Canyon View: GGAs are every Tuesday at 9:05 am in the Main Office Conference Room. I'm on campus from 9:00 – 9:45 am on Tuesdays.

Orem: GGAs every Tuesday at 1:55 pm in the Career Center. I'm also available at Orem during lunch (in the office next to the vending machines). I'm on campus from 10 am – 2 pm Mondays and Tuesdays. Come see me!

Provo: GGAs will be every Thursday during both lunches in the Career Center. You can also drop in Wednesday or Thursday from 10 am – 2 pm in the Career Center.

Seniors: I have Senior Guides for each of you. They are so helpful with your college planning this year. I'll be meeting with each of you to go over your plans and to get started on the FASFA when the application opens on October 1. Each of you needs to set up a FAFSA ID before your school's FASFA night. I'll be there to help you at FASFA night. Provo is meeting on October 6th 5:30-8 pm and Orem is meeting on October 19th 5-8 pm. Put those dates on your calendar. One last note - if you need an ACT waiver, please let me know. The last day to register for the October ACT test is September 16.

-Marianne Overson, UB Advisor-

MORE NEWS from our UB ADVISORS



UNION HIGH SCHOOL

Hello and welcome back!

I hope you all had an adventurous summer and are ready to be back in school.

Seniors, make sure you are touching base with your advisor regularly this year. There is so much to do and so many deadlines to meet. They can help you make sure you are staying on top of all that you need to be doing. College applications are coming up and several Utah colleges have fee waivers if you apply in October. Check with your advisor for more information on fee waivers.

Seniors, another important thing for you to be doing is applying for scholarships! Consider it a part-time job and work on scholarships a little each week. Be watching your email, Scholar box, and pay attention to announcements from your school's counseling office.

You younger students **pay attention to your GRADES!** So many scholarships are linked to your academic performance in high school. Sometimes you don't realize that until it is too late!

One of the benefits of being part of Upward Bound is the monthly stipend. Don't let that money pass you by. Each month you can earn \$20-25 by turning in your stipend. If you do one each month that is between \$160 - \$200! Make a goal to turn one in EVERY MONTH!

All the Upward Bound advisors are recruiting new students. If you have a sibling or friend that is interested in Upward Bound, please help them connect with your advisor so they can fill out an application.

Have a great school year!

-Audrey Goodrich, UB Advisor-



WASATCH HIGH SCHOOL

Welcome back to school! I hope you had a wonderful summer! It was fun to meet with the Wasatch High Upward Bound group this week and hear all about their summer and the classes they are taking this semester! I'm always so impressed by their positive attitude towards school and their challenging classes.

I'm looking forward to meeting with each student individually in the next few weeks to help them come up with a plan to make this year a success for each of them! We'll be talking about goals, grades, challenges and how I can best help them. With the seniors I'll be focusing on college applications! This means in the next two months they will need to complete each of their college applications, fill out the FAFSA, write personal essays, gather recommendations, and even take the ACT one last time! They are going to be very busy!

Our meetings this semester will be every Wednesday after school (2:30-3:30). If you have any questions for me, please do not hesitate to contact me via email or phone!

I really enjoy working with each of the WSH students! I know this year is going to be the best one yet!

-Emily Nelson, UB Advisor-



2022-2023 UB PRESIDENCY

The summer UB Students elected a new UB Presidency during the UB Summer Program.



Danely Chacon- President
Wasatch High



Ashton Biggs-
Vice President
Wasatch High



Sophia Borba-
Secretary/Historian
Orem High

DID YOU KNOW?

DID YOU KNOW?

Quest Bridge, a nonprofit organization, connects high-achieving, low-income students with full scholarships to the nation's best colleges and has a College Prep Scholars Program for high school juniors. For more information go to www.questbridge.org.

DID YOU KNOW?

You can receive up to \$25 a month for attending weekly meetings, maintaining good grades, and taking a concurrent enrollment/AP course. For further details regarding this monthly stipend, please talk to your UB Advisor.

DID YOU KNOW?

Many colleges & universities have an application deadline as early as December 1st!

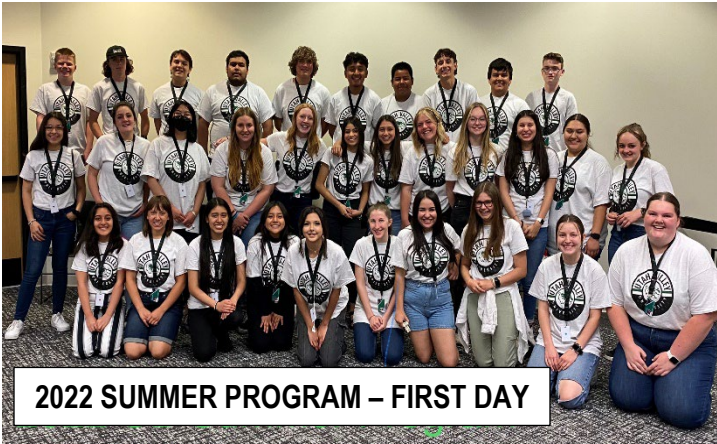


Did You Know?

We had three students earn their Associates Degree this year from UVU, before they earned their high school diploma. They were honored at the Summer Program Banquet on July 1, 2022, at UVU.

Aliana Molina-Orem High
Jeffery Payan-Wasatch High
Luis Bryan Zavala-Vera- Wasatch High

2022 UB SUMMER PROGRAM



2022 SUMMER PROGRAM – FIRST DAY



HILL AIR FORCE BASE



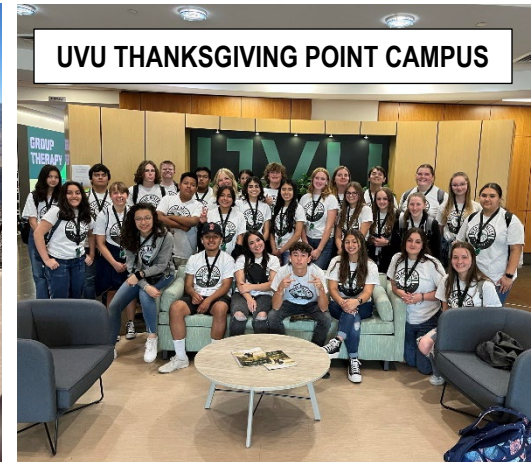
HEBER CREEPER



WINDOW ROCK, AZ



GRAND CANYON, AZ



UVU THANKSGIVING POINT CAMPUS



Different. Daring. I.

UNLV



CANYON DE CHELLY, AZ



SUMMER TUTOR COUNSELORS



SPIDER ROCK



CAPITOL REEF



FOUR CORNERS