

The Upward Bound NEWS

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TRIO
UPWARD BOUND



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CHECKOUT OUR WEBSITE:

uvu.edu/trio/ub/

WE HAVE A BLOG:

uvu.edu/trio/ub/blog/



ACT 2021-2022 TEST DATES

October 23, 2021
December 11, 2021
February 12, 2022
April 2, 2022
June 11, 2022
June 16, 2022

COORDINATOR'S MESSAGE



Welcome back to another school year. We are currently starting to meet weekly with our UB students, so please check in with your UB Advisor to see what day and time your meetings will take place.

We are also in the process of finding new students to join our program. If you have someone in mind such as a friend or family member that maybe a good fit for UB, reach out to me or the UB Advisor at your school.

We had a successful Summer Program this past June. You can check out a few pictures on the last page. Although it was different than we are all used to, it was nice to get to know each of you better. Congratulations on earning 5-6 college credits. I know that one of the questions you may have is, are we going to be able to hold an in-person Summer program? We are hoping to hold an in-person Summer program, but we will have to answer that question as we get closer to summer. But no matter what, we will continue forward and have a Summer program, whether it be in-person or online.

I wish you a successful year. If you need extra help in a class, setting goals for yourself or you are not sure what you need to do as a senior to apply to a college or get financial aid, please go to your UB Advisor in your school. They are in your school to help you with whatever challenge you may be facing, and they are there to help you succeed. Please do not sit back and let this year go by without you pushing yourself to be a better person. I am also here to help with whatever help you need. Here is to another great year in Upward Bound.

-Rebecca Ayala, UB Coordinator-

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NEWS from our UB ADVISORS



UINTAH HIGH SCHOOL

Welcome back to another school year and more Upward Bound awesomeness! I'm looking forward to working with all of you again this year. We are going to have a great year in Upward Bound. We already have a date for an IN-PERSON Fall activity!

This year I'm committed to being a better resource and of better assistance for you all and want to meet with each of you on a regular basis throughout the year. As of right now, we will plan on meeting for our weekly Group Guidance Activity on Tuesdays at 2:30 in the Fishbowl. I'm sure you are tired of hearing from me all the time. I want to try to bring in some guest presenters including some college recruiters. I want you all to be able to make an informed decision on which post-secondary institution is right for you, and it's never too early to start considering your options in that regard. After all, in joining Upward Bound, you all committed to completing a four-year college degree. I want you to be aware of the many opportunities that are available to you.

Some of you have already asked me for an ACT waiver. I'm impressed that you are thinking about the ACT already this year and planning on taking it. Being proactive will take you far. This goes for a number of aspects of college preparation, including applying to schools, applying for scholarships, and advocating for yourself as a student.

If you are not part of the Upward Bound Remind Group, please stop by my office. I send out a lot of communications through Remind and I want you to be able to receive all communications. If you don't have your own personal phone number, I can add an email address to send messages to.

-Brandon Aycock, UB Advisor-



OREM & PROVO HIGH SCHOOLS

Hello students! I am your new Upward Bound Advisor this school year. Let me tell you a bit about myself. I am a first-generation college graduate. I was born in Argentina and moved to the US when I was five. In first grade I didn't like school so one day I ran away from my teacher, and she chased me around the whole school. I eventually got over not liking school and now I'm graduated from UVU with a bachelor's degree in psychology. I also just started school again at BYU for a Master of Social Work. I firmly believe that through hard work, and with a little guidance from Upward Bound, you can achieve any goal you set out to accomplish.

I will be helping the seniors more closely prepare for the next steps they need to take to attend college. I will meet with the students once a week to give them information on how to be successful in school and in life. During those meetings the students are encouraged to ask any questions they have about the topic. Things are somewhat back to normal this year, which I hope makes meeting together easier. We will be meeting either during lunch or during your homeroom/flex/advisory period. If you're at Orem High, we will meet on Tuesdays. If you're at Provo High, we will meet on Thursdays. I've emailed each of you with the dates and times of the meetings so please check your emails.

