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We are actively recruiting students at all of our locations!! If you know of a 7th-12th grade student who needs help navigating their path forward, contact the advisor at your school. You can find more information and apply online by scanning

this QR code or going to https://uvu.edu/trio/ets/

FROM THE COORDINATOR



Happy New Year Everyone!

I hope that you had a restful and enjoyable break during the holiday season. The beginning of the new year may bring excitement, it may bring uneasiness, or it may bring up a combination of feelings, especially if you are a senior! This is normal and is to be expected.

For some, you may be really excited for a schedule change because you are looking forward to taking a class with that cool and funny teacher and for others, you may be sad because the new schedule means you won't see your best friend every day.

For Seniors, you may really be excited to graduate high school and start your new college journey but worried about paying for tuition. Again, these thoughts and feelings are normal and are to be expected.

Your TRIO Talent Search advisor is there to help you along the way. Not sure what you are interested in or what classes to take? Your advisor can help you setup a YouScience account where you can answer some questions to learn more about possible classes and careers to take that you may like. Need help studying for the ACT? Your advisor can provide you with a fee waiver code to take the ACT for free and get access to free prep materials. Need help applying to college and for scholarships (FREE MONEY) to help pay for college? Your advisor can help! Need help with a class? Your advisor can help arrange for tutoring. Take the time to read the enclosed articles from our advisors to see how they can help you be successful this new year and beyond!

Paul Belvin - ETS Coordinator



Due Date: January 31st for current juniors to sign up for college trip tour. See your advisor for details and an application!

We have a Blog! You can find news and updates about our program at: https://uvu.edu/trio/ets/blog/index.html

You can find us online and on social media Website: https://uvu.edu/trio/ets



Instagram: uvuets



Facebook: uvu ets

MEET THE ADVISORS



I hope the holidays brought everyone some needed refreshment and joy! I, for one, had a wonderful holiday season. A big personal update: my husband and I are expecting our first child, due in July! We are thrilled. During the first semester of this school year, in addition to recruiting, we were able to do a lot to help our TRIO students including ACT registrations, FAFSA completions, setting up tutors where needed, helping with college and scholarship applications, holding monthly informational meetings, introducing YouScience, and addressing the needs of our students everywhere possible. Our re-

cruiting has also made some great progress and I am excited about the growth of the program.

This new year brings a lot of exciting things to TRIO's Talent Search program at Mountain View and Orem Junior. At the schools, I am trial holding our monthly meetings out of the group settings and into more one-on-one settings. My hope is that this allows me to respond better to the individual needs and goals of each student, personalizing the information shared and helping each student in the development of their personal education plan. I am excited to try this method out and see how it goes! Coming up at the very end of March we have our Mini College Trip for Juniors which



will have us touring schools in Northern Utah, such as Utah State University, Weber State, Utah Valley University, and more. Applications are due January 31st, please don't forget to turn them in! I love and believe in all of the students I work with.

Kaitlyn Dyshkant — ETS Advisor



Individuals who earn a bachelor's degree will make 84% more money in their lifetime than those with just a high school diploma. The long-term impact of a short-term investment is huge!



Scholarships are a great way to reduce the amount of financial aid you will need during college. Scholarships can be awarded based on many different factors including academic achievement, athletic or musical ability, student's interests, family background, or based on financial need. Seniors, be aware that many scholarship applications will close at the end of January. Be sure to explore the opportunities available to you this month! Provo High School has a helpful webpage you can use to find scholarships that fit you. Send me an email if you need help getting started in your search.

Provo High School Scholarship Website:





https://provohigh.provo.edu/counseling/college-and-career-center/scholarship-search-websites/

Shaylee Scott — ETS Advisor

February 11, 2023
April 15, 2023



Did you know? 54% of students who graduated in 2021 graduated with student loan debt. The average amount of debt per student was \$29,100

Source: Ma, Jennifer and Matea Pender (2022), Trends in College Pricing and Student Aid 2022, New York: College Board.

