

# The Upward Bound NEWS

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## CHECKOUT OUR WEBSITE:

[uvu.edu/trio/ub/](http://uvu.edu/trio/ub/)

## WE HAVE A BLOG:

[uvu.edu/trio/ub/blog/](http://uvu.edu/trio/ub/blog/)



## ACT 2020 TEST DATES

October 10, 2020  
October 17, 2020  
October 24, 2020  
October 25, 2020  
December 12, 2020

## COORDINATOR'S MESSAGE



Welcome back to another great school year. Although things are different than we are used to, we are still doing all that we can to hold our weekly meetings. We are happy to meet with you online or in person. Check in with your UB Advisor to find out what day and time they are holding their weekly meetings.

We had a successful Summer Program this past June. Although it was different than we are all used to, it was nice to get to know each of you better. Congratulations on earning 6 college credits.

I know that one of the questions you may have is, are we going to be able to hold an in-person Summer program? We are hoping to hold an in-person Summer program, but we will have to answer that question as we get closer to summer. COVID-19 may or may not be under better control by June. But no matter what, we will continue forward and have a Summer program, whether it be in-person or online.

I wish you a successful year. If you need extra help in a class, setting goals for yourself or you are not sure what you need to do as a senior to apply to a college or get financial aid, please go to your UB Advisor in your school. They are in your school to help you with whatever challenge you may be facing, and they are there to help you succeed. Please do not sit back and let this year go by without you pushing yourself to be a better person. I am also here to help with whatever help you need. Here is to another great year in Upward Bound.

**-Rebecca Ayala, UB Coordinator-**

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# NEWS from our UB ADVISORS



## UINTAH HIGH SCHOOL

Welcome back to another school year and another year of Upward Bound participation! I'm grateful that we can be back in school and I look forward to working with all of you in Upward Bound this school year. Even though this school year looks and feels different, and we will have to do things a little different this year in regard to Upward Bound, we can still have a productive and fulfilling year.

Since we are able to return to school in-person, we will be able to once again have in-person Upward Bound Meetings. Since we will be meeting at Uintah High School, masks will be required to be worn during meetings. We will meet in the Fishbowl just like last year. Please be sure you use hand sanitizer upon entering the room and follow distancing guidelines while in the room.

I will be contacting each of you to determine a day and time during the week to meet that works for everyone. Please do your very best to attend all meetings. You will continue to receive a monthly stipend for your participation in Upward Bound.

With our seniors graduating and a couple of juniors graduating early, I can accept 10 students into the program this year. If you have siblings or friends that would be interested in joining Upward Bound, please let me know who they are so I can reach out to them and invite them to apply to the program.

We are going to have a great year! I'm excited for the new possibilities and opportunities that will present themselves this year. Please let me know how I can be of service to you. Please stay safe and healthy and take care of yourself.

**-Brandon Aycock, UB Advisor-**



## OREM & PROVO HIGH SCHOOLS

Welcome back students! I am looking forward to another school year. This year has a lot of new things to navigate but together we will overcome all of the challenges and come out stronger. With all of the schools being on a shortened schedule we will all be meeting after school, during your "lunch time" so if you need to catch the bus you won't miss it. I am very glad that we will be able to meet and meet in person. I am looking forward to seeing you all again.

My hope for this year is that Upward Bound will be a place that you can relieve some stress and have fun. I don't want our meetings to be another thing to add on to your plate but it should be something that you enjoy. Let me know if you have any suggestions on how I can improve our meetings. We are also looking for some students to join our program. If you know any friends or family members who would like to join the program let me know. Please make coming to our meetings a priority. The more effort you put into coming to the meetings and participating in the program, the more you will get out of the program. You won't regret your time spent with us. I look forward to seeing you all again soon!

**-Jessica Dayley, UB Advisor-**



# MORE NEWS from our UB ADVISORS



## UNION HIGH SCHOOL

Hello and happy fall!

I am excited to be back at Union and to be in the school with my students. Things are different in many ways but so much of Upward Bound is the same. We are still here to serve our students and help them be successful in high school and to prepare them for life as a college student. Your advisor can help you all along the way.

