

The Upward Bound NEWS

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CHECKOUT THESE SITES:

www.utahfutures.org
&
www.shmoop.com



ACT TEST DATES 2019-2020

October 26, 2019
December 14, 2019
February 8, 2020
April 4, 2020
June 13, 2020
July 18, 2020

COORDINATOR'S MESSAGE



Welcome back to a new year! I want this school year to be meaningful to you. I want to push every single one of you to think beyond today and set hard goals that will help you in your future.

Life is not always easy, but if we set goals, and do what we can to meet those goals, life can be a little easier, when we know where we want to get at the end. If you are in Upward Bound, then you are planning to attend college. Please set whatever goals you need to now, to get you to college after you graduate high school.

We had a great summer program this year. I loved getting to know those of you who attended the summer program better, and I loved seeing each of the UB students grow in just the short time they were living close to campus and attending college classes at UVU. W

I wish you a successful year. If you need extra help in a class, setting goals for yourself or you are not sure what you need to do as a senior to apply to a college or get financial aid, please go to your UB Advisor in your school. They are in your school to help you with whatever challenge you may be facing, and they are there to help you succeed. Please do not sit back and let this year go by without you pushing yourself to be a better person. I am also here to help with whatever help you need. Here is to another great year in Upward Bound.

-Rebecca Ayala, UB Coordinator-

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NEWS from our UB ADVISORS



UINTAH HIGH SCHOOL

Another school year and I am grateful for the opportunity to work with Uintah High School Upward Bound students again. I believe we had nine students participate in the summer program. Those that participated in the summer program really enjoyed it. I've heard nothing but good things about this experience from our students. As always, we had some seniors graduate, and now have six spots to fill in our Upward Bound group here at Uintah High School.

We have already welcomed one new member to our group and are currently recruiting others. Lately, we have been focusing on strategies that lead to academic success and resiliency. Our senior members are currently mapping out their senior year and exploring scholarship opportunities as well as other financial aid. Some of our seniors participated in the school's College/FAFSA night and were able to complete the FAFSA with the assistance of our high school counselors on that night.

We are also preparing for and looking forward to the upcoming Fall activity on November 2. This school year is shaping out to be another exciting year for Uintah Upward Bound students!

-Brandon Aycock, UB Advisor-



OREM, PROVO & UCAS HIGH SCHOOLS

Hello everyone, my name is Jessica Dayley and I am the new advisor for Provo and Orem. I was an Upward Bound student all 4 years of high school and an active participant in the TRIO programs in college. I am a firm believer that this program works and is worthwhile. College is a rough road to navigate, but I am here to help you and your students prepare, navigate, and successfully achieve a college education.

Throughout the year I will help the students keep their grades at a high average and be successful in their academic goals. I will be helping the seniors more closely prepare for the next steps they need to take to attend college. I will meet with the students once a week to give them information on how to be successful in school and in life. During those meetings the students are encouraged to ask any questions they have about the topic. If you are attending Orem High, we will meet on Wednesday's. I will meet with the Sophomores and Juniors during Pride and the seniors during lunch. Hopefully this will help with some after school conflicts that were brought to my attention. If you're attending Provo High, we will meet on Thursday's. I will meet with the seniors during their lunch time or when they are available throughout the day and the Freshman-Juniors after school.

A little bit more about me, I am a first-generation college student. I am the first of my siblings, being the youngest, and my parents to achieve a bachelor's degree. I graduated from Utah Valley University in May 2018 with my bachelor's degree in Social Work. I have been married for 4 years, we have a beautiful 4-month-old baby boy, and a cat named Baloo. I enjoy cleaning, coloring, biking, and hiking. And most importantly I am a huge Disney fan!

-Jessica Dayley, UB Advisor-

MORE NEWS from our UB ADVISORS



UNION HIGH SCHOOL

Hello everyone and welcome back!

The start of a new school year is a great time to set some goals and make a list of things that can help you be ready for college. Take some time to meet with your advisor and talk about your college goals and what you can do to achieve those goals. A little time planning now can have big payoffs later.

Seniors! Start applying for scholarships! Consider it a part time job and work on scholarships a little each week. There will be scholarships available from now until you graduate. Be watching your email, Scholar Box, and pay attention to announcements from your school's counseling office. Most colleges offer an entry scholarship that takes in to account your GPA and ACT score. Don't forget about those.

Juniors! Your ACT score is key. If you aren't happy with your score sign up to take it again and ask your councilor what tools they have to help you study and improve your score. And don't forget that Upward Bound has fee waivers that cover the cost of the ACT test.

For you younger students, keep those scholarships in mind and strive to keep your GPA up and improve your ACT score. The Regents' Scholarship is a great scholarship to work towards. Everyone that meets the requirements for Regents' is able to benefit from it. The trick is to look at the requirements early on so that you meet those requirements. Check it out at <https://stepuputah.com/program/regents-scholarship>.

Scholarships can make college life so much easier. They can help you avoid loans or having to work long hours while trying to go to school. Applying for scholarships paid off big time for one of our Upward Bound students at Union. Last year Darby Safford was awarded the Hagen Scholarship and it is going to pay for all of her 4-year degree! Way to go Darby!

Have a great school year!

-Audrey Goodrich, UB Advisor-



WASATCH HIGH SCHOOL

Welcome Back Wasatch!

We are currently searching for an Upward Bound Advisor to work with you this year. If you know somebody who would be a great fit, please have them apply on the UVU website.

You will be meeting in the meantime with B and Michael. If you have any questions, or if there is anything we can do to help you, please contact us. We are here to make sure that you are still receiving the information you need.

Students, please look at your emails, because B has been contacting you. We have a UB activity coming up on November 2, 2019. If this is something that you would like to attend, please contact B. We are looking forward to a great school year.

-Rebecca Ayala, UB Coordinator-



DID YOU KNOW?

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Public universities are probably the best value. When you look at college prices, the public universities are the most affordable, especially if you choose one in your home state (you get an in-state discount of up to 50%). Private schools (in-state and out-of-state) cost roughly twice public schools. They advertise their small class sizes and loyal alumni network. It's up to you to decide if those features are worth the extra expense.

<https://www.susangreencopywriter.com/articles/top-10-surprising-facts-about-college-today.html>



The top 5 fastest-growing careers in Utah are:

1. Mobile App Developers-\$91,440 Annual median salary
2. Post-Secondary Health Specialties Teachers-\$90,840 Annual median salary
3. Web Developers-\$55,910 Annual median salary
4. Personal Financial Advisors-\$74,340 Annual median salary
5. Market Research Analysts and Marketing Specialists-\$53,000 Annual median salary

Source: <https://www.ksl.com/article/46396463/10-of-the-fastest-growing-careers-in-utah>

UB PRESIDENCY MESSAGE



Hey guys! How are we all doing? For those that do not know me, I am Serenity Jackson a senior at Union High School and your current Upward Bound President! So... how is your school year going? Mine has been crazy busy! But, nonetheless, I have realized that this is OUR year to shine. As students, you need to make the difference you want to see in the world and prove to yourself that you are capable of difficult things. Motivate yourself to do better whether this be through academics or other various subjects in your personal life. I have faith that every Upward Bound student can achieve greatness, so prove me right! I hope the rest of your school year is one to remember, see ya'll on the flip side!

-Serenity Jackson, UB President-