I know how busy and overwhelming school can be, so I hope to make Upward Bound something fun but also give you information you'll *actually* use! I look forward to meeting you all and working with you!

We're recruiting! If you have any friends, family members, students that might be interested in a part of Upward Bound send them my way!

-Candela Anderson, UB Advisor-

MORE NEWS from our UB ADVISORS



UNION HIGH SCHOOL

Hello and happy fall!

Welcome back to school everyone! What are you expecting for this school year? Have you set some goals to do well? If you need help along the way your Upward Bound Advisor is there to help. Hopefully we will be able to stay in person this year!

Seniors this is an exciting year for you. Along with all of your high school “lasts” there is so much to do and so many deadlines to meet to prepare for college. Stay in touch with your UB advisor, they can help you make sure you are staying on top of all that you need to be doing. **College applications are coming up and several Utah colleges have fee waivers if you apply in October.** Check with your advisor for more information on fee waivers.

Scholarships are an important part of Upward Bound. When you are a senior, you should spend a lot of time applying for scholarships! Consider it a part-time job and work on scholarships a little each week. Be watching your email, Scholar box, and pay attention to announcements from your school's counseling office.

For you younger students, keep your grades up and take and retake the ACT. Both of those things can help with scholarships down the road.

Upward Bound advisors are recruiting new students. If you have a sibling or friend that is interested in Upward Bound, please help them connect with your advisor so they can fill out an application.

Here's to a great school year!

-Audrey Goodrich, UB Advisor-



WASATCH HIGH SCHOOL

Hello everyone and welcome back students! I hope everyone had a good summer and that you are refreshed and ready to focus on the upcoming academic year. The school year has started for everyone so hopefully you are settling into your classes and possibly you have found an extracurricular activity or two that you find enjoyable.

Now is the time to set goals for the upcoming year. Your goals could be related to academics, but they can also be for your intellectual, emotional, physical, or social well-being. Your goals should be achievable and relevant to your well-being and help with your personal development.

Seniors, if you haven't already, then this is the time of the year where you want to begin applying to colleges and completing your FAFSA (Free Application for Federal Student Aid). The first day to submit FAFSA is October 1, 2021 for Fall 2022. The earlier you get it in the better because schools will begin awarding their financial aid money (scholarships, grants, work study & loans) within weeks of the opening FAFSA date.

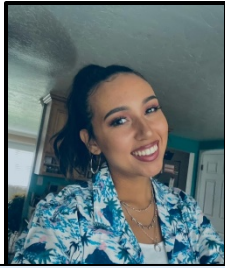
Remember, if you have any questions or concerns you can contact your advisor for assistance. You have resources available to you and you don't have to travel this path by yourself. Good luck this year!

-Paul Belvin, UB Advisor-

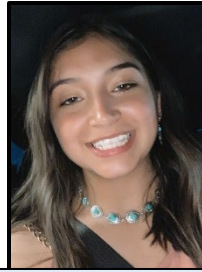


UB PRESIDENCY MESSAGE

UB 2021-2022 PRESIDENCY



**Aliana Molina-
President**



**Vanessa Lucio-
Vice President**



**Jonny Hernandez-
Secretary/Historian**

Hey everyone! I'm Aliana Molina and I go to Orem High school. Congrats to all those who finished the summer program this year!! I think we can all agree that the hard work was worth it. As we go into this new school year, I want to emphasize the importance of attending the weekly meetings and filling out stipend forms monthly. This program is so beneficial for those who put in the time to meet with their advisor and put in work to get good grades. This is going to be a great year so make sure to stay up to date on all our information! If you ever need help, let me know :))

2021 SUMMER PROGRAM



We are having a Fall Activity on Saturday October 23, 2021. If you are interested in attending, please talk to your UB Advisor.



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