Seniors make sure you are touching base with your advisor regularly this year. There is so much to do and so many deadlines to meet. They can help you make sure you are staying on top of all that you need to be doing. College applications are coming up and several Utah colleges have fee waivers if you apply in October. Check with your advisor for more information on fee waivers.

Seniors another important thing for you to be doing is applying for scholarships! Consider it a part-time job and work on scholarships a little each week. Be watching your email, Scholar box, and pay attention to announcements from your school's counseling office.

For you younger students, a great scholarship to look at is called the Regents' Scholarship. The trick is to look at the requirements early on so that you meet those requirements. One of the benefits of being part of Upward Bound is that you can get a fee waiver to take the ACT. If you are interested in that let me know. You each can have 4 fee waivers while in the program.

All of the Upward Bound advisors are recruiting new students. If you have a sibling or friend that is interested in Upward Bound, please help them connect with your advisor so they can fill out an application.

Here's to a great school year!

**-Audrey Goodrich, UB Advisor-**



## WASATCH HIGH SCHOOL

Upward Bound Students,

It was great to meet with some of you this past Wednesday at the school. Even though things feel a little out-of-sorts, I want this year to be engaging, full of purpose/opportunity and fun. I hope that each of you will make a strong effort to be involved with the Upward Bound program. We will build upon what we learn each week. I am also going to expect greater accountability/responsibility from each of you, because I know you are capable and I want to challenge you, but not too much.

This month we are focusing on SMART Goals. Please brainstorm and consider 1-3 goals that you would like to accomplish this year. Your goal may be that you want to achieve a certain GPA for the year, or you would like to earn a certain score on the ACT or passing an AP class/test. The goals need to be specific, measurable, achievable, relevant and time bound. And your goals need to reflect what you want to accomplish, so make them personal. Please bring or email your completed goals to me. These will go in your student file for the year. I will discuss these with you and support you through this year to accomplish your goals. I look forward to an excellent year!

Since it is a new year, we have several spots to fill, so if you know anyone in 9<sup>th</sup> grade who works hard academically and would benefit with Upward Bound, please let me know. This can include your siblings. I hope all of you have a great week!

**-Casey Wilde, UB Advisor-**



# UB PRESIDENCY MESSAGE

## Check out our new 2020-2021 UB Presidency



Edgar Maya-President

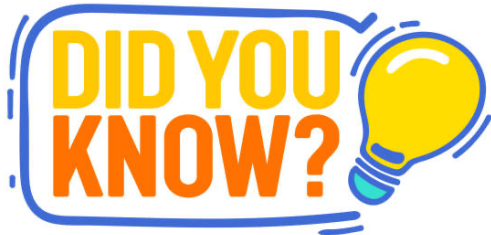


Jeffery Payan-VP



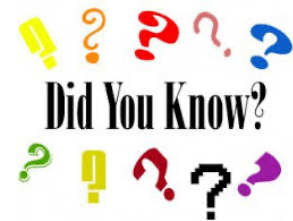
Kimmie Bristol-  
Secretary/Historian

## DID YOU KNOW?



**DID YOU KNOW THE TRIO HOUSE HAS MOVED?** We are now in our new offices as of September 2020! As soon as COVID is under control we would like to invite everyone to come and see us in our new place. As you can see it's still a house but so much newer and remodeled just for us.

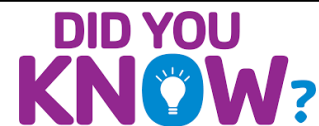
THE NEW TRIO HOUSE  
1040 South 400 West  
Orem, UT 84058



Several Utah colleges have adjusted their freshmen scholarships because of COVID. Some of these are dropping the ACT or GPA requirement. So far SUU and Snow have adjusted their scholarships and it looks like Dixie might be adjusting things as well. More might follow so check their websites often.

<https://www.snow.edu/offices/scholarships/resident.html>

<https://www.suu.edu/finaid/scholarships.html>



Not only does a degree help you find a job, but it also provides job security during difficult times. The Bureau of Labor statistics found that the unemployment rate due to COVID was lower among those who had higher education compared to those who didn't. The unemployment rate for those with degrees was 7.2% compare to 18.5% for those who hadn't completed high school. Achieving a higher education will be greatly beneficial in helping you achieve financial security for yourself in the future. Source: <https://pewrsr.ch/2UADTTZ>