

UVU Office of Extended Studies Newsletter

UVU North

UVU South

UVU West

Weekend College

Wasatch Campus

July 15, 2009

19th Edition

A Look Ahead

- July 16:** Last Day to withdraw from Classes – 2nd Block
July 18: Last Day of Weekend Classes
July 24: Pioneer Day Holiday
July 27: Weekend classes Final Grades available
August 14: Last Day of 2nd Block Classes
August 15: Admissions Deadline for Fall Semester
August 21: 2nd Block Final Grades available
August 26: Fall semester begins

Extended Studies Fall Semester

Fall Semester will be here before we know it. Part of Extended Studies' mission is to enhance academic educational opportunities for students at non-traditional times and locations.

We offer classes at off-campus sites in Lehi, Saratoga Springs, Orem, Spanish Fork, and Heber City. We also offer classes on Friday evenings and Saturday mornings on the main campus.

For a complete schedule of our Fall classes visit our website at www.uvu.edu/extend.

Writing for the Web Training Session

UVU is offering a free hands-on training session to help you learn the best practices for writing for the Web. The training session will help you use your web space to its maximum communication potential. The class is open to everyone and will be held:

Date: July 30, 2009,
Time: 2:30 pm – 4:00 pm
Location: Library 207

Undecided on a Major?

UVU offers a class to help students decide on a major. It's called Career and Major Exploration. Extended Studies is offering this class during the Fall Semester on Friday evenings on the main campus from 5:30 pm – 7:10 pm. The class is CLSS 2100.W61.

Humor "U"

Science Misconceptions (things kids have said on tests)

Water freezes at 32 degrees and boils at 212 degrees. There are 180 degrees between freezing and boiling because there are 180 degrees between north and south.

There are 26 vitamins in all, but some of the letters are yet to be discovered. Finding them all means living forever.

Many dead animals in the past changed to fossils while others preferred to be oil.

Genetics explain why you look like your father and if you don't why you should.

UVU Announcements

American Red Cross Blood Drive

The Student Service Council is sponsoring a blood drive in the Ballroom on main campus on Wednesday, July 15th, from 10 am – 3 pm. Drop by the Ballroom or email volunteer@uvu.edu to make an appointment. You must weigh at least 110 pounds, be 18 years of age or older, and have not donated blood in the last 56 days. An I/D is required at the blood drive.

Tutoring Program Name Changes

The following program name changes went into effect July 1st.

1. The Learning Strategist is now Learning Strategies Support
2. Academic Tutoring is now Tutoring and Academic Skills Services
3. Peer Tutoring is now Academic Tutoring

Wasatch Campus

The UVU Wasatch Campus offers several academic programs of study. These include:

- Business Management (BS)
- Elementary Education (BS)
- Behavioral Science (AS)
- General Academics (AS)

For more information and the Fall schedule of classes visit their website at uvu.edu/Wasatch.

Career and Academic Counseling Center

Career and Academic Counseling have new extended hours for their Evening and Weekend Advisors to help meet the needs of students unable to meet between the hours of 8 am and 5 pm. Their new hours are:

Monday – Thursday: 7:30 am – 7 pm
Friday 7:30 am - 6 pm
Saturday: 8 am – 1 pm

The new Weekend Advisor is Allison Trottier. The advisors are located in LC402.

Faculty Center Teaching Tips

Things we know for sure about adult motivation to learning:

- Adults seek out learning experiences in order to cope with specific life-changing events--e.g., marriage, divorce, a new job, a promotion, being fired, retiring, losing a loved one, moving to a new city.
- The more life change events an adult encounters, the more likely he or she is to seek out learning opportunities. Just as stress increases as life-change events accumulate, the motivation to cope with change through engagement in a learning experience increases.
- The learning experiences adults seek out on their own are directly related - at least in their perception - to the life-change events that triggered the seeking.
- Adults are generally willing to engage in learning experiences before, after, or even during the actual life change event. Once convinced that the change is a certainty, adults will engage in any learning that promises to help them cope with the transition.
- Adults who are motivated to seek out a learning experience do so primarily because they have a use for the knowledge or skill being sought. Learning is a means to an end, not an end in itself.
- Increasing or maintaining one's sense of self-esteem and pleasure are strong secondary motivators for engaging in learning experiences.

Contact Information

The Office of Extended Studies: WB 101d
801-863-8449: www.uvu.edu/extend
UVU North (Lehi Jr. High) and South Coordinator:
Happiness Peterson: WB 138
801-863-7036: petersha@uvu.edu
UVU North (Westlake High)
Ruth Gowans: WB101d
801-863-6216: gowansru@uvu.edu
UVU West Coordinator:
Cheryl Levi: National Guard Building
801-863-7322: cheryl.levi@uvu.edu
Wasatch Campus: 801-863-6601
Tom Melville: thomas.melville@uvu.edu
Weekend College Coordinator:
Joy Brown: WB 101d
801-863-8432: brownjy@uvu.edu
Summer Sessions: 801-863-8100
Ruth Gowans: summer@uvu.edu

UTAH VALLEY
UNIVERSITY™