MEET THE ADVISORS



Happy New Year! With the new year comes the need to start planning for the ACT test. Seniors should have already taken the ACT, but if you have not you can still take it. If you are a Junior and you haven't taken it yet, I highly recommend taking the free test held at Timpview in March and then plan to take it again later in the spring or during the summer. It is always a good idea to plan on taking it twice. Don't forget to come see me to pick up the waiver form that will allow you to take the test for free and give you access to the



Kaplan test prep course for free as well. You will need a new waiver every time you register for a test. Sophomores need to start planning for when they will be taking the ACT within the next year. I highly recommend taking a test during the fall of your Junior year and again in the spring. That way if you potentially need to take it a third time there is still time. I would recommend that sophomores start doing things to study as well so that you will be more prepared the closer you get to the test date. At the January GGA meeting 9th-11th graders will be receiving information on ACT preparation and test dates, so please come to your meeting! 7th-9th graders can also do things to prepare for the ACT by working hard in your core classes, English, Math, Science, and History. The things you learn in middle school and 9th grade are foundational for the more advanced things you will learn in high school and

I hope your semester is starting out well and I look forward to meeting with you soon to help you plan for next school year!

Whitney Parry — ETS Advisor

fun can help you prepare as well.



According to the National Assessment of Educational Progress a 30-year study of fourth grade students showed that three-fourths of students who read for fun scored higher on standardized testing than the students who didn't read for fun.

Source: https://nces.ed.gov/nationsreportcard/pubs/main2000/2001499.asp

mastering those skills is an important part of preparing for the ACT. Also, reading for

Happy New Year! Did you know that according to the blog Teamstage, Utah is the most altruistic US state, with 51% of the state's population reporting volunteer work? Volunteer statistics by state show that Minnesota is the second most engaged state, with 45.1% of volunteers. Oregon, Alaska, and Iowa are also in the top five. Florida has the fewest volunteers, with just 22.8% of residents volunteering.



Scholarship committees are often interested in investing in students who are committed to making the world a better place. After asking applicants to share their personal narrative, applications often ask a question like "Talk about your most meaningful volunteer experience and why it was meaningful to you." It may be helpful for students to keep a list of volunteer experiences they have had throughout high school, and why participating mattered to them.

If your student needs a little encouragement finding and participating in volunteer experiences, they might want to consider joining a club at school. Most clubs are committed to providing students with an opportunity to serve others in some way and some clubs, such as Interact Club, have service as their sole objective. Knowing what your student is passionate about can help you guide them in finding a club to

match their interests and provide a place for them to serve others and help make our world a better place. If your student needs help finding a club that matches their interests, reach out to your ETS advisor and we can help them get connected with the right people.

Lesa Dixon — ETS Advisor

MEET THE ADVISORS



Happy New Year students, parents, and administrators. I wanted to thank everyone that has made my first few months in ETS so amazing. I am astonished at the skills and talents of our students, and the wonderful support of the faculty and staff at Wasatch. The dedication of my UVU colleagues is inspiring. I have loved getting to know parents of students with an interest in ETS and the insights that you provide me as to what path would be best for each student. Parents, thank you so much for your willingness, amid your busy lives, to fill out

what seems like mountains of forms, financial aid, and scholarship applications with your students. It will be worth it!

Many of our underclassmen worry that they are not sure what they would like to do after high school. This is completely normal! The very fact that they are participating in a program like ETS will help them with good decision making about the future. Experimenting with career subjects will help to narrow down a student's field of study. At Wasatch high school, many get the opportunity to try out their interests in UVU concurrent enrollment, auto tech, computer science and more. These experiences may lead to careers or jobs that could help them pay for college. The mini college trip is coming up for Juniors March 30- April 1st. Students will visit multiple college campuses across the Wasatch front as well as attend a cultural event. Look for trip applications to come home and encourage your students to sign up by Jan.31st.

Lisa Child — ETS Advisor



For every dollar that is spent on reducing adult illiteracy, society receives \$7.14 in returns, either through decreased expenditures or increased revenues. (Literacy Partners. 2015. Accessed: August 24, 2015.)

ETS Program Locations & Advisor Contact Information

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Union High School Roosevelt Junior High School Uintah River High School **TBD**

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Rocky Mountain Middle School Timpanogos Middle School