Mentor Discussion Template #11

Diffusing Conflict!

As a leader, you can expect that you will need to deal with conflict on a regular basis. Many people do not know how to handle conflict well. Learning to be an effective leader means developing the interpersonal skills to not only deal with conflict, but to use conflict to help advance a relationship.

During this session with your mentor, discuss the following questions:

1. Describe a time where you had to deal with conflict.

2. What strategies did your mentor use to diffuse the conflict?

3. What strategies worked? Didn't work?

4. What positive things came from this situation? How did your mentor turn this experience into a positive experience?

5. From your perspective what lessons can you learn from your mentor's experience that would help you deal with conflict more effectively in the future?

Before completing your discussion, make sure that:

- Your next meeting (date, time & place) have been established.
- Your topic of discussion has been chosen.